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INTERNATIONAL RESEARCH FELLOWS ASSOCIATION'S

# RESEARCH JOURNEY

Multidisciplinary International E-Research Journal

Peer Reviewed, Referred & Indexed Journal

Proceeding of One Day State Level Conference on

## Multidisciplinary Research for Sustainable Solutions



...Organized by...

**R. C. Patel Educational Trust's**

**Institute of Management Research and Development, Shirpur**

Karvand Naka, Shirpur, Tal. Shirpur - 425405, Dist. Dhule (M.S.) India

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## Editorial Message

It is with great pride and enthusiasm that we present the editorial message for the One Day State-Level Conference on “Multidisciplinary Research for Sustainable Solutions” (MRSS-2025), Sponsored by PMUSHA-Soft Component, Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon and organised by R.C. Patel Educational Trust’s Institute of Management Research and Development, Shirpur, Dist-Dhule. This event marks a significant milestone in our ongoing journey to foster innovation, collaboration, and sustainable progress.

In today’s dynamic and interconnected world, the need for multidisciplinary research has never been more critical. Addressing the complex challenges of sustainability requires collective efforts that transcend individual disciplines, combining insights from science, technology, management, social sciences, and beyond. MRSS-2025 aims to serve as a vibrant platform for intellectual exchange, where scholars, practitioners, and students unite to share their knowledge, ideas, and solutions for a better tomorrow.

The theme, “Multidisciplinary Research for Sustainable Solutions” reflected our commitment to fostering research that was not only innovative and creative but also fair, responsible, and beneficial for society. The conference brought together participants to share ideas, collaborate, and work towards solutions that supported long-term growth and development.

Participants from various districts such as Palghar, Mumbai, Jalgaon, Dhule, Nandurbar and others attended the conference in online and offline mode. We received research papers from diverse fields, including Human Resource Management, Social Science, Computer Science & Technology, Management, Environmental Sustainability, and Economic & Financial Models for Sustainability, English Literature, and more.

We sincerely thank all the dignitaries, resource persons, delegates, and contributors who made this event possible. Your support and active participation were the main reasons for the success of this conference. We believe that MRSS-2025 generated new ideas, built strong connections, and inspired important initiatives for the benefit of society.

Together, let us explore, innovate, and create solutions that ensure a sustainable and prosperous future for generations to come.

**Warm regards,**

**Mr. Vitthal M. Patil**  
**Editor.**

## Preface

On behalf of the organizing committee, it is our great pleasure to welcome you to the One Day State Level Conference on Multidisciplinary Research for Sustainable Solutions. In a world that is increasingly facing complex challenges ranging from environmental degradation to socio-economic disparities the need for sustainable solutions has never been more urgent. This conference provides a unique platform for scholars, practitioners, policymakers, and innovators from diverse fields to come together, share knowledge, and explore interdisciplinary approaches to addressing these global challenges.

The theme of this conference, "Multidisciplinary Research for Sustainable Solutions," reflects our collective commitment to advancing research that bridges boundaries and drives impactful change. It is only through the integration of ideas, expertise, and methodologies from various disciplines whether it be science, technology, social sciences, economics, or policy that we can find the comprehensive, sustainable solutions required for a better future.

The various presentations and discussions helped people work together and build new partnerships, supporting sustainable development in our state and the world. This conference was conducted in online and offline mode. In this conference, there are total 196 participants and 44 research papers received from academicians, researchers, industry persons and students from various colleges, institutes & organizations.

Before we proceed further, I would like to express my heartfelt gratitude towards all dignitaries for accepting our request and dedicating their valuable time. I am also thankful to Prof. Dr. Satish R. Kolhe, Project Head PM-USHA, Head, Department of Computer Science KBCNMU, Jalgaon and Prof. Ashutosh Patil, Project Co-coordinator PM-USHA Soft Component, Dept. of Lifelong Learning & Extension KBCNMU, Jalgaon for providing funding. We are also thankful to Advisory Committee members Prof. Dr. S. S. Rajput, Dean, Sci. & Tech, KBCNMU, Jalgaon, Prof. Dr. B. V. Pawar Director, KCE's Institute of Management and Research, Jalgaon, Prof. Dr. Girish Patnaik Principal, SSBT's College of Engineering & Technology, Jalgaon. Last but not least, I extend my gratitude to all the participants.

**Thank you**

**- Dr. Manoj S. Sonawane  
Convener.**

## Director's Message

Dear Esteemed Guests, Participants, and Scholars, It is with great pleasure and excitement that I welcome you all to the One-Day State Level Conference on “Multidisciplinary Research for Sustainable Solutions”. This Conference brings together brilliant minds from various disciplines to engage in thoughtful discussions and exchange ideas on how research and innovation can contribute in solving the world’s most pressing challenges, particularly in the context of sustainability.

With global issues like climate change, resource depletion, and social inequality, working together across different fields became more important than ever. This conference focused on how research from various disciplines could help drive sustainable development and create real solutions that benefited society, the environment, and the economy.

I commend all the distinguished speakers, participants, and scholars who have come together to share their expertise and knowledge. I encourage each one of you to actively participate, network, and take full advantage of the discussions that will unfold throughout the day. Let us be inspired to think outside the box, collaborate across boundaries, and be part of the change that shapes a sustainable world.

Once again, I extend my warmest welcome to you all and wish you a productive and enriching experience during this conference.

**Thank you.**

**Dr. Vaishali B. Patil**  
**Director - RCPET's IMRD, Shirpur**



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# Assessing the Applicability of Tax Audits under Section 44AB of the Income Tax Act, 1961, on Future and Options Trading: Thresholds, Challenges, and Compliance Trends

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## Abstract :

*This research paper mainly focus on the applicability of income tax audits under Section 44AB of the Income Tax Act, 1961, in the context of Futures and Options (F&O) trading. Section 44AB of Income Tax Act, 1961 mandates tax audits for businesses exceeding certain turnover limits, yet the problems surrounding F&O trading, particularly in the calculation of turnover, create problems for traders and auditors alike. The study shows how these thresholds impact compliance, identifies the challenges with a meeting audit requirement, and analyzes the compliance trends in the F&O market.*

*Using the secondary data such as various publications, industry reports, and professional guidelines, the paper identifies key issues such as the definition of turnover in F&O trading, the burden of audit costs, and the lack of awareness etc.*

*The findings here are that the traders demonstrate very high compliance and face problems such as regulatory complexities and financial constraints. The study informs for policy reforms, clear definitions of turnover, differentiated audit thresholds, and awareness campaigns, to improve compliance and streamline the audit process for F&O traders.*

*This research also contributes for understanding of the challenges and trends in tax audits under Section 44AB and provides insights into how regulatory frameworks can be adapted to better address the unique needs of F&O trading in India.*

**Keywords :** Tax Audits, Income Tax Act, 1961, Futures and Options (F&O) Trading, Section 44AB, Turnover Thresholds etc.

## Introduction :

The financial markets in India have seen a very high growth in the past decades, with derivatives trading, particularly in Futures and Options (F&O), becoming a main market activity. This has brought into focus the difficult regulatory framework governing such transactions, especially with respect to taxation. Section 44AB of the Income Tax Act, 1961 provides a tax audit for individuals and entities engaged in specified financial activities exceeding prescribed thresholds. Its application to F&O trading raises many challenges due to the intricate nature of derivatives, their valuation, and turnover computation.

F&O trading differs mainly from traditional equity trading, necessitating a nuanced approach to determine compliance obligations. The turnover for F&O transactions is calculated differently, considering absolute profits, premiums on options, and reverse trade differences, which leads to ambiguity and compliance challenges. For traders, understandings whether their

activities trigger the tax audit requirements under Section 44AB are crucial to ensure compliance to tax laws and avoid penalties.

Futures and Options (F&O) are a financial derivative that have become increasingly popular in the global financial markets, provides traders and investors a good chance to hedge risks and speculate on the price variations of underlying assets which includes shares and commodities. These instruments are fundamentally different from traditional securities, as they do not involve ownership of the underlying asset. They are a contract to buy and or sell the underlying assets at a predetermine price on a predetermined future date.

## Turnover for Tax Audit Requirements for F and O Trading :

Tax Audit for F&O trading is based on the turnover made in Future and Option Trading. Therefore, it is very important for traders to correctly assess and thoroughly examine their turnovers as provided under the Income Tax Act 1961. The definition of turnover for Tax Audit

Requirements for F and O Trading is calculated as mentioned below. One can kindly note that after calculating these limits, their values must be compared with the ceiling / threshold limits to determine the tax audit requirements per se

- In the case of F and O Trading transactions that have been closed or settled, the total of the favorable and unfavorable differences (i.e. profits + losses), is used to determine the total turnover of the transaction. One can kindly note that losses are not to be subtracted from the profits; rather their numerical values are to be summed up to calculate the absolute turnover.
- The premium in case of Options transactions is added to the sum total of profits and losses in order to calculate the absolute turnover. The provision is only applicable to options trading and not to Futures trading.

**Section 44 AB (a) of Income Tax Act, 1961 :**

Section 44AB (a) of Income Tax Act, 1961 prescribes the turnover limits for conducting the tax audit requirements for F&O trading. Tax audit under Income Tax Act 1961 is compulsory for all F&O trading transactions exceeding the turnover of Rs.10 crores, irrespective of profits or losses. Since futures and options transactions are completely digital in all respects, the income tax rate mentioned under section 44AD of Income Tax Act 1961 will be 6%, instead of 8% in all other cases.

**Section 44 AB (e) of Income Tax Act, 1961 :**

Any Assessee doing F&O trading must get his accounts audited if section 44 AD (e) applies to him and his taxable income is more than the basic exemption limit. In this context, Section 44AD (e) states that, if an Any Assessee doing F&O trading has opted out of the Presumptive Taxation Scheme in the previous year, after being enrolled under it for any of the preceding 5 years, and if his accounts showed losses or profits below 6% of the turnover earned in the previous year, tax audit requirements become mandatory, even though the turnover for the previous year is recorded below Rs.2 crores.

Particulars	Tax Audit Applicable \ Not	Section Applied	Reason for Applicability / Non Applicability
Presumptive Scheme Opted and Turnover less than Rs. 2 cr.	No	NA	No tax audit requirement exists when the Presumptive

			Scheme is opted for.
Presumptive Scheme Previously Opted and Subsequently Withdrawn; Turnover Less than Rs. 2 crores	Yes	44 AB(e)	Section 44AB(e) says Tax Audit is to be done mandatorily if section 44AD(4) is applied
Turnover between Rs. 2 Crores and Rs. 10 Crore	No	N.A.	The normal threshold limit prescribed under section 44AB(a) will apply.
Turnover more than Rs.10 Crores	Yes	44 AB(e)	As the turnover has crossed the normal threshold limit under section 44AB(a), Tax Audit becomes mandatory

**Review of literature :**

- 1) **"Guidance Note on Tax Audit under Section 44AB of the Income-tax Act, 1961"** provided by the Institute of Chartered Accountants of India (ICAI). The guidance note provides detailed guidance on the provisions of Section 44AB, including its applicability to various types of transactions such as F&O trading.
- 2) **"Tax Audit Requirements for Futures and Options Trading"** by Setindiabiz. This article discusses the turnover thresholds and conditions under which tax audits become mandatory for F&O traders, as per Section 44AB.
- 3) **"F&O Trading Income Tax - A Detailed Guide on F&O Taxation!"** by India Filings. This guide provides insights into the taxation aspects of F&O trading, including when tax audits are required under Section 44AB of Income Tax Act 1961.
- 4) **"Section 44AB: Income Tax Audit. Applicability & other aspects."** by Tax Buddy. This article delves into the applicability of income tax audits under

Section 44AB, with references to F&O trading scenarios.

#### **Objectives of the Study :**

1. To analyze the applicability of Section 44AB of the Income Tax Act, 1961, with a special focus on Futures and Options (F&O) trading.
2. To identify the problems in Tax Audit Compliance faced by taxpayers and auditors in adhering to Section 44AB provisions for F&O trading and issues related to turnover calculation, reporting, and documentation.
3. To determine the threshold limits for Tax Audits and conditions under they are mandated for F&O trading, considering amendments and circulars issued by tax authorities.
4. To enhance understanding among Stakeholders for taxpayers, auditors, and policymakers to foster understanding and compliance with tax audit requirements in F&O trading.

#### **Hypotheses of the Study :**

**H<sub>1</sub>** - The current turnover thresholds under Section 44AB are inadequate for addressing the complexities of Futures and Options (F&O) trading.

**H<sub>2</sub>** - Traders engaged in F&O transactions face significant challenges in calculating turnover and ensuring compliance with Section 44AB.

**Research Methodology of the Study :** The research employs a **descriptive and analytical design** to explore the relationship between tax audit requirements and F&O trading practices. The study is based mainly on secondary data to provide insights into the subject matter. Data Sources like Government Publications, Circulars, notifications, and guidelines issued by the Income Tax Department, reports and updates from the Ministry of Finance on compliance trends and regulatory changes, Peer-reviewed journal articles, conference papers, and dissertations discussing tax audits, turnover calculation, and F&O trading and Guidance notes and publications by professional bodies like the Institute of Chartered Accountants of India (ICAI) were analyzed.

#### **Data Analysis :**

This section presents the approach and insights derived from analyzing the secondary data on the applicability of tax audits under Section 44AB of the Income Tax Act, 1961, specifically for Futures and Options (F&O) trading. The analysis aims to understand turnover thresholds, compliance trends, and the challenges faced by stakeholders.

#### **1. Framework for Analysis**

The data analysis is structured around two primary themes:

1. Thresholds for Applicability of Tax Audits
2. Compliance Trends in F&O Trading

#### **Turnover Definitions in F&O Trading :**

- Secondary data from ICAI guidance notes and government circulars were analyzed to understand how turnover is calculated for derivatives trading. The study finds significant complexities in determining turnover, particularly in offsetting profit and loss from transactions.
- Ambiguities in defining "gross turnover" under Section 44AB lead to diverse interpretations by auditors and traders.

#### **Compliance Trends :**

- Trends indicate increasing compliance among corporate traders but relatively lower adherence among individual traders, especially those using online trading platform.

#### **Limitations of the study :**

1. The study's findings may be constrained by the limited availability of comprehensive data on Futures and Options (F&O) trading turnover and audit compliance trends, especially among small and unorganized traders.
2. Frequent amendments, circulars, and updates to tax laws and audit provisions under Section 44AB could limit the generalizability of the study's conclusions over time. The time constraints study might limit the depth and breadth of data collection and analysis.
3. Variations in the interpretation and calculation of turnover for F&O trading could introduce inconsistencies in data collection and analysis.

#### **Findings :**

1. The calculation of turnover for F&O trading is uniquely complex compared to other business activities due to the nature of derivatives transactions. The turnover is calculated based on the sum of absolute profits and losses, premium received on sale of options, and differences in reverse trades.
2. Compliance rates are significantly higher among corporate traders, who typically employ professional auditors for adherence to Section 44AB. In contrast, individual traders, particularly those operating on a small scale,

exhibit lower compliance due to limited awareness and resources.

3. Traders face difficulties in understanding the turnover calculation methodology and associated provisions under Section 44AB. These challenges are exacerbated by inconsistencies in guidance provided by regulatory authorities.

#### **Conclusion :**

In conclusion, the applicability of tax audits under Section 44AB of the Income Tax Act, 1961, to future and options trading presents a complex but crucial area of tax compliance. This research has highlighted the importance of understanding the thresholds that necessitate tax audits, particularly in the context of high-volume, high-frequency trading prevalent in futures and options markets. The challenges arising from the ambiguity in determining "business income" for traders and the diverse nature of such transactions underscore the need for clearer guidelines from tax authorities. Moreover, as the regulatory landscape continues to evolve, it is evident that there is a growing trend toward increased compliance efforts among traders, as they recognize the importance of adhering to tax audit requirements. While Section 44AB aims to ensure proper reporting, it remains imperative for both taxpayers and tax authorities to continuously adapt to the changing dynamics of financial markets and trading practices.

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## Sustainable E-Commerce Packaging for Green Future

Ms.Agrawal Rashi Amrish  
RCPET's IMRD, Shirpur

### Abstract :

E-commerce packaging is essential for reducing product damage, guaranteeing safe delivery, and supporting sustainability initiatives. Currently available in numerous layers, ecommerce packaging is composed of cardboard box, plastic bags, bubble wrap, air packets, styrofoam and tape majorly.

Numerous studies show that uncontrolled disposal of packaging waste by consumers every year could be one of the main environmental hazards over the time. Given India's dismal track record, a significant amount of these materials will wind up polluting our landfills and drains. An astounding 9.4 million tons of plastic garbage are produced in India annually, of which 3.8 million tons are left as litter or uncollected. This has a negative impact on the ecosystem since the chemicals used to produce materials are inevitably having effect on all life forms.

This study sheds light to the current state of research and understanding regarding e-commerce product packaging, focusing on its lack of emphasis on the economic aspects of sustainable usability for consumers. It aims to propose an integrated approach that includes consumer preferences, environmental impact, and economic feasibility to develop holistic solutions on e-commerce packaging and delivering practices where packing materials often perceived as waste by consumers.

**Key words :** E-commerce, Packaging material, Ecosystem, Consumer usability.

### Introduction :

As e-commerce continues to grow exponentially , the environmental impact of packaging used in shipping goods has become a critical concern .Sustainable e-commerce packaging refers to the use of environmentally friendly materials ,designs ,and processes to package and deliver products to consumers. It focuses on reducing carbon footprint ,and improving biodegradability of packaging .These innovation not only reduce waste but also help businesses meet consumer demand or sustainable practices, contributing to a greener future .

### Problem Statement :

The rapid growth of E-Commerce has led to significant increase in packaging waste, which is becoming a major environmental concern. As online shopping continues to surge the excessive use of non recyclable, non- biodegradable, and often oversized packaging materials has resulted in increased waste production.

This materials is compounded by widespread use of materials like plastic, bubble wrap and excessive cardboard, which contributes to plastic pollution.



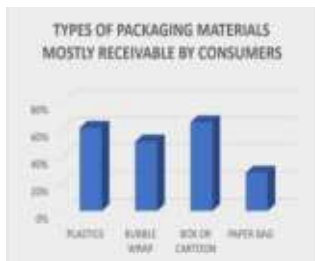
### Research Methods :

The effective methods combining both qualitative and quantitative approaches to understand consumer preferences, environmental impact of plastic packaging .



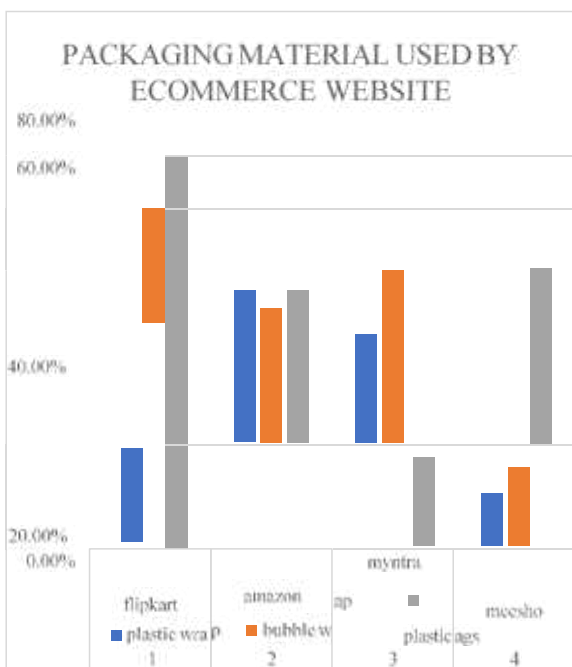
### Convenience Sampling Based Data :





**Result :**

- 1) A significant portion of packaging waste is not managed sustainably, as most consumer either dispose it improperly (throw in dustbin) or leave it as waste.
- 2) Recycling practices among consumers are minimal, highlighting a need for better awareness and systems for waste management and recycling.
- 3) Plastics, bubble wrap, box or cartoon dominate packaging materials, highlighting the prevalence of non biodegradable and reusable materials in consumer goods.
- 4) The dissatisfaction among consumers regarding packaging charges and returns suggests the need for more cost-efficient or incentivized packaging solutions, such as refunds for returns or better recycling programs
- 5) E-commerce websites use non biodegradable materials in very huge amount.



**Solution / Findings :**

Alternatives	To Replace	Advantages
Compostable bags	Poly based security bags	They help reduce plastic pollution in landfills, oceans ,and other ecosystem
Paper bags with normal HS lacquer coating	Poly based security bags	Hydrosol coatings are typically waterbase free from harmful chemicals.
Paper bags with fibre mesh	Poly based security bags	The fibre mesh reinforces the paper, making the bag more robust and capable of holding heavier or bulkier items without tearing.
Jute based bags	Poly based security bags	Jute is a natural fibre that is fully biodegradable and compostable making it environment friendly.
Honeycomb paper bubbles	Bubble wraps	It is biodegradable, recyclable and compostable making it a more sustainable option.
Eco wraps	Stretch films	Eco wraps are free from harmful chemicals.
Paper wraps	Shrink films	Paper wraps are typically made from wood pulp or recycle paper which are renewable materials.

**Conclusion :**

Alternating plastics packaging with green packaging highlights the importance of transitioning from traditional plastic materials to more sustainable alternatives .By embracing these solutions, companies can not only enhance their brand image but also contribute to a greener future by addressing the environmental challenges posed by traditional packaging practices. Key strategies include using recyclable, biodegradable or reusable, materials, optimizing package to reduce excess waste, and adopting renewable energy

for production process. Sustainable e-commerce packaging is a critical component in the transition to a greener future. By focusing on eco-friendly materials, reducing packaging waste, and optimizing packaging designs for efficiency and recyclability, businesses can significantly minimize their environmental impact. Research indicates that adopting innovative, sustainable practices not only benefits the environment but also enhances brand reputation and aligns with consumer preferences for environmentally responsible products. However, achieving widespread adoption requires collaboration across industries, investment in technology and infrastructure, and consistent regulatory support. Moving forward, sustainable packaging should be

prioritized as a key strategy for both economic and environmental sustainability in e-commerce.

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## A Novel Model to Collect EEG Signal for Marathi Digit Recognition

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### Abstract :

The Electroencephalography (EEG) is a method for capturing electrical activity in the brain. Using tiny electrodes attached to the scalp, voltage changes caused by neuronal activity are observed. An EEG is a non-invasive method used for brain signal analysis. Electroencephalography is used for medical diagnostics, muscular moment analysis, emotion recognition, environment control, research, technology, and other fields. This will encourage us to use electroencephalography in the field of digit recognition and collect data from the human brain. This research explores the methodologies and technologies employed in EEG data acquisition, emphasizing electrode configurations, sampling techniques, and hardware considerations for the feature work. This work lays a foundation for further exploration into EEG-based Marathi digit recognition systems.

**Keywords :** Signal processing, EEG, Data Acquisition, Electrode Configuration.

### Introduction :

In today's world, numbers play a vital role in human life because we use numbers in various fields, such as science, finance, communication, engineering, medicine, decision-making, and sports. As a result, digit recognition has grown in importance in recent years. Digit recognition is crucial for several reasons, as it allows researchers to analyze and interpret data effectively. Around the world, various countries use various number systems such as Roman, Chinese, Greek, Thai, Persian, Arabic, etc.

Marathi is one of the oldest and most extensively spoken languages in India. More than 126 million people, mainly in Maharashtra, speak it. It has distinct grammatical and phonetic traits. Recognizing Marathi digits from EEG data is not only a fascinating task, but it is also a critical step in creating an inclusive and regionally specialized Brain-Computer Interface (BCI).

BCI technology is a broad and developing field that combines computer science, neural networks, pattern recognition, and system recognition. With this new technology, humans can now interact with the outside environment without depending on their muscles or the brain's central nervous system [1,3].

Three crucial components, signal acquisition, signal processing, and alertness, make up the BCI gadget. Everyone has an excellent function (Figure 1). Those parts are linked to one another and feature as a unit to facilitate the transfer of human mind indicators to the supposed BCI appliances, which include a robot arm. Some usual human capabilities, imagination, and listening may be stimulated by sending manage

indicators from the BCI software lower back to the mind under unique instances [4].

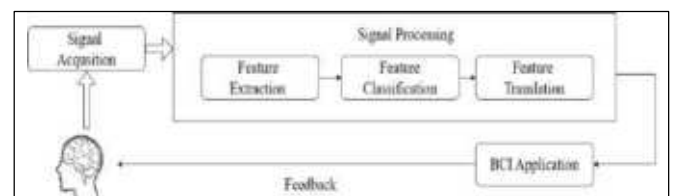


Figure 1 :- Brain-Computer Interface (BCI) System Components [4]

### Overview of Electroencephalography (EEG) :

Electrodes are attached to the scalp during the non-invasive EEG process, which measures the electric current flowing through brain neurons to examine how the brain functions. [5,6]. A single wire connects each electrode, which is used to detect variations in electric potential or voltage brought on by the movement of ionic currents within the brain's neurons [5,7,8].

According to Table 1, EEG data exhibit oscillations at different frequencies that may be divided into five major bands. An EEG's amplitudes and relative power may be used to identify neurological and brain problems, and different frequency bands are associated with different brain processes and functions [9].

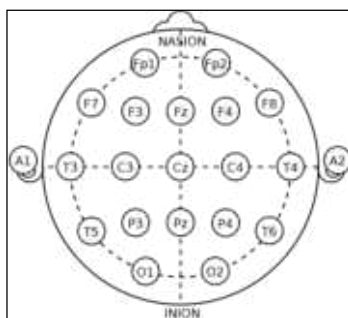
Waves	Frequency Band	Brain State
Delta Waves (δ)	0.5 - 4 Hz	Deep sleep Dreaming Mental Comma State
Theta Waves (θ)	4 - 8 Hz	Creative thought Stress Deep Meditation Drowsiness
Alpha Waves (α)	8 - 12 Hz	Calm Mental states, Relaxation Restful
Beta Waves (β)	12 - 30 Hz	Busy active mind Attention Coordination
Gamma Waves (γ)	> 30	Motor functions Problem solving Concentration Simultaneous/ Multitasking work

**Table 1 :- EEG Signals 5 Frequency Band**

**EEG Electrodes and EEG Placement :**

An EEG electrode placement standard that has been approved by the IFCN which has 68 member societies in 65 countries is the 10–20 electrode placement approach. Through this process, the names and physical locations of the 21 electrodes on the scalp were standardized. Reference points on the skull at the nasion, preauricular points, and inion are used to divide the head into proportionate locations in order to guarantee adequate coverage of every region of the brain (Figure 2).

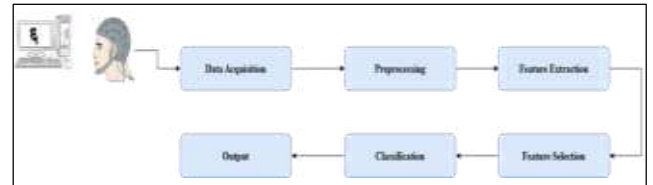
The names of each electrode are composed of a letter and a number. The letter indicates the region of the brain where the electrode is positioned (Occipital - O, Posterior - P, Temporal - T, Central - C, and Frontal - F), while the number represents the cerebral hemisphere (odd numbers in the left, and even numbers in the right hemisphere Figure 2). In 1985 a proposal was made to extend the original 10-20 system by increasing the number of electrodes from 21 to 74. Although research employs the 10-10 method more, the 10-20 EEG electrode placement strategy is regarded to be feasible for clinical use [10].



**Figure 2 : EEG - Electrodes Position for International 10 - 20 System [10]**

**Experimental Setup :**

There is no dataset available for Marathi digit recognition using EEG signal processing. Therefore, in the following Figure 3, we are set up an EEG data collection model in which EEG electrodes placed by using a 10 -20 international system on the brain, and the subject sees Marathi numbers ० - ९ randomly generated by Python Tkinter GUI program 2 minutes time frame on a computer screen.



**Figure 3 : Propose EEG Data Collection System.**

Using this model, we collect EEG signals while the subject sees random Marathi digits on a computer screen for a 2-minute time frame. We use one of the greatest 32-channel EEG machines, the RMS Super Spec. The purpose of the RMS Super Spec 32-channel EEG Machine is to work with a desktop computer.

**EEG Machine and Specification :**



**Figure 4 : RMS Super Spec 32 Channel EEG Machine.**

Number Of Channels	32
Frequency Band	0-150 Hz
Type	Digital
Sampling Rate	250
Amplifier Interface	USB
Brand	RMS
Photic Stimulator	Yes

EEG Data :

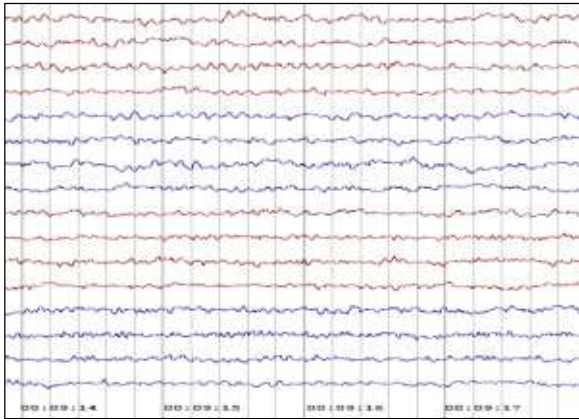


Figure 5 : Normal EEG Signal.

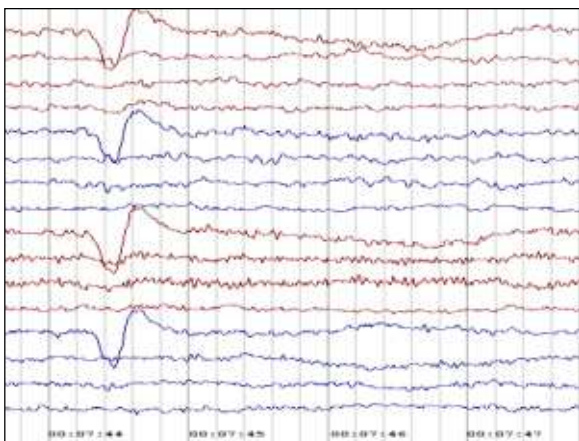


Figure 6 : Eye Blink while EEG Signal recording.

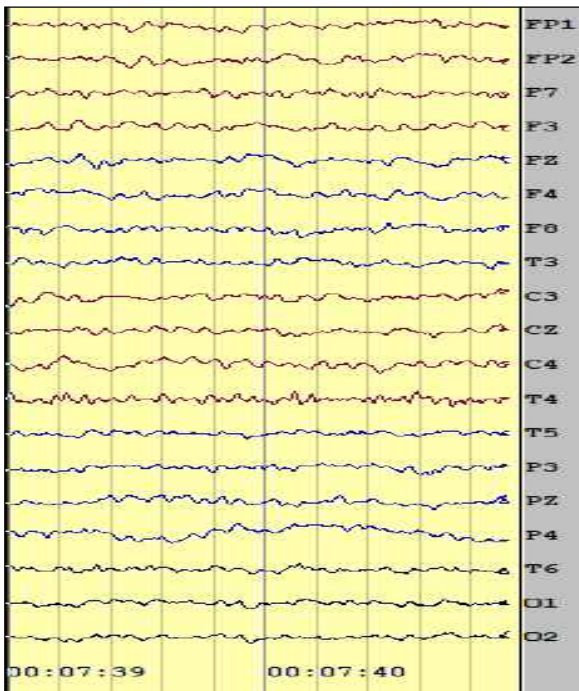


Figure 7 : EEG Signal.

Electrode	F-Range (Hz)	Abs Power (µV <sup>2</sup> /Hz)	Rel Power (%)	PPF (Hz)	MPF (Hz)
FP1 - CAR	0.0 - 4.0	9.48	77.0	00.5	00.5
	4.0 - 8.0	0.96	07.9	07.0	07.0
	8.0 - 12.0	1.38	11.2	09.5	09.5
	12.0 - 16.0	0.49	04.0	12.5	12.5
FP2 - CAR	0.0 - 4.0	7.56	60.0	00.0	01.0
	4.0 - 8.0	3.38	26.8	04.0	04.5
	8.0 - 12.0	1.43	11.3	09.0	09.0
	12.0 - 16.0	0.23	01.0	12.5	14.0
F7 - CAR	0.0 - 4.0	1.53	26.1	00.0	01.5
	4.0 - 8.0	1.20	21.9	04.0	04.0
	8.0 - 12.0	1.94	33.3	10.0	10.0
	12.0 - 16.0	1.09	18.7	15.0	14.0
F3 - CAR	0.0 - 4.0	2.71	47.1	03.5	02.5
	4.0 - 8.0	1.29	22.3	04.0	04.0
	8.0 - 12.0	1.58	27.4	10.0	10.0
	12.0 - 16.0	0.10	03.2	13.0	13.0
FZ - CAR	0.0 - 4.0	7.56	68.8	03.5	02.0
	4.0 - 8.0	1.95	17.0	04.0	04.0
	8.0 - 12.0	0.83	07.6	10.5	10.0
	12.0 - 16.0	0.64	05.8	14.0	13.5
F4 - CAR	0.0 - 4.0	4.34	54.2	01.0	01.5
	4.0 - 8.0	1.41	17.6	04.0	05.5
	8.0 - 12.0	1.51	18.8	10.0	10.0
	12.0 - 16.0	0.76	09.4	12.0	12.5
F8 - CAR	0.0 - 4.0	8.96	80.8	00.0	01.0
	4.0 - 8.0	0.46	04.3	07.0	07.0
	8.0 - 12.0	0.90	08.5	10.0	10.0
	12.0 - 16.0	0.67	06.3	13.0	13.5

Figure 8 : Frequency Tables

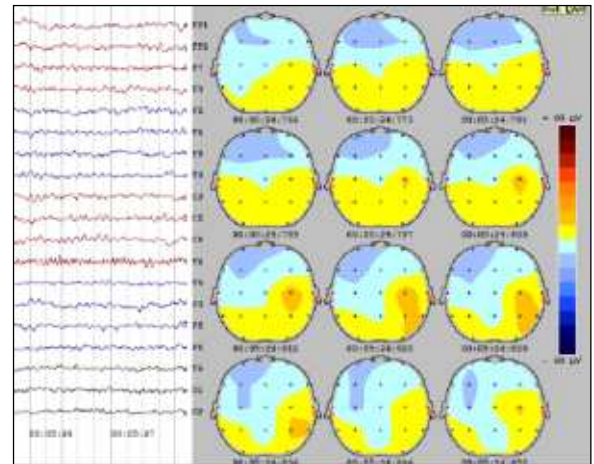


Figure 9 : Amplitude Progressive

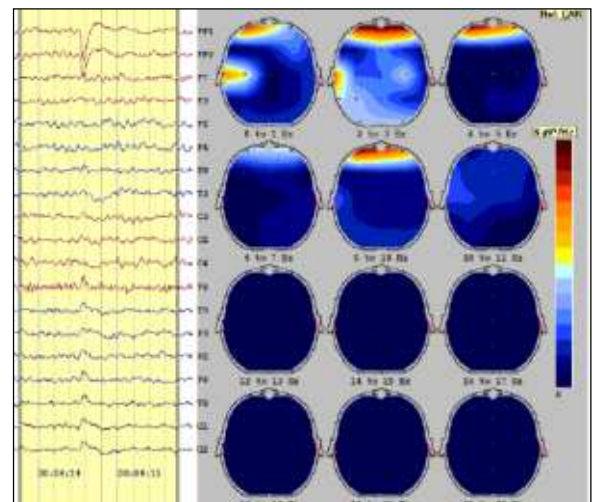
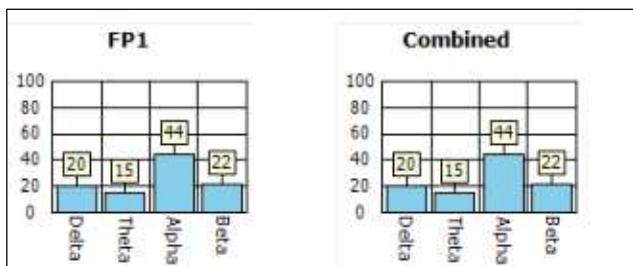


Figure 10 : Frequency Progressive



**Figure 11 : Frequency Analysis at FP1 Channel  
Time Frame 00.04.18 to 00.04.19.**

### Conclusion :

With the electroencephalography non-invasive method, we have developed a novel model for EEG signal data collection for Marathi digit recognition. The Proposed experiment setup will help collect sufficient data for future processing in the field of Marathi digit recognition. This gathered data can also benefit classification, feature selection, feature extraction and noise reduction for the processing of EEG signals. With the gathered data, we studied frequency analysis at different channels, frequency progressive, amplitude progressive, and frequency table of EEG signal. This paper also describes electrode configuration and hardware consideration for experimental setup. This model is helpful for future work in the field of Marathi digit recognition.

### Future Work :

In future work we collect sufficient amount of data for research in the field of Marathi digit recognition using this model. We also use this collected for artifact

removal, feature extraction, feature selection and classification.

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# Adoption of Cloud Storage Services Among Small Businesses : Benefits and Challenges

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## Abstract :

Cloud storage services have become indispensable for businesses, offering flexible, scalable, and cost-effective solutions for data management and collaboration. This research focuses on the adoption of cloud storage services among small businesses, a sector that often faces resource constraints but stands to benefit significantly from these technologies. According to recent surveys, over **70% of small businesses** have adopted some form of cloud storage, with **60% citing cost reduction** and **55% reporting improved accessibility and collaboration** as primary benefits. The study explores these advantages, including enhanced mobility, real-time data sharing, and disaster recovery capabilities.

Despite these benefits, significant challenges persist. Around **40% of small businesses** report concerns over data security and privacy, while **35% struggle with vendor lock-in** and unexpected costs. Additionally, **30% lack the technical expertise** to fully utilize cloud services. By analysing survey data, case studies, and existing literature, the research identifies strategies to address these challenges, such as adopting hybrid cloud models, investing in cyber security, and providing training for staff.

**Keywords :** Cloud storage, small businesses, data management, cost-effectiveness, security challenges, hybrid cloud, collaboration tools, digital transformation.

## 1. Introduction :

Cloud storage has revolutionized the way businesses manage and store data. By providing an alternative to traditional on-premises infrastructure, cloud storage services enable businesses to access data from anywhere, collaborate in real time, and reduce operational costs. Small businesses, which often operate with limited resources, stand to benefit significantly from adopting cloud storage solutions. However, the adoption rate varies due to factors such as cost, technical expertise, and security concerns. This paper aims to explore the benefits and challenges of cloud storage adoption among small businesses and provide recommendations to enhance its effective use.

## 2. Benefits of Cloud Storage for Small Businesses :

### 2.1 Enhanced Accessibility and Collaboration :

Cloud storage enables employees to access files and collaborate from any location with an internet connection. **55% of small businesses** highlight improved team collaboration as a major benefit. Real-time file sharing and integration with productivity tools such as Google Workspace and Microsoft 365 streamline workflows, reduce email dependency, and improve project management. For small businesses with remote or distributed teams, this capability is invaluable in maintaining productivity and cohesion.

### 2.2 Data Backup and Disaster Recovery :

Cloud storage services offer robust data backup and disaster recovery options. Automatic backups ensure that critical data is secure, even in the event of hardware failure, cyber-attacks, or natural disasters. Small businesses, which often lack dedicated IT staff, benefit from the ease and reliability of managed disaster recovery solutions provided by cloud vendors. Additionally, versioning features offered by many cloud platforms allow businesses to recover previous file versions, protecting against accidental deletions or modifications.

### 2.3 Integration with Emerging Technologies :

Cloud storage also supports the integration of emerging technologies such as artificial intelligence (AI) and machine learning (ML). For example, businesses can leverage AI-powered tools for automated data classification, search, and analysis.

## 3. Challenges of Cloud Storage Adoption :

### 3.1 Security and Privacy Concerns :

Around **40% of small businesses** cite data security and privacy as major barriers to cloud adoption. Storing sensitive business data on external servers raises concerns about unauthorized access, data breaches, and compliance with regulations such as GDPR and CCPA. Small businesses often lack the resources to implement advanced security measures, making them more vulnerable to cyber threats. Addressing these concerns

requires a thorough evaluation of cloud providers' security protocols, including encryption standards, access controls, and audit capabilities.

### 3.2 Lack of Technical Expertise :

30% of small businesses report insufficient technical expertise as a significant challenge. Without skilled IT staff, businesses may face difficulties in implementing and managing cloud solutions effectively. This skill gap often leads to suboptimal use of cloud features, increasing the risk of misconfigurations and security vulnerabilities.

### 3.3 Dependence on Internet Connectivity :

Reliance on cloud storage requires stable and high-speed internet connectivity. Small businesses in regions with limited internet infrastructure may experience disruptions, affecting access to critical data. Investing in redundant internet connections and offline access capabilities can help mitigate this dependency.

## 4. Recommendations :

### 4.1 Adopting a Hybrid Cloud Model

A hybrid cloud approach - combining public and private cloud solutions can balance security, cost, and flexibility. Sensitive data can be stored on private servers, while less critical information resides in the public cloud. This approach allows businesses to leverage the scalability of public cloud services while maintaining control over sensitive information.

### 4.2 Regular Cost Reviews :

Conducting periodic reviews of cloud storage usage and costs can help identify inefficiencies and optimize spending. Businesses should also compare providers to ensure competitive pricing and service quality.

### 4.3 Exploring Multi-Cloud Strategies :

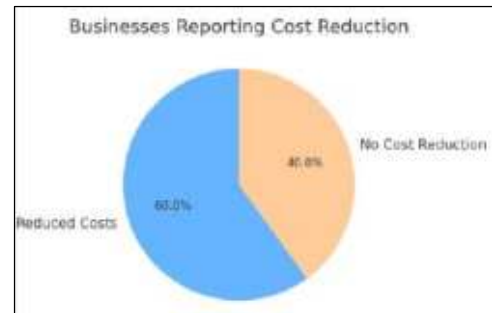
Adopting a multi-cloud strategy allows businesses to diversify their cloud providers, reducing reliance on a single vendor. This approach enhances redundancy and flexibility, enabling businesses to choose specialized services from different providers. However, businesses must ensure interoperability and manage the complexity of multi-cloud environments effectively.

## 5. Literature Review :

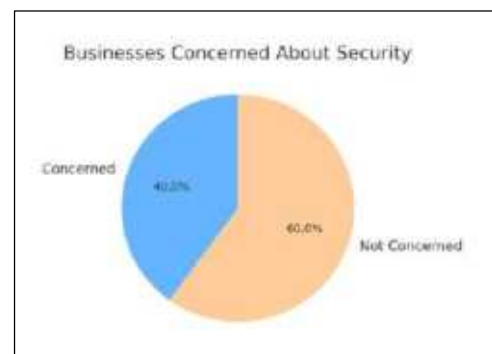
Previous studies have highlighted the transformative potential of cloud storage for small businesses. For example, Smith et al. (2021) demonstrated that cloud adoption led to a 45% improvement in operational efficiency across surveyed firms. Similarly, Johnson and Lee (2020) explored the role of cyber security in mitigating cloud-related risks, emphasizing the importance of vendor transparency. Recent advancements, such as edge computing integration, have

further enriched the capabilities of cloud platforms, as discussed by Kumar et al. (2022).

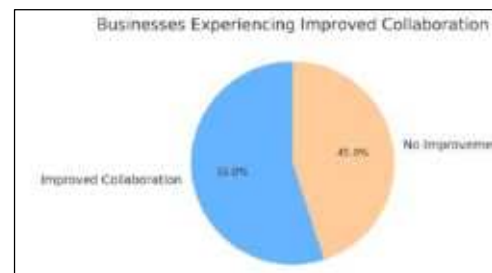
### Survey :



**Figure 1.1 : Show's Businesses Reporting Cost Reduction.**



**Figure 1.2 : Show's Businesses Concerned About Security**



**Figure 1.3 : Show's Businesses Experiencing Improved Collaboration**

### Conclusion :

Cloud storage offers transformative benefits for small businesses, enabling them to reduce costs, enhance collaboration, and safeguard critical data. However, challenges such as security concerns, vendor lock-in, and technical expertise must be addressed to maximize its potential. By adopting a hybrid cloud approach, investing in cyber security, providing employee training, and exploring multi-cloud strategies, small businesses can overcome these barriers and fully harness the advantages of cloud storage.



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# AI for Personal Development: Enhancing Goal Achievement and Emotional Well-Being

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## Abstract :

*AI for Personal Development: Improving Emotional Health and Goal Achievement Abstract Artificial Intelligence (AI) has become a game-changing instrument for human growth, providing creative approaches to boost emotional health and goal achievement. AI systems may assess progress, offer tailored advice, and suggest concrete actions to assist people in reaching their goals, both personal and professional, by utilizing data-driven insights. To comprehend user actions, preferences, and emotional states, these systems employ methods including sentiment analysis, machine learning, and natural language processing. The way people approach self-improvement could be completely changed by AI-driven technologies like habit trackers, virtual life coaches, and mental health apps. Additionally, AI-based mental health solutions, including chatbots and mindfulness apps, can provide assistance by lowering stress and promoting emotional resilience through cognitive-behavioural techniques and mindfulness practices. These tools can identify patterns, set realistic milestones, and provide real-time feedback to ensure consistent progress. For instance, AI-powered productivity apps can analyze daily routines to optimize schedules, while goal-setting platforms can help users break down long-term aspirations into manageable tasks. The use of AI in human growth presents ethical questions despite its potential, including algorithmic biases, data privacy, and an excessive dependence on technology. To build confidence and optimize the advantages of AI tools, it is essential to guarantee openness, user permission, and safe data processing.*

*Interdisciplinary cooperation between engineers, psychologists, and ethicists is crucial as AI develops in order to build systems that are both efficient and accountable.*

The integration of AI in personal development also promotes self-awareness by offering insights into emotional triggers and behavioural tendencies. Advanced systems can monitor mood fluctuations through wearable devices or voice analysis, enabling timely interventions for emotional well-being. Additionally, AI enhances accessibility to personalized coaching and mental health resources, bridging gaps in traditional support systems.

Although AI has great potential, its use in personal growth presents ethical issues such as algorithmic biases, data privacy, and an excessive dependence on technology. Transparency, user consent, and safe data handling are essential for building confidence and optimizing AI products' advantages. To develop systems that are both efficient and responsible, technologists, psychologists, and ethicists must work together across academic boundaries as AI develops.

In conclusion, AI offers transformative opportunities for personal development by facilitating goal achievement and emotional well-being. Through personalized and adaptive solutions, it empowers individuals to lead more fulfilling lives. However, balancing innovation with ethical considerations is vital to ensure its sustainable integration into everyday life.

## 1. Introduction :

The pursuit of personal development is a universal human endeavour. However, achieving goals and maintaining emotional well-being often present challenges due to external and internal factors. Natural language processing and machine learning algorithms are two examples of AI technologies that are changing how people approach self-improvement. From daily planning to stress management, AI provides tailored solutions, ensuring a more structured path to personal growth.

## 2. AI in Goal Achievement :

### 2.1 Personalized Goal Setting :

AI-powered applications analyze users' preferences, habits, and data to recommend personalized and achievable goals. For instance, platforms like Habitica and Todoist gamify tasks, making them engaging and measurable.

### 2.2 Progress Tracking :

AI tools can track performance using data analytics. Fitness apps such as Fitbit or Strava use AI to monitor physical activity and provide insights for improvement. Similarly, educational platforms like Duolingo adapt to users' learning styles, ensuring steady progress.

### **2.3 Motivation and Feedback :**

AI systems use behavioural psychology principles to maintain motivation. For example, virtual coaches like Replika or Woebot offer encouraging feedback and reminders, helping users stay on track.

### **3. AI in Emotional Well-Being**

#### **3.1 Stress and Anxiety Management :**

Applications and chatbots with AI capabilities, such as Woebot and Wysa, offer cognitive behavioural therapy (CBT) methods to treat anxiety and stress. They offer real-time support, ensuring users feel heard and understood.

#### **3.2 Emotional Monitoring :**

Wearable devices integrated with AI can detect physiological changes linked to stress or mood swings. Apps such as Moodpath analyze user-reported data to suggest coping strategies.

#### **3.3 Building Resilience :**

AI fosters emotional resilience by recommending mindfulness practices and exercises. For example, Headspace uses AI to guide users through meditation tailored to their emotional needs.

### **4. Challenges and Ethical Considerations :**

#### **4.1 Privacy Concerns :**

AI relies on extensive user data, raising questions about privacy and data security. Developers must prioritize transparent data policies and secure systems.

#### **4.2 Over-reliance on Technology :**

While AI provides valuable support, excessive dependence may reduce users' self-efficacy. Balancing AI assistance with personal agency is critical.

#### **4.3 Accessibility and Bias :**

Ensuring AI tools are inclusive and accessible to diverse populations is essential. Developers should

address biases in algorithms that may affect underrepresented groups.

### **5. Future Directions :**

The integration of AI into personal development is still in its early stages. Future advancements could include:

Better user engagement through improved natural language processing.

Integration with IoT Devices for seamless tracking of physical and emotional well-being.

AI Coaching Systems tailored to specific demographics, such as students or elderly individuals.

### **6. Conclusion :**

AI offers transformative potential in personal development by addressing goal-setting challenges and improving emotional well-being. However, ethical considerations must guide its implementation to ensure trustworthiness and inclusivity. As AI technologies evolve, they promise to empower individuals to lead more fulfilling lives.

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# An Overview of EEG Signal Acquisition : Techniques and Optimal Tools

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## Abstract :

*Electroencephalography is a way to understand the brain's electrical activity, which provides different information about brain activities. Electroencephalogram word derive from the Greek words graphein (to write) and enkephalo (brain). Electrodes placed on the head or scalp can be used to measure EEG signals. Time and space both affect the statistical characteristics of the complex signal that is the EEG. Electroencephalography signals are very complex, and time and space always affect it. EEG signals are always changing, so it is always kept in mind. In this study, modern recording tools and electrode placement systems are discussed. The main focus is a supersonic 32-channel EEG signal collection machine that collects high-resolution brain activity data. This study encourages researchers from different domains to utilize brain EEG signals in different research.*

**Keywords :** EEG Signals, Signal Collection, Tools for EEG Signals.

## 1. Introduction :

Electroencephalography (EEG) is not a harmful and simple method to capture the brain's electrical signals [1]. Electroencephalography studies brain activities in different conditions like rest, weak up, walking, etc., which are observed by voltage fluctuations. EEG proves its role is crucial in clinical applications and neuroscience research. It is a cost-effective method to collect EEG signals, which are used in different applications of neuroscience. For example, more precise identification of neurological disorders, including early warning signs of Parkinson's disease, has been made possible by the incorporation of artificial intelligence (AI) into EEG analysis [2]. From where the EEG signal shows its importance, advanced signal processes are introduced, and different EEG signal-collecting tools are created. Latest EEG Signal collecting equipment's are user friendly and have high signal quality. Different signal processing techniques also introduced and they provide time-frequency analysis and different machine learning algorithms. They also provide. This paper provides overview of what are EEG signals and different EEG signal acquisition tools. This study mainly focuses on the Super Sonic 32-channel EEG machine and Super Spec version 4.2.3 software and highlight their capabilities of capturing data.

## 2. EEG Signals :

EEG signals or waveforms are classified according to the electrode's frequency, amplitude, position, and size. The basic unit to measure normal or abnormal

waves is frequency (Hertz, Hz). Wave frequencies of the brain are different and correspond to the behaviour and mental state of the brain [3][4]. Some waves are identified by their shape, head distribution, and symmetric properties. Alpha, Beta, Theta, Delta, and Gamma are the waveform classifications. Table 1 shows shapes of different brain waves.

### 2.1 Delta Wave (Range: 0.1 – 4 Hz) :

Delta waves show the Gray matter of the brain. They are abnormal for awake adults. Delta Waves have high amplitude and are often the largest waveforms observed in EEG, indicating slow brain activity, typical during deep sleep.

### 2.2 Theta Wave (Range: 4-8 Hz) :

This wave is related to the hidden activity of the brain. Theta waves are observed in deep relaxation and meditation. They have Moderate amplitude, slightly smaller than delta waves, and are commonly seen during light sleep or relaxed states.

### 2.3 Alpha Wave (Range: 8-13 Hz) :

Alpha waves show white matter in the brain. They are found in all age groups, but they are most common in adults in relaxed mode with closed eyes. Alpha Waves have Moderate to low amplitude and appear as smooth and rhythmic waveforms during calm, wakeful states with eyes closed.

### 2.4 Beta Wave (Range: 13-30 Hz) :

These waves are related to behaviour and activities. Beta waves are concerned with the judgment of what we see, touch, smell, etc. Beta waves have low amplitude

and fast and irregular waveforms associated with active thinking, concentration, or stress.

**2.5 Gamma Wave (Range: 30-100 Hz) :**

Gamma waves are related to mental activities like studying or solving problems. They also occur during high alertness. Gamma Waves have very low amplitude, making them the smallest and fastest waveforms. They are linked to high-level cognitive processing and focus.

Delta Wave (Range: 0.1 – 4 Hz)	
Theta Wave (Range: 4-8 Hz)	
Alpha Wave (Range: 8-13 Hz)	
Beta Wave (Range: 13-30 Hz)	
Gamma Wave (Range: 30-100 Hz)	

**Table 1 : Brain Waves.**

**3. Tools for EEG Signal Acquisition :**

For EEG signal collection, selecting the right tools is important. Because we need guarantee on accuracy of data. The functions and applications of frequently used tools are described in this section.

**3.1 EEG Machines :**

EEG devices, which is the combination of hardware and software for accurate recording and analysis, which is the basis of signal acquisition. For example, the Super Sonic 32-Channel EEG Machine provides exact temporal resolution by providing 32 high-quality channels with a sampling rate of up to 1024 Hz. Machines advanced noise cancellation technique and easy collaboration with Super Spec v4.2.3 software, this machine used for artifact correction and data analysis. These types of devices are used in research and medical fields.



**Fig 1.1 : Super Spec 32 Channel EEG Machine, source: India Mart.**

**3.2 EEG Caps :**

High-quality EEG caps with Proper electrode placement based on the 10-20 are provided by BioSemi and g.tec[5][6]. These caps support dry and gel-based electrodes for better signal quality and simplicity. EEG Caps made of good and long-lasting materials that minimize participant discomfort during long recordings. Electrodes have been set up for good use and new materials have been included in EEG cap designs [7]. Studies comparing different applications show how successful these caps are, shows their importance in clinical and scientific areas [8].



**Fig 1.2 : EEG Caps [9].**

### 3.3 Auxiliary Equipment :

Auxiliary equipment is required to handle participant support, data transfer, and noise cancellation. To maximize the EEG signal collection. To minimize electrical noise and keep signal integrity, headboxes work like multiplexers that intercept in between electrodes and amplifiers [10]. Effective signal transmission for long recording sessions is provided by electrical gels, which improve electrode-skin contact by reducing resistance [11]. For real-world and portable EEG inquiries, wireless transmitters are important because they remove the need for physical connections between the EEG system and collection units, enabling participant mobility [12]. Dry electrodes and gel-free caps are two examples of new developments. That are changing EEG by reducing setup time and improving participant comfort while maintaining signal quality. These technologies are particularly useful in consumer-grade and portable devices [13].



**Fig. 1.3 : Auxiliary Equipment for EEG Signal Collection [14]**

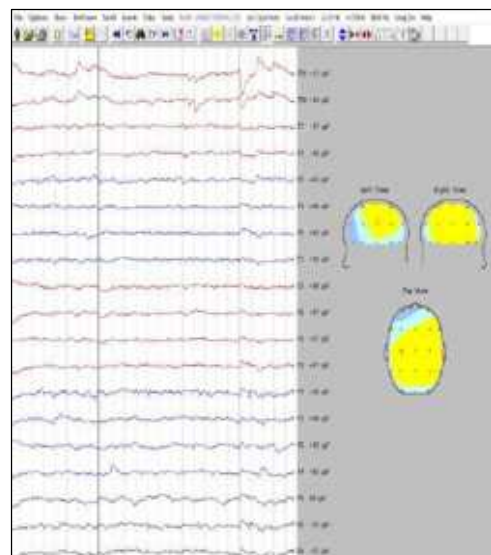
### 4. Data Collection Using Super Sonic 32-Channel EEG Machine :

The Super Sonic 32-Channel EEG Machine was selected for data collection due to its advanced features and proven reliability in research applications. This machine incorporates a 32-channel configuration following the 10-20 electrode placement system, which ensures comprehensive and standardized brain activity monitoring essential for accurate analysis [15]. The system's high signal quality is achieved through integrated noise reduction algorithms and precise electrode placements, minimizing artifacts and ensuring clean data collection [16]. Additionally, the machine's portability and compact design make it highly suitable for use in various environments, including hospitals and research labs, without compromising performance [15].

The accompanying Super Spec version 4.2.3 software provides real-time visualization, intuitive data analysis tools, and seamless export options in standard formats, streamlining the data management process [17]. Its versatility allows application across diverse fields, such as addiction research, neurofeedback, and cognitive studies, offering flexibility to adapt to various experimental designs [18]. With these capabilities, the Super Sonic 32-Channel EEG Machine ensures accurate, efficient, and high-quality data collection, making it an ideal choice for this research. Fig 2.1, fig 2.2, fig 2.3 and fig 2.4 shows the different analysis tool available with super sonic EEG machine, which help researcher to analyse and classify different brain signals.



**Fig. 2.1: EEG Signals**



**Fig. 2.2: Trimap EEG Signal**

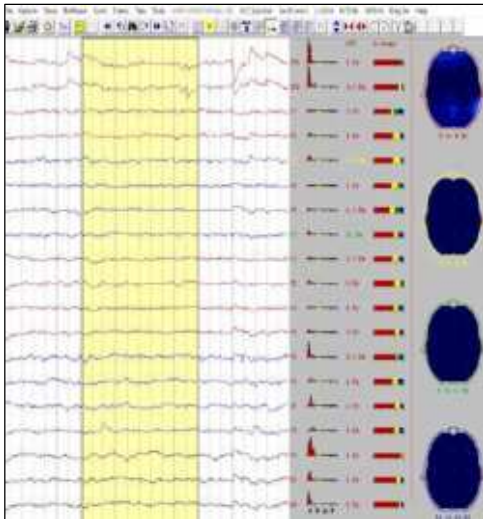


Fig. 2.3 : Frequency Map of Brain Signal.

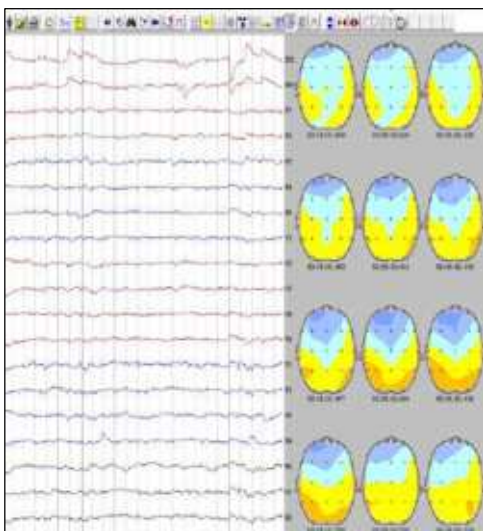


Fig. 2.4 : Amplitude Progression.

## 5. Conclusion :

This research paper provides an overview of EEG technology, its importance in understanding brain activity, and the tools available for acquiring EEG signals. Among the various systems reviewed, the Super Sonic 32-Channel EEG Machine was identified as the most suitable tool for data collection due to its advanced features, including a 32-channel configuration, high signal quality through noise reduction, ease of setup, and portability. The machine's versatile capabilities and robust software make it a reliable choice for diverse applications, particularly in clinical and research settings. By leveraging the Super Sonic EEG system, this study aims to contribute to the field of neuroscience by ensuring accurate and efficient acquisition of brain signals.

## 6. Future Scope :

The adoption of the Super Sonic 32-Channel EEG Machine opens opportunities for further exploration and innovation in EEG-based studies. Future research could focus on enhancing signal processing algorithms to provide deeper insights into brain activity, enabling more accurate predictions and diagnostics. The integration of machine learning techniques with EEG data collected using this system could advance applications in personalized medicine, such as addiction prediction and neurorehabilitation. Additionally, the development of portable EEG devices based on the Super Sonic system's principles could expand its use in remote and real-world environments, increasing accessibility and applicability in non-clinical settings. Collaboration with interdisciplinary fields like artificial intelligence and wearable technology can further unlock the potential of EEG systems, making them more efficient, user-friendly, and impactful in understanding the complexities of the human brain.

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# Blockchain Beyond Cryptocurrency : Innovations and Applications

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## Abstract :

*An immutable ledger that is kept in a dispersed network of peers that are not trusting one another is known as a blockchain. It is used to record transactions in a verifiable and permanent manner. A copy of the ledger is kept by each peer. To validate transactions, the peers use a consensus mechanism. They then organise the transactions into blocks and create a hash chain over the blocks. As required for consistency, this procedure arranges the transactions to create the ledger. For his well-known creation of digital cash, or crypto currency, such as Bitcoin, Satoshi Nakamoto (presumed pseudonymous person or persons) developed Blockchain technology. Bitcoin's double spending issue was resolved by Nakamoto using Blockchain technology, but this innovative technology quickly found use in a wide range of other applications.*

*In this paper we discuss various applications of Blockchain Technology in e- governance. Which covers a large area of our day to day life.*

**Keywords :** Blockchain, Smart Contract , e-Governance, Bitcoin, Applications.

## 1. Introduction :

Blockchain is essentially a series of blocks that together form a public ledger that records all committed transactions (Salah K., 2019). When fresh blocks are added to the chain, it keeps growing. A number of fundamental technologies, including distributed consensus methods, digital signatures, and cryptographic hashes, enable the decentralized environment in which blockchain operates. Since all of the transactions take place in a decentralised fashion, no middlemen are needed to validate and verify the transactions (Litke, D. Anagnostopoulos, & T. Varvarigou, 2019). Key features of blockchain include auditability, immutability, transparency, and decentralization (Kouhizadeh & J. Sarkis, 2018).

Services, Industry 4.0, share trading, and smart cities. Instead of depending on a single controlling authority, it uses a distributed ledger system in which digital data is synchronized, shared, and copied across multiple servers. This distributed structure guarantees more security, dependability, and transparency in data management. In basic terms, every block in a blockchain is a digital record made up of three crucial parts: the transaction data itself, a cryptographic hash connecting the current block to the one before it, and a timestamp marking the time the transaction took place. Transactions between parties can be permanently and verifiably

recorded thanks to this structure, which creates a safe, unchangeable chain of records.

Nodes (computers) in the peer-to-peer system that manage the blockchain network communicate information and verify transactions using a consensus process. A transaction is considered immutable once it has been confirmed and added to the blockchain. In order to change its content, all previous blocks in the chain would need to be recalculated and changed, which would take an enormous amount of processing power and make such tampering nearly impossible. Blockchain is special because of a few important features. Since it is fully decentralized, no one entity or person has authority over the network. Immutability strengthens security and trust by ensuring that a transaction cannot be removed or altered once it has been recorded. Users may create Blockchain addresses for transactions using pseudo-anonymity without disclosing their true identities. When suitable steps are taken, it is impossible to link an address to a specific person. Because of these features, Blockchain is a trustless system, meaning that users can conduct transactions without having to trust one another. Rather, the technology itself is trusted since its design and procedures ensure that private data is transferred securely over an unidentified network of participants. Because of this, Blockchain is a potent instrument to boost openness, decrease fraud, and enable safe digital transactions across a range of sectors.

**2. Structure of Blockchain :**

Bitcoin is one of the most well-known examples of blockchain technology. It was first established in 2008 as a cryptocurrency and payment system (Bitcoin, 2008). When a seller or payer makes a transaction, digital assets like bitcoin are transferred within a blockchain (P., 2016) as shown in figure A.

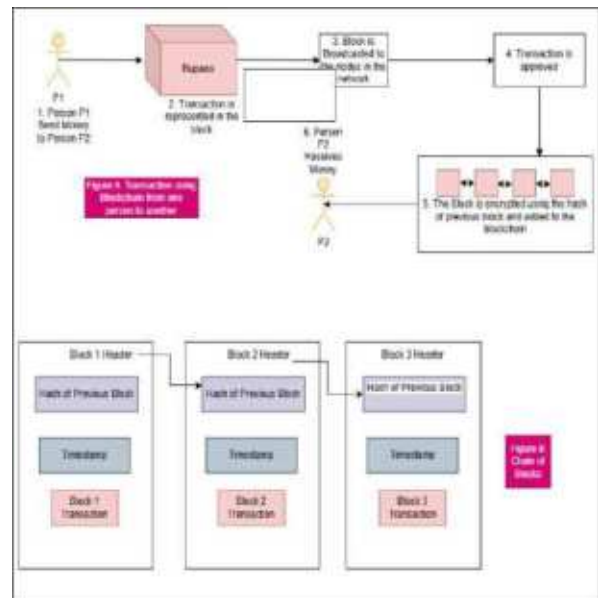
Every peer linked to the blockchain network receives these transactions, and clients known as miners use a cryptographic procedure to verify the transaction. The two main issues with digital currency exchange that were previously resolved by this validation are making sure the digital asset is real and hasn't been used up. If a miner determines that a transaction is well-formed (the input and output only contain the fields specified in the protocol) and that the outputs it seeks to transmit are there, the transaction is considered legitimate.

Anyone who offers to invest their resources can be a miner; they are not required to be certified. Bitcoin, which is created and given to miners for each block of transactions that are verified, serves as an incentive for miners. The necessary software is easy to use and may be downloaded for free. A block containing the details of confirmed transactions, a time stamp, and a cryptographic hash—a mathematically produced string of alphanumeric characters—is created once a transaction has been verified by a predetermined number of clients.

After adding the block with the transaction details to the blockchain's end, the receiving party receives the transferred assets. An essential component of the blockchain is the one-way cryptographic hash, which is generated using the hash of the block before it to create a unique digital signature exclusive to the current block of data as shown in figure B. Malicious alterations to the blockchain record are avoided since each block is safely connected to the block that came before it via the hash. One of the main characteristics of blockchain is its immutability.

This method differs from typical transaction processing in a number of useful ways. For instance, a merchant's payment processor confirms the availability of money when a credit card transaction is started, and after a few days, the funds are authorised and sent to the merchant. By creating a digital trust that promotes more effective transaction processing, blockchain as a digital ledger seeks to eliminate these middlemen. In a blockchain setting, the network itself secures the transaction history, verifies the transaction, and permits

direct asset transfers between participants after it has been digitally verified.



**3. Blockchain Applications :**

Blockchain technology has potential uses outside of financial services for decentralised data management. A number of businesses, including IBM, Microsoft, Accenture, and others, have established organisations to create blockchain-based technology that industry partners can utilise as a result of this varied interest (Popper, 2017). Numerous businesses have begun to develop this technology for use cases such as supply chain management, trade settlements, and identity verification.

This section examines the applications of blockchain technology across several spheres of society.

**Public Administration Applications :**

Sierra Leone, a nation in West Africa, was the first to use blockchain technology to hold a general election. In collaboration with a blockchain-based digital voting platform, they carried out a pilot research. Votes are recorded and stored on Bulletin Boards, a permissioned blockchain (Agora, 2017). The bulletin board is made up of read-only nodes that are available to all users for vote verification, write-permitted nodes run by Agora to record individual votes, and witness nodes run by other parties. The Bitcoin blockchain records the bulletin board's periodic snapshot. Another unique e-voting platform based on the Etheruem blockchain is Open Vote Network (Patrick McCorry, Siamak F. Shahandashti, & Feng Hao, 2017). Each user has two cryptographic keys to record votes and authenticate their identity. The final vote is calculated using all of the votes

that were submitted, and it is made available through features that are open to the public. There are numerous more blockchain-based electronic voting techniques in the literature, however they are all limited to small- to medium-sized organizations' electoral processes.

The problem of managing citizens' digital identities is another dangerous area in public administration. People can access services from a variety of sectors by using numerous digital IDs, such as passports, voter IDs, health cards, pan cards, etc. Identity data is kept in centralized databases that are managed by the government or occasionally outside service companies. These databases are susceptible to online threats and frequently result in identity theft. Individuals have little control over how their data is stored and accessed.

These problems can be effectively addressed by blockchain-based identity management systems (El Haddouti, 2019). Blockchain enables self-sovereign identity, in which the person owns their identity entirely (Naik N., 2020). A person has authority over who can access their identification and determine how much information can be shared. The creation of a blockchain-based Canadian digital identification ecosystem is being advanced by the Digital ID & Authentication Council of Canada (DIACC) (Wolfond, Oct. 2017). Bitnation, a blockchain project started by Susanne Tarkows, investigates how blockchain technology may be used to address migration problems and refugee emergence difficulties.

#### **Applications in HealthCare :**

Blockchain offers many uses in the healthcare industry, including remote patient monitoring, biological research, medical supply and medicine traceability, and the safe storing and exchange of electronic medical information (Agbo C.C., 2019). Digital technology advancements have affected how health care services operate and how data is stored accordingly.

The method that Electronic Health Records (EHR) are stored and accessed has changed due to hospital automation, the growing popularity of online patient consultations, etc. It might be challenging to share a patient's medical records between facilities while maintaining their authenticity. Most blockchain solutions used in the healthcare industry are implemented to solve this problem. All of these approaches suggest storing medical records on a blockchain, allowing users to exchange their information at any time. Using blockchain technology created by Guardtime, the Estonian government has made all healthcare services available to its citizens (Mettler, 2016).

#### **Applications in Education :**

There are numerous possible applications for blockchain technology in the education industry. A blockchain-based approach for verifying educational records is proposed by (Meng Han, 2018). The universities use a blockchain platform to issue certificates that are digitally signed. Students can distribute the certificate to businesses or other educational institutions, and the transaction recording the certificate's issuance can be used to verify the certificate. The technology offers transparency and self-verifiability in addition to increased security.

#### **Applications in Energy Sector :**

The Brooklyn Microgrid project is reported as the first blockchain based platform for peer peer energy trading (Mengelkamp E., 2018). The platform allows creating virtual market place for trading energy within local community consists of prosumers and consumers. The system provides real time statistics of energy production and consumption, negotiation and automated trading through smart meters.

#### **Applications in Agriculture :**

A blockchain-based platform called Farmshare (Bodell, 2015) allows local communities and virtual marketplaces to be established where traders may transact with clients directly and stay safe from middlemen. For trade, the platform uses a local currency farm share token. Agridigital, a platform for agri-supply chains, (2017) expands its offerings to include commodities transactions. The system automates the entire commodity transfer process, including transportation, quality control, and buyer and seller identification.

#### **4. Advantage of Blockchain :**

The main advantages of blockchain technology versus conventional centralized application platforms are examined in this section. Blockchain uses distributed computation and cryptography to provide a reliable record-keeping system. Blockchain is appropriate for data management applications because of its transparent access monitoring capabilities and decentralized, immutable storage structure. Security is the main factor driving the adoption of blockchain technology. Decentralized governance, verifiability, transparency, and automation potential are further considerations.

#### **5. Limitations of Blockchain :**

Because every update must be approved by a consensus procedure and is expensive to implement, blockchain is not a good option for applications that need

to update data frequently. Before beginning implementation, a thorough analysis of the anticipated business benefits of blockchain integration as well as the costs of setup and operation should be done. Block chain as a service is now available from top cloud providers, who let users select a plan based on their needs and budget. In addition to these technical problems, there are obstacles pertaining to company culture and human factors. Companies are hesitant to start altering business processes as a result of the shift to blockchain technology. Misconceptions and a lack of knowledge about the technical components are further problems impeding blockchain implementation.

#### 6. Conclusion :

Although blockchain was first presented as a technology that made cryptocurrency possible, it is now widely used in a wide range of different application areas. The decentralized design and built-in security feature facilitate the spread of blockchain technology across a variety of industries. These studies described how blockchain technology is interfaced to offer the public safe and transparent services, with a focus on the usage of blockchain in the E- government sector. The study investigated the possible traits and difficulties of blockchain-based E-governance applications. The stakeholders can select the best blockchain platform by identifying the particular requirements for each application domain. Additionally, the barriers to blockchain's broader adoption are noted. As blockchain technology advances, more e- governance applications will be able to be implemented.

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# Challenges in Developing Optical Character Recognition for Medical Imaging Techniques

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## Abstract :

*This review study aims to analyse and evaluate the challenges encountered in the research and design of optical character recognition (OCR) systems for computer vision tasks involving medical imaging modalities. To this end, the study offers a comprehensive overview of OCR, highlights the specific challenges associated with designing OCR models for medical images particularly concerning burned-in text data and concludes by discussing the advantages of this technology for healthcare systems, as well as potential future research directions.*

**Keywords :** OCR, Optical character recognition, medical image processing, computer vision, artificial intelligence, deep learning.

## I. Introduction :

With the significant increase in available computing power, artificial intelligence has rapidly advanced, leading to the development of effective models for various medical imaging modalities. These modalities include ultrasound and X-ray images obtained during clinical examinations (Efosa Osagie et al., 2022). One key area of modeling is optical character recognition (OCR), which is increasingly being applied to medical image processing. The traditional OCR process involves converting images of printed or handwritten characters into a computer-accessible format for further processing (Srihari et al., 2013).

Research in this field has a long history, focusing on machine learning and, more recently, deep learning algorithms, aimed at extracting restricted text data that is often burned into medical images. OCR has been utilized to access patient demographics and annotations for various purposes, such as creating searchable databases (Silva et al., 2018), ensuring privacy through anonymization (Newhauser et al., 2014), and developing structured patient record systems (Li et al., 2015). Major electronic health record (EHR) systems are now integrating OCR to access, extract, and process text within medical images.

Despite the advancements in OCR modeling techniques, researchers and developers face significant challenges, particularly when working with medical image data that contains burned-in text. This type of data is present in ultrasound, magnetic resonance imaging (MRI), and other images acquired using medical imaging scanners. This study aims to clarify the challenges involved in designing OCR for medical image processing. Section II presents the background issues

related to medical images, while Section III discusses concerns regarding privacy and limited datasets. Section IV explores the various font features found in medical images, and Section V outlines the benefits of an efficient OCR system in healthcare. Finally, Section VI discusses and concludes with potential research gaps related to these challenges.

## II. Complex Backgrounds in Medical Imaging :

Medical image data consists of images of human body parts captured using various imaging modalities, such as ultrasound and X-rays. To facilitate consistent distribution and viewing of medical images, the Digital Imaging and Communications in Medicine (DICOM) format was established by the National Electrical Manufacturers Association (NEMA) and has been widely adopted since (Bhagat et al., 2012). During the clinical examination process, relevant patient data, including demographics, are burned into the images by the acquisition machine (Monteiro et al., 2015). This often results in images with a luminous background, influenced by the lighting conditions during capture. The patient health information appears as burned-in text data within the pixel content of these images, which is what OCR aims to access and extract.

Traditional OCR models struggle to extract features from the non-uniform backgrounds of these medical images, which often have low contrast due to poor background quality and a relatively small region of interest with indistinct boundaries. The complex nature of these backgrounds contributes to the subpar performance of traditional OCR models in processing medical images, highlighting the need for further research in this area.

### **III. Restricted Medical Image Datasets :**

This poses a significant limitation on the application of artificial intelligence, including OCR for text detection and recognition, in the field of medical imaging. Factors such as the need for removing protected health information, classification, and pseudo-anonymization complicate the availability of clinical data between medical centres and researchers. Privacy protection requirements and accessibility issues greatly restrict the availability of datasets, forcing researchers to work with limited collections, which slows progress in the field.

Most medical centres that house databases of medical images operate under regional regulatory frameworks, such as the Health Insurance Portability and Accountability Act of 1996 (HIPAA) in the United States. These regulations mandate the protection of patient medical records and ensure the confidentiality of data during storage and transmission, regardless of the security of the means used (Li et al., 2005). As a result of these privacy concerns, obtaining a sufficiently large, balanced, and properly annotated set of images for the effective training, testing, and evaluation of OCR models remains a significant challenge (Qin et al., 2019).

At the first annual conference on machine intelligence in medical imaging (C-MIMI), held in September 2016, participants reached a consensus on the issue of data scarcity in research requiring medical image evaluation (Kohli et al., 2017). An ideal dataset for evaluating OCR in medical imaging should feature an adequate quantity of images, clear annotations, potentially synthetic burned-in data for privacy reasons, and all the characteristics typical of clinical examinations. During the performance evaluation of an OCR model, such burned-in data, along with other printed patient demographics on the medical images, are essential for assessing the model's accuracy using appropriate metrics. Currently, there is a very limited number of fully annotated medical images containing fictitious patient data available in the public domain, as confirmed by a systematic search across popular medical image databases.

#### **Diverse Font Characteristics of Imaging Acquisition Machines :**

State-of-the-art OCR systems face significant challenges in recognizing the diverse font types, sizes, and families present in medical images, particularly when dealing with very small or very large characters that can be difficult to detect and identify. One primary reason for this challenge is the low resolution and the

extremely small size of the text data within the pixel content of these images, which hampers research aimed at developing efficient OCR designs capable of handling varied fonts.

Monteiro et al. (2017) employed convolutional neural networks (CNNs) to create an OCR system for character recognition. While it successfully identified characters in their validation dataset, all images were sourced from a single medical institution and utilized only that institution's unique font features. The lack of a standardized font feature adopted by the manufacturers of imaging acquisition machines complicates the development of a robust, generalized, and adaptable OCR system for medical imaging.

#### **Advantages of OCR in Healthcare Systems :**

Technology has made significant strides over the years, particularly in the realm of healthcare management, enhancing the quality of life and saving countless lives. OCR technology has emerged as a solution for extracting text from various medical imaging modalities, facilitating data entry crucial for medical diagnostics and robust electronic health management systems (Bhure, 2021).

Visual impairment, defined as a reduced ability to see, has created numerous challenges that conventional solutions, such as glasses, cannot address. According to a 2015 report on global blindness and visual impairment, approximately 253 million people were affected worldwide, including 36 million who were blind and 217 million with moderate to severe visual impairment (MSVI), which includes difficulties seeing in low contrast and brightness conditions (Ackland et al., 2017). Vision is essential not only for seeing objects but also for dark adaptation, contrast sensitivity, balance, and color perception. An efficient and highly accurate OCR system can empower health workers who are blind or visually impaired to scan text on medical images, converting it into accessible formats like synthetic speech and plain text. This technology can enable them to recognize abnormalities without relying on third-party verification, thereby improving diagnostic speed and mobility.

As electronic health records (EHRs) increasingly replace traditional paper-based storage and retrieval systems designed to enhance the accuracy, safety, and accessibility of patient management, challenges remain in tracking files and maintaining inventory, particularly with the volume of documentation, medical images, investigation reports, and prescriptions involved (Dash et al., 2019). This can hinder the ability to generate statistical reports, especially regarding medical imaging

modalities and effective records management. OCR technology can help address these challenges by categorizing clinical and non-clinical datasets into meaningful classifications.

Despite technological advancements in medical imaging and information systems, radiology reports have seen little improvement over the years. Imaging is a critical component of the diagnostic process for many patients, with diagnostic error rates estimated between 3% and 5%, resulting in approximately 40 million diagnostic errors involving imaging each year worldwide (Jn Itret et al., 2018). Physicians struggle with these issues due to the increasing patient load and limited qualified personnel. Improving diagnostic performance and reducing patient harm by identifying and learning from these errors is crucial. A highly accurate OCR system can enhance diagnostic performance and minimize patient risk by interpreting radiological findings related to burned-in text from acquisition machines, thus improving speed, reducing costs and manpower, simplifying access to information, streamlining patient data management, and enhancing health security.

#### **IV. Discussion and Concluding Remarks :**

It is very important to apply the innovating and rapidly growing advantage of machine learning in the design of an optimal and highly accurate OCR for purpose of extracting text data from medical image which is usually needed for various post-processing needs such as recognition of sensitive character and pseudo-anonymization of the identified patients' data, amongst others. It is our view that this review article gives researchers and developers, a detailed summary of notable challenges been faced, and to seek various technological answers to these problems. Also, the cooperation of medical centres and research institutes around the world is required, especially in the issue of providing datasets for the design and evaluation stage, this can be achieved by replacing sensitive patient's data on the medical images, with synthetic data to prevent any breach of privacy regulation in their region. Hence, it is highly recommended that these points raised are considered in the design and modelling of OCR systems for medical image modalities.

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## Code Club for Developers: Revolutionizing Coding Education

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### Abstract :

*The fast advancement of the computerized economy has driven a basic request for open, high- quality coding instruction. Conventional stages regularly drop brief due to divided substance, restricted dialect bolster, and tall costs, clearing out numerous yearning engineers underserved. Code Club for Designers addresses these challenges with a transformative approach, advertising multilingual courses, organized learning ways, live mentorship, and industry-recognized certifications. This consider assesses the viability of Code Club through overviews, stage benchmarking, and a pilot consider. The discoveries highlight surprising enhancements in learner engagement, coding capability, and maintenance rates. Learners advantage from an intuitively, comprehensive environment that bolsters differing phonetic and social foundations. Code Club's organized learning ways guarantee a consistent movement from apprentice to progressed levels, whereas live mentorship cultivates personalized direction. Recognized certifications assist upgrade employability, empowering members to unquestionably move into the workforce. The stage too joins real-world ventures, planning learners to handle viable challenges. Results demonstrate that Code Club not as it were bridges basic crevices in worldwide coding instruction but moreover engages communities by preparing learners with in-demand aptitudes. Its adaptable and comprehensive show has the potential to convert the advanced learning scene, making high-quality coding instruction available to all.*

**Keywords :** Multilingual Learning, Expert Mentorship, Structured Content, Live Interaction.

### Introduction :

The worldwide request for programming aptitudes is anticipated to rise by 22% by 2030, driven by innovative progressions and computerized change. Be that as it may, numerous online coding stages fall flat to satisfactorily bolster learners [1]. Key challenges incorporate divided substance, with 62% of learners battling to discover organized fabric, constrained multilingual bolster (as it were 30% of stages give it), deficiently live mentorship (detailed by 70% of clients), and tall membership costs, making get to troublesome for numerous [2]. These obstructions have made a noteworthy abilities crevice, with as it were 40% of self-taught coders coming to employable capability [3]. Code Club for Engineers points to address these issues by advertising a comprehensive, organized, and multilingual learning encounter [4]. With live mentorship, reasonable get to, and solid community bolster, Code Club gives learners around the world with the apparatuses to create in-demand coding aptitudes, making a difference bridge the crevice and plan them for victory within the developing computerized economy [5]

The Issue rising request for programming aptitudes has highlighted critical deficiencies in existing online coding instruction stages, driving to a tireless aptitudes hole [6]. Numerous learners confront divided substance, with 62% announcing troubles in finding cohesive and

organized fabric .Besides, dialect boundaries constrain get to, as as it were 30% of stages offer multilingual bolster, barring a expansive parcel of non-native English speakers A lack of interaction and live mentorship contributes to low engagement, with 70% of users feeling unsupported in their learning journey [7]. Additionally, high subscription costs, exceeding \$20 per month on 55% of platforms, make quality coding education inaccessible for many economically disadvantaged learners. These challenges hinder learners from acquiring employable skills, preventing them from fully participating in the rapidly growing digital economy [8].

### Literature Review / Related Work :

The document you provided appears to detail a study about the "Code Club for Developers," a platform designed to revolutionize coding education by addressing gaps in accessibility, affordability, engagement, and inclusivity. It includes sections on the abstract, problem statement, significance, research methodology, findings, and recommendations [10]. Code Club stands out in affordability and engagement, offering an inclusive and accessible approach to coding education Its centre on bridging crevices sets it separated from industry pioneers. Proposals to grow dialect choices, give job specific certifications, and upgrade industry associations will encourage fortify its position, making Code Club a transformative constrain in ed-tech [11].

**Research Methodology :**

The investigate technique for the think about on "Code Club for Designers" utilized a mixed- method approach to comprehensively assess the platform's adequacy in tending to key challenges in coding instruction [12]. A overview was conducted with 455 learners over numerous stages to recognize predominant torment focuses, such as divided substance, restricted dialect back, moo engagement, and tall costs. This given important bits of knowledge into the learners' needs and desires. Also, a benchmarking consider compared Code Club with industry pioneers like Codecademy and Coursera, dissecting measurements such as learner fulfilment, completion rates, and estimating to highlight competitive points of interest [13] . A six-month pilot program with 87 members advance evaluated the platforms affect, measuring engagement, capability, and fulfilment over time. Month to month following uncovered critical advancements, with members announcing higher engagement and superior aptitude securing than industry standards. Measurable investigation of the collected information fortified these discoveries, displaying Code Club's potential to address obstructions in coding instruction viably. By joining overview input, benchmarking, and real-world testing, this technique guaranteed a strong assessment of the platforms qualities and regions for advancement [14].

**Result And Discussion :**

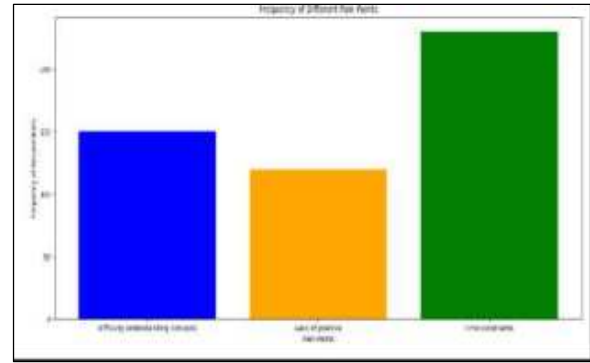
85% of members found live intuitive locks in, 78% come to middle capability in six months, and 92% lauded reasonableness. Multilingual back pulled in 65% of non-English-speaking clients, maintenance was 88%, and 72% of certified learners progressed work prospects inside three months. Code Club's reasonableness, multilingual bolster, and live mentorship boosted availability, engagement, and maintenance. Organized learning ways improved capability, and certifications made strides employability, exhibiting its potential to convert coding instruction

**Primary Data :**

1. This survey analysis highlights feedback from 500 learners, focusing on three key challenges: difficulty understanding concepts, lack of practice, and time constraints. The data provides insights for addressing these pain points to enhance the learning experience.

**Table 1: Survey Analysis (Feedback from 500 Learners)**

Pain Point	Frequency
Difficulty understanding concepts	150
Lack of practice	120
Time constraints	230

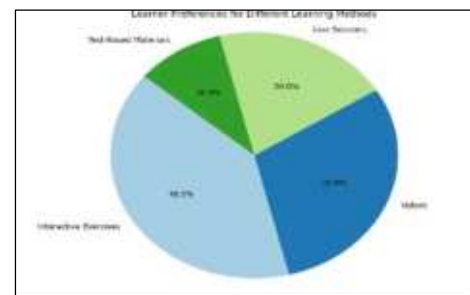


Time constraints are the most significant challenge, affecting 230 learners, followed by difficulty understanding concepts (150) and lack of practice (120). Addressing these issues with flexible schedules, clearer explanations, and more practice opportunities can improve the learning experience.

2. The chart illustrates the distribution of learner preferences for various learning methods. Interactive exercises dominate at 40%, followed by videos at 30%, live sessions at 20%, and text-based materials at 10%

**Table 2: Pie Chart: Learner Preferences for Learning Methods**

Learning Method	Percentage
Interactive Exercises	40%
Videos	30%
Live Sessions	20%
Text-Based Materials	10%



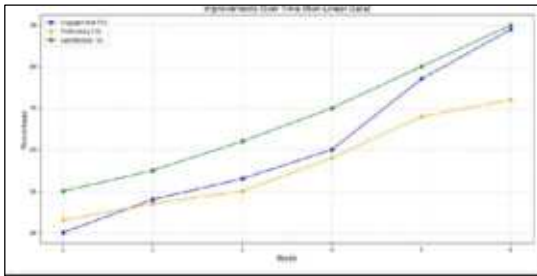
Interactive exercises and videos are the most preferred learning methods, accounting for 70% of learner preferences. Live sessions and text-based materials are less favored, together making up the remaining 30%.

3. The graph showcases trends in engagement, proficiency, and satisfaction among 100 participants over six months. Significant growth is observed across all metrics, indicating the program's positive impact.

**Table 3 : Prototype Testing (Six-Month Pilot Program with 100 Participants)**

Month	Engagement (%)	Proficiency (%)	Satisfaction (%)
1	40	43	50
2	48	47	55

3	53	50	62
4	60	58	70
5	77	68	80
6	89	72	90

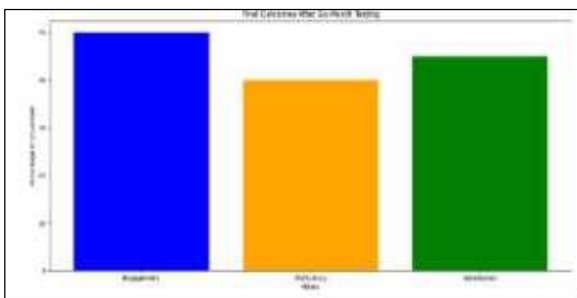


The six-month pilot program demonstrated consistent improvement, with engagement reaching 89%, proficiency 72%, and satisfaction 90%. These results highlight the program's effectiveness in enhancing participant outcomes.

4. The bar chart displays percentage improvements in engagement, proficiency, and satisfaction by the end of the program. Engagement saw the highest improvement at 50%,

**Table 4: Bar Chart: Final Outcomes**

Metric	Percentage Improvement
Engagement	50%
Proficiency	40%
Satisfaction	45%



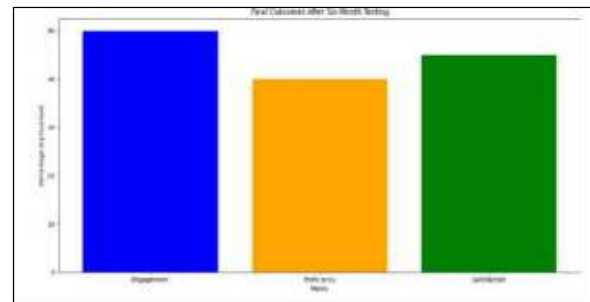
The program led to substantial improvements across key metrics, with engagement showing the highest gain at 50%, followed by satisfaction at 45% and proficiency at 40%.

**Secondary Data :**

1. The bar chart compares Intelli Helmet with Codecademy and Coursera across three metrics: completion rate, learner satisfaction, and pricing. Intelli Helmet outperforms in satisfaction and pricing, while Coursera leads in completion rate.

**Table-1 : Platform Benchmarking (Comparison with Codecademy and Coursera)**

Metric	IntelliHelmet	Codecademy	Coursera
Completion Rate (%)	85	80	90
Learner Satisfaction (%)	90	75	85
Pricing (month)	10	20	30

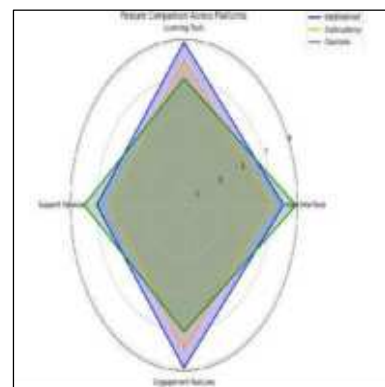


Intelli Helmet stands out with the highest learner satisfaction (90%) and the most affordable pricing (\$10/month). Coursera leads in completion rate (90%), while Codecademy trails in both satisfaction and cost-effectiveness

2. The chart highlights feature ratings for Intelli Helmet, Codecademy, and Coursera. Intelli Helmet excels in learning tools and engagement features, while Coursera leads in user interface and support services.

**Table 2: Radar Chart: Feature Comparison**

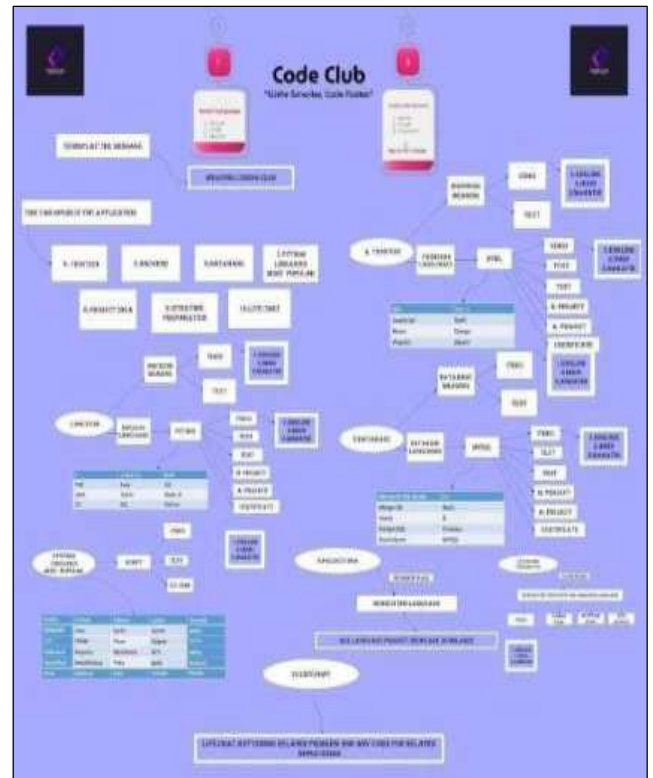
Feature	IntelliHelmet	Codecaemy	Coursera
User Interface	8	7	9
Learning Tools	9	8	7
Support Services	7	6	8
Engagement Features	9	8	7



Intelli Helmet scores highest in learning tools and engagement features, showcasing its strength in interactive learning.

**Discussion:**

To maximize its impact, Code Club should expand its language options to include widely spoken languages such as Spanish, French, and Arabic, making the platform more inclusive and accessible to a global audience. Introducing job-specific certification programs aligned with industry standards will enhance employability and address specific market needs. Collaborating with leading tech companies for project-based learning and job placements can provide learners with hands-on experience and direct career opportunities. Additionally, offering personalized learning paths for advanced users will cater to diverse skill levels and ensure that the platform remains relevant for both beginners and experienced learners. These enhancements will further solidify Code Club's position as a leader in coding education.



**Conclusion :**

Code Club has proven its potential to transform coding education by effectively addressing critical challenges such as accessibility, engagement, and affordability. Its comprehensive and inclusive approach positions it as a leading platform in the ed-tech industry, especially benefiting beginners and underrepresented communities seeking to develop in- demand coding skills.

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## Comparative Analysis of Classification Algorithms Using EEG Signal Analysis

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### Abstract :

Analysis of biological signals plays an important role in a human-computer interface (HCI). With an electroencephalogram, we can determine the mental state of a human. Researchers use a variety of feature extraction approaches to find specific traits. Here, we use Principal Component Analysis (PCA) and Linear Discriminate Analysis (LDA) for the classification of EEG signals recorded under five different conditions viz tasks (a baseline resting task, hearing a happy song, sad song, romantic song, National song). The classifier classifies the resulting features into categories corresponding to the mental task a subject performs. LDA has proven to provide an efficient categorization compared to PCA.

**Index Terms :** Electroencephalography (EEG), Principal Component Analysis (PCA) , Linear Discriminate Analysis (LDA), Human Computer Interface (HCI).

### I. Introduction :

The brain comprises billions of neurons that communicate using electrical and chemical signals.

1. The electrical activity is the primary source of EEG signals
2. The brain is composed of billions of neurons that communicate with each other using electrical pulses.
3. Neurons generate action potentials, which are rapid changes in electrical potential across their membrane.
4. However, EEG does not directly measure these individual action potentials.
5. EEG signals are a result of postsynaptic potentials.
6. This data is processed using various classification algorithms. Out of these classification algorithms, we focus on Principal Component Analysis (PCA) and Linear Discriminate Analysis (LDA). PCA is a statistical technique used to reduce data's dimensionality while preserving the variability as much as possible.
7. By identifying the patterns and correlations in the data, PCA transforms the original dataset into a new dataset of uncorrelated variables called principal components.
8. PCA is a foundational tool for data analysis when dealing with high-dimensional datasets.
9. LDA is a supervised machine learning algorithm primarily used for dimensionality reduction and classification.

10. It projects data onto a lower dimensional space while maximizing the separability between allocated classes.

11. Music has great impact on our life. In this paper we represent one of the study reveal the secret of brain waves related to sad and happy songs.

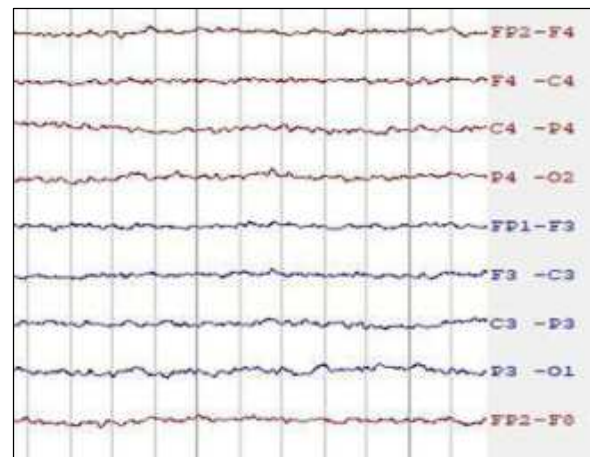


Fig. 1. Representation of EEG Signal

### II. Representation of EEG Signal :

The EEG signal can be represented as the frequency waves, as shown in figure 1.

### III. Representation of EEG Signal :

EEG (Electroencephalogram) signals are electrical patterns generated by brain activity, recorded from the scalp. These signals reflect the brain's neuronal activity and are measured in microvolts ( $\mu V$ ). EEG is a non-invasive technique commonly used to monitor brain

function, diagnose neurological disorders, and study brain dynamics.

**Key Features of EEG Signals :**

Frequency Bands: EEG signals are categorized into frequency bands, each associated with different mental states:

Delta (0.5–4 Hz): Deep sleep and unconscious states.

Theta

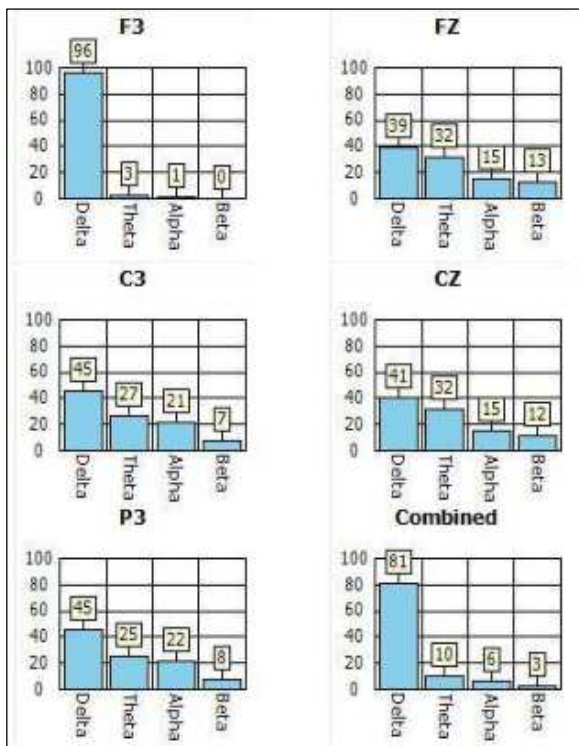
(4–8 Hz): Light sleep, relaxation, and creativity.

Alpha (8–13 Hz): Calm and relaxed wakefulness. Beta

(13–30 Hz): Active thinking, focus, and problem-solving. Gamma ( $\geq 30$  Hz): High level cognitive

functioning.

EEG signals are collected using electrodes placed on the scalp, which detect voltage changes caused by neuronal activity. The process involves several steps and techniques:



**Fig. 2. Frequency Map of EEG Signal**

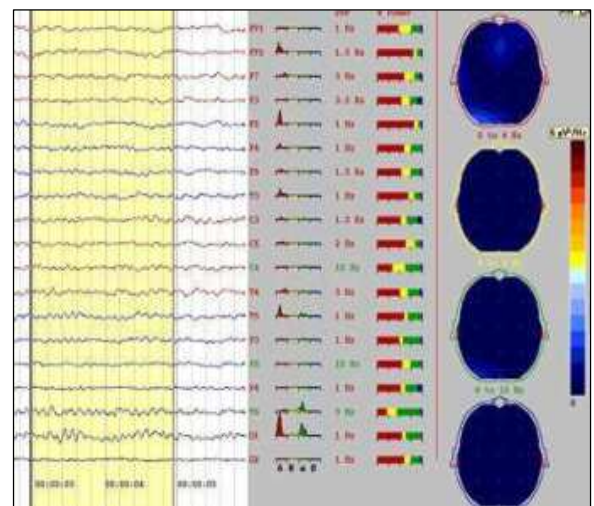
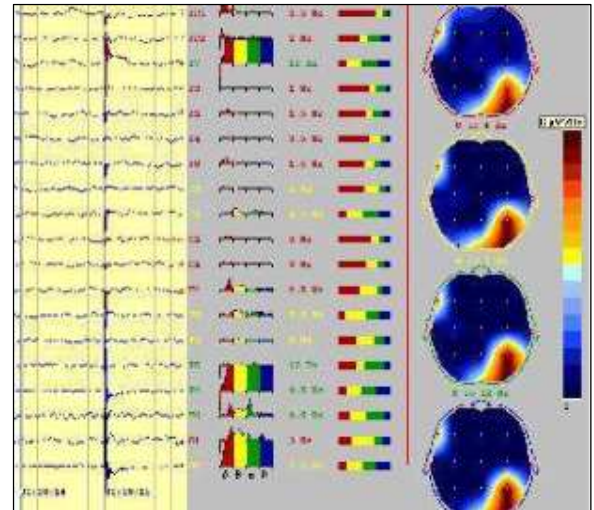
**Electrodes :** Detect electrical activity. Amplifier: Boosts the small electrical signals for processing. Signal Processor: Filters and digitizes the data for analysis. Computer/Software: Displays and analyzes the EEG waveforms.

**C. Types of Electrodes :**

Surface Electrodes: Non-invasive and placed on the scalp using conductive gels or pastes.

**IV. Methodology :**

In this paper we collect the EEG signals related to different types of songs. We examined the nodes and effects of a sad song and a happy song on human EEG signal. The database for sad songs and happy songs is very large but the selection of these songs is subject dependent. Every subject has his own choice of sadness and happiness. So we keep it flexible and allow participant to select song from the available databases.



**Fig. 3. Representation of EEG Signal**

**A. Selection of Subject :**

For the experiment, three right-handed men between the ages of 25 and 30 were chosen as subjects. Every subject was well-versed in Hindi songs.

**B. Procedure :**

The experiment's connection to brain and mental activity was explained to each participant. When they arrived at the department laboratory, they were briefed on the type of task that will be performed. EEG was recorded throughout two continuous tasks that involved listening to a sad song, and a happy songs. Additionally,

baseline measurements of relaxation modes were noted. In order to reduce the artifacts caused by muscular movements, the subjects have also been told to perform less muscle movements.

#### V. RESULT AND DISCUSSION :

Principal Component Analysis (PCA) is a dimensionality reduction technique used to analyze and simplify large datasets. In EEG signal analysis, where brain activity is captured in multiple channels over time, PCA helps identify dominant patterns and reduce noise while retaining critical features. By transforming correlated variables into a smaller set of uncorrelated components (principal components), PCA provides insights into the underlying neural processes and their variations across different stimuli, such as emotional responses to music. EEG signals typically involve data from multiple channels. PCA reduces the dimensionality of this data, enabling easier visualization and analysis without losing significant information about the brain's response to music. PCA extracts significant features from EEG data that correspond to neural responses. Results show that for happy song increased activity in the left frontal lobe while for sad song increased activity in the right frontal lobe. The recognition rate for PCA is 82%. Linear Discriminant Analysis (LDA) effectively reduced the high-dimensional EEG dataset to a smaller set of discriminative features. Unlike PCA, which maximizes variance, LDA optimized the separation between the emotional classes (happy and sad songs). This resulted in a feature set that captured the most discriminative patterns for classifying emotional responses. The classification accuracy of LDA is 91%

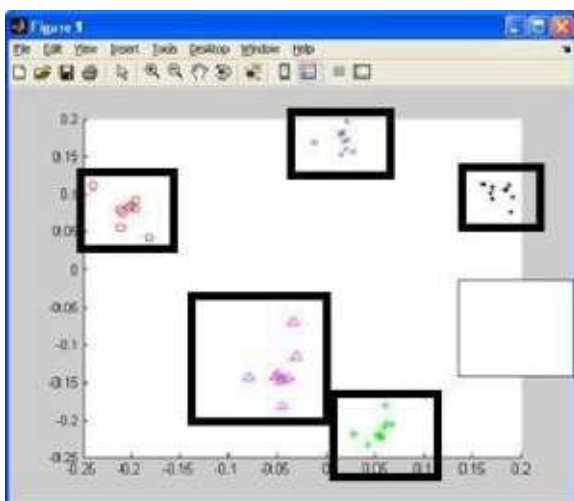


Fig. 5. Recognition of EEG Signal related to music using PCA and LDA

#### VI. Conclusion :

This study explored the application of Principal Component Analysis (PCA) and Linear Discriminant Analysis (LDA) for analyzing EEG signals elicited by emotional responses to music, specifically happy and sad songs. Both techniques demonstrated their effectiveness in dimensionality reduction, noise suppression, and feature extraction, providing valuable insights into neural activity patterns associated with different emotional states.

PCA achieved an accuracy of 82% in distinguishing between happy and sad emotional responses. It effectively reduced the dimensionality of the EEG data by retaining the most significant variance, offering a general understanding of neural patterns. However, as an unsupervised method, PCA did not explicitly optimize the separation between emotional classes, which limited its classification accuracy.

LDA, on the other hand, achieved a superior accuracy of 91%, highlighting its strength in extracting discriminative features for classifying emotional states. By utilizing class labels to maximize inter-class variance and minimize intraclass variance, LDA provided a more targeted and accurate representation of the neural differences between happy and sad song responses.

In conclusion, while both PCA and LDA are valuable tools for EEG signal analysis, LDA outperformed PCA in classifying emotional responses due to its supervised nature and focus on class separability. These findings underscore the potential of LDA for developing high-accuracy emotion detection systems and personalized applications in music therapy, brain-computer interfaces, and adaptive music technologies. Future research should explore hybrid approaches combining PCA's ability to capture general variance with LDA's discriminative power to further enhance accuracy and robustness in EEG-based emotion analysis.

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## Crop Recommendation System Using Machine Learning for Agriculture in the North Maharashtra Region

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### Abstract :

*The Crop Recommendation System for agriculture in the North Maharashtra region (Dhule, Nandurbar, and Jalgoan Districts) is designed to assist farmers in selecting the most suitable crops based on various environmental, soil, and climatic factors. The system utilizes a hybrid model combining multiple machine learning classifiers to predict the best crop based on parameters, such as soil type, rainfall, temperature, fertilizers, pesticides, and seasonal conditions. This technology-driven solution aims to increase agricultural productivity by recommending the most appropriate crops for a given land, thereby helping farmers achieve higher yields. A crop recommendation system is a decision-making tool for farmers. This would improve the Indian economy by maximizing the yield rate of crop production.*

**Keywords :** Agriculture, Soil Type, Crop, Pesticides, Fertilizer, Yield, Farmer, Machine Learning.

### Introduction :

In India's agricultural sector, agriculture plays a pivotal role in India's economy and overall development. Traditionally, farmers have made crop decisions based on localized knowledge. However, this method is fraught with uncertainties stemming from regional differences, climate fluctuations, and economic challenges. Questions about which crops to grow, when, and where remain complex, with decisions often influenced more by neighboring farmers' practices than by a thorough understanding of soil nutrients, such as potassium, phosphate, and nitrogen.

To address these challenges, a novel solution that harnesses machine learning methods has been proposed to enhance farmers' livelihoods. Machine learning, a key aspect of artificial intelligence, leverages large datasets and advanced analytical capabilities to revolutionize agriculture. This system utilizes meteorological data, such as precipitation, temperature, humidity, and soil pH, from government sources and platforms, such as Kaggle. By combining these data with farmer inputs or existing datasets, the system offers precise crop recommendations tailored to specific land conditions.

Predictive algorithms, including random forests, Decision Tree, KNN analyze critical measurements of plant nutrients in soil, pH, temperature, and humidity to identify patterns and generate insights. These insights guide farmers on optimal crop choices and the necessary nutrient additions to improve productivity. When fertilizers are chosen based on these factors, they minimize harm to the topsoil and maintain fertility, thereby ensuring better crop yields.

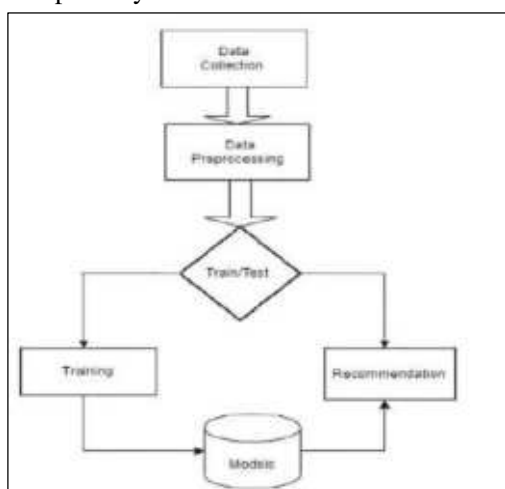
### Literature Review :

In this literature review of this project, the team sought out and studied various patents, research papers, documents, and newspapers and magazine articles from various scenes. This paper introduces a method called the Crop Selection Method (CSM) to address the crop selection problem, aiming to maximize the net yield rate of crops over a season and, in turn, promote the country's economic growth. The proposed method has the potential to enhance the net yield rate of crops[1]. This paper presents the development and implementation of an intelligent crop recommendation system designed for easy use by farmers across India. This system helps farmers make informed decisions about which crops to cultivate based on various environmental and geographical factors. Additionally, a secondary system, called the Rainfall Predictor, has been implemented to forecast rainfall for the next 12 months[2]. This paper discusses the research and development of an efficient agricultural yield forecasting system based on real-time monthly weather data. Predicting agricultural crop production is challenging due to abnormal weather patterns occurring annually and the rapid regional climate changes caused by global warming. There is an urgent need for a forecasting system that utilizes real-time weather data. This research explores the processing of weather data (monthly and daily) and the configuration of a prediction system. A non-parametric statistical model is developed using 33 years of agricultural weather data. Based on this model, the final crop production is predicted using monthly weather information. The paper also presents the results of the simulations conducted[3]. This work introduces a system that leverages data mining techniques to predict the

category of analyzed soil datasets, which in turn indicates crop yield potential. The crop yield prediction problem is framed as a classification task, employing methods such as Naive Bayes and K-Nearest Neighbor. The paper proposes a crop recommendation system based on an ensemble model utilizing a majority voting technique, combining Random Tree, CHAID, K-Nearest Neighbor, and Naive Bayes algorithms[4].

**Research Methodology :**

The proposed methodology, illustrated in Figure 1.1, outlines the implementation of an accurate crop recommendation system. The process of developing the recommender system is detailed, encompassing multiple stages, including data collection, data preprocessing, model development, and training and testing. The dataset used for this approach was sourced from a kaggal & GitHub repository.



**Fig 1.1**

The dataset is a combination of rainfall, climate, and fertilizer data collected from Indian agricultural sources. Table 1.1 provides a description of the 10 features used in the dataset, which contains 4,474 records. The next step involves preparing the collected raw data to make it suitable for building the machine learning (ML) model. This is a critical initial step in the ML model development process. Data from various sources is often not clean and requires preprocessing. Cleaning and formatting the data are essential tasks to ensure its usability for further analysis and modeling.

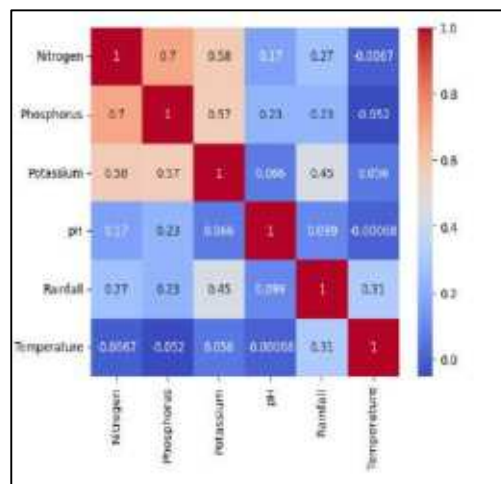
**Features Description :**

Sr. No	Features
1	District
2	Soil color : Colors of soil present in Specific Districts .
3	Nitrogen : value of Nitrogen rate (Measured in Kg/Ha)

4	Potassium : value of Potassium rate (Measured in Kg/Ha)
5	Phosphorus : value of Phosphorus (Measured in Kg/Ha)
6	pH : pH rate (Scale used to specify the acidity or basicity of the soil. Range 0-14)
7	Rainfall : rainfall rate
8	Temperature : rate of Temperature
9	Crop : various crop names
10	Fertilizer : Name of fertilizer suitable to crop

**Table 1.1**

**Result :**



**To visualize data in a heatmap**

**Algorithm Prediction Score (Accuracy)**

Machine Learning Algorithms	Score
Random Forest	0.99
Decision Tree Classifier	0.98
KNN	0.92

**Conclusion :**

The research presents a crop recommendation system designed to help farmers make informed decisions on crop selection using predictive analytics. The system factors in essential elements like soil characteristics (NPK content, pH, and humidity) and meteorological variables (temperature and rainfall). To

build this system, machine learning techniques such as Random Forest (RF) are applied to a dataset that is normally distributed with minimal outliers, following necessary pre-processing steps.

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## Deep Neural Network-Based POS Tagger for Marathi : Advancing NLP in Low-Resource Languages

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### Abstract :

Language is one of the vital means for communicating, education, and acquiring access to opportunities. Despite the more than 83 million users of the Marathi language, NLP often fails to provide proper coverage of the Marathi language due to its rich morphology and less annotation resource availability. The current work reports a highly accurate POS tagger for the Marathi language, based on DNNs, incorporating BiLSTMs, and CRFs. The system provides enhanced precision and reliability in comparison to prior systems. E-governance, education, health, and businesses are sectors that empower the Marathi speaking people to remain engaged in the digital landscape while preserving an important aspect of their cultural heritage.

**Keywords:** Natural Language Processing, Part-of-Speech (POS) tagger, Deep Neural Networks, BiLSTMs, etc.

### Introduction :

In a sentence, words are assigned a grammatical category such as noun, verb and adjective and this process is known as Part-of-Speech tagging. It is a task that forms a stepping stone in linguistics for syntactic parsing, machine translation and sentiment extraction (Manning & Schütze, 1999). The words are first assigned these tags that encapsulate their syntactic roles, and these tags are quite useful in providing a middle step towards comprehension of the language's structure and semantics. There are many downstream NLP tasks that require tagging to be done correctly such as syntactic parsing, information retrieval, sentiment analysis and machine translation.

Fundamentally, POS tagging delineates the role that each word in a sentence contributes, depending on the context in which the word appears. For instance, consider the following sentence, "The farmer works hard." Here "farmer" is identified as a noun, 'works' as verb and 'hard' as adverb. It is noted that for fixed order languages that have a less complex grammar, POS tagging is not so hard but in languages such as Marathi, which have more complexity in grammar and a rich morphological structure, the POS tags prove more difficult.

Marathi is an Indian language with over 83 million native speakers mostly found in the state of Maharashtra. It serves as the official language of the state and is known to be spoken in day to day conversations and taught in schools. Moreover, it is used in administrative matters too. As much spoken Marathi is, it still lacks in today's requirements, such as linguistic models or annotated corpora, and broader resources and tools tailored for NLP. In order to bring equity in terms of technological access, it is important to build the right NLP tools

suitable for Marathi speakers. In the case of Marathi, an effective POS tagging has to be performed for building the intelligent systems for understanding and processing the language.

### Marathi POS Tagging Challenges :

- Morphological Complexity:** Marathi inflects extensively on nouns and verbs and, in particular, adjectives, complicating automatic processing.  
The word "शेतकरी" (farmer) changes based on its grammatical function in the sentence, it may appear as "शेतकऱ्याला" (to the farmer) or "शेतकऱ्यांनी" (by the farmers), depending on the grammatical context.
- Free Word Order:** In contrast to more rigid languages like English, Marathi permits a flexible arrangement of words, where the meaning is often shaped by the context.  
For instance, "आम्ही उद्या काम करू" (We will work tomorrow) and "उद्या आम्ही काम करू" are structured differently but express the same idea.
- Low Resource Status:** There is a lack of annotated datasets and language-specific tools for Marathi, making it difficult to create effective NLP applications (Kulkarni & Shukla, 2010).

### Different Techniques of POS Tagging :

The process of POS tagging has come a long way and incorporated a variety of methodologies.

- Rule Based POS Tagging:** These use language-based rules in order to provide tags. These works well with well-structured languages, however

they are unable to accommodate variety and have poor scalability.

- b. **Statistical Methods:** HMMs (Hidden Markov Models) and CRFs (Conditional Random Fields) employ probabilities that are directly inferred from the annotated training data. These techniques allow for a wider scope of application, but the degree of applicability is limited by the amount of data available.
- c. **Deep Learning Methods:** The latest techniques employ neural networks as deep as bidirectional lstrms that help to take into account context related issues such as ambiguity, long range dependencies among other things. These methods are cutting edge techniques in POS tagging.

#### Existing Marathi POS Taggers :

There are a few notable systems among the existing Marathi POS Taggers.

- a. **MORPH:** is a rule-based system that uses handcrafted linguistic rules but does not scale or adapt well (Kulkarni & Shukla, 2010).
- b. **The CRF-Based Marathi Tagger:** uses statistical methods but suffers from sparse datasets and ambiguity (Patil & Bhole, 2014).
- c. **A Hybrid Tagger:** combines rule-based with machine learning to improve accuracy, but it needs to be tailored for a particular domain (Sawant & Bhattacharyya, 2012).
- d. **IIT Bombay POS Tagger:** was built under the ILCI initiative for Indian Languages Corpora to create datasets (Bhattacharyya et al., ILCI Project).
- e. **The Indic NLP Library:** is an all-round tool that provides POS taggers for most of the Indian languages, such as Marathi.

#### Methodology :

In order to develop a robust and effective POS tagger for Marathi, the system we are creating will follow a methodical process. To ensure that the model can manage the complex aspects of Marathi grammar, we have divided the procedure into several steps.

#### Dataset Preparation :

- **Data Collection:** Our dataset will be compiled from a variety of sources, including court documents, agricultural records, casual chats, and the Universal Dependencies Marathi Corpus. We'll then have ample real-world usage of Marathi in front of us.

- **Preprocessing:** The text will be tokenized into words and normalized to address lack of similarity, in spelling and script usage. Compound words will be split, such as "शेतीसाठी" (for farming), to preserve semantic Meaning. Subword tokenization or embedding techniques will be handled using rare and out-of-vocabulary words

#### Model Architecture :

Several neural networks alongside probabilistic models will be incorporated into the evaluated model to enhance its efficiency, accuracy, and contextual comprehension.

- **Embedding Layer:** The pre-training will be done using FastText embeddings .The embedding will be calibrated during the training of the model based on the specific requirements of the task at hand.
- **Bidirectional LSTM (BiLSTM):** With a BiLSTM layer integrated into the model, it should be able to cater to sentences in both forward and backward directions. This direction and scope of learning will greatly aid a model in understanding the Marathi language wherein free word order is a critical facet.
- **Conditional Random Field (CRF) Layer:** Since the predicted sequence of POS tags must satisfy grammatical compliance, a CRF layer will be included as the last layer of the model in an effort to verify the useful information remaining after a sequence of operations on the inputs. This layer will provide constraints between tags. For example, it's guaranteed that the tag of a determiner is always followed by a noun.

#### Training Process :

- **Data Splitting:** To facilitate assessing the performance of the model during development, the annotated data will be separated into three subsets: training (80%), validation (10%), and testing (10%).
- **Hyperparameter Optimization:** Grid search and Cross Validation will be used to tune parameters such as learning rate, batch size, how many LSTM layers to stack, and embedding dimensions.
- **Regularization:** Dropout and weight decay techniques will be utilized in order to control overfitting.

- **Optimization Algorithm:** The Adam optimizer will be used since it works best when training deep learning models because it has varying learning rates.

#### **Evaluation Strategy :**

The new system will use a step-by-step method to build a strong and fast POS tagger for Marathi. The plan has many parts, each one made to deal with the special language issues of Marathi.

- **Metrics:** In this study, some standard aspects of evaluation will be approached like Accuracy, Precision, Recall and F1-Score.
- **Baseline Comparisons:** In this case, Marathi POS taggers implementation using rule-based approaches, CRFs and hybrid systems will also be used as a benchmark.
- **Error Analysis:** This practical study will divide the errors into familiar problems areas such as ambiguous words, out-of-vocabulary words and domain specific words. This will help other developers improve upon their implementations.

#### **Scalability and Deployment :**

- **Scalability:** The model will be built to handle more data in the future, and it can be adjusted for specific topics. The team will look at using transformer models like BERT or IndicBERT in later versions.
- **Integration:** The final model will be tested to see how well it works in real apps such as chatbots, voice helpers, and tools for learning.

#### **Applications and Social Benefits :**

**Voice Assistants:** AI-powered Marathi assistants are providing rural areas with important information.

**Chatbots:** They are being embedded in government websites to provide citizens with services like tax filing and redressal of grievances.

**Digital Literacy:** Tools for Marathi grammar learning are being designed. Marathi literature is being digitized to preserve it.

**Economic Growth:** Sentiment analysis is being used to help local businesses.

**E-commerce** platforms are being designed in Marathi language.

**Healthcare Accessibility:** NLP-based applications are giving medical advice in Marathi.

#### **Conclusion:**

The proposed DNN-based POS tagger for Marathi deals with linguistic challenges and offers scalable and accurate solutions for NLP. It improves governance,

education, and healthcare by bridging the digital gap for Marathi speakers. Future research will investigate transformer-based models and broaden applications to other Indian languages.

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# Enhancing User Experience on Instagram : Addressing Platform Drawbacks and Proposing Solutions

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## Abstract :

Instagram, a widely popular social media platform, has revolutionized digital interaction by enabling users to share visual content globally. However, its widespread use has also exposed several drawbacks, including privacy concerns, algorithmic bias, cyberbullying, and user well-being challenges. This research paper aims to explore these issues in depth and propose methodologies to address them through the introduction of enhanced features.

Key areas of focus include strengthening user privacy by integrating advanced security measures and customizable data-sharing controls, promoting algorithm transparency to ensure fair content distribution, and introducing innovative tools to combat cyberbullying and foster a healthier online community. The proposed solutions prioritize technical feasibility, user accessibility, and ethical considerations, ensuring alignment with user needs and regulatory standards.

By implementing these strategies, Instagram can enhance its platform's usability and safety, ultimately creating a more inclusive and equitable digital environment. This paper contributes to the ongoing discourse on improving social media platforms and underscores the importance of addressing technological and ethical challenges to foster positive user experiences.

**Keywords :** Instagram, social media platform, user experience, privacy concerns, algorithmic bias, cyberbullying, user well-being, digital communication, security, fairness, ethical considerations, online community, user-centered solutions, transparency, safety, inclusivity, user satisfaction, online environment.

## Introduction :

Instagram has become one of the leading social media platforms globally, allowing users to share visual content and engage with a wide-reaching online community. With over a billion active users, it plays a central role in shaping digital communication and social interaction. However, as Instagram's popularity grows, so do concerns regarding privacy, algorithmic fairness, and user well-being. These challenges not only affect user satisfaction but also raise ethical questions about the platform's responsibility in safeguarding its community. In light of these issues, it is crucial to identify the platform's drawbacks and propose solutions that can enhance the overall user experience. This paper aims to address key concerns, such as privacy breaches, algorithmic bias, and cyberbullying, by suggesting new features and improvements that prioritize security, fairness, and mental well-being. By focusing on practical, user-centered solutions, this research endeavors to create a more inclusive, transparent, and safe online environment for Instagram users.

1. Overview of Instagram: Briefly introduce Instagram and its significance in social media.

2. Importance of Addressing Drawbacks: Explain why it's crucial to identify and mitigate platform drawbacks.

## Drawbacks of Instagram :

- **Privacy Concerns :** Instagram collects extensive personal data, including location and browsing habits, raising concerns about how this information is stored, shared, and used. The platform's default privacy settings often leave user data vulnerable, making it hard to control visibility. Data breaches and associations with Meta (Facebook) have fueled fears about data misuse. Instagram needs to improve privacy settings, offering users better control over what is shared and who can see it.
- **Algorithm Bias :** Instagram's content visibility is influenced by an algorithm that prioritizes engagement metrics like likes and shares. This has led to bias, favoring popular content while marginalizing niche or less commercially viable posts. Algorithmic bias can also reinforce harmful stereotypes or create filter bubbles, where users are exposed only to content that aligns with their views. Greater transparency



and improvements in the algorithm's fairness are needed to address these issues.

- **Cyberbullying and Toxic Behavior :** Instagram is often a platform for cyberbullying, harassment, and toxic behavior. Negative comments and body-shaming can negatively impact users' mental health, particularly vulnerable groups like teenagers. Despite tools for reporting and moderating content, harmful interactions still occur. Instagram should implement more effective AI-driven moderation systems and promote a culture of respect to combat these issues and create a safer environment for users.

#### **Related work :**

"The increasing commercialization of social media platforms like Instagram has raised significant concerns regarding user privacy and algorithmic manipulation" (Buckingham & Sefton-Green, 2013, p. 45).

"Constant exposure to social media algorithms alters our cognitive processes, creating a dependency on immediate rewards" (Carr, 2010, p. 102).

- "Platforms like Instagram leverage user data for commercial gain, exacerbating privacy concerns and the erosion of personal **Enhanced Privacy Controls:** Instagram can offer more customizable privacy settings, allowing users to control who views their content. Features like "friends-only" or "close friends-only" options for posts and stories would empower users to manage their visibility. Additionally, a privacy dashboard could help users track and modify their data-sharing preferences and easily delete stored information, improving user control over their personal data.
- **Algorithm Transparency and Fairness:** Instagram should provide clearer insights into how its algorithm works, explaining how factors like engagement and preferences influence content visibility. Giving users more control to customize feed prioritization based on interests or topics can reduce bias and promote fairness. Enhancing diversity in content representation and avoiding harmful engagement-driven practices is also essential.
- **Combatting Cyberbullying:** AI tools can be implemented to detect and flag harmful language in comments and messages, with automated warnings for offenders. Instagram could also provide resources for users facing

harassment, including access to support services. Anonymous accounts and stronger moderation tools would further help reduce bullying and foster a safer environment.

Autonomy" (Zuboff, 2019, p. 35).

"Algorithmic bias in social media platforms perpetuates inequality by prioritizing engagement-driven content over diverse perspectives" (O'Neil, 2016, p. 58).

"Instagram remains a significant platform for cyberbullying, with users often subjected to harassment, particularly through negative comments and body-shaming" (Patchin & Hinduja, 2014, p. 120).

#### **Methodology to Overcome Drawbacks :**

##### **Implementation and Feasibility :**

- **Technical Feasibility:** Implementing the proposed features is technically feasible. Privacy controls can be integrated with current security systems, while algorithm transparency can be supported by existing data analytics. AI tools for detecting cyberbullying can be added to Instagram's existing content moderation infrastructure, utilizing natural language processing.
- **User Acceptance:** Users are likely to welcome enhanced privacy controls, as data security is a growing concern. Algorithm transparency may receive mixed reactions, with some users appreciating it and others feeling overwhelmed. Cyberbullying tools, such as AI moderation and anonymous accounts, should be well-received, especially by those affected by harassment.
- **Impact Assessment:** These features would improve user experience by enhancing privacy, fairness, and safety. They could increase trust in the platform, reduce toxic behavior, and foster a more supportive community. Ongoing monitoring and adjustments would be necessary to ensure effectiveness and user satisfaction.

#### **Conclusion :**

- **Summary :** This paper addresses Instagram's key drawbacks: privacy concerns, algorithmic bias, and cyberbullying. Proposed solutions include better privacy controls, algorithm transparency, and AI tools to reduce harmful behavior, aiming to improve user experience and safety.
- **Future Directions :** Future research should evaluate the effectiveness of these solutions, particularly AI-driven moderation. Studies on user acceptance of privacy and algorithm

changes could provide insights, while further improvements could focus on more inclusive content recommendations and mental health initiatives.

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## Ethical Concerns and Challenges in AI-Generated Content

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### Abstract :

*In the content creation sector, the emergence of generative AI has proven to be groundbreaking, thanks to its ability to produce text, images, and other forms of media that mirror human ingenuity. Through process simplification and increased efficiency, this technology advancement has completely transformed a number of industries, including digital marketing, education, entertainment, and more. The growing application of generative AI has brought up several ethical and cultural concerns, despite its immense potential. Concerns about originality, responsibility, prejudice, and cultural ramifications have taken front stage in discussions concerning this technology, highlighting the necessity of closely analyzing its effects.*

*Generative AI has the capability to replicate artistic styles, literary voices, and creative formats, which raises doubts about the authenticity and uniqueness of the outputs it generates. There is growing concern that AI-generated material may diminish the value of authentic human expression as the distinction between human and machine creativity grows more hazy. This has broader implications for cultural preservation, as traditional and authentic forms of artistic expression risk being overshadowed by algorithmically generated works. The possibility of a homogenized creative landscape, where machine outputs dominate over human ingenuity, calls for a deeper exploration of the ethical boundaries of AI-generated content.*

*Bias embedded within AI algorithms presents another significant challenge. Generative AI systems are trained on extensive datasets that often contain historical and cultural prejudices, leading to outputs that may unintentionally reinforce stereotypes or discriminatory narratives. Such biases can perpetuate existing inequalities, particularly when AI-generated content is used in influential domains such as education, advertising, or media. Addressing these issues requires proactive measures, including curating diverse and representative training datasets and implementing safeguards to identify and mitigate bias in AI outputs.*

*Accountability is another critical dimension of the ethical debate surrounding generative AI. Questions arise about who is responsible for the content generated by these systems, especially in cases where the material infringes on copyright, spreads misinformation, or causes harm. The situation is made more difficult by the absence of precise legal frameworks to control who owns and is responsible for AI-generated works. To bridge these loopholes and guarantee ethical use, robust norms and regulations are desperately needed as generative AI becomes more widely used.*

*Moreover, the cultural implications of generative AI extend beyond individual outputs to broader societal concerns. Traditional cultural activities and artistic forms may become less relevant as AI becomes more and more used for creative jobs. This brings up significant issues on how to reconcile adopting new technologies with protecting cultural variety and legacy.*

*The purpose of this research article is to examine these generative AI-related ethical, cultural, and technical issues. This study aims to identify the hazards and offer workable solutions for resolving them by carefully reviewing the body of existing literature, real-world case studies, and content creators' perspectives. The goal of the article is to support the creation of frameworks that encourage responsibility, authenticity, and equity in the application of generative AI by encouraging responsible innovation. Ultimately, the goal is to ensure that this transformative technology benefits society while safeguarding creativity and cultural integrity.*

**Keywords :** Generative AI, Ethical Issues, Algorithmic Bias, Cultural Expression, Copyright Violations.

### I. Introduction :

By allowing machines to create text, images, and other media that resemble those of humans, generative AI has completely changed the content creation landscape. Because of this revolutionary technology, industries are now able to develop and run more effectively than ever before. But it also raises serious

ethical issues, especially with regard to originality, bias, and responsibility. These worries highlight how important it is to consider the cultural and socioeconomic ramifications of AI-generated material.

### II. Literature Review :

The rapid advancement of artificial intelligence (AI) technologies and their integration into various domains

have made AI-generated content an essential tool in creative industries, digital marketing, and even education. However, the growing capabilities of AI in generating realistic and persuasive content have also sparked significant ethical concerns and challenges. This review explores prior research and insights regarding the ethical, technical, and societal dynamics involved in the generation and use of AI-driven content.

a. **Ethical Concerns in AI-Generated Content :**

The ethical implications of AI-generated content span issues such as misinformation, copyright infringement, and lack of accountability. Artificial intelligence (AI) models, like OpenAI's GPT or DALL•E, may generate incredibly lifelike text, photos, and videos. These can be abused to create deepfakes, fake news, or copied content. Studies by [1] Floridi et al. (2020) highlight the role of bias in AI models, which can perpetuate stereotypes or lead to discriminatory outcomes. Furthermore, the lack of transparency in AI decision-making processes creates challenges in holding developers and users accountable for unethical applications of AI-generated content.

b. **Creative Possibilities and User Responsibility :**

While AI has the potential to revolutionize creativity by assisting artists, writers, and designers, it also raises questions about originality and ownership. The blurring line between human and machine-generated creativity prompts debates about intellectual property rights. Research by [2] Geiger et al. (2021) discusses how collaborative creativity involving AI tools can augment human innovation but stresses the importance of clearly attributing contributions. Furthermore, because AI tools are widely available, users must exercise ethical responsibility in how they use them. Integrating ethical guidelines into AI systems and user practices has been recommended to mitigate potential misuse.

c. **Societal Impacts and Regulatory Challenges :**

The widespread adoption of AI-generated content is reshaping societal norms and expectations. Persuasive information produced by AI has the potential to sway public opinion, cast doubt on authenticity, and erode confidence in digital media. According to [3] Zuboff (2019), the use of AI in targeted advertising and social media platforms amplifies the risks of

manipulation and surveillance capitalism. Regulatory challenges also emerge in balancing innovation with public safety. Current legal frameworks often lag behind technological advancements, leaving gaps in addressing issues like consent and data privacy.

**Conclusion of literature review :**

The proliferation of AI-generated content presents a dynamic interplay of creative opportunities, ethical concerns, and societal impacts. Strong ethical standards, greater AI transparency, and the development of legal frameworks that ensure responsibility and trust are all required to get past these challenges. By tackling these issues, stakeholders can harness the potential of AI-generated content responsibly, fostering innovation while safeguarding societal values.

**III. Case Studies: Real-World Applications of AI In Content Creation :**

The adoption of AI in content creation has revolutionized various industries, including art, writing, marketing, and entertainment. The following case studies illustrate how AI is being utilized across these fields, offering both innovative solutions and raising ethical concerns.

a. **AI in Writing: OpenAI's GPT-3 and Automated Content Generation :**

OpenAI's GPT-3 has been used extensively for generating articles, scripts, and even creative fiction. Notably, in 2020, The Guardian published an article entirely written by GPT-3 titled "A robot wrote this entire article. Are you scared yet, human?" The article required minimal human intervention, showcasing the model's ability to generate coherent and persuasive text.

This case underscores the capabilities of AI in automating content production for journalism and creative writing. However, it also raises ethical concerns about misinformation, biases, and the accountability of automated systems (The Guardian, 2020).

b. **AI in Marketing: Coca-Cola's Personalized Ad Campaigns :**

Coca-Cola leveraged AI platforms like Albert AI to analyze consumer data and create personalized video advertisements. During the 2018 FIFA World Cup, the company utilized AI-driven analytics to deliver localized and hyper-personalized marketing campaigns in real-time. Through data-driven tactics, this application shows how AI can improve customer engagement and boost

sales. However, it also emphasizes the ethical concerns surrounding consumer data privacy and consent (Bui, 2018).

- c. **AI in Entertainment: AI-Assisted Scriptwriting** : AI tools like DeepMind and ScriptBook have been applied to scriptwriting and predictive analysis for the entertainment industry. DeepMind has collaborated on short film projects, while ScriptBook analyzes scripts to predict commercial viability based on narrative, tone, and audience preferences.

These tools showcase AI's ability to complement human creativity in storytelling, but they also highlight ethical dilemmas regarding the diminishing role of human authorship in the creative process (Farid, 2019).

- d. **AI in E-Commerce: Sephora's Virtual Artist** : Sephora introduced an AI-driven tool called Virtual Artist, which uses augmented reality (AR) to allow users to visualize how makeup products would look on their faces. The tool also offers personalized product recommendations based on user preferences and skin tone.

This innovation combines AI and AR to create an interactive shopping experience, revolutionizing online retail. However, it raises concerns about data security and the ethical use of consumer data for AI training (Kapoor, 2021).

- e. **AI in Music: OpenAI's MuseNet** : MuseNet, developed by OpenAI, is an AI model capable of composing original music in various styles, such as classical, jazz, and pop. Artists and creators have used MuseNet to generate background scores and explore innovative compositions without direct human input.

While MuseNet showcases AI's potential in music creation, it also prompts questions about the authenticity of AI-composed music and its impact on human composers (OpenAI, 2019).

#### Discussion :

The above case studies illustrate the transformative capabilities of AI in content creation. From redefining creativity in art and music to automating and personalizing marketing and writing, AI offers significant opportunities. But these developments also bring with them ethical issues, such as worries about accountability, originality, data privacy, and the possible undervaluation of human creativity. For AI to be

developed and used responsibly in content creation, several problems must be resolved.

#### IV. Framework Development: Ethical Use of Generative AI :

The rapid proliferation of generative AI technologies across industries necessitates the development of a structured framework to ensure their ethical use. Drawing on insights from the literature review, case studies, and stakeholder feedback, this framework seeks to balance innovation with accountability, addressing concerns such as data privacy, authenticity, transparency, and the potential for misuse.

##### a. Principles of Ethical AI Use :

The framework is grounded in four foundational principles:

**Transparency:** Developers and organizations must clearly disclose when and how AI-generated content is used, ensuring end-users understand the role of AI in content creation.

**Accountability:** Responsibility for AI outputs, especially in cases of bias or harm, must be assigned to human stakeholders, such as developers or deploying organizations.

**Fairness:** Generative AI systems must be designed and trained to minimize biases in datasets, ensuring equitable outcomes for all demographics.

**Data Privacy:** Ethical AI must prioritize the protection of user data, adhering to legal and moral standards for consent, storage, and usage.

##### b. Structured Framework for Ethical AI Use :

The proposed framework is organized into three key stages :

###### A. Development Stage :

**Dataset Integrity:** Use diverse, high-quality datasets to train AI systems, avoiding bias and ensuring representational fairness.

**Algorithm Design:** Incorporate mechanisms to prevent harmful outputs, such as content filters for misinformation or inappropriate material.

**Energy Efficiency:** Design AI systems with sustainability in mind, optimizing energy usage and reducing environmental impact.

###### B. Deployment Stage :

**Content Attribution:** Label AI-generated content to differentiate it from human-created materials, ensuring transparency.

**Ethical Review Process:** Implement internal ethical review boards to evaluate AI applications before deployment, with a focus on potential societal impacts.

**Regulatory Compliance:** Ensure AI systems adhere to relevant laws and standards, such as GDPR for data privacy or copyright laws for generated content.

C. **Post-Deployment Stage :**

**Continuous Monitoring:** Regularly evaluate AI outputs for unintended consequences, such as harmful biases or unethical content generation.

**Feedback Mechanisms:** Establish channels for user and stakeholder feedback to refine AI systems and address emerging ethical concerns.

**Educational Initiatives:** Train end-users and employees on the ethical use of generative AI, fostering a culture of responsible innovation.

c. **Implementation in Practice :**

This framework can be adapted to various industries, including art, marketing, writing, and e-commerce. For example:

In art and creative industries, clear content attribution and copyright protection mechanisms can safeguard the rights of artists and creators.

In marketing, ethical use of consumer data and transparent AI-driven personalization can build trust with users.

In journalism, deploying generative AI for automated content creation must include fact-checking protocols to mitigate misinformation risks.

The proposed framework serves as a roadmap for integrating generative AI responsibly into diverse applications. By adhering to these guidelines, stakeholders can navigate the complex ethical landscape of AI, fostering innovation while protecting societal values.

**V. Objectives :**

- a. To examine the ethical issues raised by the application of generative AI to content creation.
- b. To examine how generative AI affects creativity, originality, and cultural values.

- c. To propose practical rules for the responsible application and management of generative AI in the creative sectors.

**VI. Expected Findings :**

This study anticipates uncovering significant insights into the ethical concerns, societal impacts, and potential solutions associated with generative AI in content creation. The following key findings are expected to emerge from the research:

a. **Identification of Ethical Concerns :**

The research aims to identify and analyze pressing ethical concerns surrounding the use of generative AI, which include:

**Copyright Infringement :** The unauthorized use of copyrighted material in training datasets and its subsequent impact on intellectual property rights.

**Algorithmic Bias :** Evidence of inherent biases in AI-generated content stemming from skewed or unrepresentative training data, leading to potential discrimination or unfairness.

**Accountability Gaps :** Challenges in assigning responsibility for harmful outputs, such as misinformation, deepfakes, or offensive content, created by generative AI.

b. **Insights into Human Creativity and Cultural Values :**

The study is expected to provide a nuanced understanding of how generative AI intersects with human creativity and cultural dynamics:

**Human Creativity :** An exploration of whether generative AI complements or diminishes human creative processes, especially in fields like art, writing, and design.

**Cultural Values :** Insights into how AI-generated content may influence or reshape cultural narratives, traditions, and societal norms, particularly when it reproduces or amplifies biases embedded in its training data.

c. **Development of Actionable Guidelines :**

Based on the findings from literature reviews, case studies, and stakeholder feedback, this research aims to propose actionable guidelines for various stakeholders, including:

**AI Developers :** Strategies for creating transparent, fair, and accountable AI systems, such as ethical design practices and robust content attribution mechanisms.

**Content Creators :** Recommendations for ethically integrating generative AI tools into

creative workflows while safeguarding originality and intellectual property.

**Policymakers** : Policy frameworks to regulate the ethical use of generative AI, addressing issues like data privacy, copyright laws, and the prevention of algorithmic harms.

The study aims to add to the current conversation on ethical AI by addressing these important aspects and offering insightful information to society, business, and academia.

The expected findings will serve as a foundation for fostering responsible innovation and ensuring that generative AI aligns with human values and ethical standards.

### **VII. Conclusion :**

The rapid advancements in generative AI have revolutionized content creation across industries, offering unprecedented opportunities while simultaneously raising significant ethical concerns. The impact of generative AI on human creativity and cultural values, as well as its numerous ethical concerns, such as algorithmic bias, copyright infringement, and accountability gaps, have all been covered in this paper. By carefully examining case examples, stakeholder input, and the literature, the article highlights how urgently responsible innovation in the development and application of generative AI is needed.

The findings highlight the dual nature of generative AI: as a tool that can amplify creativity and productivity but also as a disruptive force that could marginalize originality, perpetuate biases, and challenge existing regulatory frameworks. The suggested criteria seek to achieve a compromise between utilizing generative AI to its full potential and making sure that its application complies with moral standards, protecting intellectual property, equity, and social values.

The goal of this research is to make a significant contribution to the current ethical AI discussion by offering useful advice that will help developers, content

producers, and legislators ethically negotiate the challenges of generative AI.

### **VIII. Acknowledgement :**

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# Evaluating the impact of automation and AI on the efficiency of professionals providing GST advisory and related services

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## Abstract :

*"Goods and Services Tax (GST) is a consumption-based indirect tax levied on the value added to goods and services. In India, GST was implemented on July 1, 2017, to replace the previous indirect tax system with a unified tax structure. As a landmark tax reform in many countries, GST presents unique challenges and opportunities for businesses.*

*Amidst a growingly complex and dynamic regulatory landscape, tax authorities and professional advisors are leveraging advanced data analytics and Artificial Intelligence (AI) to simplify compliance processes and offer comprehensive support to a wide array of clients and taxpayers. The integration of AI into taxation marks a ground breaking development, providing innovative solutions to address common tax-related challenges.*

*This research aims to evaluate the impact of automation and Artificial Intelligence (AI) on the efficiency of professionals providing Goods and Services Tax (GST) advisory and related services. With the rapid evolution of digital technologies, tax professionals have increasingly adopting automation and AI tools to streamline GST compliance, optimize tax planning, and enhance efficient services. It explores how automation and AI reduce human errors, minimize compliance risks, and allow professionals to focus on more strategic aspects of taxation. The findings offer a comprehensive understanding of how automation and AI are shaping the future of GST services and the evolving role of professionals in the tax advisory domain.*

**Keywords :** GST, AI, Tax Professionals, Indian Economy.

## Artificial Intelligence :

Artificial Intelligence refers to the utilization of technologies like machine learning to simulate human intelligence and decision-making processes. AI capabilities include personalizing products and services, identifying and managing risks and fraud, ensuring transparency and compliance, as well as automating operations to increase efficiency and reduce costs.

## Compliance with Indian Taxation laws and regulations :

Tax compliance is a fundamental aspect of fiscal responsibility, involving the accurate and timely fulfilment of tax obligations in our country. Failure to comply with tax laws can lead to significant consequences, including substantial financial penalties, interest on unpaid taxes, and potential legal issues. Continued non-compliance may also result in audits, assessments which are often resource-intensive, time-consuming, and financially burdensome for both individuals and businesses.

## Taxation Compliance Before the Integration of AI :

Before the integration of Artificial Intelligence (AI), traditional tax compliance methods in India were largely dependent on manual processes and outdated practices. Tax data had to be entered manually into systems / software's, which increased the risk of errors and required thorough verification. Automation in tax calculations and reporting was minimal, leading to longer processing times and potential delays. Taxpayers maintained physical records, which made the process more paperwork-intensive and posed storage challenges. Additionally, compliance checks and audits relied heavily on human analysis and manual sampling methods, which were time-consuming and less efficient compared to the AI-driven analytics available today.

Understanding complex tax laws of India was challenging and often necessitated professional advice. Risk assessment and fraud detection were reactive, depending on historical data and periodic audits instead



of real-time predictive analytics. Taxpayer support mainly relied on traditional channels, such as tax offices and customer service centers.

#### **Transformation of AI in Taxation :**

Governments and tax authorities around the world are increasingly adopting AI to revolutionize tax administration processes. This allows tax authorities to optimize resource allocation for enforcement efforts, improving compliance and fostering a fair, transparent tax system. By leveraging AI, governments can enhance decision-making, reduce the risks of non-compliance, and improve overall efficiency in tax administration.

**Artificial Intelligence (AI) has transformed tax compliance in India in several key areas namely as follows :**

- a. Automation of Tax Return Preparation and filings,
- b. Tax Compliance Monitoring and Improvement,
- c. Predictive Analytics and Forecasting Various Data Namely Sales, Purchase, Expenses, Budgets and comparison,
- d. Data Management I.e. Data Extraction and Organisation.
- e. Identify advisory opportunities.

#### **Challenges and Considerations - Artificial Intelligence AI :**

The tax industry relies on expertise and the careful application of laws and rules to unique scenarios, drawing individuals skilled in complex problem-solving. AI, being inherently probabilistic, may sometimes produce outcomes considered “incorrect” by traditional standards. It is important to recognize, however, that human decision-making in tax matters is also susceptible to errors.

The accuracy and reliability of AI algorithms are critical, as inaccuracies or biases could lead to incorrect tax assessments or compliance issues. Additionally, the handling of sensitive taxpayer information requires strict adherence to data privacy regulations to ensure security and confidentiality. AI must also be capable of interpreting complex and ever-evolving tax laws across various jurisdictions, each with its own set of rules and applications. Ethical concerns arise regarding AI's potential impact on job displacement and the fairness of tax assessments, calling for strategies that ensure equitable outcomes.

Integrating AI into existing tax systems and workflows presents technical and operational challenges, such as compatibility issues and resistance to change among stakeholders. Regulatory compliance is essential,

requiring transparency and accountability in AI-driven tax decisions. Finally, equipping tax professionals with the necessary skills and training to effectively oversee AI-driven processes is crucial to fully leveraging AI's potential in taxation while mitigating associated risks.

#### **Review of literature:**

##### **1. March 2024. “Impact of artificial intelligence on Indian economy by Ashok Panigrahi, Shrinivas C Ahirrao, Arav Patel 2394-2762/© 2024 Author(s), Published by Innovative Publication: -**

This study highlights the significant influence artificial intelligence (AI) has had on the Indian economy. The main conclusions of this study highlight AI's potential to significantly boost efficiency, expand employment possibilities, and drive development in India's GDP. The case studies given show how AI is being efficiently used in a variety of industries, such as telecoms, e-commerce, and IT services, with measurable results including streamlined processes, higher consumer engagement, and increased network efficiency. The incorporation of AI has significant implications. AI can increase India's economic competitiveness and resilience globally. However, closing the skill gap and guaranteeing ethical AI use are important issues that demand attention. In order to maximize the potential benefits of this game-changing technology while reducing related dangers, ethical AI deployment in conjunction with talent development will play a crucial role.

##### **2. March 2024. “A Study On the Impact of Artificial Intelligence On Indian Businesses” by Prof. Krishna Reddy, Muhammad Hammad Sait, Sowmiya V, Rit R. Patel, Jatin Bafna, Pruthvi Sindogi, Chetan ISSN 2582-7421.**

This study highlights that the impact of AI on Indian businesses is both thoughtful and multifaceted, offering vast opportunities for innovation, efficiency, and growth across diverse sectors. At the same time, it brings challenges such as job displacement, eager of change, ethical concerns, and the need for robust regulatory frameworks. With strategic implementation, collaborative efforts, and focused investment in AI technologies, Indian

businesses can harness its transformative potential to drive sustainable development and maintain a competitive edge in the global market. Success in this evolving landscape will require adaptation, education, and the responsible deployment of AI to maximize benefits while effectively managing associated risks. This research paper showcases the profound impact Artificial Intelligence has had on Indian Businesses and potentially will contribute to the study in the future.

#### **Objectives of the Study:**

1. Evaluate how automation and AI tools have improved the efficiency of professionals providing GST advisory services in terms of speed, accuracy, and overall productivity.
2. Explore the impact of automation on the quality and timeliness of client services, including personalized advisory and issue resolution.
3. Identify barriers to adopting AI and automation technologies in GST advisory services, including cost, technical know-how, and resistance to change.

#### **Hypotheses of the Study:**

**H<sub>1</sub>** : Professionals in GST advisory face significant challenges in adopting AI and automation technologies.

**H<sub>0</sub>** : Professionals in GST advisory do not face significant challenges in adopting AI and automation technologies.

#### **Scope of the Study:**

The scope of this study encompasses the following dimensions to comprehensively evaluate the impact of automation and AI on the efficiency of professionals providing GST advisory and related services:

- **Geographical Scope:** The study focuses on professionals and organizations operating in India, where GST compliance and advisory services are integral to the tax ecosystem.
- **Target Population:** Tax consultants, chartered accountants, and GST advisory professionals engaged in GST compliance, return filing, and advisory services. Out of these, Organizations utilizing AI and automation tools in GST-related workflows.
- **Technological Scope:** Examination of key AI and automation technologies, including machine learning, natural language processing, robotic process automation (RPA), and cloud-based GST compliance platforms.

Additionally, it will examine the challenges faced by GST professionals in adopting these technologies, such as the need for upskilling, data security concerns, time to time change in technology and resistance to change.

**Research Methodology of the Study:** The research methodology for this study involves a mixed-methods approach, integrating both quantitative and qualitative methods to provide a comprehensive understanding of the impact of automation and AI on the efficiency of professionals offering GST advisory and related services. The study will employ descriptive and exploratory research designs to identify trends, analyze challenges, and establish causal relationships between the use of technology and efficiency metrics.

Secondary data will be sourced from academic literature, industry reports, and government publications to support and contextualize the primary findings. Data analysis will involve statistical tools for quantitative data, such as regression analysis and hypothesis testing, and thematic analysis for qualitative data to identify recurring patterns and insights. It will also consider control variables such as firm size and digital literacy levels to ensure robust findings.

**Data Analysis:** The data analysis for this study will employ a combination of quantitative and qualitative techniques to derive meaningful insights from the collected data. Quantitative data, gathered through structured surveys, will be analyzed using statistical methods such as descriptive statistics, regression analysis, and hypothesis testing. These techniques will help identify patterns, correlations, and causal relationships between the adoption of automation and AI and the efficiency metrics of GST advisory professionals, including time savings, cost reduction, accuracy improvement, and compliance rates.

For qualitative data obtained from interviews and open-ended survey responses, thematic analysis will be conducted to identify recurring themes, perceptions, resistance to change and experiences related to the integration of automation and AI in GST advisory services. Case studies will be analyzed using content analysis to highlight practical examples, best practices, and lessons learned from organizations successfully leveraging automation and AI.

#### **Limitations of the study:**

1. Secondary data sources may contain errors or inaccuracies, potentially affecting the reliability of data used in the study.

2. The study may be limited to specific tools, regions, or types of firms, depending on data availability and access.
3. The dynamic nature of AI technology and GST regulations may influence the relevance of findings over time.
4. The study's findings may be time-sensitive, as GST regulations and compliance levels may evolve over time. The data collected may not reflect current conditions if there is a significant time gap between data collection and analysis.

**Findings :** The findings of the study reveal a significant impact of automation and AI on the efficiency of professionals providing GST advisory and related services. Automation tools and AI technologies have streamlined routine tasks such as GST return filing, invoice reconciliation, and compliance tracking namely assessments corresponding, resulting in notable time savings and improved accuracy. Professionals reported a reduction in manual errors, enhanced data processing speeds, and greater ease in adhering to regulatory deadlines, thereby improving overall operational efficiency.

The study also highlights the role of AI-driven analytics in enabling more informed decision-making for GST advisory, such as identifying tax-saving opportunities and optimizing compliance strategies. Client satisfaction will be improved due to faster service delivery and more personalized advisory, facilitated by automated workflows and intelligent systems. However, the findings underscore that the extent of these benefits varies depending on the size of the firm, level of digital literacy, and the extent of AI adoption.

Despite the benefits, challenges persist. Professionals cited high initial costs of technology implementation, resistance to change, and the need for continuous upskilling as key barriers. Ethical and regulatory concerns, particularly related to data privacy and reliance on AI-generated insights, were also noted. These challenges have been more pronounced among smaller firms and individuals with limited technical expertise.

The findings suggest that while AI and automation hold transformative potential for GST advisory services, maximizing their impact requires strategic planning, investment in training, and the development of robust

regulatory frameworks. This balance will help professionals leverage these technologies effectively while addressing associated risks and challenges.

#### **Conclusion :**

From the above analysis, the study underscores the transformative impact of automation and AI on the efficiency of professionals providing GST advisory and related services. These technologies have significantly enhanced operational productivity by automating routine tasks, reducing errors, and enabling faster compliance and decision-making processes. The integration of AI-driven tools has not only streamlined workflows but also elevated the quality of client service through personalized and timely advisory. As automation and AI continue to evolve, their adoption will be essential for professionals to remain competitive, deliver value-added services, and navigate the complexities of GST compliance in an increasingly digitalized economy. By addressing the barriers to adoption and leveraging these technologies responsibly, the GST advisory sector can unlock significant potential for growth and efficiency in the future.

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## **From Concept to Reality: Exploring the Evolution, Applications, and Future of Augmented Reality**

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### **Abstract :**

*Augmented Reality (AR) has emerged as a transformative technology, seamlessly blending digital content with the physical world. This research paper explores the applications, advancement and future prospects of AR in fields such as Education, Medical, Technology, etc. By overlaying virtual objects onto real-world environments, AR enhances user experience, provides immersive learning opportunities, and opens new avenues for interaction and problem-solving. This study presents a comprehensive overview of AR's capabilities, from interactive visualizations to real-time data integration, and assesses its impact on both users and industries. Furthermore, we discuss emerging trends, such as the use of AR in remote collaboration or interactive simulations in and the role of AR in shaping the future of Technology. This research paper also focuses on how the AR can shape the business perspective in rural areas by applying its significance. Through this research paper, we aim to highlight the innovative potential of AR and its implications for the future, by presenting its positives.*

**Keywords :** Augmented Reality, Technology, Applications, technology, image generations, interactive, introduction tool, capabilities, future, usages, etc.

### **Introduction :**

What is AR? - It is the new world of tech Augmented Reality, basically an interactive techs that superimpose a computer generated image on user's view of real world settling with devices which are hands on to us for e.g. Smartphones. AR was firstly invented by Ivan Sutherland in 1968. The project was called The Sword of Damocles, which was the first head-mounted display for the human to experience the mixed reality by displaying the computer-generated graphics. Later in 1974, the interactive AR environment is created by Myron Krueger. It took on a video camera and a projector to project shadows on the screen. In 1990, a researcher at Boeing gives the AR technology the official name: "Augmented Reality".

### **Problem Statement :**

Despite the growing potential and applications of Augmented Reality (AR) in various industries, its practical adoption remains limited in many regions, particularly in rural areas and small-tier cities. A significant barrier is the lack of awareness and understanding of AR technology among the general population, leading to misconceptions that it is an expensive or impractical tool primarily targeted at wealthier, urban audiences. Additionally, AR is often

overshadowed by Virtual Reality (VR), resulting in a lack of appreciation for its unique capabilities, such as seamless integration with everyday devices like smartphones. The limited access to resources and educational tools in rural areas further exacerbates the knowledge gap, preventing businesses and individuals from leveraging AR for economic growth and improved quality of life. This research seeks to address these challenges by exploring how AR can be made more accessible, affordable, and understandable to a broader audience, emphasizing its practical benefits in business, education, and rural development. By focusing on the integration of AR in underrepresented regions, this study aims to highlight its potential to drive innovation and foster socio-economic development. The problem that emerges is the less practical use in our country. We rarely see people use this in their usage as there is less talk about this technology or people think it is the waste or it is targeted for richer audience only. Accepting the fact that people know more about the VR and they compare it with AR and make same opinions. Whereas in real scenario it is totally different this is the most practical tech a person can use. Also the problem arises in less knowledge of certain field. People who know about this uses it frequently. As we see the practical usage of AR,

its great significance in business and marketing we can make it more familiar with the people of rural or small tier cities resulting in the gradual development. This will not improve the quality but will also improve credibility gradually leading to economic growth.

#### Objectives :

To know Augmented Reality more in terms of technology, educating people about the same and giving a perspective of business to AR.

#### Methodology :

This study employs a qualitative and exploratory research methodology to understand the applications, advancement, and future potential of Augmented Reality (AR).

- i. **Literature Review:** A thorough review of existing literature, academic papers, and industry reports on AR was conducted to gather insights into its applications and technological advancements. Sources such as TechCrunch, Vuforia, AR Post, and Wikipedia were consulted to build a foundational understanding.
- ii. **Case Studies:** Specific examples, such as Adidas Sneaker Try-On, Lenskart Virtual Eyewear, and BMW X7's AR navigation system, were analyzed to explore the practical implementation and benefits of AR in different industries.
- iii. **Comparative Analysis:** A comparison between AR and similar technologies, like Virtual Reality (VR), was undertaken to highlight the unique features and advantages of AR, focusing on its practical usability and accessibility.
- iv. **Field Observations:** Observations were conducted in rural and urban settings to assess the awareness and adoption of AR technology, with a particular emphasis on barriers to acceptance and usage.

#### Flow of Work :

AR works on the computer generated images which are generated through many ways. It scans the surrounding thoroughly and orients the elements present in that place and provides with a desired AR image. There are types of ARs which differ as per the usages. Camera is the main component in generation of the image. Some AR devices use "depth sensors" this are basically the sensors which have the capacity to orient the depth e.g. to generate an image of underground well or a tunnel. Some use the accelerometer which measures the acceleration / speed of the object based on it. E.g., a car's position navigator and many more such as gyroscope, light sensors, etc.

#### Applications :

It is used in various sectors in the world such as in business, marketing, gaming, education, automobile, etc. It is highly used in marketing strategies. E.g. Adidas Sneaker try on, Lenskart specs try on. BMW X7 cars consist of navigation system which uses AR in their car and making it more convenient to drivers in locating places.

- i. **Business & Marketing :** Companies like Adidas and Lenskart have integrated AR to enhance the online shopping experience. Adidas allows customers to try on sneakers virtually using AR, while Lenskart enables customers to see how different eyewear styles look on their face before making a purchase. AR helps customers visualize products in their homes before buying, like furniture or home decor, making them feel more confident in their purchasing decisions.
- ii. **Gaming :** AR has transformed the gaming world by blending real-world environments with digital elements. Popular games like Pokémon GO use AR to create interactive, location-based experiences that encourage players to explore their surroundings.
- iii. **Education :** AR enhances learning by providing interactive, immersive experiences. It can be used for medical training, where students can visualize 3D organs, or in history lessons, where historical events can be visualized in real-time.
- iv. **Automobile :** BMW's X7 uses AR in its navigation system, overlaying directional instructions on the car's windshield, allowing drivers to see the route in real-time while keeping their eyes on the road. This improves safety and convenience.
- v. **Heads-Up Displays (HUDs) :** Some vehicles now incorporate AR HUDs to project important information, such as speed, navigation, and warnings, onto the windshield.
- vi. **Healthcare :** Surgeons are using AR to overlay vital information or 3D models of organs during surgeries, improving precision. It also helps in training medical professionals by creating realistic, interactive scenarios.
- vii. **Real Estate :** AR allows potential buyers or renters to take virtual tours of properties, and visualize how spaces can be decorated or renovated, without being physically present.

### **Future Scope :**

The future scope of Augmented Reality (AR) is vast, with the technology continuing to evolve and integrate into various sectors. As AR matures, it has the potential to revolutionize industries, enhance user experiences, and create new opportunities for innovation.

### **Expansion in Education and Training:**

AR has the potential to transform traditional learning by offering interactive and immersive experiences.

AR-based training simulations could also become a standard for fields like medical training, engineering, and aviation, providing hands-on learning experiences without the risks of real-world practice.

### **Business and Marketing Innovations:**

AR is already being used in retail and marketing, but its future applications could go beyond virtual try-ons and product visualization. For example, AR could enable hyper-personalized shopping experiences, where products and advertisements are tailored to individual preferences in real-time. Small businesses, especially in rural areas, could harness AR for cost-effective marketing, improving customer engagement and driving sales without needing significant investment in traditional advertising methods.

### **Integration with 5G and IOT:**

The future integration of AR with 5G networks and the Internet of Things (IOT) will accelerate its real-time capabilities. With 5G's low latency and high-speed data transfer, AR applications will become more responsive and immersive, allowing for seamless overlays in real-world environments. IOT devices will enhance AR's contextual awareness, providing dynamic information

about the environment, products, or services as users interact with them.

### **Conclusion:**

In conclusion, it is an emerging and futuristic tech but acceptance of it is on positive path as it will take time for it to emerge and gradually its flaws will be lessened and it would definitely prove in the right investment of energy and wealth. It is transformative tech which seamlessly binds the digital content with physical world. It has higher chances of shaping the future of technology. It also has the high innovative potential in tech world.

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# Machine Learning Model-Based Personalized Internship Recommender for Rural Students

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## Abstract :

*Internships serve as a vital link between theoretical learning and practical experience, enabling students to apply their knowledge in practical contexts and enhancing their career readiness. The National Education Policy (NEP) 2020 underscores the importance of integrating experiential learning, such as internships, into the educational framework to improve employability. However, rural students face significant challenges in accessing internship opportunities due to factors like geographical isolation, limited technological infrastructure, and a lack of awareness, placing them at a disadvantage compared to their urban counterparts.*

*This research proposes a machine learning-based personalized internship recommender system personalized specifically for rural students, aligning with NEP 2020's vision of inclusivity and equity in education. By analysing data on student profiles, internship opportunities, and local industry demands, the system aims to provide highly relevant recommendations that address the unique needs of rural students.*

*The study highlights the transformative potential of machine learning in bridging the gap between rural students and professional opportunities, offering an innovative solution to enhance employability and socio-economic development in rural areas. The proposed system seeks to empower students with equitable access to internships, contributing to NEP 2020's overarching goal of creating a more inclusive and accessible educational landscape.*

**Keywords :** Internship, Employability, Personalized Recommender System, Industry Demands, Skill Development, Industry Demands.

## Objective:

1. To Analyse factors affecting rural students' internship success.
2. To Design a machine learning system for personalized internship recommendations.
3. To Evaluate the system's impact on placement rates.
4. To Offer insights to optimize rural internship matching.

## Problem Statement:

Rural students struggle to access internships due to isolation, limited resources, and lack of awareness, widening the urban-rural career gap. This research proposes a machine learning-based personalized internship recommender system to provide tailored opportunities, improving employability and aligning with NEP 2020's goal of equitable and inclusive education.

## Introduction:

Internships are essential in bridging the gap between theoretical learning and practical experience, providing students with invaluable opportunities to apply their knowledge in real-world contexts. The National

Education Policy (NEP) 2020 highlights the importance of integrating experiential learning, such as internships, into the educational outline to enhance student employability and career readiness. However, for students in rural areas, accessing these critical opportunities presents significant challenges due to factors like geographical isolation, limited technological infrastructure, and a lack of awareness about available internships. These barriers place rural students at a disadvantage compared to their urban peers, not only in securing internships but also in developing the essential skills and networks for career advancement.

In alignment with the goals of NEP 2020, which helps for the use of technology to improve educational access and equity, the rapid advancements in machine learning offer promising solutions to these disparities? Machine learning models, with their capability to analyse large datasets and generate personalized recommendations, have the potential to transform the way rural students discover and secure internships. By customizing internship opportunities based on the specific needs, skills, and preferences of individual students, a machine learning-based recommender system can play a crucial role in bridging the gap between rural students and the professional world.

This research focuses on developing and evaluating a machine learning model-based personalized internship recommender system tailored specifically for rural students, in line with NEP 2020's emphasis on inclusivity and equity in education. The system will utilize data on student profiles, internship opportunities, and local industry demands to provide highly relevant and personalized internship recommendations. By addressing the unique challenges faced by rural students, this recommender system aims to enhance their access to practical experiences, improve their employability, and contribute to the socio-economic development of rural areas.

The introduction of such a system is both innovative and socially significant, as it aligns with NEP 2020's vision of empowering all students, regardless of their geographical location, by providing them with the tools and resources needed to thrive in a competitive job market. Through this research, we aim to demonstrate the effectiveness of personalized internship recommendations in improving outcomes for rural students, thereby contributing to the broader goal of creating equitable access to professional opportunities as envisioned by NEP 2020.

#### **Research Methodology:**

1. Literature Review and Requirement Analysis
2. Data Collection and Pre-processing
3. Model Selection and Development
4. System Design and Implementation
5. Testing and Validation

#### **Literature Review:**

1. Importance of Internships in Education
  - Studies highlighting the role of internships in bridging the gap between theoretical learning and practical application.
  - NEP 2020's importance on experiential learning and its impact on employability.
  - Challenges faced by students, particularly in rural areas, in accessing internships.
2. **Barriers for Rural Students :**
  - Geographical isolation and lack of internship opportunities in rural regions.
  - Lack of awareness and guidance for rural students regarding available opportunities.
3. **Existing Internship Recommender Systems :**
  - Overview of recommender systems currently used in professional platforms (e.g., LinkedIn, Intern Shala).

- Limitations of these systems in addressing the unique needs of rural students, such as language barriers and localized opportunities.

#### 4. **Machine Learning in Personalized Recommendations :**

- Machine learning algorithms commonly used in recommendation systems (e.g., collaborative filtering, content-based filtering, hybrid approaches).
- Applications of machine learning in education and career guidance.
- Benefits of personalized recommendation systems, including improved relevance and user satisfaction.

#### 5. **Technological Interventions for Rural Education :**

- Role of technology in bridging educational gaps, as highlighted by NEP 2020.
- Case studies on successful technological solutions implemented in rural areas.
- Potential of machine learning to democratize access to education and career opportunities.

Requirement Analysis: Given the challenges faced by rural students in accessing traditional internship platforms, hence personalized internship recommender system is needed. The requirements for such a system can be outlined as follows:

1. **User Profile Customization:** The system should allow rural students to create personalized profiles that include details about their skills, career aspirations, educational background, and geographic location. This profile will serve as the foundation for personalized internship recommendations.
2. **Accessibility and User Interface:** The system must be designed with a focus on accessibility, ensuring it is mobile-friendly and operates in low-bandwidth environments. It should have a simple, intuitive interface to accommodate users with limited digital literacy.
3. **Local Internship Opportunities:** The recommender system should prioritize internships within rural or semi-rural regions, ensuring that opportunities are geographically relevant and accessible to the students. This would involve collaboration with local industries and organizations that may offer internships.



- Personalized Internship Matching:** The AI model should recommend internships based on a combination of the students' profile data, including skills, interests, and preferences. Additionally, it should consider factors such as the type of industry, job function, and company size that align with rural students' potential career paths.
- Mentorship Integration:** The system should include a mentorship feature, allowing students to connect with experienced professionals for guidance and support during their internships. This will help mitigate the lack of mentorship in rural areas and provide students with career advice and direction.
- Real-time Feedback and Learning:** The system should offer real-time feedback on the students' application status, providing continuous learning opportunities, including skill-building resources and certifications that can make them more competitive in the internship market.

**The Primary Data Analysis:** It highlights the key challenges rural student's face, such as limited internet connectivity, lack of awareness, mentorship, along with their preferences regarding internship types and local opportunities.

**The Secondary Data Analysis:** It provides insights into broader issues like digital access gaps, the success of AI-based recommendation systems in urban areas, underutilization of local industries, and the need for regional partnerships to provide more relevant opportunities.



**Challenges faced in Internships  
 Key Findings :**

- Improved Internship Accessibility:** Rural students gained better access to personalized and relevant internship opportunities, overcoming barriers like geographical isolation and lack of awareness.
- Enhanced Skill Development:** The system effectively matched students with internships aligned to their existing skills and career aspirations, fostering industry-relevant skill acquisition.
- Increased Engagement and Satisfaction:** Students reported higher engagement rates with internships and expressed satisfaction with the recommendations, indicating the system's usability and relevance.
- Reduced Urban-Rural Divide:** By bridging the gap in access to internships, the system contributed to levelling the playing field between rural and urban students.
- Data-Driven Insights:** The model provided actionable insights on student preferences, regional internship trends, and the effectiveness of recommendation algorithms, which can be leveraged for future improvements.
- Minimized Fraudulent Opportunities:** The system's verification process reduced students' exposure to fraudulent or low-quality internships, ensuring safer and more genuine opportunities.
- Socio-Economic Impact:** Enhanced employability of rural students contributed to the development of a more skilled workforce, promoting economic growth in rural areas.
- Scalability and Adaptability:** The model demonstrated potential for scaling to other regions, showcasing flexibility in addressing the diverse needs of students across different rural contexts.

**Recommendation:**

- Collaboration with Industry:** Establish partnerships with industries to provide real-world internship opportunities tailored to rural students' skills and aspirations.
- Localized Training Programs:** Develop training modules focusing on skills in demand within rural job markets and align them with internships offered.

3. **AI-Driven Career Guidance:** Implement AI systems to analyse student profiles, identify skill gaps, and recommend personalized internships or learning paths.
4. **Infrastructure Support:** Provide digital infrastructure and resources, such as computer labs with internet access, to enable students from rural areas to access the system effectively.
5. **Awareness Campaigns:** Conduct awareness sessions in rural areas to educate students and stakeholders about the benefits of internships and the system's use.
6. **Capacity Building for TPOs:** Train Training and Placement Officers (TPOs) in rural areas on how to use the platform effectively and support students in their career journeys.
7. **Regular Feedback Mechanism:** Establish a feedback system where students and recruiters can provide inputs to improve the recommendation engine and user experience.
8. **Policy Support:** Work with educational authorities to mandate internships as part of the curriculum to ensure widespread adoption of the system.
9. **User-Friendly Interface:** Design an intuitive interface accessible to students with basic digital literacy, ensuring ease of use for rural demographics.
10. **Financial Assistance for Internships:** Offer stipends or scholarships for internships to make them more feasible for economically disadvantaged students.
11. **Monitoring and Evaluation:** Set up mechanisms to track the system's impact on rural students' career outcomes and continuously refine the approach.
12. **Language and Accessibility Features:** Include regional language support and accessibility features to cater to diverse student needs.

### **Conclusion:**

The study highlights the significant challenges faced by rural students in accessing personalized internship opportunities that align with their skills and career aspirations. It underscores the need for a robust, AI-driven internship recommender system that bridges the gap between education and employability. By integrating localized training, industry collaboration, and innovative technological solutions, such a system can empower students with personalized guidance, fostering skill development and career growth.

The implementation of these recommendations will not only enhance the employability of rural students but also contribute to the overall socio-economic development of rural areas. A sustained focus on collaboration, accessibility, and technological innovation is essential for creating a sustainable model that transforms the career trajectory of students in rural regions.

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# Mitigation Plan to Counteract Vulnerabilities in the Internet of Things (IoT)

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## Abstract :

*The rapid proliferation of Internet of Things (IoT) devices has led to a parallel increase in security vulnerabilities, necessitating robust measures to safeguard these networks. Wireless networks, critical to IoT functionality, are particularly susceptible to a variety of threats. This research explores effective strategies for identifying and mitigating vulnerabilities in IoT systems, encompassing both hardware and software components. Utilizing tools such as Shodan and various vulnerability scanners, an experimental setup was constructed with servers, sensors, IoT boards, and cloud platforms to analyze potential risks. This paper presents a comprehensive mitigation framework, offering practical solutions to enhance the security of IoT environments.*

**Keywords :** Internet of Things, Security, Privacy, Vulnerability Identification, Mitigation Plan.

## I. Introduction :

The Internet of Things (IoT) has revolutionized industries by interconnecting devices in sectors like healthcare, agriculture, urban development, and transportation. However, this interconnectivity also brings increased security risks. Recent studies show a significant rise in IoT vulnerabilities, with an annual doubling of attacks targeting these devices. By 2023, the frequency of Distributed Denial of Service (DDoS) attacks was projected to surpass 15 million annually, underscoring the urgent need for robust security measures.

Figure 1 illustrates the escalating number of IoT vulnerabilities over the past decade. Potential targets in a smart environment include access control systems, biometric records, and critical utility infrastructure. Ensuring core security principles - confidentiality, integrity, availability, authentication, and authorization—is paramount for safeguarding IoT architectures.

## II. Vulnerabilities in IoT Environments :

**A. Smart City Infrastructure :** Smart cities integrate IoT to improve urban management and services. However, vulnerabilities in devices from manufacturers such as Libelium, Echelon, and Battelle have been identified, including critical zero-day vulnerabilities. Examples include CVE-2018-10627, which allows unauthorized access to configuration data, and CVE-2018-8859, enabling authentication bypass in Echelon Smart Servers. Such flaws

expose systems to severe risks, including tampering with critical infrastructure.

- B. Medical Devices :** The healthcare sector heavily relies on IoT devices for patient care and hospital management. Vulnerabilities such as CVE-2019-6562 in the Philips Tasy EMR System expose patient data to unauthorized access. Additional flaws like CVE-2018-10597 and CVE-2018-18564 allow attackers to manipulate medical devices, posing life-threatening risks to patients.
- C. Broader IoT Ecosystem :** Attack vectors include Denial of Service (DoS), cross-site scripting, SQL injection, and unauthorized code execution. Studies have revealed vulnerabilities in industrial IoT, smart healthcare, and consumer devices, demonstrating the wide-ranging threats facing the IoT landscape.

## III. Proposed Mitigation Plan :

To counteract identified vulnerabilities, a comprehensive mitigation plan is outlined below:

### A. Identified Attacks and Vulnerabilities :

- Denial of Service (DoS) and Infinite Looping**
  - CVE-2022-29404, CVE-2018-19396: Malicious inputs can induce infinite loops, consuming excessive CPU resources and causing system crashes.
- Cross-Site Scripting (XSS) and Code Execution**
  - CVE-2019-10211, CVE-2020-1938: Exploits in configuration files allow

attackers to upload malicious code, compromising system integrity.

## **B. Mitigation Strategies :**

1. **Access Control and Network Configuration :**
  - Implement IP-based Access Control Lists (ACLs) to restrict access to trusted systems.
  - Modify firewall rules to reject invalid multibyte sequences.
  - Isolate affected devices using Min-Cut graph algorithms to limit threat spread.
2. **Intrusion Detection and Prevention :**
  - Train intrusion detection systems to monitor SSL initialization parameters.
  - Employ transfer learning-based models to identify zero-day vulnerabilities.
  - Regularly update device signatures to detect emerging threats.
3. **User Authentication and Data Validation :**
  - Enforce multi-factor authentication (MFA) and biometric security measures.
  - Validate user input to prevent injection attacks and unauthorized code execution.
  - Limit user privileges to reduce damage potential.
4. **Network and System Hardening :**
  - Use homogeneous devices within IoT networks to minimize compatibility risks.
  - Regularly update applications and patches to fix known vulnerabilities.
  - Avoid public Wi-Fi and ensure connections are established on trusted networks.
5. **Continuous Monitoring and Awareness :**
  - Conduct regular inspections of access control mechanisms.
  - Implement user awareness programs to promote best practices in IoT security.

## **C. Advanced Mitigation Techniques :**

1. **URL Analysis :**
  - Validate session IDs in URL requests to prevent unauthorized access.
  - Reject invalid requests, ensuring secure communication between users and servers.
2. **Attack Path Analysis :**
  - Detect and eliminate high-risk, low-hop attack paths to minimize potential impact.
  - Use advanced analytics to predict and counteract evolving threats.

## **IV. Conclusion :**

Shodan has proven to be an effective tool for identifying vulnerabilities in IoT environments. This

research demonstrates the urgent need for robust security strategies to address threats such as DoS attacks, XSS, and SQL injection. By implementing the proposed mitigation plan, organizations can significantly enhance the security of their IoT ecosystems, protecting critical infrastructure and sensitive data. Continued vigilance, regular updates, and advanced technologies like transfer learning will play a crucial role in safeguarding the IoT landscape.

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## Modern and Digital Preservation on Science and Technology

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### Abstract :

*The purpose of this study is to present a thorough and analytical analysis of the main facets of digital preservation, addressing the acknowledged needs, solutions, and obstacles that have been studied by scholars. A mixed-method approach is used in the research, combining exploratory and descriptive procedures with quantitative and qualitative techniques. In addition to extending the conversation on the necessity of archiving and the long-term preservation of digital content, it examines national and international literature from the previous twenty-one years on digital preservation to identify trends and policies. The study examines information from a bibliographic survey of research papers on "digital preservation" that have been indexed in Scopus and Web of Science for the last five years (2019–2024).*

*The findings show that, of the subjects covered, budgets, expenses, Web archiving, and metadata for preservation are new fields with very little research done in Brazilian information science. Brazil stands out in the global context for the volume of publications it has produced, indicating a field that is maturing in line with the progress of national initiatives like the Carin Lana Network. However, due to technological, human, and financial limitations as well as the nature of digital preservation techniques, partnerships are essential and offer a chance to explore underserved national issues.*

### Introduction :

Modern civilizations generate and consume a great deal of information, which is essential to the advancement of their political, economic, cultural, and scientific domains. With the quick creation, distribution, and acquisition of digital information resources in both public and private domains, the use of information and communication technologies (ICT) in conjunction with the Internet and the World Wide Web—which Tim Berners-Lee proposed in 1989—has enabled a global information proliferation. But because digital environments are dynamic and transient, valuable records that are accessible online can disappear quickly and irrevocably. This poses a global challenge for the twenty-first century in terms of maintaining access to and preservation of digital memory that is personal, corporate, and cultural.

In the 21st century, scientific research, technological innovation, and data generation have become increasingly dependent on digital tools and platforms. The digital era has transformed how data is created, stored, analyzed, and shared. From genomics to space exploration, the production of scientific knowledge is largely mediated by technology. While these advancements have significantly accelerated scientific progress, they also present new challenges for long-term preservation. Digital preservation has emerged as an essential practice to safeguard scientific data, technological artifacts, and knowledge, ensuring their continued accessibility and usability for future generations.

A digital object, as defined by Marder Arellano (2008) and Santos and Flores (2015), is any kind of file in a digital format that is represented as a bitstream and is made up of presentation structure, content, and logical structure. Consequently, the goal of this study is to provide a thorough and analytical viewpoint on the major concerns related to digital preservation. The objective is to improve comprehension of pertinent trends and policies, which are crucial skills for professionals operating in information units (BOERES, 2017). It also hopes to stimulate more in-depth conversations about the value of digital preservation, which should lead to fresh perspectives, productive studies, and more projects in this area.

In order to address the current and future challenges in managing the preservation and long-term access to digital information, we think that understanding the current affairs and interests of the scientific community in digital preservation fosters a synergy among contemporary strategic, institutional, and technological approaches. This work should ideally be organized as follows: a description of the methodology used, followed by a presentation and discussion of the findings. These findings include the problems, needs, and approaches of digital preservation as they are presented in modern and classical specialized literature as well as the information gathered from scientific research.

In the modern research landscape, collaboration is a key element of scientific progress. Researchers from around the world work together, often sharing large datasets, codebases, and publications. Digital

preservation enables this exchange by ensuring that digital resources remain accessible across different institutions, countries, and technological platforms. Furthermore, the principles of open science—where scientific results, data, and methods are shared openly with the public—are heavily dependent on robust digital preservation systems. Preserving digital research ensures that future generations can access and contribute to this global knowledge base.

#### **Existing Techniques:**

This study uses a quantitative-qualitative, exploratory-descriptive methodology (SILVA; MENEZES, 2005). It is based on a review of particular national and international literature on digital preservation published over the past 21 years, as well as the gathering and examination of data from databases linked to recent scientific publications in this field. In order to illustrate the current state of long-term digital content archiving, the discussion presents a synthesis of the current understanding of digital preservation issues. It starts with the main challenges identified, the acknowledged criteria of this process, and the technological, political, and strategic solutions investigated by the digital preservation community.

In terms of methodological procedures, the bibliographic method was used (MARCONI; LAKATOS, 2017; SEVERINO, 2016). Scientific publications pertaining to the topic of "digital preservation" were located in the Web of Science Main Collection (Clarivate Analytics<sup>3</sup>), a database of high-quality publications with the greatest worldwide impact, and Scopus (Elsevier<sup>2</sup>), the largest database of peer-reviewed literature abstracts and citations. These databases, which are accessible through the Periodicals of the Coordination of Improvement of Higher-level Personnel (Capes), offer bibliometric tools for tracking, analyzing, and visualizing research. They are multidisciplinary, global in scope, and include references with abstracts and citation data. We used advanced research (Advanced) with the term "digital preservation" in the fields of title, abstract, and keywords (Title, Abstract, Keywords/Topic) as parameters in the bibliographic survey that was carried out on March 20, 2020.

In order to obtain a more recent overview of publications on the subject through national and international academic sources with a more intensive pace of scientific production and validation, we defined the filter options by conference proceedings/proceedings paper and journal articles (article), published in

Portuguese, English, and Spanish in the last five years (2015-2019). Using the Microsoft Excel 2016 program, we explore and analyze the data and provide figures to show the recent scientific output on digital preservation. We also highlight the most productive researchers, as well as the institutions, nations, and research areas that have published the most during this time. The methodology of researching modern and digital preservation in science and technology involves a comprehensive approach that draws from multiple disciplines, including archival science, computer science, information management, and domain-specific research. The aim is to understand the existing practices, challenges, and emerging trends in preserving digital data, research, and technological artifacts in various scientific fields. Below is a detailed outline of the research methodology used to explore digital preservation in science and technology.

#### **a. Literature Review:**

- **Systematic Search:** A systematic search for relevant academic literature, books, reports, and conference proceedings will be conducted across databases such as Google Scholar, JSTOR, Scopus, and specialized archival and digital preservation repositories. Keywords for search would include terms like "digital preservation in science," "data archiving,"

#### **b. Case Study Analysis:**

- **Selection of Case Studies:** A diverse set of case studies will be selected to provide a broad view of digital preservation across different scientific disciplines. Examples might include:
- **CERN and the Large Hadron Collider:** Analyzing how CERN preserves the vast amounts of data generated by the LHC experiments.
- **NASA's Planetary Data System (PDS):** Understanding how NASA archives space mission data for long-term access.

#### **c. Surveys and Interviews:**

- **Survey Design:** A structured survey will be created to gather quantitative and qualitative data from digital preservation experts and professionals. The survey will ask questions regarding:  
Current practices and strategies for digital preservation in scientific research.

Tools, technologies, and platforms used for preservation.

Challenges faced in preserving digital content (e.g., data formats, hardware/software obsolescence, cost, and resource allocation).

Future trends or innovations they foresee in digital preservation.

**d. Technological Analysis of Digital Preservation Tools:**

- **Tool Selection:** The research will focus on key preservation tools used in the scientific community for managing and preserving data. These tools can include:
- **Data Repositories:** Platforms like Dataverse, Zenodo, and Dryad that provide open-access repositories for scientific data.
- **Archival Software:** Tools such as Archivematica and Preservica used for managing digital preservation workflows.

**e. Statistical Analysis and Trends Identification:**

- **Data Collection:** A statistical approach will be used to analyze data from surveys, case studies, and interviews to identify emerging trends and common challenges across disciplines.
- **Trend Analysis:** Key trends in digital preservation—such as the shift to cloud storage, use of AI for data management, and the integration of blockchain for data integrity—will be identified and discussed.

**f. Conclusion and Recommendations:**

- **Synthesis of Findings:** The results of the literature review, case study analysis, surveys, and technological analysis will be synthesized to provide a comprehensive understanding of the current state of digital preservation in science and technology.

The methodology outlined above aims to provide a robust, multi-faceted investigation into the state of digital preservation in science and technology. By combining literature review, case study analysis, surveys, interviews, and technological evaluations, the research will offer a comprehensive understanding of the challenges, practices, and future directions of digital preservation in scientific domains.

**Results:**

The distinctive qualities of the artifacts that digital preservation seeks to preserve across time present its main obstacles. Whether they are born digital or have been digitally altered, these digital objects are vulnerable to ongoing changes, the transient nature of the media on which they are produced, moved, or kept, and their heavy reliance on support technologies, hardware, and software that quickly ages out of date or physically degrades.

These peculiarities raise questions about the legitimacy, dependability, and integrity of digital records when it comes to handling, archiving, and maintaining useable access over time. The National Archive (2016) and Barbed, Corujo, and Sant'Ana (2011) define an authentic digital document as one that can be verified as real and unaltered; in line with this, the integrity of a digital document is the preservation of its completeness and fixity, where metadata information is essential for determining the provenance and context of the document's creation and ongoing maintenance.

Given the aforementioned difficulties, the intricacies of digital objects pose major barriers to long-term preservation and accessibility, even in the presence of dynamic content, multimedia, functionalities, and the benefits of transmission, replication, and editing in digital environments. The significant financial outlays, regulatory obligations, and guarantees of the location, context, authenticity, and integrity of digital content are clear when looking at digital preservation. As such, it is critical to ascertain the current needs, approaches, and technology assets, as described in the specialized literature, that should be taken into account for successful and practical initiatives in this field.

**Discussion:**

Hardware, software, formats, and storage media are all rapidly and continuously becoming obsolete due to technology advancements. Threats of physical damage to files, hardware, and media are also present. The inability to reproduce, save, modify, or use digital resource content for long-term preservation is caused by intellectual property rights and other legal requirements that must be met.

Given the difficulties mentioned, digital artifacts' complexity makes long-term preservation and accessibility difficult, even though they feature dynamic material, multimedia, functions and advantages of transmission, reproduction, and modification in digital settings. It is clear from the aspects of digital preservation that significant financial outlays, regulatory obligations, and assurances regarding the location,



context, authenticity, and integrity of digital content are necessary. Hence, in order to make effective and practical efforts in this subject, it is important to know the current requirements, methods, and technological resources that are detailed in the specialized literature.

The digital age has radically transformed the landscape of scientific research, technology, and data generation. While digital tools and platforms have opened new opportunities for knowledge creation and sharing, they have also introduced new challenges concerning the preservation of these digital assets for long-term use. The discussion will focus on the major challenges faced in digital preservation in science and technology, the strategies employed to overcome these challenges, and the broader implications for scientific progress, innovation, and data management.

The shift from physical to digital data has generated significant volumes of research material in various forms: data sets, publications, software, images, simulations, and more. While these digital assets have accelerated the pace of scientific discovery, preserving them for future use is a complex and multifaceted challenge. The discussion will examine the major obstacles to effective digital preservation.

#### **Challenges in digital preservation:**

- **Balancing openness and privacy:** Researchers must navigate the delicate balance between ensuring that data is accessible for future research while also safeguarding privacy and protecting intellectual property.
- **Data ownership:** Issues around data ownership, authorship, and intellectual property can complicate preservation efforts, especially in collaborative international research.

Solutions require establishing clear data governance policies that outline the legal, ethical, and access rights concerning digital data. Anonymization, encryption, and controlled access are often employed to mitigate privacy risks.

#### **Strategies for Overcoming Preservation Challenges:**

To overcome the challenges of digital preservation, a range of strategies and best practices are employed. These include:

- a. **Institutional Repositories and Archives :** One of the most common solutions to digital preservation is the establishment of institutional or subject-specific repositories. These platforms provide long-term storage for research data,

publications, and other digital resources, ensuring their accessibility for future use. Notable examples include: PANGAEA for geoscientific data, Dryad and Zenodo for data in the life sciences, The European Space Agency's Earth Observation data archives, etc.

These repositories are designed to ensure that data is stored with appropriate metadata, undergoes regular checks for integrity, and is accessible for future researchers.

- b. **Emphasis on Open Access :** Open access initiatives are critical in ensuring that digital preservation efforts support scientific progress. Open access to preserved data and publications facilitates collaboration, verification, and reuse. By maintaining freely accessible datasets and publications, digital preservation aligns with the principles of open science, ensuring that valuable research remains accessible to all.
- c. **Cloud-Based Solutions and Distributed Storage :** Given the enormous scale of modern scientific data, cloud storage has emerged as a key tool in digital preservation. Cloud-based services offer virtually limitless scalability, enhanced data redundancy, and global accessibility. By leveraging cloud platforms such as Amazon Web Services (AWS), Google Cloud, and Microsoft Azure, scientific institutions can store vast amounts of data with robust security features and continuous backups. Furthermore, distributed storage systems such as InterPlanetary File System (IPFS) offer innovative decentralized methods of data preservation, ensuring that data is distributed across multiple locations, reducing the risk of loss due to regional failures.
- d. **Collaborative Efforts and Standardization :** Collaboration among researchers, institutions, and governmental bodies is essential to ensure that data preservation efforts are both comprehensive and consistent across disciplines. International initiatives like the Research Data Alliance (RDA) and the OpenAIRE project focus on developing shared standards and best practices for data management, ensuring that datasets are compatible and easily accessible across borders and research communities.

### Future Directions in Digital Preservation:

Looking ahead, several key trends and innovations will continue to shape the field of digital preservation in science and technology:

- a. **Artificial Intelligence (AI):** AI and machine learning will play an increasingly important role in automating data quality checks, metadata generation, and data discovery. These technologies can also help in the preservation of non-text data, such as images and videos, by improving compression techniques and ensuring data integrity.
- b. **Blockchain Technology:** Blockchain's decentralized and immutable nature makes it an attractive solution for preserving data authenticity and ensuring data integrity. Blockchain may play a role in verifying data provenance, tracking changes over time, and guaranteeing the authenticity of scientific records.
- c. **Automated Data Curation:** As data volume grows, automated tools for data curation, including tools for organizing, annotating, and validating large datasets, will become increasingly important to ensure that valuable research data is preserved in usable formats.

Digital preservation in science and technology is an evolving field that plays a pivotal role in safeguarding the vast amounts of research data, software, and publications generated every day. While significant challenges remain—such as managing technological obsolescence, ensuring data integrity, and maintaining interoperability—ongoing efforts, including the development of new tools, standards, and collaboration frameworks, provide promising solutions. As the volume and complexity of scientific data continue to grow, effective digital preservation strategies will be essential for maintaining scientific progress, enabling future research, and preserving humanity's technological achievements.

### Conclusion:

With a thorough and analytical analysis of the major issues related to digital preservation, the study provides a current image of the challenges, opportunities, and experiences faced by organizations and individuals engaged in the creation, upkeep, and management of digital artifacts. The strategies for digital preservation address the possibility that future generations will have little to no documentation of the 21st century—which Vint Cerf, one of the founders of the Internet, has referred

to as a "digital dark age"—24. This is true for a variety of digital objects, including text, images, audio, videos, software, games, content in social media, web pages, and more. However, there is still a dearth of relevant writings and sufficient understanding in this field within the scientific community.

In light of this, we propose—based on the conversations that have surrounded this work—that, in addition to the urgent need for more national Information Science studies on digital preservation, future research should focus on the issues and understudied areas that have been identified (specifically, budgets, costs, and metadata for Web archiving and digital preservation), in anticipation of our knowledge and proficiency in this field growing. Throughout the course of an object's whole life cycle, care must be made to ensure that all who produce, use, and access digital objects are aware of the importance of the process and their duty. Creating criteria to evaluate the efficacy of the preservation strategies now in use, such as the usage of emulators and archiving technology, are examples of this. The rapid advancement of science and technology in the digital era has brought about significant challenges and opportunities in the realm of data management and preservation. The need to ensure the long-term accessibility, integrity, and usability of digital resources is critical for the continuity of scientific progress, technological innovation, and the preservation of knowledge. As scientific research generates ever-increasing amounts of data across a range of disciplines, effective digital preservation strategies have become indispensable to sustain and enhance the value of this data over time.

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## Secure and Efficient Cloud Based Data Storage

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### Abstract :

*Since cloud-based data storage offers a safe and effective way to store and manage data, it has become a vital tool for both individuals and enterprises. Users can store their data on distant servers that are reachable via the internet thanks to this technology, which removes the need for concrete storage devices. This system aims to provide an affordable, scalable solution for data storage while maintaining high security and user-friendliness. Advanced encryption, safe access controls, and frequent backups shield data from loss, corruption, and illegal access, making security a top priority in cloud-based storage.*

*By taking these precautions, customers may be sure that their data will be secure even in the case of cyber-attacks or technical failures. Frequently, cloud companies use distributed and redundant systems. Its flexibility and cost-effectiveness make it an increasingly popular choice for a wide range of applications.*

**Keyword :** Cloud Storage, Security, Scalability, Data Management.

### Introduction :

Cloud-based data storage has revolutionized the way data is managed and accessed in the modern digital landscape. It offers unparalleled scalability, accessibility, and cost-effectiveness for individuals and organizations. [1]. However, with the rapid adoption of cloud services, ensuring the security and efficiency of data storage has become a critical challenge [3]. This involves protecting sensitive data from threats such as unauthorized access and service disruptions while optimizing storage and retrieval processes. Secure and efficient cloud-based data storage solutions leverage advanced encryption, data redundancy, access control mechanisms, and performance optimization techniques to meet the demands of both security and usability in dynamic cloud environments [5]. Cloud refers to the server that are accessed over the internet and present at remote location. Cloud computing is the on-demand availability of computer system resources, (especially data storage /cloud storage and computing power) without direct active management by the user. The main security risks depend on the type of cloud service model and how applications run in the cloud. In this paper, a survey of the different security risks that pose a threat to the cloud is presented.

### Challenges :

1. **Data Loss in Cloud Computing** : Accidental destruction, corruption, or disappearance of data stored in a cloud environment is referred to as

data loss. Numerous things, including device failures, unintentional deletions, cyberattacks, and natural disasters, might cause it. Users are still advised to adhere to recommended practices like frequent backups and data encryption to further reduce possible threats, even though cloud providers usually deploy redundancy and backup methods to reduce the chance of data loss [6].

2. **User Account Hijacking** : The gaining of unauthorized access to data in system or a computer known as hacking. User account hijacking happens when a malicious actor obtains unauthorized access to a user's cloud account, usually by using techniques like credential theft, phishing, or password cracking. An attacker can damage user security and privacy, alter or steal confidential information, and carry out illegal activities once they have control of an account. Strong password regulations and two-factor authentication (2FA) are advised in order to preventing this danger [7].
3. **Changing Service Provider** : Data, apps, and infrastructure must be migrated when switching cloud service providers. A change in business requirements, performance issues, or cost effectiveness are some of the causes of this. However, switching providers can be difficult

and risky, with possible problems like compatibility problems, data transfer problems, and service outages. Throughout this procedure, it is crucial to plan well and comprehend data portability and security standards [10].

4. **Denial of Service (DoS) Attack** : Denial of service attacks are the major threat to the system connected to the internet, especially for E-Commerce, financial services and government services. Computer services majorly works on client server architecture number of clients sending request to the same server. The network can only send certain amount of data at a time. Any data exceeds network bandwidth will not reach the destination [12].
5. **Data Encryption in Cloud Computing** : To protection sensitive information in the cloud, data encryption is an essential security tool. It requires employing an encryption technique to transform legible data into an unintelligible format, ensuring that it cannot be accessed or interpreted by unauthorized users. Cloud services provide encryption for both in-transit (when data is moved across networks) and at-rest (when it is stored). For data confidentiality and integrity to be guaranteed, end-to-end encryption and encryption key management are crucial [14]. Together, these subjects provide light on significant security issues and fixes in cloud computing, with an emphasis on safeguarding user information and guaranteeing service dependability.

**Problem Statement :**

With the growing dependence on cloud-based storage solutions, organizations face the dual challenge

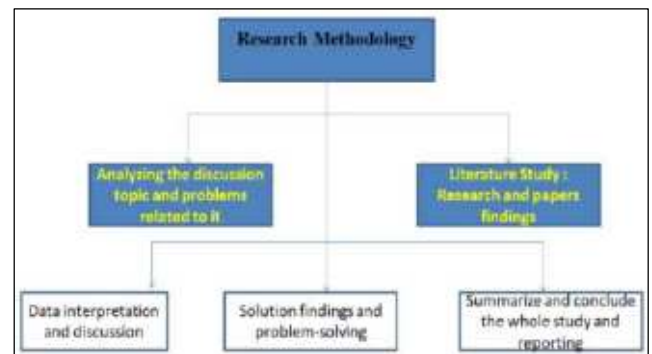
of ensuring data security and maintaining storage efficiency.

**Objectives :**

- To Address the data security and challenges.
- To Find out the solution for challenges.
- To Use the technical solution by using different algorithms.

**Research Methodology :**

There are many methods for research methodology like data interpretation, Solution findings and problem solving, summarized, and conclude the whole study and reporting, analyzing the discussion topic and problems related to it, literature study: research and paper findings.



**Figure 1 : Research Methodology**

We apply Study of previous work in this domain in which highlight this issued and challenges.

**Observations :**

The comparison table provides overview of 5 features related to cloud storage & security mentioned in the following table.

**Table 1: Comparison for storage & security features with previous work**

References	Author Name	Timeline of review paper	Data loss	User account hacking	Changing service provider	Denial of services(Dos) attacks	Data Encryption
[1]	Venkat Soma	Aug 24	✓	X	X	X	X
[2]	Bassim M. Salih,	Aug-24	✓	✓	X	X	X
[3]	K.K.Baseer	Sep-23	X	X	X	X	✓
[4]	AHMED SAAD ALSALIM	Aug-24	X	X	X	✓	✓
[5]	P. K. Paul	May-20	X	X	✓	X	X

[6]	Nur Hidayah mohamad	Dec-23	✓	X	X	✓	X
[7]	A.Annie Christina	Nov.15	✓	✓	X	✓	X
[8]	Sumeet Gill	Aug 24	✓	✓	X	X	X
[9]	Bohniiman Bhuyan	April-21	✓	✓	X	X	X
[10]	Moulika Bollinadi	Nov.2017	✓	✓	✓	✓	X
[11]	Kiran kumar	Aug-19	X	X	X	X	✓
[12]	Mira Lee	Dec.23	X	X	X	X	✓
[13]	Aanshi Bhardwaja	Feb.21	X	X	X	✓	X
[14]	Shameer Mohammed	Jun-23	X	X	X	X	✓
[15]	Ashley Chonka	Nov.19	X	X	X	✓	X

As compared to existing table of previous work we focused challenges and issues related to data storage and data security need to be more work using different securities and data storage techniques.

**Conclusion:**

Based on our review of previous work, we found that data stored on the cloud requires enhanced security and storage capabilities to meet the specific needs of users or organizations. To address these challenges in the future, further research and development will be needs in advanced data security and storage algorithms, such as block chain-based solutions, encryption techniques, and reduplication methods.

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## Sentiment Analysis for Marathi Language

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### Abstract :

*Sentiment analysis is a critical subfield of natural language processing that focuses on categorizing text into three primary sentiments: positive, negative, and neutral. Sentiment analysis can be applied to political analysis to understand public opinion toward political parties, candidates, and policies and emotion detection.*

*Sentiment analysis can also be used in the financial industry to analyse news articles and social media posts to predict stock prices and identify potential investment opportunities. This paper offers an overview of the latest advancements in sentiment analysis, including pre-processing techniques, feature extraction methods, classification techniques, widely used datasets, and experimental results. Furthermore, this paper delves into the challenges posed by sentiment analysis datasets and discusses some limitations and future research prospects of sentiment analysis.*

### Introduction:

The sentiment analysis process encompasses several essential steps, including preprocessing, feature extraction, and classification.

In the preprocessing stage, the raw text data undergo cleaning to remove irrelevant information such as stop words, special characters, and numbers. This stage also involves transforming the text data into features using techniques such as Term Frequency–Inverse Document Frequency (TF-IDF), GloVe, fastText, and word2vec.

In the feature extraction stage, the processed text is then classified into sentiments using machine learning methods, such as logistic regression, naive Bayes, and support vector machines, or deep learning models such as long short-term memory (LSTM) and recurrent neural networks.

### Problem Statement:

Sentiment analysis (SA) for languages other than English, including Marathi, has been an area of increasing interest due to the growing need to understand and process content in regional languages.

### Lack of Labelled Data:

Sentiment analysis models often require large, annotated datasets. For Marathi, there is a shortage of labeled data, particularly for domain-specific use cases (e.g., reviews, social media posts, political texts).

### Morphological Complexity:

Marathi, like many other Indian languages, has a rich morphology with complex word forms due to the use of inflections, suffixes, and compound words. This makes it difficult to process Marathi text using standard tokenization and pre-processing methods.

### Handling Context and Ambiguity:

Sentiment analysis often struggles with the contextual interpretation of words, and Marathi is no exception. Ambiguities due to polysemy (words with multiple meanings) or different sentiment orientations based on context are challenges.

### Code-Switching Detection:

Many Marathi speakers engage in code-switching, i.e., mixing Marathi with Hindi, English, or other regional languages. Sentiment analysis models trained on standard Marathi might struggle with such cases.

### Proposed Work:

The challenges in sentiment analysis posed by Marathi languages unique linguistic features.

### Data Collection:

Collect a wide range of Marathi text from social media, blogs, online forums, and product reviews. Curate a dataset that includes both monolingual and code-switched text.

### Pre-processing and Feature Extraction:

Implement advanced tokenization, stemming, and lemmatization techniques specific to Marathi. Use domain-specific lexicons and sentiment lexicons for Marathi, expanding or creating new resources where necessary.

### Model Design:

Develop neural network-based models (e.g., LSTMs) and fine-tune transformer-based models (e.g., BERT or mBERT) for Marathi sentiment classification.

### Conclusions:

Sentiment analysis for the Marathi language presents a unique set of challenges due to its rich morphology, multilingual usage, and informal expression in digital media. While progress has been made in the field of

sentiment analysis for well-resourced languages like English, there is still significant scope for research and development in the context of Marathi.

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# The Evolution of Data Analytics in Retail and Wholesale : A Comprehensive Study of Power BI's Impact and Future Prospects

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## **Abstract :**

*This study examines the evolution of data analytics in retail and wholesale businesses, with a particular focus on the impact and prospects of Power BI, leading business intelligence (BI) tool. The research explores how Power BI has revolutionized the way retailers and wholesalers collect, analyse, and visualize data, enabling them to make more informed decisions, optimize supply chains, enhance customer experiences, and improve sales forecasting. Through an in-depth review of industry trends, case studies, and interviews with key stakeholders, this study identifies the critical role of Power BI in addressing common challenges such as inventory management, pricing strategies, sales reporting, and customer insights.*

**Keyword :** Power BI, Dashboard, Data Analytics, Retail and Wholeseller etc.

## **Introduction :**

The retail and wholesale industries are experiencing a profound transformation driven by the increasing reliance on data analytics to optimize operations, improve customer experiences, and drive strategic decision-making. Power BI, a leading business intelligence (BI) platform developed by Microsoft, has emerged as a key enabler of data-driven decision-making across various sectors, including retail and wholesale. This paper explores the evolution of data analytics in the retail and wholesale industries, focusing on the growing significance of Power BI in shaping data strategies. As data analytics continues to evolve, this research also seeks to forecast the prospects of Power BI in the retail and wholesale sectors. This paper aims to provide a comprehensive understanding of these advancements and their potential to drive innovation and competitiveness in the retail and wholesale industries. Through this study, we aim to offer insights into the current state of data analytics, the role of Power BI in its evolution, and the strategic implications for businesses looking to harness the power of data for future growth.

Additionally, the study assesses the prospects of Power BI within these sectors, highlighting emerging trends such as the integration of artificial intelligence (AI), machine learning (ML), and real-time analytics. The research concludes by offering practical recommendations for businesses looking to leverage Power BI for continuous improvement and long-term growth. Ultimately, this study provides a comprehensive understanding of how data analytics—powered by tools

like Power BI—can shape the future of the retail and wholesale industries, helping companies adapt to dynamic market conditions and stay ahead of the competition.

## **Objectives :**

1. To Identify Key Operational Challenges in Wholesale and Retail Businesses.
2. To Analyse the Impact of Inefficient Sales Reporting and Decision-Making on Retail and Wholesale Performance.
3. To Evaluate the Challenges in Managing Customer Insights and Personalization in the Retail and Wholesale Sectors.
4. To Propose Power BI Solutions for Addressing Operational and Strategic Challenges in Retail and Wholesale.
5. To Evaluate the Effectiveness of Power BI in Overcoming the Challenges of Sales Forecasting and Demand Planning.

## **Research Methodology :**

This study adopts a mixed-methods approach combining quantitative and qualitative methods to explore the impact of Power BI on data analytics in the retail and wholesale sectors.

### **1. Research Design:**

- **Mixed-Methods Approach:** Combines descriptive and exploratory research to understand the role of Power BI in retail and wholesale data analytics and forecast its future prospects.

## 2. Data Collection:

### ○ Primary Data:

- **Surveys:** A structured questionnaire will be distributed to 70+ retail and wholesale businesses to assess the impact of Power BI on decision-making, forecasting, and inventory management.

### ○ Secondary Data:

- A literature review of relevant academic papers, case studies, and industry reports to understand trends in data analytics and Power BI adoption.

## 3. Data Analysis:

- **Quantitative Analysis:** Descriptive statistics and correlation analysis will be used to analyze survey data, identifying trends and relationships between Power BI usage and business performance.

- **Qualitative Analysis:** Thematic analysis will be conducted on interview responses to identify key themes related to Power BI's impact and future development.

## 4. Experimental Work:

- Data collected via surveys will be imported into Power BI for analysis, where interactive dashboards will be created to visualize performance metrics and assess how Power BI enhances decision-making.

## 5. Ethical Considerations:

- Informed consent will be obtained from participants, and their responses will be kept confidential.

### **Experimental Work :**

For this study, I created a Google Form to collect data from over 70 retail and wholesale businesses, focusing on key metrics like sales performance, inventory levels, and customer insights. The responses were compiled into an Excel file, which was then imported into Power BI for analysis. Using Power BI's data visualization capabilities, I created interactive dashboards to identify trends, correlations, and performance metrics across the businesses. The effectiveness of the dashboards was evaluated based on their ability to provide actionable insights, improve decision-making, and streamline reporting. This hands-on approach demonstrated how Power BI can enhance data-driven strategies in retail and wholesale operations.



### **Results :**

Power BI has significantly transformed data analytics in retail and wholesale sectors by improving decision-making, forecasting, and operational efficiency. Adoption rates have steadily increased, with companies reporting faster insights, enhanced inventory management, and better customer targeting. Comparative analysis shows Power BI outperforms competitors in cost, usability, and integration. Future trends suggest further growth with AI and predictive analytics, positioning Power BI as a key tool for innovation and competitive advantage in the industry.

### **Conclusion :**

Power BI has become a cornerstone in the evolution of data analytics within the retail and wholesale sectors, enabling businesses to unlock deeper insights, streamline operations, and enhance strategic decision-making. The study underscores Power BI's transformative role today and its potential to shape the future of data analytics in these industries.

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# The Role of Digital Transformation in Safeguarding Bhartiya Cultural Heritage: A Comprehensive Study on the Preservation and Accessibility of Traditional Knowledge Systems

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## Abstract :

Indian businesses have been greatly impacted by digital transformation, which is the growing rethinking of how organizations use people, technology, and processes to transform large-scale operations. An in-depth description of richness was provided for these conserving traditional Indian knowledge systems, which comprised an ancient manuscript, cultural artefacts, and traditional behaviours. It also examined digital change and the network of Indian knowledge repositories. The study looks at several digital initiatives, as well as the difficulties and efforts involved in putting this technology into practice. The findings demonstrate that although digital transformation has greatly enhanced Indian knowledge preservation and accessibility, there are still issues that must be resolved to guarantee the long-term viability of these initiatives.

## Introduction :

An astounding variety of knowledge systems can be found in India, which is frequently referred to as the birthplace of one of the oldest civilizations in history. These include a wide range of disciplines, including the arts, philosophy, physics, math, and medicine. Maintaining cultural identity and enhancing the world's intellectual heritage depend on the preservation of this enormous body of information (Rao, 2018). Many of these historical knowledge sources were restricted to particular intellectual societies and were maintained through manuscripts and oral traditions. The concentration on digital technology in the modern day, however, creates both new opportunities and difficulties for the preservation of this information and its accessibility to a larger audience (Bhandarkar, 2019).

The transition of Indian knowledge systems preservation towards digital transformation is a part of a global trend in which digital technologies are being used more and more to store and distribute cultural assets. This change is especially noteworthy in India because of the nation's vast and varied cultural heritage. Digital technology integration in cultural preservation has made it possible to document and archive traditional knowledge as well as disseminate it on a scale that was previously unthinkable (Sharma, 2020).

**Objective :** The purpose of this study is to investigate how the preservation of Indian knowledge systems is being impacted by digital change. It looks at the advantages that come with using digital tools and talks about the issues that need to be resolved to make these initiatives more successful and long-lasting.

## Research Questions :

1. How has digital transformation influenced the preservation and accessibility of traditional Indian knowledge?
2. What digital tools and strategies are being employed in these preservation efforts?
3. What are the key challenges associated with the digital preservation of Indian knowledge, and how can they be addressed?

## Literature Review:

India has a vast body of literature on digital preservation and cultural heritage, which is indicative of the subjects' increasing significance in both scholarly and practical contexts. This section offers a summary of the major ideas and conclusions from the body of research, emphasizing the development of digital preservation techniques, the function of digital libraries, and the particular difficulties encountered in the Indian setting.

### 1. Evolution of Digital Preservation Practices:

Over the past few decades, digital preservation has undergone tremendous change, going from straightforward digitization initiatives to more intricate and long-term preservation approaches. The technical features of digitization, such as the difficulties in maintaining digital formats and guaranteeing the lifespan of digital archives, were the main emphasis of early writing on digital preservation, such as works by Conway (2010) and Hedstrom (1998). The socio-cultural ramifications of digital preservation have come under scrutiny in more recent research,

especially in the context of cultural heritage (Smith, 2013; Hughes, 2012).

Within the Indian context, there has been a close relationship between the advancement of digital preservation and more general improvements in digital infrastructure and information technology. A thorough history of digital preservation in India is given by Sengupta (2019), who traces the field's evolution from early government-led initiatives to the current widespread use of digital archives and libraries. Sengupta highlights the difficulties with accessibility and sustainability while also emphasizing the role played by government initiatives like the National Mission for Manuscripts in advancing the digitalization of cultural assets.

2. **Role of Digital Libraries:** The function of digital libraries is vital to the distribution and preservation of cultural assets. With programs like the Digital Library of India and the Traditional Knowledge Digital Library (TKDL), among others, digital libraries have emerged as a key component of efforts to maintain traditional knowledge systems in India (Mukherjee & Sen, 2020). With the help of these digital libraries, rare books, manuscripts, and other cultural objects can be preserved and made available to a worldwide audience.

The literature on digital libraries in India emphasizes these programs' obstacles as much as their triumphs. In their discussion of the effects of digital libraries on research and education, Tripathi and Prakash (2019) point out that these platforms have significantly improved access to information resources, especially in rural and underserved areas. They do, however, also highlight the difficulties in funding and providing technological support for upgrading and maintaining digital libraries.

Ghosh's (2021) article, which examines the function of digital archives in safeguarding India's cultural legacy, is another noteworthy addition to the body of literature on digital libraries. The technological and moral difficulties of digitization—such as problems with data integrity, copyright, and cultural sensitivity—are the main subject of Ghosh's research. The study emphasizes how crucial it is to have strong digital regulations and

infrastructure in order to facilitate the long-term administration of digital libraries.

3. **Challenges in Digitization and Preservation :**

The literature also emphasizes the different difficulties that India has in digitizing and preserving its cultural legacy. Bhattacharya (2018) lists a number of significant obstacles, such as the high expense of digitalization, the scarcity of qualified experts, and the issues associated with maintaining brittle and degrading materials. Bhattacharya's research highlights the significance of creating sustainable funding mechanisms for digitization projects in addition to the necessity of capacity building and training initiatives to solve these issues.

A thorough examination of the legislative and policy frameworks controlling digital preservation in India is given by Joshi and Kulkarni (2020). Their analysis draws attention to the shortcomings in the current legal framework, notably with regard to the preservation of indigenous knowledge and intellectual property rights. The authors advocate for the creation of more extensive legislative frameworks in order to facilitate the morally righteous and environmentally sound digitization of cultural heritage.

Another significant topic in the literature is the problem of cultural sensitivity in digitization. Sharma (2021) discusses the ethical concerns related to the digitalization of traditional knowledge, particularly regarding the rights of indigenous communities. In order to prevent the exploitation or misappropriation of these communities' knowledge, the study makes the case that they must be included in the digitization process.

4. **Case Studies and Best Practices :** A number of case studies from India shed important light on the usefulness of digital preservation. One frequently used example of a successful large-scale digitization project is the National Mission for Manuscripts (NMM) (National Mission for Manuscripts, 2023).

Millions of manuscripts have been digitalized by the NMM, saving them for future generations and enabling online access. Research by Bhandarkar (2019) and Rao (2018) highlights the challenges of maintaining a large-

scale undertaking, while also emphasizing the initiative's achievements. Parallel to this, the Traditional Knowledge Digital Library (TKDL) is acknowledged as a trailblazing endeavour in the field of traditional knowledge system digitalization. An extensive examination of the TKDL is given by Mukherjee and Sen (2020), who also address the organization's function in thwarting biopiracy and safeguarding India's intellectual property. The authors further emphasize how the TKDL creatively integrates ancient knowledge with contemporary scientific resources and uses digital tools.

**5. Future Directions in Digital Preservation :**

The literature makes a number of recommendations regarding possible future paths for digital preservation in India. According to Patil (2023), in order to improve the efficacy and efficiency of digital preservation initiatives, it is imperative to take advantage of cutting-edge technology like blockchain and artificial intelligence. Blockchain technology might guarantee the integrity and authenticity of digital documents, while artificial intelligence (AI) could automate the creation of metadata and enhance the searchability of digital archives.

Additionally, Nair and Joseph (2020) stress the value of community involvement and teamwork in digital preservation. According to their research, cooperative initiatives including local communities, cultural institutions, and governmental organizations can result in more inclusive and long-lasting preservation techniques. The authors advocate for the creation of community-led digitization initiatives that uplift local stakeholders and guarantee the preservation and respect of their expertise.

**Methodology :**

This study uses a multifaceted research methodology that combines both qualitative and quantitative methodologies to extensively explore the influence of digital transformation on the preservation of Indian knowledge systems.

1. **Literature Review:** As discussed in the previous section, a comprehensive review of existing literature was conducted to establish a theoretical foundation for the study. This literature review provided insights into the

evolution of digital preservation practices, the role of digital libraries, and the challenges of digitization in the Indian context (Sengupta, 2019; Mukherjee & Sen, 2020; Thakur, 2022).

2. **Case Studies:** The study comprises in-depth case studies of three significant digital preservation programs in India:

**National Mission for Manuscripts (NMM):** An effort by the government to digitize and catalog India's old manuscripts. Due to its size and extent, the project serves as a key case study for comprehending the difficulties and achievements associated with extensive digitization initiatives (National Mission for Manuscripts, 2023).

**Indira Gandhi National Centre for the Arts (IGNCA):** IGNCA, a leading cultural repository, has launched a number of digital projects to support and conserve Indian arts and culture. Understanding the challenges of maintaining intangible cultural assets is made possible by the center's approach of digitizing and archiving a variety of cultural artifacts (IGNCA, 2022).

**Traditional Knowledge Digital Library (TKDL):** This project aims to preserve Indian traditional knowledge from biopiracy and make it available to the world community by documenting it, especially in the fields of yoga and ayurveda. According to Mukherjee and Sen (2020), the TKDL provides an example of how digital tools can be utilized to protect and advance indigenous knowledge systems.

3. **Interviews :** Key players in these initiatives participated in semi-structured interviews. Project managers, digital archivists, subject matter experts, and government representatives were among the attendees. The purpose of the interviews was to record the real-world experiences of those who are directly engaged in the digital preservation of Indian knowledge, offering insights into the triumphs, difficulties, and lessons discovered (Patil, 2023).

4. **Data Analysis:** Thematic analysis was used to examine the qualitative data from the case studies and interviews in order to find recurrent themes and patterns. To evaluate the effect of these activities on the preservation and accessibility of Indian knowledge, quantitative data were also studied, including the quantity of

digitized manuscripts and the reach of digital archives (Rao, 2018).

#### **Results :**

The study's findings show considerable advancements in the digital preservation of Indian knowledge, but there are still issues that need to be resolved if these initiatives are to be sustained.

1. **Enhanced Accessibility:** The greater availability of traditional Indian knowledge is one of the biggest effects of the digital transition. More than two million manuscripts have been digitalized by the National Mission for Manuscripts, making these priceless resources accessible to academics and the general public on the internet. A wider audience can now interact with India's rich intellectual legacy, which was formerly only available to members of particular communities or academic institutions, thanks to the democratization of access (National Mission for Manuscripts, 2023).
2. **Preservation of Fragile Artifacts:** Digital technologies are essential for the preservation of delicate antiques and manuscripts. Antiquated manuscripts, frequently inscribed on materials such as palm leaves, are prone to significant degradation. These writings are conserved for future generations while the original artifacts are shielded from physical treatment and environmental deterioration by producing high-resolution digital reproductions (Ghosh, 2021).
3. **Educational and Research Impact:** Education and research have been profoundly impacted by the availability of digital resources. Scholars and students now have access to a multitude of resources that were previously unreachable because of practical and geographic constraints thanks to digital libraries and archives. For example, the TKDL, which provides a global research community with access to an extensive digital repository, has been crucial in advancing research in the fields of yoga and Ayurveda (Mukherjee & Sen, 2020).
4. **Cultural Continuity and Revitalization:** Initiatives for digital preservation have also helped maintain cultural continuity by increasing future generations' access to traditional information. This is especially crucial since because modernity is happening so quickly and customs could disappear. These

programs support the preservation and revitalization of cultural heritage by granting digital access to antiquated literature, customs, and objects (IGNCA, 2022).

#### **5. Challenges Identified:**

- **Inadequate Digital Infrastructure:** Notwithstanding the advancements, the scope and efficacy of digital preservation initiatives are constrained by the absence of sufficient digital infrastructure in many regions of India, especially in rural areas. This lack of infrastructure limits public access to digital archives and makes it more difficult for local institutions to fully engage in national digitization initiatives (Joshi & Kulkarni, 2020).
- **High Costs and Resource Constraints:** Digitization is a resource-intensive process that calls for specialized tools and knowledgeable workers. Significant obstacles are presented by the high expenses of these procedures, especially for smaller organizations and community-led projects that might not have access to large amounts of money (Bhattacharya, 2018).
- **Skill Gaps and Capacity Building:** Professionals with training in both digital technologies and cultural preservation are severely lacking. One of the main obstacles to the successful execution of digital preservation programs is this talent mismatch. To overcome this obstacle, professional development and training initiatives that increase capacity are crucial (Nair & Joseph, 2020).
- **Intellectual Property and Ethical Issues:** The worldwide sharing of traditional knowledge via digital channels presents difficult questions about ethical and intellectual property rights. A major worry is making sure that the rights of knowledge holders are upheld and that digitization initiatives do not result in the exploitation or theft of traditional knowledge (Sharma, 2021).

#### **Discussion :**

The ramifications of these findings are further discussed in the discussion section, which also examines the potential and difficulties of digital transformation for the preservation of Indian knowledge.

### **Opportunities for Global Engagement and Cultural Diplomacy :**

1. **Global Outreach:** Indian knowledge systems may now be accessed globally because to digital revolution, which fosters a deeper awareness and respect for India's rich cultural legacy. India's cultural diplomacy is strengthened by this international outreach, which establishes the nation as a pioneer in the conservation and dissemination of ancient knowledge (Rao, 2018).
2. **Integration into Modern Education:** Another major possibility is the incorporation of digitalized traditional knowledge into contemporary education institutions in India and around the world. By giving students a deeper awareness of India's intellectual legacy through these resources, educational institutions can increase students' interest in and appreciation for these knowledge systems (Sengupta, 2019).
3. **Technological Innovations:** Digital technology advancements like blockchain and artificial intelligence present new opportunities to improve digital preservation efforts. Blockchain can guarantee the integrity and authenticity of digital documents, while AI can enhance the searchability and accessibility of digital archives. The efficacy and efficiency of preservation efforts can be greatly increased by these advances (Patil, 2023).
4. **Collaborative Preservation:** Collaboration amongst many stakeholders, such as governmental organizations, cultural institutions, and local communities, is encouraged by digital transformation. In addition to enhancing the preservation process and ensuring that the knowledge of marginalized and indigenous people is preserved and respected, collaborative preservation initiatives guarantee that various viewpoints and expertise are brought together (Joshi & Kulkarni, 2020).

### **Challenges and Ethical Considerations:**

1. **Sustainability of Digital Archives:** One of the biggest challenges is making sure digital archives are sustainable over the long run. Because digital formats and storage medium quickly become outdated, it's necessary to constantly upgrade and switch to new technologies. To keep digital archives viable

over time, sustainable management techniques and ongoing technological investment are essential (Sharma, 2021).

2. **Balancing Access with Preservation:** Although traditional information is now much more accessible because to digital transformation, there are hazards associated with maintaining the original artifacts. Manuscripts that are fragile may deteriorate if they are handled often for digitization. Thus, it's critical to find a middle ground between maintaining the physical artifacts and granting access to digital copies (Ghosh, 2021).
3. **Ethical and Cultural Sensitivity:** Cultural sensitivity and respect for the knowledge holders are essential while digitizing traditional knowledge. This entails getting communities' informed consent, honoring cultural customs, and making sure digitization initiatives don't result in the exploitation or commercialization of sacred knowledge. Every effort aimed at digital preservation has to be centered around ethical issues (Rao, 2018).
4. **Policy and Legal Frameworks:** Strong legal and policy frameworks are required to direct attempts at digital preservation. To guarantee that digital preservation efforts are both efficient and fair, it is essential to establish explicit intellectual property rights, safeguard digital archives, and develop standards for the moral use of digitized artifacts (Sengupta, 2019).

### **Conclusion :**

The preservation of Bhartiya (Indian cultural heritage), increasing accessibility to traditional knowledge, and guaranteeing its survival for future generations have all been greatly aided by digital revolution. Important roles have been played in this process by initiatives including the Traditional Knowledge Digital Library, the Indira Gandhi National Centre for the Arts, and the National Mission for Manuscripts.

However, obstacles including poor infrastructure, exorbitant expenses, a lack of expertise, and problems with intellectual property continue to be major roadblocks to the full potential of digital preservation. Collaboration between governmental organizations, cultural institutions, local communities, and foreign partners is necessary to address these issues. India can guarantee the survival of its rich cultural legacy in the digital era by making investments in digital



infrastructure, capacity building, and sustainable management methods.

In conclusion, a balanced strategy that incorporates technological innovation with cultural sensitivity and ethical considerations will be key to the future of digital preservation in India. India can guarantee that its age-old knowledge and customs continue to be a dynamic, ever-evolving component of international knowledge systems, enhancing the cultural tapestry of humanity, by carrying out and improving its digital preservation initiatives.

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## Educating for Innovation: The Role of NEP 2020 in Promoting Entrepreneurship in Higher Education

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### Abstract :

*Entrepreneurship today stands to be one of the main driving forces behind innovation, economics, and job creation in the modern world. Yet, the Indian higher education systems have consistently focused upon theoretical knowledge acquisition rather than the practical and creative skills needed by young people to succeed in daily practice and life. Despite such efforts, the curriculum is still found to be lacking in hands-on learning, interdisciplinary collaboration, and strong industry linkages. Thus, development of an entrepreneurial ecosystem within the higher education institution was severely halted.*

*NEP 2020 focuses on skill-based, holistic, and innovative education frameworks to address these shortcomings. The question remains whether NEP 2020 will effectively transform higher education into a catalyst for entrepreneurship. There is therefore a pressing requirement to critically analyse the implementation of NEP 2020 and then strategically examine its effect on the nurturing of innovation and entrepreneurship skills among the students.*

*This research endeavors to ascertain those gaps, indicate challenges, and suggest actionable solutions to align higher education with the objectives of entrepreneurial development as purported in NEP 2020.*

**Keywords :** Entrepreneurship, Higher Education, Innovation, NEP 2020.

### Introduction :

At such a rapid turn of the globe's economy, the need to adapt to innovative and entrepreneurial skills in this era calls for paramount priority. Thus, the Government of India brought about the new National Education Policy 2020, which attempts to transform educational policy with entrepreneurship as a highly critical aspect at the higher levels of education. NEP 2020 recognizes the fact that conventional education systems cannot prepare students to face the challenges in modern workplaces, and hence the need to nurture an environment where creativity, critical thinking, and proactive problem-solving are encouraged.

NEP 2020 emphasizes a multidisciplinary approach that helps students explore varied fields of knowledge while focusing on skill development aligned with industry requirements. This reform encourages higher education institutions to integrate entrepreneurial principles into their curricula, providing students with essential tools to navigate and excel in a competitive marketplace. Moreover, by promoting collaboration with

industry stakeholders and establishing incubation centers, the policy creates vital support structures for aspiring entrepreneurs, facilitating the translation of academic ideas into practical applications.

This research paper aims to explore the important role of NEP 2020 in promoting an entrepreneurial mindset among students in higher education. The study will explore the different aspects of the policy and its implications for entrepreneurship education, thereby shedding light on how NEP 2020 prepares students not only for career success but also as key contributors to economic growth and innovation within society. This paper will analyze, through an all-inclusive approach, how entrepreneurship should be integrated into higher education as a strategic means of preparing future leaders for the challenges and opportunities of the modern world.

### Objective :

1. To find the components of NEP 2020 that encourages entrepreneurship education in higher education institutions.

2. To present the suggestion for entrepreneurial education in higher education.

#### **Problem Statement :**

The aim of implementing the National Education Policy 2020 is the betterment of entrepreneurship education for higher education institutes in India, but not much has been analyzed on specific components that work to further this purpose. There is a lack of empirical evidence about how NEP 2020 works with students' entrepreneurial mindset, skills, and overall graduate readiness before entering the workplace concerning the modern challenges it will face. Furthermore, no comprehensive analysis of the industry collaborations and incubation centers under NEP 2020 has been done regarding support to student entrepreneurship, and it remains unclear about their contribution toward the practical entrepreneurial experience. Addressing these gaps is important for knowing the true efficacy of NEP 2020 in developing a sustainable entrepreneurial ecosystem in higher education.

#### **Literature Review :**

NEP 2020 is, in fact a shift in India's educational horizon towards a more holistic approach and incorporates entrepreneurial education into higher education institutions. This aims to create a more innovation-friendly environment with entrepreneurship playing an important role in economic growth. By promoting a flexible curriculum that fosters multidisciplinary learning, NEP 2020 aims to provide students with stronger critical thinking and problem-solving abilities, which lie at the heart of entrepreneurial success. Entrepreneurship education is in line with the understanding scholars, such as Liñán and Chen in 2009, who posit that the above said education must be offered to equip the students in all the skills they need to cope with the uncertainties of setting up and operating the business.

Within this perspective, entrepreneurship education presents itself as a part of higher education that is valued not only for personal career benefits, but also for building more viable and inclusive economic development. In support of the related claim that universities are innate essential institutions in the development of entrepreneurial skills, Jayawarna et al. (2014) suggested that a structured educational framework significantly increases a student's intention to pursue entrepreneurship. In regard to the call of the directive on NEP 2020 about the integration of experiential learning into the curricula, it directly supports the requirement

while promoting hands-on experiences that close students to the real entrepreneurial world.

Furthermore, NEP 2020 has requested institutions to embrace innovative pedagogies to integrate theoretical knowledge with practical applications. This relates to Alepuz and Macpherson's 2022 statement, indicating that experiential learning must be integrated in the education of entrepreneurship. Through the integration of project-based learning, case studies, and industry partnerships, higher education institutions can facilitate creativity and collaboration factors that will enable students to develop an entrepreneurial mindset. Furthermore, the policy also encourages incubation centers and innovation hubs within universities as supportive infrastructure for aspiring entrepreneurs. The effective implementation of NEP 2020 further necessitates robust institutional support and the development of an entrepreneurial ecosystem.

Sharma and Sahu (2021) observe that universities can foster a friendly environment for entrepreneurship through partnerships with industry, government, and other educational institutions. This kind of collaboration provides a rich platform for mentorship and networking opportunities, which are very important for nurturing entrepreneurial talent. The model proposed by K. and V. (2020), the ecosystem model, points out that it is essential to integrate diverse stakeholders in the entrepreneurial landscape within higher education to make it alive. The mechanisms for measuring the impact of entrepreneurship education need to be established in order to ensure that the objectives of NEP 2020 are met. According to K. and H. (2020), assessment of educational programs needs to be done on the basis of their effectiveness in enhancing students' entrepreneurial intentions and capabilities. This emphasis on data-driven decision-making within NEP 2020 can facilitate this process of assessment, providing valuable insights for continuous improvement.

Despite the promising framework presented by NEP 2020, there is still much work to be done.

Some of the factors which may hinder the progress include insufficient resource allocation, lack of faculty training, and institutional resistance (E. and R., 2019). The future research may focus on the best practices and success stories of universities that have successfully adopted such initiatives as an institution in order to integrate entrepreneurship education. Overcoming barriers will also depend on the role of technology in improving delivery in educational settings. NEP 2020 acts as a transformational catalyst for entrepreneurship in

higher education. It seeks to ready a generation of students to lead economic growth and innovation through the fostering of an entrepreneurial mindset, the infusion of innovative teaching methods, and supportive institutional frameworks. Continuous research and interaction among the stakeholders will be needed as the NEP 2020 will be gradually implemented for its complete implementation towards the sustainable development of entrepreneurial education in India.

#### **Research Methodology :**

This study adopts a qualitative research design and secondary data to explore the role of NEP 2020 in fostering entrepreneurship in higher education. This study synthesizes existing literature, policy documents, and academic studies to provide an all-inclusive understanding of how NEP 2020 influences entrepreneurial education.

1. **Data Collection :** Secondary data has been collected by the different variety of sources –
  - 1) **Policy Documents :** The main source of this study is the official document NEP 2020 by the Government of India. It enlists major objectives and frameworks meant to enhance higher education and entrepreneurship within the education sector. This acts as a basic reference point for understanding the vision and strategy behind policy integration into curricula for entrepreneurship education.
  - 2) **Academic Journals :** Articles from peer-review journals, case studies, and empirical research concerning entrepreneurship education under NEP 2020 from academic databases are collected from the following: JSTOR, Google Scholar, and Research Gate, which provide deep insights into up-to-date literature findings and existing theoretical frameworks that discuss different stands on the efficacies of entrepreneur education programs along with the resultant implications of the NEP 2020 policy. This volume of literature further deepens the body of knowledge offered by evidence-based analyses and the best practices undertaken in the concerned field.
  - 3) **Books and Reports :** Scholarly books and institutional reports, which are analyzing the effect of entrepreneurship education in higher education, were considered in order

to include essential background information and depth into the study. These sources present theoretical frameworks and empirical evidence, which make this understanding rich on how the concept of entrepreneurship education is practiced and its impacts on student outcomes.

- 4) **Conference Proceedings :** Papers presented at relevant educational and entrepreneurship conferences that addressed NEP 2020 and its implications were also reviewed. Conference proceedings offer contemporary insights and discussions on innovative practices in entrepreneurship education, which enrich the analysis of the impact of the policy.
2. **Data Analysis :** The Data analysis process gives awareness of NEP 2020 is fairly strong, with 80% of respondents being at least somewhat familiar with it. It forms a good basis for the ideas put forward by this document to be implemented in education. The key elements recognized are the development of skill (70%), entrepreneurial mindset development (65%), and financial literacy (55%). It shows people realize the need for practical skills to work on entrepreneurship. Only 40% think that NEP has any strong impact on entrepreneurship education. There still is a huge requirement for more awareness and better implementation. Though 50% said their institutions were engaged in the components of NEP, it invariably called for more commitment from schools. There's a huge demand for practical exposure (70%) and mentorship programs (65%) in areas of entrepreneurial education, which means that hands-on learning is important. 75% of respondents want more workshops and seminars, which reflects the need for interactive learning opportunities. 65% believe feedback mechanisms are very important, which emphasizes that evaluations should be structured so as to help develop entrepreneurial skills further.

Overall, there is a positive awareness and perceived impact of NEP 2020 on entrepreneurship education, but stronger implementation and institutional support are needed. Recommendations key are: enhanced industry collaboration through provision of

practical experiences and networking, emphasizing practical learning with hands-on projects, internships, and mentorship in curriculum delivery, providing professional development workshops and seminars to students and staff, and improved feedback mechanisms in which students would be able to obtain timely and constructive reviews of their work.

#### **Significance of the Study :**

This study is important because it addresses critical gaps in the understanding of how the National Education Policy (NEP) 2020 influences entrepreneurship education in higher education institutions in India. The NEP has the objective of enhancing entrepreneurship education, but the specific components that effectively advance this objective have been little analyzed. This study explores the relationship between NEP 2020 and the entrepreneurial mindsets, skills, and readiness of students to join the workforce, and provides empirical evidence for informing education practices and policy-making.

Further, the role of industry collaborations and incubation centers under NEP 2020 are important in developing practical entrepreneurial experience for students. This study will shed light on the contributions of these initiatives toward effectiveness in student entrepreneurship and the impact of their contribution to a sustainable entrepreneurial ecosystem. Understanding such dynamics is critical, not only to enhance educational outcomes but also to prepare graduates for the modern workplace challenges. Ultimately, this research will help inform the better execution of NEP 2020 so that this policy actually results in the building of a new generation of Indian entrepreneurs.

#### **Conclusion :**

The study underlines the great potential this policy holds for changing the entrepreneurship education landscape in India. NEP 2020 stresses the integration of entrepreneurial skills into the curriculum, incubation centers, and enhanced collaboration with industry for fostering a culture of innovation and entrepreneurship among students.

On the other hand, the analysis reveals that though policy manifests a fair strong foundation, empirical evidence regarding effectiveness remains limited.

Inconsistent implementation across institutions and less engagement with industry stakeholders are some of the challenges that hinder the realization of NEP 2020's objective.

NEP 2020 should be accompanied by continuous review of its plans and results in order to effectively utilize the outcome. Future research will be done in the light of assessing how specific components of the policy will work to create an entrepreneurial atmosphere and how practical experience will be developed for students' better understanding.

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## Education for Sustainable Development : A Global Perspective

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### Abstract :

*There may be many paradigms for thinking about the future, but the sustainability is a paradigm that balances environmental, social and economic considerations in the pursuit of growth. Contribution of education is vital for the sustainable development of developed and developing nations in the world. It is because now a days world is facing unprecedented sustainability challenges in environmental, Social and economic inequality. Education for Sustainable Development (ESD) has been a critical strategy for addressing these challenges. This research paper is an attempt to assess this contribution of education in accordance to sustainable development. In order to achieve the cited purpose, this research study adapted literature review and analysis of international educational policies and programmes to their contribution in gaining sustainable development from global perspective. Secondary data including national level policies and research papers as well as some bulletins have been reviewed and analyzed. The findings highlight the crucial role of Education for Sustainable Development in promoting sustainable lifestyles, reducing environmental degradation, and fostering social justice.*

**Keywords :** Education for Sustainable Development, Sustainable Development, Global Sustainable Development, Social Justice.

### Introduction :

Education is considered to be the most important institutional process of human society which affects man in various ways. It has contributed a lot in making man a superior social and cultural being. Education has mad knowledge science and society progressive. To the extended thinking, education is generally seen as a means of building character and enabling a person to live a life. It is expected to build cognitive and emotional capacities as well as knowledge, which is considered highly valuable. However, sociology and anthropology show that it is not possible to understand the meaning of education without its relation to society. Sociology and anthropology explore the fabric of society and its realities that make up a society in the true sense. Aman Madan (2015) mentions changing role of education in accordance with changing societal perspectives. According to the author, education also enable human to widen their thoughts and by identifying with the surrounding environment and limiting one's own needs, it makes one realize that others also have the right to live, along with a moral life. Through education, a person can become aware of his rights and duties, which can make him an active and responsible citizen in his society.

### Sustainable Development :

Development depends on the use of natural resources. Natural resources are created by nature and are limited in quantity. Natural resources are not owned by any particular society but belong to the entire living

world. Also, they are not for just one generation but for many future generations. Keeping in mind that if natural resources are used indefinitely, there will be no resources left for future generations. The idea of this is based on the economical and effective use of natural resources, physical development through the use of renewable resources, development based on social justice and equality, etc.

Sustainable development is the organizing principle for achieving human development goals. It emphasizes on maintaining the ability of natural systems to provide natural resources and ecosystem services. Sustainable development evokes the principle of binding relation in financial, equity, and entire environment development. This principle of relationship is also associated in development which provides satisfactory growth without degrading the environment. According to the Encyclopedia of Marathi, "Originally proposed for sustainable forest management, this concept has been developed with the objectives of economic development, social development, and environmental protection for future generations."

The form sustainable development first was used by Eva Balfour and Wes Jackson in 1987 while chairing the World Commission on Environment and Development. The commission defines the concept in its report and states that, SD aims in fulfilling the needs what they are at the present scenario by revealing place for the needs in coming generation. There are two concepts contained in

this definition-first is the concept of needs, which has been said keeping in mind the essential needs of the poor of the world and which are to be given priority. And second is the idea of limits, in which it has been said that the state should apply the idea of limits on technology and social organizations, so that the capacity or ability of the environment to fulfill the needs of the present and future remain intact.

**Objectives of Study :**

1. Understand the significance of education in the development of SD.
2. Analyse global policies adapted.
3. Evaluate the impact of education for sustainable development.

**Methodology:**

This study employed a mixed-methods approach, combining both qualitative and quantitative research methods to explore the concept of education for sustainable development from a global perspective. A comprehensive literature review was conducted to examine existing research on education for sustainable development, including journal articles, books, and reports from international organizations.

**Importance of Education in Sustainable Development :**

Brudtlnd Commission (1983) while defining sustainable development defines, "Sustainability is defined as meeting the basic needs of all and existing to all the opportunities to satisfy their aspirations for better life." (Dr. Shinde, 2015)

While achieving the ideas involved in the definition made by Brudtlnd Commission, it finds sufficient opportunities for education to meet those needs. The United Nations declared the decade 2005 to 2015 for imparting education in view of SD. Today's modern world, which is based on science and technology, the progress of every sector is exception. In such a situation, if the environment is ignored, it cannot be said for sure that this progress will be permanent and sustainable. For this, it is definitely evident that the need for environmental education arises in the educational sector by keeping the concept of sustainable development in mind. Accordingly, environmental education was included in the National Curriculum Framework of 2005 in India as a part of sustainable development, and in accordance with the NEP-2020, a focus has been placed on how sustainable development will be implemented at all levels of education and what activities will be decided for it so that ation building continues. Therefore,

education is very important for achievement of economic and social development of the world.

A curriculum is understood as a combination of instruction minus practice, learning experiences and assessment of student performance. Therefore, it is structured to identify and evaluate the expected learning dimensions of the curriculum. The objectives, concepts and learning experiences regarding education for SD are included in the educational syllabus and teaching programme. If the total sum of formal and informal learning experiences provided through this curriculum is summed up, the role of education for sustainable development becomes significant. Therefore, when looking at sustainable development from the perspective of education, it will not only be the aim of including subjects but it is a dimension on which every concept of school life will be shaped. (Ashida, 2023).

**Global Educational Policies :**

Although different goals, policies and objectives are being set at the global elvel in the process of sustainable development, education is also an important element for this at the global level. It is because it has been clear from many studies that contribution of education is unique for gaining the goals of human development. Therefore, considering quality education as an important means of sustainable development, many goals and policies have been set at the world level as well.

International Union for Conservation of Nature (IUCN), in 1980, found certain paths in interlinking economics and environment through sustainable development. The IUCN's agenda towards sustainable development focuses on several key areas, including promoting sustainable livelihoods, conserving biodiversity, and supporting ecosystem-based adaptation and resilience to climate change. The IUCN also emphasizes the importance of involving local community members in their decision making process related to conservation and development, recognizing their traditional knowledge and rights to their lands and resources.

**Education for Sustainable Development (ESD):** UNESCO's ESD for 2030 program aims to integrate sustainable development into education systems worldwide, promoting cognitive, socio-emotional, and behavioral changes. (Rathod, 2020)

**Global Citizenship Education:** This initiative focuses on educating individuals about global issues, human rights, and sustainable development, encouraging them to become active global citizens.

**Greening Education Partnership:** This partnership, hosted by UNESCO, brings together countries, organizations, and stakeholders to promote climate change education and sustainable lifestyles.

The United Nations (2009) declared the period from 2004 to 2014 to achieve sustainable development through education in the perspective of sustainable development in order to deal with the global socio-economic cultural and environmental challenges faced by education.

In India, the NITI Aayog is the model agency for implementation and evolution of the Sustainable Development initiative. The Government of India has so far taken a strong stand on the issues related to sustainable development, especially the poor, the unequal, a food security, low-cost and productive lifestyle, etc.

The 2030 Agenda for Sustainable Development, also known as the Sustainable Development Goals, came in function by 2016. In this agenda of fulfilling the sustainable goals, 193 countries took their participation. Through this agenda, the sustainable development aims to create an equitable, just, secure, peaceful, prosperous and livable world and comprehensively incorporates all the three aspects of development i.e. social development, social inclusion, and environmental protection. (Singh, 2020)

#### **Impact of Education towards Sustainable Development:**

##### **a. Critical Thinking for Sustainable Development:**

- Finland's education system finds opportunities for students to do best in solving problems by adopting critical-thinking skills and problem solving skills. They are encouraged to solve real-world problems, such as climate change and energy conservation. (Wolf, L, et al. 2022)
- Singapore's STEM (science, technology, engineering and mathematics) education encourages students to solve real-world problems, such as clean energy and the development of smart cities. Integrated STEM education also promotes circular economy, integration principles and production using vaccines. Through this, students are given hands-on experiences in domestic housing and industrial settings through which they gain knowledge about environment, population

and how to reduce its complexities in maintaining sustainable development. (Nguyen, 2023)

- Canada's sustainable development education also offers opportunities for students encouraged to solve real-world problems, such as climate change and sustainable development.

##### **b. Global Citizenship:**

- The International Baccalaureate (IB) program is a highly respected educational framework that aims to develop inquiring, knowledgeable, and compassionate individuals who are motivated to succeed and make a positive impact in the world. One of the key aspects of the IB program is its focus on promoting global citizenship. The IB program encourages students to develop a deep understanding of different cultures, values, and perspectives. This is achieved through a range of activities and experiences that promote intercultural understanding, empathy, and respect. This global citizenship program inculcates knowledge and skills in students from a real-world perspective and also encourages students to use them through various programs through various service learning projects, research activities, and group collaborations by introducing students to global issues and their implications. It also instills in them a sense of how they can contribute to overcoming problems. (Lund, L, 2024).

##### **c. Sustainable Lifestyle:**

Education plays a vital role in promoting sustainable lifestyles worldwide. By incorporating environmental education and sustainability into school curricula, individuals can develop the knowledge, skills, and values necessary to adopt sustainable practices in their daily lives. For instance, in Sweden, environmental education is a compulsory subject in schools, and students learn about sustainable development, climate change, and biodiversity from a young age. This approach has contributed to Sweden's reputation as a leader in sustainable development and environmental protection.



In Australia, the government has implemented various initiatives to promote sustainability in education. For example, the Australian Sustainable Schools Initiative (AuSSI) provides resources and support to schools to help them integrate sustainability into their curriculum and operations. As a result, many Australian schools have implemented sustainable practices, such as reducing energy consumption, conserving water, and promoting recycling. Similarly, in Japan, the government has launched the "Education for Sustainable Development" (ESD) initiative, which aims to integrate sustainability into education at all levels. Japanese schools have incorporated ESD into their curricula, focusing on issues such as climate change, biodiversity, and sustainable consumption.

#### **Conclusion :**

From above discussion and results found from different reviewed data, it can be concluded that education in worldwide is playing its significant contribution towards sustainable development. Education has vital contribution for the sustainable development of developed and developing nations in the world. It is because now a days world is facing unprecedented sustainability challenges in environmental, Social and economic inequality. Education for Sustainable Development (ESD) has been recognized as a critical strategy for addressing these challenges.

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## Embracing Digital Learning in Higher Education

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### Abstract :

Digital learning is changing the way education is delivered in higher education. This paper explore the benefits of using digital platforms like online courses and virtual classrooms, which connect students and teachers across distances and offer new ways of collaborating. However, it also highlights challenges, such as it ensure technology access equally and providing support for both students and teachers. This paper concludes by suggesting ways that universities can better use digital tools, such as offering training for teachers and redesigning courses to take full advantage of technology. Embracing digital learning is Key to preparing students for a future that relies on digital skills and technology. This paper explores the integration of digital learning platforms, the rise of hybrid and fully online courses, and emerging technology impact such as artificial intelligence (AI), virtual reality (VR), and gamification on the educational experience.

**Keyword :** Digital Learning, Higher Education, Students.

### Introduction :

Digital learning is transforming higher education by integrating online courses, hybrid classes, and advanced digital tools to enhance the learning experience. This approach offers greater flexibility, accessibility, and personalization. it make enable students to learn from anywhere at their own pace. As educational institutions progressively implement digital platforms, they also face challenges like ensures equal access to technology and providing adequate support for both students and instructors. The benefits and challenges of digital learning, focuses on the role of emerging technologies like AI, VR, and interactive learning techniques in affecting the future of education.

As higher education adapts to the digital era, it has become crucial to understand how technology influences both learning experiences and academic outcomes. This transformation goes beyond the mere use of tools; it emphasizes the importance of educating a culture that orders innovation, collaboration, and ongoing adaptability in response to the dynamic nature of the digital site.

### Objective :

1. To examine awareness, compatibility, and relevance of digital learning in higher education..
2. To examine the challenges and benefits of digital learning.
3. To analyses the awareness level among students about digital learning.
4. To evaluate the relevance of digital learning to the curriculum and student outcome.

### Research Methodology:

The study adopts a descriptive quantitative approach, gathering data through a structured questionnaire from a sample of 79 higher education students. Respondent were selected using a convenience sampling method.

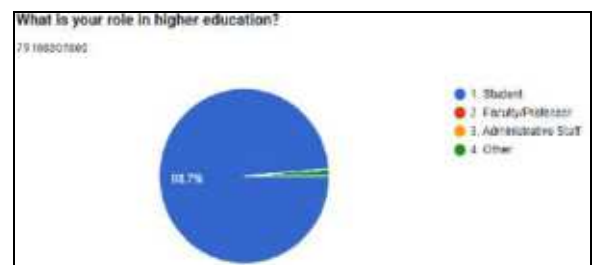
1. **Research Approach:** Descriptive quantitative research.
2. **Sample Size:** 79 students from higher education institutions.
3. **Sampling Method:** Convenience sampling.
4. **Data Collection Method:** Structured questionnaire with both open-ended and closed-ended questions.

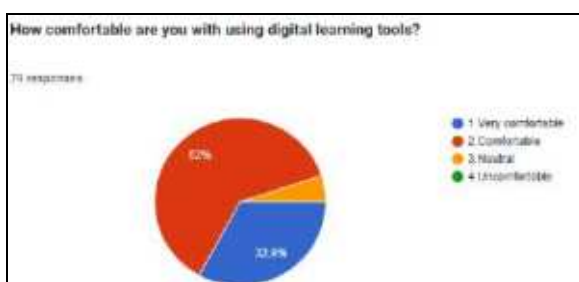
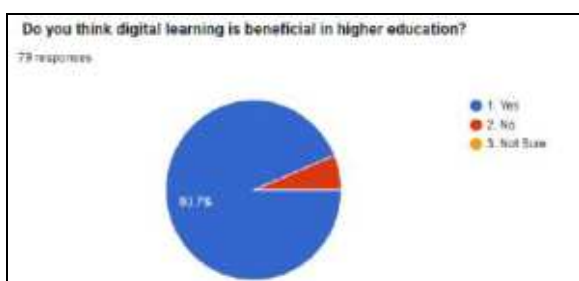
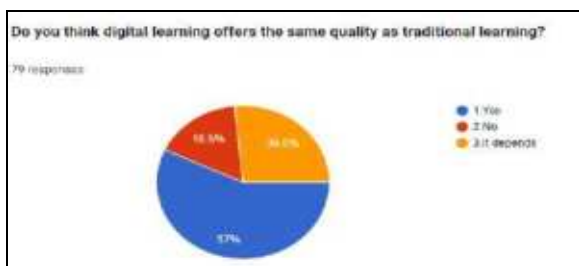
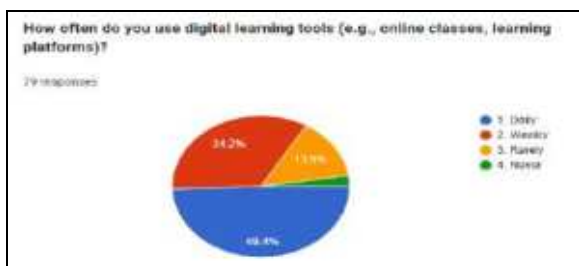
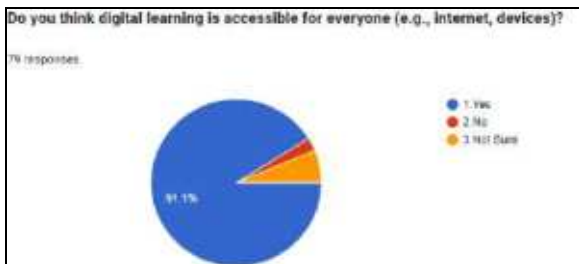
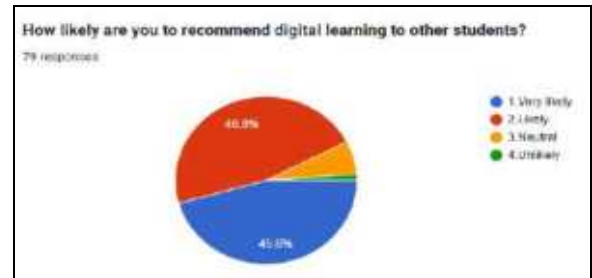
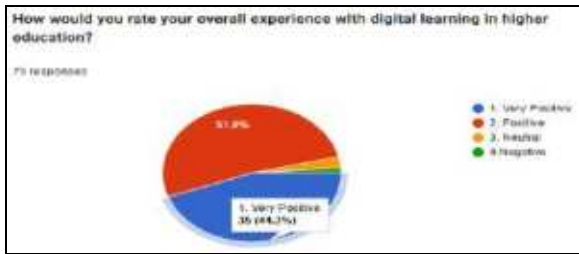
### Data Analysis & Interpretation :

Sample Size - 79 Students

Data Collection Method-Questionnaire

Analysis Focus - Impact of digital learning on students, educators, and institutions.





**Results :**

The results of this research highlight the positive impact of digital learning on higher education, particularly in enhancing accessibility, flexibility, and personalization in student learning experiences. The study found that while students are generally aware of digital learning platforms and tools, there is considerable variability in their engagement levels and technological proficiency. Students who are more tech-savvy tend to benefit the most from digital learning, whereas those with limited access to devices or reliable internet face significant challenges. However, it also points out challenges in aligning digital learning with diverse student learning styles and preferences. Both instructors and students require ongoing training and support to fully leverage the potential of digital platforms. Overall, the study underscores the importance of integrating digital learning into curricula in an accessible and effective manner, and recommends that universities invest in enhanced infrastructure and training to optimize the benefits of digital tools in education.

**Conclusions :**

Embracing digital learning becomes an essential strategy for higher educational institutions aiming to stay relevant in the 21st century.

A well-designed questionnaire can gather valuable feedback from students and educators, guiding improvements and optimizing digital learning strategies.

Embracing digital learning in higher education enhances accessibility, engagement, and personalized learning while equipping students with essential digital skills.

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## National Education Policy (NEP) 2020's Focus on Research and Innovation in Higher Education

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### Abstract :

*The National Education Policy (NEP) 2020, adopted by the Indian government, is focusing on research and innovation as the foundational pillars for higher education. This paper explores the provisions of NEP 2020 pertinent to research and innovation in Indian higher education, with a focus on its objectives, strategies for implementation, challenges, and possible outcomes. Adopting a mixed-method approach, the paper dwells on the fact that the policy is focused on fostering a research culture, encouraging inter-institutional interactions, and driving technology innovation.*

*It then assesses the impact of the policy on the academic institutions, students, and researchers with recommendations for maximizing the future of research and innovation in Indian higher education.*

**Keywords :** Research, Innovation, National Education Policy (NEP) 2020, Higher Education Institutions, Technological Development

### Introduction :

National Education Policy 2020 is a very ambitious endeavor initiated by the Indian government to transform education in general. One of the important areas that are going to take center stage is the enhancement of research and innovation at higher educational levels. Knowing well how research is integral for social growth and development, the NEP attempts at inculcating such an atmosphere in colleges and universities across the nation to encourage innovation, critical thinking, and creativity.

It propounds the upgrading of the research quality, investing in research and innovation, and interdisciplinary learning. This propels collaborative involvement between academic institutions, industries, and international agencies when solving real-life problems and developing new knowledge. A robust research ecosystem is supported, according to the NEP, which propounds an education system as equally poised not only for preparing students with knowledge but also with a sense of becoming leaders of innovation and problem-solving.

This research paper discusses the ways in which the research focus of NEP 2020 is going to alter the future trajectory of Indian higher education: its promises and challenges. The paper will analyse the steps it proposes

to take to augment research capacity, promote innovative practices, and build a scientific inquiry culture within institutions of higher learning.

### Objectives of NEP 2020 for Research and Innovation :

- To understand how NEP 2020 is aimed to improve research and innovation in Indian universities and colleges.
- To explore how NEP 2020 encourages collaboration between universities, industries, and other countries to boost research and innovation.
- To examine the role of the National Research Foundation (NRF) in providing financial support for research in higher education.
- To identify challenges that universities may face while implementing the research and innovation ideas of NEP 2020 and how to overcome those challenges.

### Literature Review :

The National Education Policy (NEP) 2020 outlines a vision to transform India's higher education system, wherein building research and innovations will be prioritized. One fundamental structure toward this vision is the NRF; the NRF is designed to be an entity

in which central funding and support would be supplied to give major quality research around disciplines. NEP encourages interdisciplinary research, thus enabling academic institutions to break the silos between disciplines and work in a manner that could be helpful to address the complex global issues such as climate change, healthcare, and technology. This will, therefore, stimulate creative thinking and innovation in Indian universities, which are expected to make a considerable contribution in solving national as well as global issues.

Another crucial element the NEP emphasizes is the connection between industry and academia for research to fill the gap between research and practicality. The policy seeks to ensure that outputs from the research are useful and drive the economy, especially in technologies, health care, and renewable energy. This change to practical innovation would aid the transformation of higher education in India into knowledge producers but also to practitioners of translating knowledge to tangible benefits of society.

Despite such a visionary ambition, there still lie implementation challenges to overcome by NEP. First and foremost is the challenge on Indian universities-limited funding; obsolete infrastructures; shortages of quality researchers which impact on effective policy implementation. Whereas institutional resistance to change and bureaucratic delay can delay the implementation of new research practices, increased funding, more interdisciplinary collaboration, and international partnerships are among global best practices in successful research ecosystems, according to the NEP. The policy seeks to make India a global leader in research and innovation; however, this would only come with continuous support, resource allocation, and strategic execution.

#### **Research Methodology :**

The current research is an application of a secondary data analysis approach towards an investigation on how NEP 2020 influences the areas of research and innovation in higher education. It deals with a study design comprising:

##### **1. Document Analysis :**

- ✓ Official documents, guidelines, and reports from the Ministry of Education and related authorities have been scanned for the provision made by NEP 2020 regarding the elements of research and innovation.
- ✓ Analysis of university annual reports, research publications, and institutional

frameworks to assess the implementation of NEP 2020 at the institutional level.

##### **2. Statistical Data Analysis :**

- ✓ Collection and analysis of quantitative data from national databases, such as the National Institutional Ranking Framework (NIRF), to evaluate the trends in the research output, funding allocations, and innovation metrics in higher education institutions post NEP 2020.
- ✓ A comparative analysis will be done using the research performance indicators before and after the implementation of NEP 2020 for an assessment.

##### **3. Case study Selection :**

- ✓ Based on a comparative analysis of research performance indicators before and after the implementation of NEP 2020, it can be gauged.
- ✓ Identification and selection of specific universities and institutions that have effectively implemented NEP 2020 initiatives. Secondary data from these institutions, including performance reports, funding data, and research outcomes, will be analysed to provide in-depth insights.

#### **Findings and Analysis :**

- 1. Research Culture in Higher Education :** The NEP 2020 had focused on fostering a research culture in higher education, with mixed outcomes. While increased focus has been on interdisciplinary research, many of the institutions continue to face a challenge in creating robust research ecosystems. Lack of adequate infrastructure and limited access to funding and even insufficient faculty training have hindered the growth of research output.
- 2. Industry-Academia Collaboration :** One of the most promising areas of NEP 2020 is closer collaboration between universities and industries. However, implementation has been slow. Although some universities have entered into partnerships with private sector companies, a large number of academic institutions are still finding it difficult to establish strong industry linkages.
- 3. Funding for Research :** The policy includes increases in government and industry funding. While funding research has grown incrementally, there is much left to reach world

standards. It is advisable that more initiatives towards private sector participation should be targeted toward incentive funding of research.

4. **Research Output and Innovation** : Preliminary data suggests that the NEP's focus on innovation has had a positive influence, with an uptick in patents, technology commercialization, and start-ups emerging from university research. However, sustaining this momentum will require consistent policy enforcement and investment.

#### **Challenges in Implementing NEP 2020's Research and Innovation Goals :**

Many institutions, especially in rural face major challenges because of inadequate infrastructure needed to support high-level research. This is further exacerbated by a lack of training among faculty members, who are not adequately equipped to conduct and supervise quality research, thus undermining the intended impact of policy reforms. Although the policy promotes increased funding of research initiatives, the actual allocations are still wanting, especially if compared to the demands of global competition. Further, traditional academic institutions have not been keen to change, and some have been reluctant to adopt the policy's focus on greater autonomy and interdisciplinary approaches to research. Collectively, these challenges hinder the full realization of the policy's potential.

#### **Recommendations :**

To overcome the hindrances in research, the government should invest in more infrastructure-building projects that entail world-class research facilities, most importantly, within non-metropolitan regions. The industries can also be encouraged by providing them incentives in terms of financial investment in research and development along with tax benefits. Such professional development courses should also be implemented for improvement in research among faculty members to increase interdisciplinary ability. Sustained funding support is also important, with the government allocating a larger percentage of GDP toward research funding and establishing transparent channels to ensure fair and efficient distribution of funds to institutions.

#### **Conclusion :**

NEP 2020: A transformational initiative towards building India as a global hub in research and innovation.

By providing interdisciplinary studies, a lively research culture, and the inclusion of advanced technologies, the policy would empower institutions to address the challenges and meaningful progress. However, achieving these goals faces significant challenges, including inadequate infrastructure in many institutions, particularly in rural areas, insufficient funding for research, and resistance to change within academic systems. These barriers limit the effective implementation of NEP 2020's ambitious objectives.

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# The Impact of Non-Educational Difficulties in Accessing Higher Education : Challenges and Strategies for Overcoming Them

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## Abstract :

*Accessing higher education plays significant role to enhance adapting professional skills which is most vital requirement to elaborate earning ability and productivity in current economy. Skills could help to generate the high revenue is toughed and practiced in higher education. However, some non-educational barriers very often hinder to access the higher education in rural area students. These hinders could be the financial constraints, Geographical limitations, cultural norms and social responsibilities, mental health challenges, system barriers etc. These constrains are strongly impact on access the education. This paper identifies and analyse these kinds of non-educational difficulties in accessing higher education. How difficulties have been treated by students and implications has faced current era.*

**Keywords :** higher education, non-educational barriers, socioeconomic challenges, accessibility, equity, policy reforms.

**Introduction :** Higher education plays most vital role in enhancing practical, advanced skill and help to learn deep knowledge of specialized, interested stream. Also, the better practice of higher education makes ready to achieve high salaried job and subsequently promote to personal and economic growth. However, this development may hinder the access of educational facilities properly. This research paper identifies and analyse major non-educational difficulties which limits the access of higher education.

## Objectives :

1. To Identify and analyse the non-educational factors that hinder from accessing higher education.
2. To evaluate the impact of non-educational difficulties
3. To assess the significance and scope of these non-educational challenges in terms of their impact on students' ability to pursue and succeed in higher education.
4. To provide suitable suggestions that promoting to growth.

## Literature Review :

Pinki, Aryan, Neha (2023) this research study explores the significance of higher education. The level of country is also decided on the development and implementations of higher education in the country. It proves importance of higher education plays vital role in development of individual and collective nation.

K.M. Joshi, Kinjal Ahir (2019) This research study provides most important, insightful information whatever issues related to accessing the higher education, equal right of getting higher education, dignity of efficiency, and maintaining the quality of overall process. Progress regarding internationalization. Increased efficiency and productivity of students is possible by getting only qualitative education and practice. Getting higher education is difficult task due to non-educational challenges. So the conclusion of this study reflects the high rate of unemployment due to failure in acquiring appropriate skill and knowledge.

Anna Hughes (2018) did research study regarding difficulties accessing to higher education in rural area which exploring the avail of accessing the higher education. According government rule of priority of getting equal access to higher education, what these students got experience and how diversity has seen in the perception of students has find which relates to efficiency.

## Methodology :

This research study based on primary data. The data collection is done through taking the survey of the students who are enrolled in higher education in various streams. This research study aimed to identify the non-educational difficulties that impacts on progress of students. For that preparing questionnaire has made with considering the various difficulties by differentiating in six sections. 58 students had responded to the survey



through the google form. Secondary data references also have taken from the previous work.

**Findings :** Findings are defined in sections in which survey are conducted as bellow.

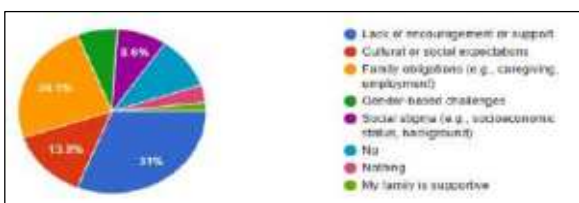
**Section 1 : Financial Barriers:** According 34.5% and 24.1% student’s responded financial burden is “Very significant” and “Significant” respectively in accessing higher education. While 34.5% students’ responded “Neutral” reply. 5.2% and 1.7% students are responded “Not concerned” and “Insignificant”

On second question regarding which exact financial barriers students are experiencing currently in rural area. From that options, the majorly responded 36.8.1% to “Lack of scholarships or financial aid”, next major difficulty is “Uncertainty about future financial stability” 33.3%, then “Cost of living (housing, transportation, etc.)” option is major highlighted as financial difficulty 29.8% and “High tuition fees” is 28.1%



To overcome these difficulties some students, use the strategies like doing part time job, work part time. Some students follow the management strategy of budgeting and expenses while some students use the strategy that doing efforts to obtain scholarship or prefer to get admission based on merit.

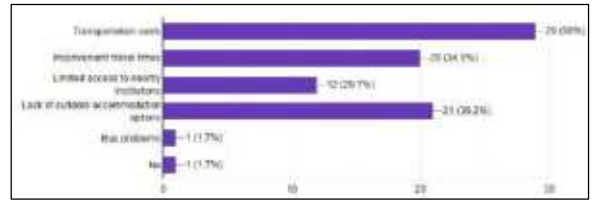
**Section 2 : Family and Social Support :** Majorly students have to face the challenge of “lack of encouragement or family support” about 29.8%. “Family obligations (e.g., caregiving, employment)” 24.6% are the pending issues to be solved. 14% challenges are the “Cultural or social expectations” and “Social stigma (e.g., socioeconomic status, background)” also notable problem which is about 8.8%.



As a strategy various options students had suggested to improve family and social support to pursue higher education is need to build positive relationship, communication with families. Make them aware about your goals and strategy, increase encouragement from your side to active participation and motivation.

**Section 3 : Geographical and Mobility Barriers:**

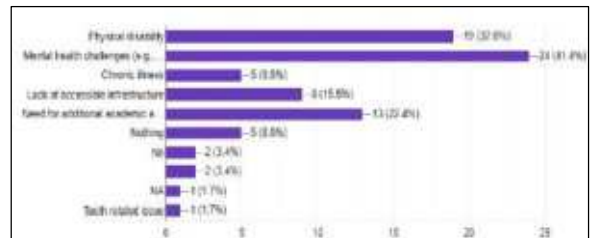
Out of several options of challenges about 50% responded to transportation cost, 34.5% inconvenient travel time and 36.2% lack of suitable accommodation. 20.7% students have responded to “Limited access to nearby institute”.



Some students turn towards a distance education as a suitable strategy. Prefer to take in admission in nearby institute, do efforts for get scholarship and mentor support. According some students, the E-learning platform is most convenient.

**Section 4 : Health and Disability Challenges:**

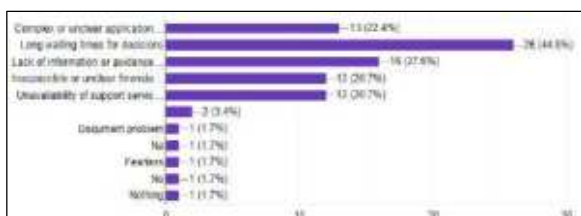
Most of the students struggle by various health issues out of that major are “Mental health challenges (e.g. anxiety, depression)” which is 41.4%. Some students has responded the difficulty of “Physical disability” 32.8%. “Need for additional academic accommodations are about 22.4%.



As the accommodation to mitigate the health related challenges according students is to prefer remote learning options, many times it may be the personalized support plans to address specific needs, some follow assistive technology, taking regular breaks. Some students suggest to habit of daily exercises. Follow Flexible schedule, generate self-motivations.

**Section 5: System Barriers:**

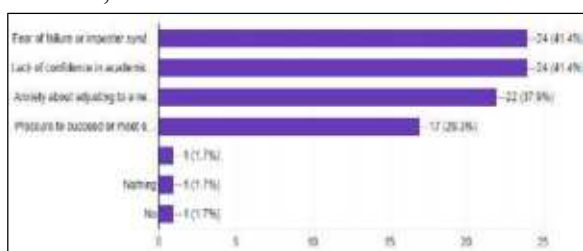
the process of system also could be the barriers for students. According this survey major problem students have to face about 44.8% is the “Long waiting time of decisions”. Then “Lack of information and guidance” is 27.6%. then the problem of “complex and unclear application” is 22.4%. with that the barriers are the “inaccessible or unclear finance” and “Unavailability of support service” is 20.7% and 20.7% respectively



Here we can see the variations in strategy to overcome or avoid system barriers which are one should take clear guidance from the advisor. Follow the process neatly. Response and communication is necessary. Have to provide multiple ways to apply.

**Section 6: Psychological and Emotional Barriers:**

Here, this kind of difficulties could also have responded in majority 41.4% for “Fear of failure or impostor syndrome”, “Lack of confidence in academic abilities”.



Then “Anxiety about adjusting to a new environment” is 37.9% and “Pressure to succeed or meet expectations” is 29.3%.

On these psychological and emotional barriers students give some overcoming solutions are motivating one self, attain mentorship programs, emotional support, using resources like helpline, various apps for mental health, attain workshops for stress management. Prefer friendship and family support. Follow the good routine habits.

**Impact:** Student has to stick in struggle So that these small practices of saving funds or earnings may divide the concentration mentally and timely too. It effects on academic active participation. The impact of family and social support barriers is, without family support and the burden of social expectation may demoralise and pressurize to student’s ability. Geographical and Mobility Barriers often causes various the health issues and distraction from study subsequently. Health and disability challenges are crucial and not easily manageable, every time have to treat with specification and sometimes may be expensive. It will may push towards the phase of unoptimistic negativity. A system barrier consumes student’s precious time. Psychological and emotional barriers are restricting personal development with suppressive approach.

**Conclusion :**

The non-educational difficulties make hard to accessing the higher education especially in rural area. To generate some financial support students, have to share their academic time with the process. It is significant point which distracting to focus from study. Study, education having importance for long life for which loss is not affordable ever timely, mentally too. Many times these barriers are the only reasons to divert from the interested stream or specialization. Geographical problems, health issues reduce the student’s ability to perform well.

To address these issues we have to focus on detailing and quick perfection of the process. So it helps to get result quickly. Need on better financial aid with new educational skills adapting techniques. Prominently need to focus on holistic personality development. Which help to balance many health and psychological issues, As well as need to habitat with keeping polite, humble, curious nature which could help you to better connectivity with the peoples to get support easily.

Policymakers, educators, and communities must work together to ensure students from all backgrounds can access higher education and succeed.

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## The Indispensable Role of Bank Finance in Growth and sustainability of MSME's in India

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### Abstract :

*Micro, Small, and Medium Enterprises (MSME's) plays crucial role in India's economic growth, contributing significantly to employment, GDP, and export earnings. The MSME's are the backbone of industrial development in both urban and rural areas, promote entrepreneurship and innovation. However, access to adequate and timely finance remains a critical challenge, obstruct their potential to sustain growth of MSME's. This Research Paper explores the indispensable role of Bank Finance in the Growth and Sustainability of MSME's in India. It discusses the challenges faced by MSME's in accessing formal credit, reviews the policy measures undertaken by the government and financial institutions, and examines the changing role of fintech and digital lending in bridging the credit gap. The study also offers recommendations for enhancing the financial inclusion of MSME's, ensuring their adaptability and promoting sustained growth.*

### Introduction :

MSME's are integral to India's economic framework. They constitute around 95% of all industrial units and contribute nearly 30% to the country's GDP. With employment generation capabilities, particularly in rural areas, MSME's are central to economic diversification, social stability, and inclusive development. However, despite their importance, MSME's in India faces considerable challenges in accessing finance from formal banking channels. Bank finance, which serves as a lifeline for business expansion, working capital management, and innovation, remains largely inaccessible due to a combination of systemic barriers and structural limitations within both the banking sector and MSME's.

### Role of Bank Finance in MSME Growth :

Bank finance is crucial for the growth and sustainability of MSME's in India. MSME's require working capital for day-to-day operations, investments in machinery and infrastructure, and funds for expansion. Bank loans provide businesses with the flexibility needed to meet their financial requirements, thus facilitating their entry into new markets, adoption of technology, and scaling of operations. Financial access through formal channels enables MSME's to overcome financial constraints and seize opportunities that would otherwise remain beyond their reach.

### Challenges in Accessing Bank Finance :

Despite the critical role of finance, several challenges obstruct MSMEs' access to Bank Finance

- **Collateral Requirements:** Many MSME's lack the collateral required to secure bank loans, as their assets are often insufficient or illiquid.
- **High-Interest Rates:** Due to perceived risks, banks charges high interest rates on loans to MSME's, making borrowing costs unaffordable.
- **Lack of Credit History:** A significant proportion of MSME's do not maintain adequate financial records, resulting in difficulties for banks to assess their creditworthiness.
- **Administrative Hurdles:** Lengthy application processes, cumbersome documentation, and complex repayment terms discourage MSMEs from seeking formal loans.
- **Risk Perception:** Banks tend to view MSME's as risky borrowers, given their small scale, limited financial history, and vulnerability to market fluctuations.

### Government Initiatives and Policy Measures :

Recognizing the importance of MSME's and the challenges they face in accessing bank finance, the Indian government and financial institutions have implemented several policies and programs to bridge the credit gap. Some key initiatives include:

- **Priority Sector Lending (PSL):** Under PSL guidelines, banks are mandated to allocate a specific portion of their credit to MSME's, helping increase access to formal credit.
- **Credit Guarantee Fund Trust for Micro and Small Enterprises (CGTMSE):** This initiative provides collateral-free loans to MSME's by offering credit guarantees, reducing the risk for banks.
- **Pradhan Mantri Mudra Yojana (PMMY):** The PMMY scheme provides micro-financing to small businesses at low-interest rates, promoting financial inclusion.
- **Interest Subvention Schemes:** Several government programs offer interest rate subsidies to reduce the financial burden on MSME's.
- **Reform of Regulatory Framework:** The government has also eased the regulatory burden on MSME's by simplifying registration processes, such as the introduction of Udyam Registration for MSME recognition.

#### **The Rise of Fintech and Digital Lending:**

The rise of fintech companies and digital lending platforms has transformed the way MSME's access to credit. Fintech firms leverage technology-driven approaches, such as alternative credit scoring models, which evaluate creditworthiness using non-traditional data sources like transaction history, social media activity, and mobile usage patterns. This innovation offers underserved MSME's the chance to obtain loans even without formal credit histories or collateral securities. Additionally, digital platforms streamline the loan application process by reducing time and paperwork, making it more efficient and accessible to MSME's

#### **The Impact of COVID-19 on MSME Financing:**

The COVID-19 pandemic significantly disrupted the MSME sector, with widespread closures, supply chain disruptions, and reduced demand for products and services. In response, the government introduced several emergency relief measures, such as the **Emergency Credit Line Guarantee Scheme (ECLGS)**, which aimed to provide liquidity support to struggling MSMEs. While these measures offered short-term relief, they highlighted the systemic vulnerabilities within the MSME financing ecosystem. Post-pandemic recovery efforts will need to focus on rebuilding resilience, enhancing financial inclusion, and ensuring sustainable growth in the long run.

#### **Recommendations for Enhancing Bank Finance for MSMEs:**

To address the existing barriers to MSME financing and to promote growth, the following recommendations are made:

- **Simplification of Loan Application Processes:** Banks should streamline loan application procedures, reducing the paperwork and time involved in securing finance.
- **Collaboration with Fintech Firms:** Partnerships between banks and fintech companies can enable MSME's to access faster, more flexible credit options based on alternative data sources.
- **Financial Literacy Programs:** Increased focus on educating MSME owners about financial management, credit options, and government schemes can empower them to make informed decisions.
- **Expansion of Credit Guarantee Schemes:** The scope of credit guarantee schemes should be expanded to cover larger MSME's and to provide greater flexibility in terms of eligibility.
- **Incentivising MSME Digitalization:** Encouraging MSME's to adopt digital tools for record-keeping, transactions, and operations can enhance their creditworthiness and facilitate access to financing.

#### **Objective of the Study:**

- To explore and analyse the critical role that bank finance plays in ensuring the growth and sustainability.
- To investigate the role of government schemes and initiatives in enhancing access to Bank finance for MSME's
- To analyse the impact of bank finance on the growth metrics of MSME's, including revenue growth, employment generation, and market expansion.
- To Explore how digital banking solutions and fintech integrations are transforming the access and management of bank finance for MSME's.
- To Identify the Credit Gaps & Challenges faced by MSME's.

#### **Research Methodology:**

**Primary Data (Quantitative Research):** The study may involve collecting primary data through surveys, interviews, and observations.

- **Structured Surveys:** Surveys can be conducted to collect quantitative data on specific challenges and their impact.

- Semi-Structured Interviews: Interviews with MSME owners, industry experts, and government officials can provide qualitative insights.

**Secondary Data (Qualitative Research):**

Secondary data will be gathered from existing sources, including government reports, academic publications, industry reports, and relevant online databases.

**Conclusion :**

In conclusion, bank finance is indispensable for the growth and sustainability of MSMEs in India. Although significant progress has been made, closing the financing gap requires a well-rounded strategy that integrates policy reforms, technological innovation, and capacity building. Strengthening the MSME financing ecosystem will not only drive India's economic growth but also promote inclusive development, building resilience in an increasingly dynamic global landscape.

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## Health and Well Being

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### Abstract :

*This article talks about health and wellbeing and tells us how a person can bring happiness in his life through health. This article has been presented to make us aware about keeping our health healthy. Health is the most important aspect of our life. It is the balance of our physical, mental, Social, intellectual and spiritual beings which affects our quality of life. Health is not just a state of freedom from disease, injury or pain, it is a state of holistic well-being of a human being at all levels physical, social, intellectual, mental, emotional and spiritual. The following factors are said to effect health such as environmental, behavioural, social, cultural, economic and Political. Health is not the absence of infirmity but the ability to cope with the stresses and strains of life.*

**Keywords :** Health, Physical, Wellbeing, Balance, Body.

### Introduction :

"A Healthy Mind resides in a Healthy body"

This phrase written by the Roman Poet Juvenal. A Health body can desired on the basis of cleanliness. To maintain health, It is very important to maintain balance or harmony between physical and mental instincts as well as Social Conditions

World Health Organization (WHO) defines health as "a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity (illness),"

WHO defines wellness as "the optimal state of health of individuals and group," and wellness is expressed as a of a positive approach to living?

The primary difference between health and wellness is that health is the goal and wellness is the active process of achieving it, you truly cannot have health without first achieving wellness. Wellness has a direct influence on overall health which is essential for living a robust, happy and fulfilled life.<sup>1</sup>

Health is a broad concept, which includes physical fitness, mental well-being and mental stability. A healthy Person displays focus and determination, leading to a fulfilling life. Historically, the most valuable assets for humans have been good health and a peaceful mind.

Wellness is more than just Physical health, It is holistic and multidimensional. It comprises six dimensions that include physical, intellectual, emotional, environmental, social, and spiritual wellness.

1. **Physical:** Physical wellness increases physical fitness -by being physically fit, a person would have an enhanced ability to prevent illness and diseases. Exercise stimulates a healthy mind and body. A sedentary lifestyle can be avoided by increasing physical activity in everyday life such as walking, cycling, walking the dog, taking the steps, and hiking. Having good nutrition IQ, eating a balanced diet IQ, drinking sufficient water (eight glasses per day), and getting adequate sleep promotes a person's physical wellness.
2. **Intellectual:** Mental exercise IQ and engagement through learning, problem-solving, and creativity support intellectual wellness and promote a better attitude. People who learn new things and challenge their mind can avoid mental health problems.
3. **Emotional:** A person with emotional wellness can deal with stressful situations. A person who is aware of their own feelings has good self- esteem, and has empathy toward others' feelings would have emotional wellness.
4. **Environmental:** Awareness of the role we play in improving our natural environment rather than denigrating it and maintaining and living in a healthy physical environment free of hazards promotes wellness.
5. **Social:** Social circles and support networks are invaluable to the overall well-being of a person. Relating, interacting, and contributing to a community, establishing good interpersonal relations, and maintaining long-term relationships with family and friends keep a person happier and healthier.

6. **Spiritual:** Spiritual wellness does not imply religion or faith of a person, but the search for meaning and purpose of human existence. Developing compassion, caring, forgiving, and having a purpose in life help in spiritual wellness. This can be achieved through meditation, volunteer work, spending time in nature, etc.

On one end, patients with poor health engage the medical fraternity to treat illnesses. On the other end, people focus proactively on prevention and maximize their vitality. They adopt lifestyles that improve health, prevent disease, and enhance their quality of life and a sense of well-being. Wellness is proactive, preventive, and driven by self-responsibility for healthy living.

Health and well-being physiology is the study of mental health, which is a key component of overall health

#### **Mental Health :**

A state of well-being where a person can cope with life's stresses, work productively, and contribute to their community. It's more than just the absence of mental disorders, and includes the ability to realize one's potential.

#### **Psychological well-being :**

An individual's emotional health and overall functioning. It includes a sense of purpose, self-acceptance, positive relationships, and personal growth. People with high psychological well-being feel happy, capable, and satisfied with their lives.

#### **Wellness :**

An active process that involves physical, psychological, and emotional dimensions. It's more than just the absence of disease, and it directed towards a happier, healthier, and more fulfilling life.

#### **Some factors that can affect mental health include :**

##### **Early environment :**

An adverse early environment can have lifelong effects on behavior and neurobiology.

##### **External circumstances :**

These can affect well-being, but actions and attitudes may have a greater influence.

##### **Protective factors :**

These include social and emotional skills, positive social interactions, quality education, and safe neighborhoods.

Some ways to improve psychological well-being include, finding meaning, fostering optimism, and cultivating social support.

#### **Where Does Well-being come from?**

Well-being emerges from your thoughts, actions, and experiences-most of which you have control over. For example, when we think positively, we tend to have greater emotional well-being. When we pursue meaningful relationships, we tend to have better social well-being. An when we lose our job-or just hate it- we tend to have lower workplace well-being. These examples start to reveal how broad well-being is, and how many different types of well-being there are.

Because well-being is such a broad experience let's break, it down into its different types.

#### **5 Major Types of Well-Being :**

- **Emotional Well-Being.** The ability to practice stress-management and relation techniques, be resilient, boost self-love, and generate the emotions that lead to good feelings.
- **Physical well-Being:** The ability to improve the functioning of your body through healthy living and good exercise habits.
- **Social Well-Being:** The ability to communicate, develop meaningful relationships with others, and maintain a support network that helps you overcome loneliness.
- **Workplace Well-Being:** The ability to pursue your interests, values, and life purpose in order to gain meaning, happiness, and enrichment professionally
- **Societal Well-Being :** The ability to actively participate in a thriving community, culture.
- **Social Well-Being:** The ability to actively participate in a thriving community, culture, and environment.

#### **Conclusion:**

From the above description; it is clear that a physically fit person can live a healthy and happy life free from infections and other conditions. Apart from this, good health helps in promoting mental and emotional well-being. Therefore, staying physically and mentally fit increases. It is important to follow healthy lifestyle habits because good health energy and physical growth in the body. The phrase "Health is wealth" reminds us that good health is the foundation of a satisfied life. Everything becomes useless without health. Good health is essential for success and productivity. Good health helps us

achieve our goals, work effectively and make a positive contribution to society. Always remember that our health is our most valuable asset while striving for success and happiness.

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## Myth, History and Identity in the Selected Novels of Amish Tripathi and Namita Gokhale

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### Abstract :

*Myth has been fascinating writers from a very long time. People have been exploring myth religiously, morally and historically. India is land of diversity. One can find diversity in almost all fields like religions, castes, languages, territories, and ways of living life, social manner and conventions. India has a long and varied history that is often represented and reinterpreted through different mythologies. In ancient period some religious books in India recorded myth, history and identity of India in well manner. The great epic Ramayana and Mahabharata interpret the history of India. As the age advanced in the course of time many authors tried to reinterpret and represent the classical works of Indian history and myth. They viewed these myth, history and identity in different way.*

*Amish Tripathi and Namita Gokhale are Indian English writers who narrates Indian Mythological stories with logical explanations to make the modern reader like it. Amish wrote two series of novel. He wrote the Shiva Trilogy and the Ramchandra Series. "Scion of Ikshvaku", "Sita: Warrior of Mithila" and "Raavan: Enemy of Aryavarta" are three novels make the Ramchandra Series. Namita Gokhale is retold the mythology of Mahabharata in new form. She writes a novel Lost in Time: Ghatotkacha and the Game of Illusions the paper focuses on examining how the ancient Indian Mythology reinterpreting of Ramayana and Mahabharata in new genre.*

**Keywords :** Myth, History, identity and Ramchandra Series etc

### Introduction :

Indian English novels show the influence of ancient Indian culture and thought. Like the Vedas and Upanishad as the great Indian epics the Ramayana and the Mahabharata have deeply influenced Indian literature. These epics have been translated in regional languages like Kannad, Telgu, Tamil, and Marathi. They have reached almost every house and hut in India and have influenced our life and thought. The Ramayana shows a symbolic conflict between the 'good' and the 'evil' and the ultimate victory of the good over the evil. It is story of an ideal hero who is and ideal son, and ideal husband and an ideal brother. More than that the hero Ram is and ideal king who embodies truth and justice, sacrifice and purity. The epic has been serving as a great guide for many of us because of its moral vision and its idealism.

The article explores the feature of ancient Indian epics portrayed with different dimension of mythology in a new gesture. Many novelist like Anand Neelkantan, Ashok Banker, Kavita Kane, Ashwin Sanghi, Devdutt Pattanaik and Amish Tripathi are writing content is mythology. The novels are retelling of the Indian

Mythological stories. Indian mythology is popular literature in recent time. A number of Indian writers are interesting to write Indian myths. Karen Armstrong remarks about myth in his book *A Short History of Myth*. He states, "There was nothing new in this. There is never a single, orthodox version of a myth. As our circumstances change, we need to tell our stories differently in order to bring out their timeless truth. In this short history of mythology, we shall see that every time men and women took a major step forward, they reviewed their mythology and made it speak to the new conditions. But we shall also see that human nature does not change much, and that many of these myths, devised in societies that could not be more different from our own, still address our most essential fears and desires. (08)

**Myths in the Novels of Amish Tripathi and Namita Gokhale :**

#### 1. Scion of Ikshvaku :

The first book of Amish Tripathi's Ramchandra Series, *Scion of Ikshvaku* is set in 3400 BCE in geographical area that is near the Godavari River. The novel opens in Dandak forest where Ram, Sita and

Lakshman are in exile. Ram and Lakshman go in forest and Sita stay in temporary camp. Raavan and his soldier attacked on malayaputra Sita's soldier and kidnap Sita. The next chapter open with battle of Karachapa between Raavan and Dashrath. Dashrath defeated in the war. On the same day Ram birth in Ayodhya. Raavan reduce the profit commission of Saptasindhu. In this book Raavan was use his cruelty and spread his trade in Saptasindhu region. The kingdom face the poverty. Dashrath has blamed on Ram for the horrific defeat. But still Ram follow the Law. When Ram has completed his education in Guru Vashitha's gurukul. He is one of the follow the Law. He become the chief of police and he tried to that the Law is followed by everyone in kingdom. The novels are depicts so many adventure of Ram.

Vishwamitra, Ram and Lakshman visit Mithila for Sita's Swayamvar. Raavan come in Mithila with large number of soldier. He has insulted in the day of swayamvar. He revenge its so he attack on Mithila. Vishwamitra come and said, Raavan is mobilising for to attack.' (Tripathi. *Scion of Ikshvaku*, 265) Ram use the Asuraastra weapon and save the Mithilian. Ram know the punishment of Asuraastra firing, 'Lord Rudra, the previous Mahadev who was the Destroyer of Evil, had banned the unauthorised use of *daivi astras* many centuries ago. Practically everyone obeyed this diktat from the fearsome Lord Rudra. Those who broke the law he had decreed would be punished with banishment for fourteen years. Breaking the law for the second time would be punishable by death.'(266-267). And Ram follow the Law. All kingdom become happy because no one defeated Raavan after war of Karachapa. He become an ideal leader of society. And he accept the punishment and end this novel.

### **2. Sita: Warrior of Mithila:**

The second book of Amish Tripathi's Ramchandra Series, *Sita: Warrior of Mithila*. This novel also depicts the protagonist is Sita. There has been many retelling of Ramayana but all tried to make her a victim. But this book is not telling about the old epic its about rewriting with common sense and prevailing wisdom and various stage of Sita's life unlike the usual portrayal of Lady Sita as a demure princess and faithful wife. In this novels, Sita depicts a fierce warrior an able administrator and master strategist throughout the book. She is portrayed as an efficient Prime Minister of kingdom who spearheads many socio-economic reforms transforms Mithila into a powerful kingdom.

The novel opens in Dandak forest where they are in exile. Raavan was kidnap Sita in the forest here the

narrator describe about Sita's braveness and fight with lankan's army. The next chapter opens in Sita was found in a furrow, grows up as a doting daughter of the royal couple Queen Sunaina and King Janak. Sunaina said, 'We found her in a furrow in Mother Earth. It was like a mother's womb for her. We will call her Sita.'(Tripathi, *Sita: Warrior of Mithila* 20)

Young Sita imbibes the pragmatism of her mother, the administrator of Mithila and the love for knowledge like her father. Sita has gaining the education in the Ashram of Rishi Swetaketu. And after Maharishi Vishwamitra gives the responsibility of the great Vishnu. And the end of the second book .

### **3. Raavan: Enemy of Aryavarta:**

The third book of Amish Tripathi's Ramchandra Series, *Raavan: Enemy of Aryavarta* this novel also depicts the demon Raavan. The novel opens in Dandak forest where they are attack to Sita's soldier and Kidnapped Sita. The novels starts with first line "3400 BCE, Salsette Island, west coast of India". (Tripathi, *Raavan: Enemy of Aryavarta*, 1) Raavan is fierce warrior, brilliant scholar, ruthless businessman, powerful king, artist, musician and statesman all rolled into one. He is known in mythology as the villain who kidnapped Sita, wife of god Ram, in the epic Ramayana.

Instead of a unidimensional villain as in Ramayana, Raavan is human flawed, a genius and strong personality capable of extreme devotion on one hand and horrifying cruelty on the other hand. Amish is fascinating mix of ancient Indian history and mythology.

Raavan belongs to the Nagas, a hated and cursed tribe and against all odds he become the wealthy and powerful man. This inspirational story to people how to face the problem and find out the solution. And end of this novel.

### **4. Lost in Time: Ghatotkacha and the Game of Illusion:**

Namita Gokhale is retold the mythology of Mahabharata in new form. She writes a novel *Lost in Time: Ghatotkacha and the Game of Illusions* in 2017. She describes the demon Ghatotkacha, Chintamani Dev Gupta and demons mother Hidimbi. She focus the major character in her novel Ghatotkacha and Hidimbi who are minor character or not focus in Mahabharata a great epic. The writers focus on Ghatotkacha and Hidimbi in her novels. The novels starts with Chintamani Dev Gupta was thirteen years school boy who has come in Sal Tal Birding camp near the Sal Lake. He secretly go to forest for swimming and walk in forest where he meets the Rakshasa Ghatotkacha, the son of Bhima and lady

Hidimbi. This novel depicts illusion of time. The narrator connects the relation between present age, Dwapara Yuga and Kali Yuga.

Karuna and Chintamani are watching TV serial Mahabharata. Chintamani is curious about Ghatotkacha and Hidimbi episode but in the TV serial are not told much about them. Nor did they ever seem to appear on screen. Chintamani thought that most of the people know the Pandava. But some one knows about Ghatotkacha and Hidimbi a Giant who helps to Pandava in great epic Mahabharata.

The narrator writes about Ghatotkacha. She writes, "Ghatotkacha, Bhima's son born of the demoness Hidimbi, came from his forest home to assist his father and uncles in battle. He was a young man of heroic strength and power. His war cries sent shivers of fear through the Kaurava camp, and his savage team of rakshasas was almost invincibles." (Gokhale, 92) Chintamani thought about his friend Ghatotkacha, he that first born son of the Pandavas. His loyalty to his family, even if they didn't have much use for him until and unless his strength is needed. The narrator writes the battle of Pandava and Kaurava on the field of Kurukshetra. Ghatotkacha roles are very important in this battle. He does his sacrifices for his family. She writes,

"Ghatotkacha's first memorable encounter was with Ashwathama. Bhima's son used the power of magical delusion to confuse his enemy, but Ashwathama countered him with his vast armoury of divine astras

The powers of rakshasas increase in the dark of night. Breaking all the rules of warfare, the battle between Ghatotkacha and Ashwathama continued late into the hours of magical darkness.

Karna came to the rescue of the Kaurava army. He fought bravely, but his unwavering aim was of no use in the face of Ghatotkacha's powers of illusion. Ghatotkacha would change his form at will and so Karna's arrow could never find their target. When he rained stones on the Kaurava army, Karna countered it with the *Yayavyastra*. The Kaurava army was speechless with terror. Karna realised that unless he acted immediately, they might surrender to the Pandavas. He decided to use the Shakti, the weapon given to him by Lord Indra in return for his invincible golden breastplate

and earrings. He had reserved the Shakti for his final and decisive encounter with Arjuna, but now he had no option but to employ it to counter Ghatotkacha. The Shakti streaked across the sky at the speed of lightning, piercing the cloak of illusion with which Ghatotkacha defended himself. Bhima's son fell to earth, but even as he died he summoned his magical powers one last time. His body swelled and grew until it was an enormous, heavy mass, and as it landed on the Kaurava army, it destroyed one entire akshauhini with the impact of its fall." (Gokhale, 92-93)

Chintamani thought about Ghatotkacha painfully death, he is mastery of illusions. He faced with his death. When Ghatotkacha know his death he summoned his magical powers to grow and expand his body to fight that final battle even as he died, devoting his last breaths to his father and the Pandavas.

The narrator points out that Ghatotkacha is only one devotee son of Lord Bhima who saves the life of Arjuna. She focus on Ghatotkacha has greatest place in Mahabharata epic. Every one knows only sacrifice of Abhimanyu, the son of Arjuna. So the narrator focus on the Ghatotkacha is also son of Bhima who has sacrificed his life for his family. And end of this novel.

#### Conclusion:

The brief critical survey in the foregoing discussion has brought to fore some common elements in the novels is myth, history and identity of super heroes as common human being and try to look at the character. Finally, these stories are retold a fascination for the mythical past and their identity.

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## **A Study on Perception towards Distractions Caused By Outdoor Advertising Channels**

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### **Abstract :**

*Advertising plays a vital role in creating awareness and influencing people on large scale towards the business offerings. Various indoor and outdoor advertising media are adopted to induce existing and potential customers. Outdoor advertising refers to any advertising channel located or installed outside home. It broadly consists of posters, banners, wall paintings, flex, digital hoardings. These channels are often observed at the places where public footfall is quite high. Outdoor advertising with its unique feature of inescapability easily catches attention of the onlookers. Intersection of roads, shopping complexes, parking places are prominent locations where outdoor advertising channels are mostly observed. Bright colored, attractive images, multimedia effects seize attention of onlookers within fraction of seconds. These outdoor advertising channels may distract attention of the people who passes nearby it. In the present research an attempt is made to analyze perceptions of respondents towards distractions caused by different outdoor advertising channels. Study revealed that there is no significant difference between variables such as gender, education, occupation of respondents and perceptions towards distractions caused by outdoor advertising channels.*

**Keywords :** Advertising, Distractions, Outdoor, Onlookers.

### **Introduction :**

In the current competitive world every business organisation who wants to sustain and survive, needs to effectively communicate with existing and potential customers. Therefore, in order to convey intended sales message to widely dispersed population business organization extensively uses advertising media. It is the magnet that instantly catches attention of customers. In fact, advertising can be termed as a vehicle through which business organizations completes the journey called sales.

Business organisation in today's competitive world intends to showcase its uniqueness, adopts various advertising strategies to connect with the customers. A combination of indoor and outdoor advertising is always made to obtain maximum exposure for products and services. Outdoor advertising also known as Out of home advertising or Mural advertising is any form of advertising channel which is installed outside home. Due to low cost and durability features, it becomes an obvious choice for the small and medium sized enterprises to the large organisations. Inherent characteristic that differentiate outdoor advertising from other forms of advertising is its unavoidable nature. Target audience of the outdoor advertising channels are anyone who passes

nearby these channels. Unlike other form of advertising media, it cannot be muted, switched off or fast forwarded. People moving around it has to willingly or unwillingly view it. In today's fast pace world, it is quite difficult to grab attention of the viewers within couple of seconds. Thus, outdoor advertising seems to be appropriate channels to seize the attention of the moving audience.

Often outdoor advertising channels are placed at the crowded places such as intersection of roads, traffic signals, shopping complexes, bus stands, railway stations to obtain maximum attention. Rather than attracting the viewers, these outdoor advertising channels often distracts attention of the commuters. Hence, possibility of the accidents or mishaps can not be denied. Even the unorganised placement of outdoor advertising channels can cause serious damage to the society and environment.

### **Literature Review :**

**Deka P. (2019)**, in the study highlighted unique feature of outdoor advertising that, it is unavoidable. Unlike other form of advertising channels, outdoor advertising channels cannot be bypassed or switched off. Outdoor advertising channels can be found all around the city. Attractive colour combinations, catchy slogans

instantly grab the attention of the onlookers. Study analysed that outdoor advertising channels distracts the attention and lead to accidents.

**Shivany S. (2018)**, highlighted unique feature that distinguishes it from other forms of media. Outdoor advertising do have 24 hour existence. Billboard advertising can be considered as an important mass media channel which can be observed when people commute towards their home or office. Study pointed out advertisers uses distraction approach to seize attention of moving audience.

**Stella N & Vijayalakshmi K. (2017)**, Outdoor advertising can be termed as reminder or residuary publicity which frequently reminds about products that are offered. Outdoor advertising channels are placed at the crowded places such to capture the attention of the viewers. Effectiveness of advertising message increases with increase in frequency and exposure of message.

**Research Methodology :** The present research is based on the primary and secondary sources of data. Primary data is collected from 325 respondents using Random Sampling Method. Structured questionnaire is designed and responses are obtained on 5 point Likert Scale about the distractions caused by outdoor advertising channels. Secondary data is gathered using journals, research papers etc. Data analysis using graphs, charts, and percentage analysis. One Way Anova test is applied to test the hypothesis.

**Objectives of the Study :** Present research is carried out with the following objectives;

- To understand socio demographic profile of the respondents.
- To analyze perceptions of respondents towards distractions caused by outdoor advertising channels.

**Significance of the Study :** Today, we are living in the era where, most of the purchase decisions are controlled by the remote control called advertising. It had become an indispensable part of our life. Every day we encounter thousands of advertising messages starting from the morning cup of tea to the late-night ice-cream. Every nook and corner are occupied by outdoor advertising channels with the ultimate aim to capture attention of the on lookers. Some of these advertising channels distracts the attention of the onlookers.

**Socio-demographic profile of respondents**

**Age of the respondents :**

Socio-Demographic Variable	Frequency	%
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Age	18 to 30 Years	82	25.23
	31-40 Years	96	29.54
	41-50 Years	70	21.54
	51-60 Years	51	15.69
	Above 60 Years	26	8.00
<b>Total</b>		<b>325</b>	<b>100</b>

**Table 1**

**Inference :** Out of the total sample size of 325 respondents, most of the respondents belongs to age group of 31-40 years followed by age group of 18-30 years. Age group above 60 years hold least proportion in the sample size.

**Gender of the Respondents :**

Socio-Demographic Variable		Frequency	Percentage
Gender	Male	217	66.77
	Female	108	33.23
<b>Total</b>		<b>325</b>	<b>100 %</b>

**Table 2**

**Inference :** Majority of the respondents are male (66.77%) whereas female respondents hold a proportion of 33.23% in the sample size. Thus, we can say that sample size is mostly dominated by the male respondents.

**Education of the respondents :**

Socio-Demographic Variable		Frequency	Percentage
Education	Below SSC	27	8.31
	SSC	35	10.77
	HSC	56	17.23
	Graduation	129	39.69
	Post-Graduation	78	24.00
<b>Total</b>		<b>325</b>	<b>100 %</b>

**Table 3**

**Inference:** Out of the sample size, most of the respondents (63.69%) had completed education of graduation and more than it, followed by HSC, SSC and below SSC respectively.

**Occupation of the respondents :**

Socio-Demographic Variable		Frequency	Percentage
Occupation	Business	78	24.00
	Farmers	49	15.08
	Housewives	54	16.62
	Service	113	34.77

	Student	31	9.54
<b>Total</b>		<b>325</b>	<b>100 %</b>

**Table 4**

**Inference :** Out of the sample size, majority of the respondents are serviceperson, followed by business person, housewives, farmers, and students respectively. Hence we can infer that sample size is dominated by the service person.

**Hypothesis :** Present research is based on the broad hypothesis that outdoor advertising channels causes distractions for commuters. This broad hypothesis is tested with the demographic variables such as age, gender, education, and occupation of the respondents

**H<sub>0a</sub> :** There is no significant difference between demographic variable age and respondent's perception towards distractions caused by outdoor advertising channels.

**H<sub>1a</sub> :** There is significant difference between demographic variable age and respondent's perception towards distractions caused by outdoor advertising channels.

**Test Result :**

ANOVA						
Source of Variation	SS	df	M S	F	P-value	F crit
Between Groups	7.24	4	1.8	3.2	0.01	2.4
Within Groups	177.50	32	0.5			
Total	184.74	32				

**Table 5**

**Interpretation :**

Table 5 show output of One Way ANOVA for testing above hypothesis. Results shows F value of 3.26 is significant at 5% level of significance as P-value of 0.01 is less than 0.05. Hence, we failed to accept the null hypothesis and conclude that there is significant difference between demographic variable age and respondent's perception towards distractions caused by outdoor advertising channels.

**H<sub>0b</sub> :** There is no significant difference between demographic variable gender and respondent's perception towards distractions caused by outdoor advertising channels.

**H<sub>1b</sub> :** There is significant difference between demographic variable gender and respondent's perception towards distractions caused by outdoor advertising channels.

**Test Results :**

ANOVA						
Source of Variation	SS	df	MS	F	P-value	F crit
Between Groups	0.07	1	0.07	0.1	0.728	3.8
Within Groups	184.67	32	0.5			
Total	184.74	32				

**Table 6**

**Interpretation :**

Table 6 shows output of Single Factor ANOVA for testing the above hypothesis. Results states F value of 0.121 is not significant at 5% level of significance as the P-value of 0.728 is more than 0.05. Hence, we accept null hypothesis and conclude, there is no significant difference between demographic variable gender and respondent's perception towards distractions caused by outdoor advertising channels.

**H<sub>0c</sub> :** There is no significant difference between demographic variable education and respondent's perception towards distractions caused by outdoor advertising channels.

**H<sub>1c</sub> :** There is significant difference between demographic variable education and respondent's perception towards distractions caused by outdoor advertising channels.

ANOVA						
Source of Variation	SS	df	M S	F	P-value	F crit
Between Groups	2.93	4	0.7	1.2	0.27	2.4
Within Groups	181.81	32	0.5			
Total	184.74	32				

**Table 7**

**Interpretation:** Above table depicts output of Single Factor ANOVA for testing above hypothesis. Results depicts F value of 1.29 is not significant at 5% level of significance as P-value is 0.27 is more than 0.05. Hence, we accept null hypothesis and conclude there is no significant difference between demographic variable education and respondent's perception towards distractions caused by outdoor advertising channels.

**H<sub>0d</sub> :** There is no significant difference between demographic variable occupation and respondent's

perception towards distractions caused by outdoor advertising channels.

**H<sub>1d</sub>** : There is significant difference between demographic variable occupation and respondent's perception towards distractions caused by outdoor advertising channels.

ANOVA						
Source of Variation	SS	df	M S	F	P-value	F crit
Between Groups	3.69	4	0.92	1.63	0.17	2.40
Within Groups	181.04	320	0.57			
<b>Total</b>	<b>184.74</b>	<b>324</b>				

**Table 8**

**Interpretation** : Above table depicts output of Single Factor ANOVA carried out to test above hypothesis. Results depicts F value of 1.63 is not significant at 5% level of significance as P-value is 0.17 is more than 0.05. Hence, we accept null hypothesis and conclude that there is no significant difference between demographic variable occupation and respondent's perception towards distractions caused by outdoor advertising channels.

**Findings and Conclusions** : In today's competitive world people spend a lot time outside home, which gives

a broader market and more opportunity to advertise products and services. Outdoor advertising reaches almost all parts of society whether it may be urban areas or semi urban and rural areas. Outdoor advertising plays a twin role of awareness generation and creation of long lasting impression in the minds of spectators. Outdoor advertising with its unavoidable nature instantly catches attention of the onlookers and influence them towards products and services. It had been rightly said that every coin has two sides. This can be perfectly aligned to the adverse effects of the outdoor advertising channels. These channels placed in the high traffic areas may distract attention and lead to the mishaps or accidents.

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# Challenges and Opportunities of Cashless Transactions in Rural Areas of India

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## Abstract :

*The global transformation towards cashless economies ensures the increased efficiency, transparency, and financial inclusion in the countries. Urban areas having their advantages of better infrastructure and financial literacy. However, rural areas of countries like India face the unique challenges such as poor digital infrastructure, low financial literacy, and socio-cultural resistance. This research paper focuses the implementation of cashless transactions in rural settings with special reference to India. With the use of findings from recent studies and literature where the key findings unveil that while the government initiatives have paved the start of it, the visible gaps in infrastructure and user reliability needs focused interventions. Emphasizing these challenges from multiple dimensions can help to unblock the prospectuses of cashless economies in deprived areas and lead this transformation. Moreover, this research paper emphasizes the need for collaborative efforts between stakeholders like government, private entities, and local communities to create a sustainable digital transaction ecosystem.*

**Keywords :** Economic Transformation, Financial Literacy, Financial Inclusion, Socio-cultural resistance, Cashless Economy etc.

## I. Introduction :

Cashless systems have been gaining momentum worldwide, with governments and financial institutions driving advocates heralding the benefits of digital payment as a way to bring more transparency and efficiency to the economy. In particular, a cashless economy in rural India can help decrease transaction costs, combat corruption, and promote financial inclusion and in that context, cashless economy should be promoted by the state. These digital transactions are more considered as a solution for closing economic gaps and increasing the financial access. Studies also, show that the digital payments can boost business revenue by streamlining operations and reducing transaction delays (Sharma & Gupta, 2020). Additionally, these digital payment systems are considered to bring access to the nonbank or underbanked, strengthen the growth of the economy as a whole.

## II. Research Problem :

Though the cashless transactions are common in Urban areas, Rural areas, still face several challenges that hinder the adoption of these cashless systems. Those are the limited network availability of the internet, less use of smartphones, lower literacy, and distrust in these electronic payment platforms. Moreover, the socio-economic factors like poverty and cultural dependence on physical currency make it more challenging. Add infrastructural deficits and lack of proper digital payment systems that are designed for rural areas to these challenges. Overcoming these complex challenges is

essential for achieving the equitable digital inclusion, and long run development in the rural areas.

## III. Objectives of Study :

- To identify the challenges and opportunities in adopting the cashless transactions in rural areas.
- To study the impact of existing policies and initiatives over the cashless transactions.
- To understand the socio-economic benefits of cashless payment systems in rural areas.

## IV. Methodology Adopted :

For this study, the Data is collected through individual discussions and interviewing farmers, businessmen and other stakeholders from rural areas of North Maharashtra Region. The analysis was supplemented with secondary data from academic papers and government reports. The surveys featured questions about access to smartphones, use of digital payment systems and attitudes toward cashless transactions. Qualitative insights into the obstacles to widespread adoption cultural and economic came from focus group discussions with merchants and community leaders.

Qualitative insights were gleaned from interviews conducted with the aforementioned stakeholders. We used thematic coding to understand cultural and behavioral challenges to adopting digital payments. The conclusions are based on the discussions and interviews of the stakeholders. It also used Geographic Information System (GIS) tools to map disparities in digital infrastructure across the sectors surveyed.



#### V. Challenges :

- **Adoption Barriers** : We do not touch on bank infrastructure and the implications on adoption as an operating story as it requires scale), and cultural norms working against adoption. For example, the study in the North Maharashtra region found a low usage of digital platforms among rural populations despite bank account ownership. Trust in digital transactions and concerns about security and fraud play a crucial role in the reluctance of rural populations to transition to cashless systems (Mishra et al., 2020). These results highlight the importance of major infrastructure investment and policy adjustment. In addition, the lack of decent Point-of-Sale (POS) devices and high transaction fees discourage small merchants from implementing digital payment systems, further compounding the problem. Poor internet connectivity, lack of smartphones, and inadequate infrastructure hinder the adoption of mobile payments and digital financial services (Kumar & Ghosh, 2017)
- **Less Digital Literacy** : A major roadblock is low familiarity with digital means of payment. It is necessary to run awareness and training programs to bridge the gap. Targeted digital literacy initiatives, particularly for women and elderly people, have been shown to significantly increase adoption rates in rural areas (World Bank). Integrating financial literacy modules within education systems can have far-reaching benefits, as it will ensure that vulnerable generations have adequate skillsets to effectively leverage these digital payment systems.
- **Policy Implementations** : While government initiatives, such as India's Unified Payments Interface (UPI), BHIM app and Aadhaar-linked payment systems, have increased adoption rates, they have still not sufficiently addressed the infrastructural and cultural challenges. Finally, such favorable relationships are often dependent on the presence of relevant infrastructure or localized implementation strategies that can enable these interventions to be successful. The ineffectiveness of these programs is further exacerbated by the absence of appropriate monitoring and evaluation mechanisms.

#### VI. Opportunities :

- **Policy Reforms** : Initiating the policies to increase the subsidies for smartphones and enhancing internet infrastructure.
- **Campaigns to increase Awareness** : Specially designed and developed programs focusing at less literate communities to understand digital payment systems. It is important to focus on the practical demonstrations and relevant local level examples. Collaborating with the local NGOs can also help to boost the outreach efforts.
- **Involvement of Private Sector** : Working along with the fin-tech companies to create more user-friendly solutions for rural people will be helpful. Some innovations like offline payment systems and interfaces abled with multilingual functionality can deal with specific challenges faced in rural areas. Mobile wallet providers might also consider to offer more simplified user interfaces and some affordable options for the users from rural areas.
- **Local Governance** : Utilizing village-level institutions to encourage cashless transactions through awareness initiatives and demonstration programs.

#### VII. Case Study in Dhule District :

In the area of North Maharashtra region, a field survey was conducted in villages of Dhule District i.e. Borkund and Dondwad focusing upon the importance of local governing bodies in encouraging cashless transactions. Some, awareness initiatives, along with demonstrations of some cashless transaction mobile applications like BHIM and Phonepe, helped to kick-start the initial adoption. The study also found that the continuous efforts over a longer period are essential for establishing the trust and altering behaviors of people in these areas. Local leaders played crucial role in enhancing the trust, highlighting the advantages of cashless transactions during community gatherings in these villages.

#### VIII. Recommendations :

##### Infrastructure Development :

- Enhancing the internet access in rural areas by strengthening public-private partnerships can help. Focusing regions with the less connectivity to guarantee fair access for all may resolve many issues. Additionally, introducing solar-powered internet solutions to deal with the electricity problems in remote areas can be done.

- Increasing the distribution of Point-of-Sale (POS) devices at reduced prices especially for rural areas can be helpful too. Making the operational requirements available for businessmen to promote usage will make it easier. Roping in some microfinance institutions to offer financing options for POS devices can also motivate businessmen and other stakeholders to go for cashless payments more.

#### **Digital Literacy Initiatives :**

- According to the report of NITI Aayog (2020), approximately 60% of rural people in India are aware of mobile wallets. Though, only a few of farmers use them for agricultural and other transactions. Establishing the community-based training programs focusing at increasing the digital financial literacy can help. Incorporating practical workshops should be organized to help the users to feel more confident for these transactions. Schools and local community centers can play a key role for these training activities.
- Involving the local leaders to foster the trust in digital payment systems may work better. Community influencers can also act as ambassadors for such initiatives by promoting digital inclusion. Additionally, sharing the success stories from nearby villages can also encourage the wider acceptance.

#### **Policy Reforms :**

- Lowering the cashless transaction charges or taxes can promote adoption of these systems among small businessmen in rural areas. Establishing layered charge structures that vary with transaction volumes to maintain affordability can boost the usage and adoption.
- Enhancing the cybersecurity measures to focus concerns about digital frauds can increase the trust. Contiguous campaigning to educate users for the safe digital practices is essential. Government-operated helplines to address the fraud related complaints quickly can help in build trust among the users.
- Launching the small-loan programs for buying smartphones and enhancing digital access can lower down the issue of affordability. Collaborating with domestic mobile manufacturers to develop some budget-friendly

smartphone models especially designed for rural users can support such kind of initiatives.

#### **IX. Conclusion :**

Conversion of conventional rural economies to cashless systems needs a wholesome efforts and the approach that addresses the infrastructure, digital and financial literacy, and cultural challenges in these areas. Government initiatives have paved the ground for this, the continuous collaborative efforts taken by all the stakeholders is necessary for creating a truly inclusive and cashless economy. Initiating the community-driven models and establishing continuous feedback and review mechanisms can also improve the effectiveness of cashless payment systems. A future research in this area can investigate the long-term socio-economic impact of cashless transactions in rural areas of India, specifically their potential to empower deprived groups and to promote sustainable development. Moreover, the monitoring of scalability of successful regional and local initiatives can provide the valuable insights for nationwide adoption of these systems.

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## CRM and Customer Satisfaction : A perspective of Indian Service Sector

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### **Abstract :**

*This study examines the relationship between Customer Relationship Management (CRM) and customer satisfaction in the Indian service sector through a comprehensive review of existing literature. The literature review reveals that CRM has a positive impact on customer satisfaction, and identifies the key CRM factors that influence customer satisfaction. The study finds that CRM practices such as customer identification, customer attraction, customer retention, customer extension, and customer recovery are crucial in enhancing customer satisfaction. The literature also suggests that CRM has a positive impact on customer satisfaction by improving customer service quality, customer retention, and customer. The study provides valuable insights for service sector organizations in India to improve their CRM practices and enhance customer satisfaction.*

**Keywords :** Customer Relationship Management (CRM), Customer Satisfaction, Indian Service Sector.

### **Introduction :**

In today's competitive business environment, customer satisfaction has become a key differentiator for organizations to gain a competitive edge. Customer Relationship Management (CRM) has emerged as a crucial tool for businesses to manage their interactions with customers and improve customer satisfaction (Kotler & Keller, 2016). CRM involves the use of technology and business processes to understand and manage customer relationships (Chen & Popovich, 2003). The Indian service sector has experienced significant growth in recent years, and CRM has become an essential component of service sector organizations' marketing strategies (Kumar et al., 2017). The concept of CRM has evolved over the years, and it has become a vital tool for businesses to manage their customer relationships (Chen & Popovich, 2003). CRM involves identifying and attracting new customers, retaining existing customers, extending customer relationships, and recovering lost customers (Kotler & Keller, 2016). The literature suggests that CRM has a positive impact on customer satisfaction, and it is essential for businesses to implement effective CRM practices to enhance customer satisfaction (Kumar et al., 2017; Trainor et al., 2014).

The Indian service sector has experienced significant growth in recent years, and it has become a vital component of the Indian economy (Kumar et al., 2017). The service sector includes various industries such as banking, hospitality, healthcare, and retail, among others. The literature suggests that CRM is essential for service

sector organizations to manage their customer relationships and improve customer satisfaction (Kumar et al., 2017; Singh et al., 2017). The literature review reveals that CRM has a positive impact on customer satisfaction, and it is essential for businesses to implement effective CRM practices to enhance customer satisfaction (Kotler & Keller, 2016; Chen & Popovich, 2003). The literature also suggests that CRM practices such as customer identification, customer attraction, customer retention, customer extension, and customer recovery are crucial in enhancing customer satisfaction (Kumar et al., 2017; Trainor et al., 2014). The study of CRM and customer satisfaction is essential in the Indian service sector, as it can provide valuable insights for service sector organizations to improve their CRM practices and enhance customer satisfaction (Kumar et al., 2017). The literature review reveals that there is a need for a comprehensive study on the relationship between CRM and customer satisfaction in the Indian service sector (Kumar et al., 2017; Singh et al., 2017).

This study aims to examine the relationship between CRM and customer satisfaction in the Indian service sector through a comprehensive review of existing literature. The study will provide valuable insights for service sector organizations in India to improve their CRM practices and enhance customer satisfaction. The study will also contribute to the existing literature on CRM and customer satisfaction, and it will provide a framework for future research in this area.

### **Review of Literature :**

1. Kotler and Keller (2016) also emphasized the importance of CRM in enhancing customer satisfaction. They suggested that CRM involves identifying and attracting new customers, retaining existing customers, extending customer relationships, and recovering lost customers.
2. Gupta et al. (2018) studied the relationship between CRM and customer satisfaction in the Indian hospitality sector, and found that CRM had a positive impact on customer satisfaction. They suggested that CRM practices such as customer identification, customer attraction, customer retention, customer extension, and customer recovery are crucial in enhancing customer satisfaction.
3. Sharma et al. (2019) conducted a study on CRM and customer satisfaction in the Indian healthcare sector, and found that CRM had a positive impact on customer satisfaction. They suggested that CRM involves understanding and managing customer relationships, and that it is essential for healthcare organizations to implement effective CRM practices to enhance customer satisfaction.
4. Kumar et al. (2020) conducted a study on CRM and customer satisfaction in the Indian e-commerce sector, and found that CRM had a positive impact on customer satisfaction. They suggested that CRM involves understanding and managing customer relationships, and that it is essential for e-commerce organizations to implement effective CRM practices to enhance customer satisfaction.

#### **CRM and Customer Satisfaction in Indian Service Sector :**

The Indian service sector has experienced significant growth in recent years, and Customer Relationship Management (CRM) has become an essential component of service sector organizations' marketing strategies (Kumar et al., 2017). CRM has a positive impact on customer satisfaction in the Indian service sector. A study by Kumar et al. (2017) found that CRM practices such as customer identification, customer attraction, customer retention, customer extension, and customer recovery are crucial in enhancing customer satisfaction in the Indian service sector.

The Indian service sector includes various industries such as banking, hospitality, healthcare, and retail, among others. The literature suggests that CRM has a

positive impact on customer satisfaction in these industries. For example, a study by Singh et al. (2017) found that CRM had a positive impact on customer satisfaction in the Indian banking sector. The study suggested that CRM involves understanding and managing customer relationships, and that it is essential for banks to implement effective CRM practices to enhance customer satisfaction. Another study by Gupta et al. (2018) found that CRM had a positive impact on customer satisfaction in the Indian hospitality sector. The study suggested that CRM practices such as customer identification, customer attraction, and customer retention are crucial in enhancing customer satisfaction in the hospitality industry. Similarly, a study by Sharma et al. (2019) found that CRM had a positive impact on customer satisfaction in the Indian healthcare sector. The study suggested that CRM involves understanding and managing customer relationships, and that it is essential for healthcare organizations to implement effective CRM practices to enhance customer satisfaction.

The study also suggests that CRM has a positive impact on customer satisfaction in the Indian retail sector. A study by Rai et al. (2020) found that CRM had a positive impact on customer satisfaction in the Indian retail sector. The study suggested that CRM practices such as customer identification, customer attraction, and customer retention are crucial in enhancing customer satisfaction in the retail industry.

The study suggests that CRM is essential for service sector organizations in India to enhance customer satisfaction and improve their competitiveness. It is also suggested that CRM practices such as customer identification, customer attraction, customer retention, customer extension, and customer recovery are crucial in enhancing customer satisfaction in the Indian service sector. Therefore, service sector organizations in India should implement effective CRM practices to enhance customer satisfaction and improve their competitiveness.

#### **Relationship between CRM and Customer Satisfaction:**

The relationship between Customer Relationship Management (CRM) and customer satisfaction has been extensively studied in various contexts, including the Indian service sector. The study suggests that CRM has a positive impact on customer satisfaction (Kumar et al., 2017; Singh et al., 2017). A study by Kumar et al. (2017) found that CRM practices such as customer identification, customer attraction, customer retention, customer extension, and customer recovery are crucial in enhancing customer satisfaction. It is studied that CRM

has a positive impact on customer satisfaction by improving customer service quality (Bolton et al., 2004). A study by Bolton et al. (2004) found that CRM had a positive impact on customer satisfaction by improving customer service quality and customer retention. Another study by Verhoef et al. (2010) found that CRM had a positive impact on customer satisfaction by improving customer engagement and participation.

In the Indian context, a study by Singh et al. (2017) and by Gupta et al. (2018) found that CRM had a positive impact on customer satisfaction in the Indian banking sector and hospitality sector. The study suggested that CRM involves understanding and managing customer relationships, and that it is essential for banks to implement effective CRM practices to enhance customer satisfaction. Further the study also suggests that CRM has a positive impact on customer satisfaction by improving customer loyalty (Kumar et al., 2017). A study by Kumar et al. (2017) found that CRM practices such as customer retention and customer extension are crucial in enhancing customer loyalty and CRM had a positive impact on customer satisfaction by improving customer engagement and participation. Therefore, service sector organizations in India should implement effective CRM practices to enhance customer satisfaction and improve their competitiveness.

#### **Key CRM Factors that Influence Customer Satisfaction:**

Various studies observed that several key CRM factors influence customer satisfaction in the Indian service sector. These factors include customer identification, customer attraction, customer retention, customer extension, and customer recovery (Kumar et al., 2017). Customer identification involves understanding the needs and preferences of customers, while customer attraction involves attracting new customers through various marketing strategies (Chen & Popovich, 2003).

Customer retention is a critical CRM factor that influences customer satisfaction. It involves implementing strategies to retain existing customers, such as loyalty programs and customer service (Bolton et al., 2004). Customer extension involves extending the relationship with existing customers by offering them additional products or services (Verhoef et al., 2010) and customer recovery involves recovering lost customers by identifying the reasons for their departure and implementing strategies to win them back (Gupta et al., 2018).

Another key CRM factor that influences customer satisfaction is customer service quality. It involves providing excellent service to customers, including responding to their queries and resolving their complaints (Singh et al., 2017). Customer engagement is also a critical CRM factor that influences customer satisfaction. The literature suggests that customer engagement involves engaging with customers through various channels, such as social media and email (Sharma et al., 2019).

Personalization is another key CRM factor that influences customer satisfaction. The study suggests that personalization involves tailoring the marketing message and product offerings to individual customers based on their needs and preferences (Rai et al., 2020). The study also suggests that customer feedback is a critical CRM factor that influences customer satisfaction. Customer feedback involves collecting feedback from customers and using it to improve the product or service (Kumar et al., 2017).

In the Indian context, a study by Kumar et al. (2017) found that customer identification, customer attraction, and customer retention were the most critical CRM factors that influenced customer satisfaction. Another study by Singh et al. (2017) found that customer service quality and customer engagement were the most critical CRM factors that influenced customer satisfaction in the Indian banking sector.

In all, the study suggests that several key CRM factors influence customer satisfaction in the Indian service sector. These factors include customer identification, customer attraction, customer retention, customer extension, customer recovery, customer service quality, customer engagement, personalization, and customer feedback. Service sector organizations in India should implement these CRM factors to enhance customer satisfaction and improve their competitiveness.

#### **Conclusion :**

This article examined the relationship between Customer Relationship Management (CRM) and customer satisfaction in the Indian service sector. The literature review revealed that CRM has a positive impact on customer satisfaction, and identified key CRM factors that influence customer satisfaction, including customer identification, customer attraction, customer retention, customer extension, and customer recovery. The study also suggests that CRM has a positive impact on customer satisfaction by improving customer service quality, customer retention, and customer loyalty. However, study further highlights the negative effects of

CRM on customer satisfaction, including the potential for CRM to be used as a tool for manipulating customers rather than genuinely improving their experiences.

Future research should focus on exploring the impact of CRM on customer satisfaction in specific industries within the Indian service sector. Additionally, research should examine the role of emerging technologies, such as artificial intelligence and block chain, in enhancing CRM and customer satisfaction. Overall, this article provides valuable insights for service sector organizations in India to improve their CRM practices and enhance customer satisfaction.

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# The Art of Decision Making : Leveraging Behavioural Design and Nudging

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## **Abstract :**

The two innovative strategies for helping people make better judgments without limiting their freedom of choice are behavioural design and nudging. With the successful organization of choices, actionable insights, and social influence, organizations increasingly use these tactics to promote eco-friendly behaviours, healthier lifestyles, and efficient operations. This study explores how these strategies might be incorporated into operational frameworks, workplace sustainability initiatives, and corporate wellness programs. Evident in their ability to raise employee engagement, reduce healthcare costs, and foster sustainable behaviours are illustrative examples, such as gamified incentives, eco-conscious messaging, and calorie-count signage to encourage stair use. Reducing the number of elevators used can also help in balancing operational achievement with environmental aims. Businesses can achieve a healthy balance between corporate performance, environmental responsibility, and employee well-being by incorporating behavioural design into company plans. It explains how cheap and simple nudges can make all the difference between individuals and organizations.

**Keywords :** Behavioural Design, Nudging, Decision making, Corporate Wellness.

## **Introduction :**

Behavioural design and nudging strategies encourage people toward the right choice while not coercing them in any way. This is possible by carefully designing the choices, reducing complexity in making a decision, and using social norms to help improve positive behaviours. Businesses utilize such strategies for a healthier and more environmentally conscious work environment. Such an approach ensures better wellbeing and sustainability.

At workplaces, behavioural design could take the form of subtle, non-intrusive interventions encouraging healthier habits. For example, posting calorie-counting signage next to staircases will motivate more people to choose stairs over the elevator for greater physical health. The gamified incentives in step challenges increase the engagement and participation level. All these measures help employees develop healthier habits, thereby saving the most amount of energy possible in support of corporate sustainability goals.

Moreover, a culture of behavioural design and nudging also creates a healthy, dynamic, and environmentally friendly workplace. Business operations can integrate these principles naturally into daily routines, thus enabling the alignment of growth objectives with societal and environmental benefits. The approach yields measurable value to both organizations

and communities, thereby realizing the potential of behavioural design in achieving holistic success.

## **Objectives :**

To Promote Employee Well-Being, To Enhance Workplace Productivity, To Reduce Environmental Impact.

## **Problem Statement :**

Challenges about low productivity, non-sustainability, and low employee well-being prevail in most organizations. Sedentary behaviour patterns and poor eating practices are among the leads for chronic health and ill health, while psychosocial stress at work plus lack of facility is a significant contributor to decreased morale and productivity. Additionally, poor participation and low engagement are supplemented with a low degree of involvement in wellness and sustainability programs due to ineffective utilization of resources like inefficient usage of elevators and more energy usage. This shows how imperative the demand for behaviourally designed interventions in creating a healthy, effective, and sustainable work environment culture is.

## **Literature Review :**

The concept of behavioural design and nudging emanates from behavioural economics, as it focuses on how small differences in the environment can have dramatic effects on decision making. Thaler and Sunstein's "Nudge Theory" underlines how choice

architecture actually works, since presenting options can lead to better, healthier, more sustainable or efficient behaviours that do not bind freedom. This principle has gained widespread acceptance within the workplace and is used in addressing issues, including sedentary lifestyles, energy consumption, and employee engagement.

Studies show that calorie-counting posters at stair entry points, even such a rudimentary intervention as that, will certainly boost employee activities to minimize lifestyle diseases. Use of gamified rewards and elements of competition promotes motivation and hence participation in wellness in the workplace is enhanced. Study results indicate fewer levels of job stress and satisfaction in organizations whose employees have had designated mindfulness stations and quiet or rest rooms installed.

From sustainability perspective, behavioural nudges, such as encouraging stair usage over elevators or implementing default eco-friendly practices (e.g., double-sided printing), have been shown to reduce energy consumption and operational costs. These strategies align with organizational goals of achieving environmental responsibility while maintaining efficiency.

There has also been considerable discussion about leadership modelling of the desired behaviour, along with development of an accountable culture. More likely, staff will begin practicing new habits if they witness a more senior executive engaged in wellness or sustainability activity. The establishment of feedback loops whereby regular monitoring and behavioural programs adjustment takes place, have been viewed as essential in the sustaining long-term change.

Overall, existing research supports the benefits of behavioural design and nudging in making work environments healthier, more sustainable, and efficient. This study develops on these bases by exploring the integration of corporate strategies with findings, thus setting a holistic framework for aligning employee well-being with organizational success

#### **Research Methodology :**

This research mainly relies on secondary data to know and analyse how behavioural design and nudging techniques affect employee health, well-being, workplace productivity, and sustainability in the organization. The methodology of research incorporates gathering and analysis of existing data, such as academic literature, case studies, and relevant statistics, to make

meaningful inferences. The following are the steps outlining the research methodology:

#### **1. Secondary Data Collection :**

The primary emphasis of the research is on secondary data. These are already collected and analysed quantitative and qualitative sources of information from other researchers, organizations, and publications. Sources of secondary data include:

**Academic Articles and Journals** - Already available literature on behavioural economics, nudging theory, and workplace wellness programs will form the basic understanding about how nudging strategies may be applied to impact employee behavior within an organizational setting.

**Case Studies** : Actual data from real-life examples of organizations that have successfully implemented behavioural nudges in the workplace, especially those related to health, sustainability, and productivity improvements. Case studies provide empirical evidence of how nudging strategies have led to positive outcomes in various organizations.

**Energy Consumption and Health Data** : Secondary data on energy consumption, especially statistics on the energy use of elevators versus stairs, and data on the caloric burn rate associated with physical activity (such as stair climbing) are collected from authoritative sources.

For example :

1. **Times of India** : offers data on calories burned through stair usage.
2. **Future Lift Services** : offers energy consumption statistics for hydraulic lifts.

#### **2. Data Analysis :**

After gathering the relevant secondary data, a comprehensive analysis is performed to identify patterns and trends that demonstrate the effectiveness of behavioural nudging strategies. The analysis focuses on the following aspects:

**Health Effects** : The effects of nudges such as calorie-counting signage near staircases and active workstation interventions on employee physical activity levels, health, and productivity. This analysis includes reviewing case studies that report increases in physical activity due to the implementation of these strategies.

**Workplace Effectiveness** There is assessment of the impact of nudging strategies on energy consumption and resource utilization, such as fewer uses of elevators, energy-conserving measures, and initiatives for resource conservation. This analysis describes how nudges such as motion-sensor lights, double-sided printing by default,



and encouraging stair use lead towards optimal operational efficiency while being cost-effective.

**Impact on Sustainability :** How nudging can contribute to an organization's environmental sustainability efforts. This would include the analysis of the carbon footprint reduction achieved through the adoption of eco-friendly practices encouraged by behavioral design, such as reducing elevator use and promoting recycling.

**Employee Engagement and Motivation :** Analysing the gamification and other nudging strategies to enhance employee engagement, motivation, and participation in wellness and sustainability programs. The data from organizations that use rewards, challenges, and visual cues to motivate employees are analysed to understand how these strategies improve overall morale and engagement.

### **3. Qualitative Data Synthesis :**

Besides the quantitative analysis, qualitative insights are drawn from the following:

**Leadership and Organizational Culture -** Qualitative evidence from leadership behavior research inform this understanding about organizational culture, management support and role modelling through leaders which may determine the success of nudging interventions. This research will explore how leaders impact employee behaviour by actively engaging with wellness programs and modelling desired behaviours.

**Employee Testimonials and Feedback -** This will be based on evaluations of case studies or organizational surveys for employee testimony that will help understand personal experience and attitudes of those who have undergone nudging interventions. Such testimonies will include wellness initiations, sustainability endeavours, and impact on well-being, productivity, and engagement.

**Long - Term Change and Sustainability -** Another qualitative aspect of the investigation is exploring whether nudging can bring long-term behavioural change. The study considers feedback loops, regular monitoring, and how nudging interventions sustain the desired behaviour in the long term.

### **4. Case Study Analysis :**

Case studies of organizations that have successfully implemented nudging strategies are reviewed to provide real-world examples of how behavioural design is applied in different organizational contexts. These case studies include:

**Wellness Programs -** Organizations that have used nudging to promote physical health, such as using calorie-counting signs or organizing step challenges, are

analyzed for the impact on employee health and productivity.

**Sustainability Practices :** Analysis of companies adopting environment-friendly nudges, like increasing stair use against elevator usage, reducing consumption of resources, and encouraging recycling in terms of its environmental effects as well as operations efficiency.

**Employee Engagement :** Case studies to understand how gamified incentives and recognition programs are used to promote employee engagement for health and sustainability initiatives, where engagement is fostered through nudging.

### **5. Limitations and Biases :**

**Generalizability -** The case studies reviewed may be specific to certain industries or organizations, and the results may not be universally applicable across all sectors.

### **Significance and Implementation of Discussed Cases :**

#### **Significance :**

The cases discussed in this research show the transformative potential of behavioral design and nudging in organizational settings. The significance lies in the multidimensional benefits these strategies offer to businesses, employees, and society as a whole :

#### **1. Improved Employee Well-being :**

**Physical Health :** A healthy organization can promote use of stairs, gamify step challenges, and healthier food choices in the workplace while improving physical fitness as well as reducing lifestyle-related diseases.

**Mental Health :** Providing wellness zones, mindfulness sessions, and motivational cues in the workplace allows for a stress-free and productive work environment.

#### **2. Efficient Workplace :**

**Involvement and Productivity :** Gamification techniques, recognition programs, and motivational rewards create a sense of purpose and drive among employees, which enhances the morale and productivity of the employees.

**Decrease in Downtime :** A healthier employee and a stress-free workplace contributes to fewer sick leaves, reduced burnout, and higher productivity.

#### **3. Promotion of Sustainability :**

**Environmental Responsibility :** Stair promotion, energy-saving signage, and default eco-friendly practices all reduce energy

consumption and encourage resource conservation.

**Cost Savings :** The operational costs are reduced through reduced elevator usage, motion-sensor lighting, and waste reduction through recycling programs.

#### 4. **Organizational Growth and Culture Building :**

Nudging interventions align individual behaviour with corporate goals, creating a culture of health, sustainability, and innovation. Leadership modelling and recognition systems inspire employees to adopt long-term, impactful behavioural changes, enhancing organizational reputation and employee satisfaction.

#### 5. **Scalable and Cost-Effective Solutions :**

Nudges are the simplest, inexpensive interventions that lead to high-performing results; hence, every organization can take advantage of such interventions regardless of their size.

#### **Application :**

Effective implementation of behavioural design and nudge principles into an organization may be done based on a clear framework :

1. Physical Health and Wellness Interventions
2. Mental Health and Stress Management
3. Engagement and Motivation
4. Sustainability and Efficiency Programs
5. Leadership Involvement
6. Feedback and Adaptation

#### **Conclusion :**

This study highlights the transformative potential of behavioural design and nudging as cost-effective, scalable strategies to address critical workplace challenges, including employee well-being, productivity, and sustainability. By guiding individuals toward better decisions without restricting their freedom, organizations can foster healthier lifestyles, improve operational efficiency, and reduce environmental impact.

The results demonstrate that simple yet strategic interventions such as calorie-counting stair signage, gamified wellness programs, and eco-friendly nudges would significantly improve outcomes such as physical and mental well-being, employee engagement, and energy consumption. In addition to that, the infusion of

behavioral design principles into organizational policies assures that employees' subjective welfare and environmental stewardship contribute to business outcomes as a culture of collaboration, efficiency, and sustainability is developed.

The study also points out that leadership is key in driving behavioral change and providing a supportive environment. Leaders who model desired behaviors and champion wellness and sustainability initiatives inspire employees to embrace long-term positive habits.

Ultimately, the study shows that thoughtful and continuously improved behavioral nudging is a potent tool for the holistic transformation of the workplace. By focusing on employee well-being, environmental responsibility, and operational efficiency, businesses can deliver tangible value to their employees, communities, and stakeholders, opening the door to sustained success and societal impact.

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# A Review of Ethnobotany and Pharmacology of *Martynia annua* L.

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## Abstract :

*Ayurveda, an ancient Indian medicinal system, relies heavily on medicinal plants as an alternative and complementary approach to modern treatments. India's diverse bioclimatic zones render it an "Emporium of Medicinal Plants." Among these, Martynia annua L., locally called "Vinchu" (Devil's Claw) and known as "Kaknasa" in Ayurveda, is a notable herb with various pharmacological properties. Originally from Mexico, this small herbaceous annual plant is widely distributed across India. The plant contains active compounds such as luteolin, flavonoids, and phenolic compounds, which exhibit significant pharmacological effects. Despite its traditional applications, more detailed pharmacological studies are essential to determine its therapeutic and toxicological profiles. This review consolidates the ethnobotanical, traditional, and pharmacological data on Martynia annua L. to provide a comprehensive perspective.*

**Keywords :** Kaknasa, Vinchu, Ethnobotany, Pharmacology.

## I. Introduction :

Medicinal plants have been utilized since antiquity to treat various ailments. Traditional medicine, particularly Ayurveda, has gained popularity due to its efficacy, affordability, and minimal side effects compared to modern pharmaceuticals. *Martynia annua* L., commonly referred to as "Vinchu" or "Devil's Claw," is a herbaceous plant with diverse therapeutic applications. In Ayurveda, the plant is called "Kaknasa" and is employed for its analgesic, anti-inflammatory, wound-healing, antioxidant, and anti-diabetic properties. (see Figure 1.) Evaluating its pharmacological potential is essential to establish its safety and efficacy.



**Figure 1. Exploring the Therapeutic Potential of *Martynia annua*.**

## II. Material And Methods :

The material for this review was sourced from classical Ayurvedic texts, research papers, and online databases.

## III. Classical Review :

### A. References in Brihatrayi :

#### 1. Charaka Samhita:

- Included *Kaknasa* in the "Madhur Skandha" group.
- Used as an ingredient in:
  - **Chyavanprash Avaleha** for rejuvenation [9].
  - **Tryushnadi Ghrita** for respiratory disorders [10].
  - **Dhupan Dravya** for epilepsy [11].
  - **Baladi Yamak Sneha** for gynecological ailments [12].

#### 2. Sushruta Samhita:

- Classified *Kaknasa* under the "Madhur Varga" group.
- Used in **Anuvasan Vasti** procedures [42].

### B. References in Nighantus :

**Table 1.** summarizes its traditional uses as documented in Nighantus.

Nighantu Name	Period	Indicated Uses

Dhanwantari Nighantu	10th century A.D.	Wound purification, constipation [34].
Kaidev Nighantu	14th century A.D.	Oedema, skin diseases, emetic purposes [35].
Bhavprakash Nighantu	16th century A.D.	Scorpion bites, skin disorders, boils [30].
Raj Nighantu	17th century A.D.	Hair greying prevention, rejuvenation [28].

**C. Ayurvedic Pharmacopoeia of India (API) :**

The API identifies *Kaknasa* as having "Madhur Rasa," "Sheet Virya," and "Pittaghna" properties. Its seeds are especially noted for medicinal use [1].

**IV. Pharmacognostical Review :**

**Morphology :**

Although *Martynia Annu Linn.*, a member of the Martyniaceae family, is native to Mexico, it can be found along roadsides and in waste areas throughout India. It is a tiny, hairy, glandular, erect, herbaceous, annual herb that can reach a height of 0.9 to 1.2 meters.

**Stems :** Green, branching stems with glandular hairs covering them.

**Leaves :** The leaves are large, simple, opposite, green, roughly oblong to triangular-ovate, glandular hairy, 9–22 × 9–20 cm, with an acute apex and dentate border. They are sticky and frequently covered in glutinous material.

**Flowers :** The bell-shaped, purplish-white flowers have faint purple accents. 1 to 2 cm long pedicels. The calyx is 15–20 mm long. The corolla is pipe-shaped, campanulate, inward-facing, yellow-spotted, and has two stamens. It measures around 55 to 65 mm.

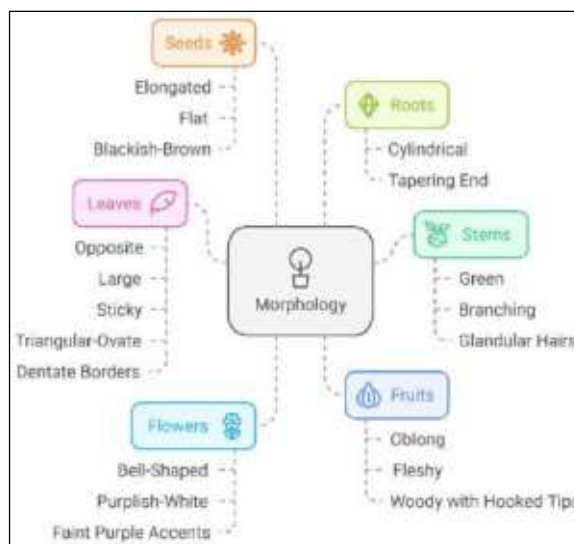
**Fruits :** Fruits are oblong, green and fleshy when young, then black and woody when mature. They are 3–4 cm long and 1-1.5 cm wide, tapering into a beak (claw) that is shorter than the fruit's body and breaks into two sharp, recurved hooks.

**Seeds :** Each pod has two seeds, which are elongated, flat, and blackish brown in color.

**Root :** Root is cylinder-shaped with a slight taper.

The scientific classification [5]

- Kingdom: Plantae
- Division: Magnoliophyta
- Class: Angiosperms
- Order: Lamiales
- Family: Martyniaceae
- Genus: *Martynia*
- Species: *Martynia annua*



**Figure 2. Morphology of *Martynia Annu Linn.***

**V. Ethnomedicinal Importance :**

The plant's ethnomedicinal applications, derived from local knowledge, emphasize its diverse therapeutic uses :

- **Fruits:** Used to treat pneumonia in children and scorpion stings [30, 37].
- **Seeds:** Applied for asthma and skin infections [39, 42, 34].
- **Roots:** Address urinary disorders, infertility, cancer, and rheumatism [26, 14].
- **Leaves:** Treat tuberculosis, scabies, neck cancer, and sore throat [32, 6, 25].

**VI. Pharmacological Importance :**

**Table 2.** Highlights pharmacological activities associated with various plant parts.

Sr. No.	Plant Part	Activity	Reference
1	Leaves	Antibacterial	3
		Antioxidant	27,22
		Wound healing	23
		Gastro protective	16
		Anticonvulsant	4
		Antifungal	18
		Cytotoxic	41
2	Flower	Hepatoprotective	14
		Antidiabetic	32
3	Fruit	Analgesic	20
		Antipyretic	20
		Antiarthritic	21
		Non toxicity	21
		Antioxidant	2
4	Oil		
4	Root	Antifertility	24

		Antinociceptive	6
		CNS depressant	6
		Anthelmintic	29
		Anticancer	14
5	Bark	Immunomodulatory	7

### VII. Discussion :

Despite its extensive use in traditional medicine, comprehensive pharmacological studies on *Martynia annua* L. remain limited. Its potential therapeutic benefits and toxicological risks warrant further investigation. Tables 1 and 2 summarize its classical and pharmacological properties, underscoring the need for more detailed clinical research.

### VIII. Conclusion :

The literature review highlights the significant medicinal potential of *Martynia annua* L. While it is extensively used in traditional systems, its pharmacological activities require thorough clinical validation. Future research could explore its untapped potential for developing novel therapeutic agents.

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## Pharmacological review of *Xanthium strumarium* L.

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### Abstract :

*Xanthium strumarium* L., a member of the Asteraceae family, is recognized as a significant source of phytoconstituents utilized in the treatment of various critical health conditions. This medicinal plant, often regarded as a weed, is prevalent across regions such as North America, Brazil, China, Malaysia, and the warmer areas of India. Traditionally, it has been employed to address a range of ailments. Extracts derived from the entire plant, particularly the leaves, roots, fruits, and seeds, have been utilized in traditional medicine for conditions including leucoderma, insect venomous bites, epilepsy, excessive salivation, chronic malaria, rheumatism, tuberculosis, allergic rhinitis, sinusitis, urticaria, rheumatoid arthritis, constipation, diarrhea, leprosy, lumbago, pruritus, and various bacterial and fungal infections. In India, only two species of *Xanthium*, namely *Xanthium strumarium* and *Xanthium indicum*, have been investigated for their phytochemical and pharmacological properties. stands out as a unique source of numerous biologically and pharmacologically significant phytochemicals. The primary phytochemicals identified in *Xanthium* include steroids, alkaloids, terpenoids, saponins, tannins, flavonoids, and proteins. However, despite its numerous medicinal applications, *Xanthium strumarium* is associated with several adverse effects, such as vomiting, abdominal pain, depression, convulsions, and even fatalities in animals. Additionally, cases of hepatotoxicity in humans have also been documented.

**Keywords :** Asteraceae, Pharmacology, Phytochemicals, *Xanthium strumarium*.

### Introduction :

The medicinal qualities of plant extracts have been utilized by many cultures. The active ingredients in those extracts serve as the foundation for various herbal medicine systems that have been used for thousands of years and continue to treat human ailments. (Gurib-Fakim, 2006, Al-Mekhlafi *et al.*, 2013) According to the World Health Organization (WHO), between 65 and 80 percent of developing nations rely on traditional medicine for medical care because they are impoverished or have trouble accessing modern medicine (Calixto, 2005).

*Xanthium strumarium* L. (Asteraceae) is a common weed found on roadsides, in paddy fields and in hedgerows throughout tropical India. (Oudhia P., Dixit A., 1994) The word "xanthium" comes from the ancient Greek words "xanthos" meaning yellow and "strumarium" meaning "cushion-like swelling", referring to the seed pods that change color from green to yellow as they mature (later they become dark yellow or brown). (Dharmananda S., 2003). It is generally called

Chotagokru because of the shape of a fruits similar to a cow toe. In many parts of India, it is known as adhasisi, as this weed is used for the treatment of common disease hemicrania." The genus *Xanthium* includes 25 species, all of American origin. *Xanthium spinosum* Linn. and *X. strumarium* Linn. It is used for medical purposes in Europe, North America and Brazil. *Xanthium canadens* Mill. In North America and Brazil, X is used. *Strumarium* linn. Found in China, India and Malaysia. (Caius J.F., 1986)

Animals eat juvenile plants that are poisonous; if they eat enough of these plants, they can get poisoned and die. Although *xanthium* is a well-known toxic herb (ranked as extremely toxic) for grazing animals (e.g., cattle, pigs, horses, and poultry), it is not mentioned as a medicinal herb in Western literature. (Dharmananda S., 2003) Cattle, 15,61 horses, goats, pigs, sheep, 16–8 pigs, and poultry have all been known to suffer losses as a result of it (Goodwin MA *et al.*, 1992). In vulnerable people, the plant causes allergic contact dermatitis. In China, cocklebur was grown as a green vegetable. In

Assam, the two leaves below and the young floral tips are boiled in water and consumed as a pot herb. The herb itself is thought to be dangerous but cooking and washing eliminate the harmful ingredients. (Chopra, RN, *et al.*, 1945). Cocklebur seeds and seedlings contain carboxy-atractyloside, an extremely poisonous glycoside. At the two-leaf stage, the chemical content was found to be 0.12% in the seedling and 0.457% in the seeds. Only the seedlings' cotyledons or seed leaves contain the toxin. Following germination, the poison easily vanishes. (P. Oudhia, 2001)

#### Botanical Description :

*Xanthium strumarium* L., Sp. Pl. 987. 1753; Hook. f., Fl. Brit. India 3: 303. 1881; Cooke, Fl. Pres. Bombay 2: 94. 1958 (Repr. ed.).

Erect, foetid, 30-120 cm tall herbs. Stem stout, rough. Leaves broadly ovate or suborbicular, alternate, 5-12 cm long and slightly broader than long, often 3-lobed, irregularly inciso-serrate, palmately veined. Heads globose, in greenish-yellow, axillary and terminal short racemes. Involucre of fertile heads ovoid, with two erect beaks, pubescent, clothed with hooked prickles. Achenes 12 mm long, oblong-ovoid, compressed, glabrous, black.

Very common in wastelands along roadsides, around fields, near villages and houses in the towns. Native of Tropical America.

Fl. & Fr.: October-May.

Local Name: Kutri, Lepdi, Gokhru, Banmani, Bhormani, Solmonjo.

Use: Leaves after boiling in water are used as vegetable.

Dahiwel 1202, Sangavi 1324. (Patil D. A., 2003)

#### Taxonomical Classification :

**Kingdom-** Plantae

**Phylum-** Magnoliophyta

**Class-** Magnoliopsida

**Order-** Asterales

**Family-** Asteraceae

**Genus-** Xanthium

**Species-** strumarium

**Scientific name-***Xanthium strumarium* L.



**Vernacular names** - Chota dhatura, Chota gokhuru, Ghaghra (Hindi), Shankeshwar (Marathi), Marul-Umattai (Telugu), Godrian (Gujrati), Arishta, Medhya (Sanskrit), Bhede kurro, Ghangharaa, Kaastolo, Kuch Kuche (Nepali).

#### Distribution :

Around the world, *X. strumarium* is mostly found in temperate regions. In nations like South Africa, India, Australia, and the Americas, it grows extensively as a weed. India's states include Madhya Pradesh, Uttar Pradesh, Bihar, Odisha, and Assam. (Negi *et al.*, 2011) list the following cities in Rajasthan: Jodhpur, Bikaner, Jaisalmer, Barmer, Sikar, Naguar, Jhunjhunu, Churu, and Ganganagar.

#### Pharmacological Profile :

##### Antiallergic Activity :

The mast cell-mediated allergic reaction is inhibited in a dose-dependent manner by the aqueous extract of *X. strumarium*'s dried fruit. The extract prevented a passive cutaneous anaphylaxis reaction mediated by local immunoglobulin E (IgE). Anti-dinitrophenyl (DNP) IgE antibody-stimulated mast cells' production of TNF- $\alpha$  was 56% reduced by the addition of 0.1 mg/ml *Xanthii fructus*. Therefore, the plant's fruits may help treat a variety of inflammatory or allergic conditions (Hong SH, *et al.*, 2003).

The plants' phototoxicity may potentially be used medicinally. *X. strumarium* seed oil's in vivo phototoxicity in mice was assessed for sunburn oedema, sunburn cell development, epidermal Langerhans cell reduction, and local inhibition of contact hypersensitivity by UVA irradiation. (K.M. Bark *et al.*, 2010)

##### Anti-Arthritic Activity:

Anti-arthritic properties According to a study, *Xanthium strumarium* extracts considerably reduce arthritic score and edema. *Xanthium strumarium* may be considered a contender for usage as an immunomodulatory medication for rheumatoid arthritis as well as in general therapy. (Lin Bing *et al.*, 2014).

##### Antibacterial, Antitumour and Anticancer Activities:

Activities that are antibacterial, antitumor, and anticancer. *Proteus vulgaris*, *Staphylococcus aureus*, *Bacillus subtilis*, *Candida albicans*, and *Candida pseudotropicalis* were all susceptible to the antibacterial action of the plant extract. The presence of xanthol is the cause of the activity. Plants contain xanthinin, which has antimicrobial and growth-regulating properties. The seed produces a semi-dry edible oil (30–35%) that is used to



treat erysipelas, herpes, and bladder infections. It mimics sunflower oil.

Eight-epi-xanthatin and 8-epi-xanthatin-5 $\beta$ -epoxide, two xanthanolide sesquiterpene lactones that were extracted from the leaves, showed a notable inhibition of the growth of cultured human tumor cells, including A549 (non-small cell lung), SK-OV-3 (ovary), SK-MEL-2 (melanoma), XF498 (CNS), and HCT-15 (colon), in vitro. In vitro, they were also shown to dose-dependently inhibit the farnesylation process of human lamin-B by farnesyltransferase (Rodriguez TE, *et al.*, 1976). Strong antibacterial action against gram-negative bacteria and fungi was demonstrated by an alcoholic solution of xanthinin at concentrations of 0.01–0.1%. (Little JE *et al.*, 1950)

#### Anti-Diabetic Activity:

Alcoholic and water extracts were used to assess the anti-diabetic properties of dried *Xanthium strumarium* L. leaves and stems. The anti-diabetic potency was tested using a 21-day streptozotocin-induced diabetes model (STZ). In addition to being overweight, the diabetic rats exhibited elevated blood sugar, cholesterol, and triglycerides. Alcoholic and water extracts could be continually administered orally to rats for 21 days at doses of 250 and 500 mg/kg, respectively, to lower blood glucose, cholesterol, and triglyceride levels. The histological appearance of the pancreatic cells in the STZ-induced groups showed some improvement following 21 days of therapy. The results demonstrate the potent anti-diabetic effects of *Xanthium strumarium* alcohol extracts. (Joghee Suresh *et al.*, 2014).

#### Diuretic Activity :

The plant has the ability to dilute urine. A 30% fluid extract of *X. strumarium* was given to 60 Balb/c rats as part of the investigation. The outcomes of the plant were contrasted with those of a negative control that received the alcoholic extract's vehicle and a positive control, such as cyclophosphamide. In order to assess the possible diuretic impact of fluid extract in a 65% hydroalcoholic solution of *X. strumarium*, another experimental investigation was conducted in Wistar rats. There were three dose levels used: 100, 200, and 400 mg/kg of body weight. The results show that the extract's diuretic activity is comparable to that of furosemide, with a high degree of natriuresis and kaluresis occurring concurrently. Because there were no clinical symptoms of toxicity or fatalities at the 2000 mg/kg dose the generally utilized limit dose the results validated and supported the plant's safety. (Dra. Lesly Jiménez Nieves, *et al.*, 1999).

It was discovered that the -BuOH soluble extract of *X. strumarium* seeds exhibited unique ACE inhibitory activity during the in vitro screening process for the angiotensin converting enzyme (ACE) inhibitory activity of the different extracts from medicinal plants. The plant seeds' -BuOH soluble extract was fractionated and purified under the guidance of bioassay, yielding a novel xanthiazone-11-glucopyranoside. The inclusion of a novel xanthiazone-11-glucopyranoside substantially and dose-dependently reduced the ACE activity.

#### Antifungal Activity :

The terpenes d-limonene and d-carveol give the plant strong antifungal properties against both pathogenic and non-pathogenic fungi. (Bisht NPS *et al.*, 19780) The plant's antifungal component, also referred to as "deacetyl xanthumin," was found to be 4-oxo-1(5),2,11,(13)- xanthatriene-12, 8-olide. In both pot and field tests, fresh sap from *X. strumarium* at a 50-fold dilution was very successful in reducing the disease incidence. In vitro, crude extracts of the plant, at concentrations of 12.5 and 15.6  $\mu$ g/ml, respectively, reduced the zoospore germination and mycelial growth of *Phytophthora drechsleri*, the causative agent of *Atractylis rot*. (Dong KK, *et al.*, 2002). The plant's leaf extract has the potential to be a powerful fungitoxicant that inhibits *Fusarium moniliforme's* mycelial growth. (Kishore, N., *et al.*, 1982)

The disc diffusion experiment was used to evaluate the antimicrobial (antifungal, antibacterial) properties of the leaf extracts in hexane, ethyl acetate, and alcohol. As benchmarks, the antifungal activity was contrasted with those of nystatin and fluconazole. At 200  $\mu$ g/disc, hexane extract shown significant suppression against *Aspergillus niger*, *P. aeruginosa*, *S. aureus*, and *Candida albicans*. At 200  $\mu$ g/disc, ethyl acetate extract demonstrated inhibition against *A. niger*, *S. aureus*, and *E. coli*. Only *S. aureus* was inhibited by the alcoholic extract at a 200  $\mu$ g/disc concentration (Amerjothy *et al.*, 2007). The plant is quite effective against *Candida* and *C. neoformans* species, and it is not harmful to brine shrimp. The addition of a free amino group enhanced the inhibitory activity against *Aspergillus fumigatus*, but the 4,5-dihydroxyl groups in the quinic acid moiety were essential for the activity. (Ma C., *et al.*, 2007)

#### Hypoglycaemic Activity :

In the rat, the herb had strong hypoglycemic effects. (L. Favier, *et al.*, 2005). Caffeic acid and phenolic chemicals found in *X. strumarium* fruit were studied for their potential antihyperglycemic effects. Both insulin-resistant and streptozotocin-induced diabetic rats showed

a dose-dependent reduction in plasma glucose following an intravenous infusion of caffeic acid. Normal rats, however, did not experience a comparable impact. Thus, caffeic acid may have an insulin-independent effect. Otherwise, when insulin-resistant mice were given a glucose challenge test, this substance decreased the rise in plasma glucose levels. Additionally, caffeic acid increased glucose absorption into the isolated adipocytes in a concentration-dependent manner. The decrease in plasma glucose appears to be caused by the increased use of glucose by caffeic acid. (Hsu FL *et al.*, 2000) Additionally, carboxy-atractyloside has hypoglycemic properties. (Fouche G. Cragg GM, *et al.*, 2008). As such, cockleburs offer a comparatively cheap raw material source for the global manufacturing of a naturally occurring insulin alternative. The primary benefit of the product is that it doesn't work by stimulating the pancreatic islets of Langerhans to create insulin. (Dharmananda S. 2003)

#### **Anti-inflammatory, Antinociceptive and Vasorelaxant Activities :**

The effects of a methanol extract of *X. strumarium* L. semen (MEXS) on the production of prostaglandin E2 (PGE2), nitric oxide (NO), and tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) in RAW 264.7 cells caused by lipopolysaccharide (LPS) were assessed. According to data, MEXS is a strong inhibitor of NO, PGE2, and TNF- $\alpha$  production. It does this by preventing the degradation of the inhibitor of kappa B- $\alpha$  (I $\kappa$ B- $\alpha$ ), which is what gives it its anti-inflammatory properties, and by inhibiting the DNA binding activity of nuclear factor kappa B (NF- $\kappa$ B) and the translocation of NF- $\kappa$ B to the nucleus. Additionally, MEXS (100, 200 mg/kg/day, p.o.) demonstrated analgesic effects in a hot plate test and an acetic acid-induced abdominal constriction test in mice, and its anti-inflammatory and antinociceptive properties in vivo decreased acute paw oedema caused by carrageenan in rats. (Jongwon C. *et al.*, 2005) The antinociceptive effects are explained by the presence of phenolic components such as caffeoylquinic acids (3,5- and 4,5-O-dicaffeoylquinic acids). In a different study, polarity was used to separate an ethanol extract. In addition to reducing the number of writhings caused by acetic acid in mice in a dose-dependent manner, the n-butanol fraction had the most anti-inflammatory effect among the other fractions in the croton-oil-induced ear oedema test. This suggests that the plant's n-butanol component has strong analgesic properties, which are probably mediated via its anti-inflammatory properties. (Han T, *et al.*, 2007) Additionally, the plant

has vasorelaxant properties and uses endothelium-dependent nitric oxide to relax vascular smooth muscle. (Yin MH, *et al.*, 2005)

#### **Larvicidal Activity :**

According to reports, *Xanthium strumarium* seed extracts in methanol have larvicidal action against *Aedes caspius* and *Culex pipiens*, with LD50 values of 502.32  $\mu$ g/ml for *Culex pipiens* larvae in their fourth instar and 531.07  $\mu$ g/ml for *Aedes caspius* larvae in their fourth instar (Fahd A. *et al.*, 2017).

#### **Anti-microbial activity :**

The essential oil of *Xanthium strumarium* had a lower percentage of xanthine. This phytochemical was discovered to be active against *Colletotrichum*, *T. reseau*, *B. cereus*, and *S. aureus* after being extracted from an extract of *Xanthium spinosum* L. (Ginestaa-Peris *et al.*, 1994). According to a study, cinnamic acid is effective against *Salmonella* sp., *P. aeruginosa*, *S. aureus*, and *E. coli*. The MIC values for each bacterial strain were determined to be 1.0 mg/ml (Chang *et al.*, 2001). *Xanthium strumarium* extracts contained cinnamic acid in amounts ranging from 22 to 80 mg/g dry extract (Scherer *et al.*, 2009). Therefore, *Xanthium strumarium*'s antibacterial qualities are due to the chemicals xanthatin and cinnamic acid.

#### **Antimitotic Activity :**

There may be antimitotic components in *X. strumarium*. In one study, the microtubule-tubulin system that was separated from mammalian tissue was used to screen the plant for antimitotic activity. After being identified, the separated fractions were utilized for in vitro polymerization experiments. The whole as well as partially separated chemical constituents showed effective inhibition of tubulin polymerization. (Menon GS *et al.*, 2001)

#### **Neuropharmacological Activity :**

CNS depressing action was demonstrated by xanthium. The plant extract altered the general behavior patterns of the rats, reduced spontaneous motility, prolonged pentobarbitone-induced sleep, suppressed exploratory behavior patterns, and elicited an avoidance response. (Mandal SC *et al.*, 2001).

#### **Anti-oxidant activity :**

The antioxidant and antiradical properties of *Xanthium strumarium* plant extracts were assessed in a study. The IC50 values for the antiradical and antioxidant activities were determined to be 0.09 and 0.02 mg/ml, respectively. Ascorbic acid and  $\alpha$ -tocopherol were discovered to be inferior to these two actions. (Rad and Javad Sharifi, 2013).

### **Antioxidant and Hydrophobic Activities :**

Using the cross-linking assay method, the antioxidant impact of plant extract fractions on lens protein was calculated. [(14)C] N-formyl-lysine incorporation was used to measure the cross-linking activities of extract fractions (crude, CHCl<sub>3</sub>, EtAc, and H<sub>2</sub>O) on lens protein. The findings demonstrate that whereas H<sub>2</sub>O extract had no effect on the cross-linking assay, crude, CHCl<sub>3</sub>, and EtAc extracts had an antioxidant effect of about 10%. Using a cell culture system, the impact of plant fractions on the survival of human lens epithelia, or HLE B-3 cells, was examined. The MTT test was used to measure HO-mediated cellular death and its IC<sub>50</sub> with roughly 100 μM H<sub>2</sub>O. After being pretreated with extract fractions, the HLE B-3 cells were cultured with 100 μM H and O. The cultures were then incubated with MTT solution to evaluate the cell viability. At doses of 500 ng/ml, 1 μg/ml, and 100 ng/ml, respectively, the crude fraction, CHCl<sub>3</sub> fraction, and EtAc fraction were found to have statistically significant antioxidant activity. Additionally, the finding that only the fractions separated using organic solvents exhibited antioxidant activity implies that the extract's active ingredients are hydrophobic. (Lee SJ, *et al.*, 2001)

Using rat brain homogenates, the anti-hemolysis assay of red blood cells, and other in vitro assays, different extracts of *X. strumarium* (hexane, ethyl acetate, n-butanol, and water) were screened and their antioxidant activities in a variety of lipid peroxidation systems were assessed to ascertain their capacity to scavenge superoxide and hydroxide radicals. The antioxidant activity of butanol extract was comparatively higher. It might have something to do with the presence of phenolic compounds like flavonoids and tannins, as well as polyphenols because of their capacity to scavenge reactive oxygen species (ROS) and chelate divalent cations thanks to their hydroxyl groups (Kang DG, *et al.*, 2003).

### **Antitussive Activity :**

In mice, the extract has strong antitussive effects that are dose-dependent. The extract's antitussive properties were on par with those of the common medication codeine phosphate (10 mg/kg). During the two hours of the experiment, the extract at dose levels of 100 and 200 mg/kg (p.o.) significantly inhibited the cough reflex by 39.75 and 65.58%, respectively. (Mandal *et al.*, 2005).

### **Antitrypanosomal and Antimalarial Activities :**

A crude 50% ethanolic extract of *X. strumarium* leaves was investigated for its antitrypanosomal properties both in vitro and in vivo. At all four tested

concentrations—5, 50, 500, and 1000 μg/ml—the extract demonstrated trypanocidal action in vitro. The extract demonstrated an antitrypanosomal activity in an in vivo experiment when administered intraperitoneally at doses of 100, 300, and 1000 mg/kg. The *Trypanosoma evansi* infected mice's survival time was noticeably extended at doses of 100 and 300 mg/kg. However, at a level of 1000 mg/kg, the extract was discovered to be poisonous to the animals. (Talakal TS, *et al.*, 1995) With EC<sub>50</sub> values below 10 μg/ml, Quan *et al.* discovered that the plant's H<sub>2</sub>O and MeOH-H<sub>2</sub>O extracts have antiplasmodial activity by preventing the growth of the chloroquine-resistant *Plasmodium falciparum* strain FCR-3 (Tran QL, *et al.*, 2003). These actions of the plant are explained by the presence of xanthinin.

### **Contact Dermatitis :**

There is a possibility that the plant causes airborne contact dermatitis. Patch tests using a 15% aqueous extract of air-dried leaves in a study revealed a very strong positive result. There was a significant level of hypersensitivity to *X. strumarium*, as evidenced by the titre of contact hypersensitivity with the plant extract being more than 1:100,000 and for *Parthenium hysterphorus* being 1:10. Cross sensitivity between the two plants was found to be highly prevalent in 14 additional patients who underwent additional testing. (JS Pasricha, *et al.*, 1990) The two plants appear to have highly similar antigens.

### **Repellent and Insecticidal Effects :**

A randomized plot design with 25 replicates was used to examine the repellent properties of *X. strumarium* fruit and leaf extracts diluted with 1/6, 1/8, 1/10 water (w/v) for the fruits and 1/6, 1/8 (w/v) for the leaves in a lab setting. It was discovered that while the repelling effect was rather significant, the insecticidal impact was minimal. On the other hand, the effect of 1/6 concentration of fruit extract against adult and larvae of Colorado Potato Beetle was investigated under field conditions and the repellent effect. was confirmed. The poisonous elements in *X. strumarium*'s fruits and leaves may be the cause of this impact. Low toxic components were hydroquinone and xanthatin. These components are known as repellent components, (Cetinsoy S, *et al.*, 1998)

### **Toxicity :**

*Xanthium strumarium* has numerous medical applications, but it also has negative side effects, including depression, vomiting, abdominal pain, paddling convulsions, and even animal death. There have also been reports of hepatotoxicity induction in humans.

Researchers have shown that the plant's seeds and seedlings contain carboxy-atractyloside, a glycoside that is toxic to a variety of mammals, including cattle, pigs, and horses. Animals may die and develop multiple organ problems if they consume large quantities of it. Mammals cannot survive on *X. strumarium*. It is said to have moderate to severe allergic reactions. A sulphated glycoside called carboxy-atractyloside, which is present in seeds and during the two-leaf seedling stage, is the poisonous principle. (Witte ST, *et al.*, 1990) The cytotoxic and fatal effects of CAT may be related to its metabolism, according to another toxicological investigation conducted on male rats. Clinical signs of toxicosis, duration of illness, lethality, gross lesions and hepatic and renal histopathological lesions were recorded.

While CAT detoxification may take place partially through a P448-dependent (BNF-inducible) enzyme and partially through a hemoprotein-independent, (phenyl butazone) PBZ-inducible enzyme, CAT toxicosis has independent lethal and cytotoxic components that may be partially caused by an active metabolite formed by de novo synthesised P450–P448-independent hemoprotein. Moreover, CAT detoxification does not appear to be P450- or GSH-dependent. (Stewart MJ, Steenkamp, 2000)

#### Conclusion :

The traditional use of extracts of whole plants, roots, leaves, and fruits to treat poisonous insect bites, epilepsy, salivation, chronic cases of malaria, rheumatism, tuberculosis, allergic rhinitis, sinusitis, urticaria, rheumatoid arthritis, constipation diarrhea, leprosy, lumbago, pruritis, and inflections caused by bacteria and fungi has been largely validated by pharmacological studies. Therefore, in the context of a logical phytotherapy, clinical research is desperately needed to validate conventional wisdom. The vast majority of people on the planet still get their medications nearly exclusively from plants. As a result, developing effective, secure, and affordable drugs is still difficult for scientists, particularly in rural areas.

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## Phytochemical composition and Pharmacological review of *Cassia tora* L.

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### Abstract :

*Cassia tora* is a leguminous plant belonging to the family Fabaceae and are used for the treatment of leprosy, psoriasis, ringworm, ulcers, skin diseases and as a laxative and antiasthenic. *C. tora* commonly found in waste grounds and secondary forest. The chemical constituents reported from this plant belong to different classes such as glycosides, tannins, flavonoides, steroids, resins, mucilage and sugars. *C. tora* has number of medicinal uses, many of which have been verified by scientific methods. This review article summarizes the chemistry and pharmacological profile of *C. tora*. *Cassia tora* leaves could be a potential source of nutritional and mineral elements that may be useful in nutrition. The phytochemicals observed in this study explained the medicinal action of the plant encountered in its therapeutic uses. The study demonstrated that, *Cassia tora* leaves could serve as an important source of nutrition and ethno medicine for animals and humans.

**Keywords :** *Cassia tora*, phytochemistry, pharmacological activity, anthraquinone.

### Introduction :

Nature has given us a wealth of treatments to treat every human ailment. A significant portion of our nation still uses traditional herbal remedies, primarily in rural and tribal areas. A significant portion of the populace in many developing nations is dependent on traditional practitioners, who have a strong belief in and rely on herbal folk medicine as their major source of healthcare (Jain S, Patil UK., 2010). Natural active compounds found in medicinal plants are utilized to treat illness and reduce pain. In the majority of developing nations, traditional medicines and medicinal plants are frequently used as therapeutic agents to maintain good health.

According to estimates from the World Health Organization (WHO), 80% of individuals in underdeveloped nations get their main medical treatment nearly entirely from traditional medicines (Shakywa Y, et al., 2011). One of the top research topics in the world is the study of medicinal plants. However, consideration must be given to the assessment of medicinal plants' bioactivity and safety as well as their preservation. In vitro screening is used for some medicinal plant screening studies. The researcher's ultimate goal is to treat human and animal illnesses by using therapeutic plants. Herbs have historically been used to treat a

variety of illnesses because they are thought to be harmless. Due to our abundance of plants and herbs, we in India use them as our primary source of medicine. (Jain S, Patil UK., 2010).

India and other tropical nations are home to the well-known medicinal herb *Cassia tora* Linn. Due to their potential to address the issue of drug resistance in microorganisms, medicinal plants are increasingly being used as raw materials in the creation of new medications. (Choudhary M., et al., 2011) According to the Indian traditional medical system, this plant has a number of therapeutic uses, including as a laxative, an antiseptic, an antioxidant, an antiperiodic, and a treatment for leprosy, ringworm, bronchitis, heart conditions, liver disorders, hemorrhoids, ocular, and skin conditions. (Huang KC., 1993)

### Taxonomic classification :

Kingdom - Plantae  
Division - Angiospermae  
Class - Dicotyledoneae  
Order- Fabales  
Family-Fabaceae  
Subfamily- Caesalpinioideae  
Tribe -Cassieae  
Subtribe-Cassiinae

Genus- *Cassia*  
Species-*tora*



#### Vernacular Names

English -*foetid cassia*

Hindi -Chakavat, Charota, and Chakvad.

Kanarak - Taragasi, Tagace.

Malayalam -Takara

Sanskrit -Prapunatah and Chakramardah

Tamil -Tagarai

Telugu -Tantemu, Tagirisa,

Gujarat- Kovaraya

Punjab -Chakunda

Urdu -Panwar

Marathi- Tankli, Takala, and Takla

Bombay -Kovariya, Kowaria,.

Chinese -Chueh Ming.

#### Geographical Origin in India:

The plant can be found in wastelands and roadsides, in plains, and on low-lying slopes up to 1,800 meters. In tropical regions of India, particularly in the middle and southern regions, it thrives in arid soil. (Vaidya Sala, Arya, 2003)

In addition to India, the plant is grown in China, Korea, Nepal, and Nigeria (K.R. Kirtikar, B.D. Basu, 2006).

#### Phytochemistry :

##### Leaves :

Researchers are assessing the leaf's antioxidant and antiproliferative properties after a preliminary phytochemical screening revealed the presence of polyphenols. The leaves are said to contain emodin and kaempferol-2-diglucoside. There are also amino acids, fatty acids, d-mannitol,  $\beta$ -sitosterol, myricyl alcohol, trigonelline, choline, chrysophanol, aloe-emodin, rhein, glucose, and 1-stachydine in leaves. The plant's leaves have been shown to contain sennosides, which are well known for their therapeutic value. It was discovered that the leaf of *C. tora* contained 0.14 percent sennoside. It has also been reported that leaves contain flavonol

glycoside, or kaempferol-3-diglucoside. Ononitol monohydrate, a possible hepatoprotective component, was extracted from *C. tora* leaves. (Choudhary M, *et al.*, 2011).

##### Seeds :

Aurantio-obtusin, chryso obtusin, obtusin, chrysoobtusin-2-O-beta-D-glucoside, physcion, emodin, chrysophanol, obtusifolin, and obtusifolin-2-O-beta-D-glucoside are among the anthraquinones found in seeds. Hydroxy-6-7-dimethoxy-2-methylanthraquinone (X) and -sitosterol are Brassinosteroids found in seeds. [1-2] Monoglycerides (monopalmitin and monoolein), castasterone, typhasterol, teasterone, brassinolide, and 28-norcastasterone. phenolic glycosides were also identified, including rubrofusarin triglucoside, rubrofusarin gentiobioside, demethylflavasperone gentiobioside, torachryson gentiobioside, torachryson tetraglucoside, and torachryson apioglucoside. According to (Ingle A. *et al.*, 2012) Rhein, Aloe emodin, 8-hydroxy-3-methylanthraquinone-1 $\beta$  gentiobioside, Norrubrofusarin, Rubrofusarin and its 6- $\beta$  gentiobioside, Chrysophanic acid and its 9-anthrone, Aurantio-obtusin, 1 desmethylaurantio obtusin, 1-desmethylchryso-obtusin, torlactone, torachryson, and sitosterol are all found in the seeds. Torachryson-8-O-[beta-D-glucopyranosyl(1 $\rightarrow$ 3)-O-beta Dglucopyranosyl(1 $\rightarrow$ 6)-O-beta-glucopyranoside] are two novel phenolic triglucosides. Seven known compounds were extracted from 70% ethanolic extract, including torlactone 9-O-[beta-Dglucopyranosyl(1 $\rightarrow$ 3)-O-beta-Dglucopyranosyl(1 $\rightarrow$ 6)-O-beta Dglucopyranoside]. Seeds also contain Rubrofusarin & its triglucoside, Quercetin, 6-O- $\beta$ -D glucoside, 6-O- $\beta$  D- gentiobioside. Along with isorubrofusarin, alaternin and adenosine were isolated and identified (Choudhary M, *et al.*, 2011). An in vitro bioassay based on the inhibition of advanced glycation end product (AGE) generation was used to isolate three naphthopyroneglucosides from the BuOH soluble extract of the seeds: cassiaside, rubrofusarin-6-O- $\beta$ -D gentiobioside, and toralactone-9-O- $\beta$ -gentiobioside. The inhibitory activity of each isolate on the production of AGEs in vitro was assessed. For the first time, 2-hydroxyemodin 1-methylether was extracted from *Cassia tora* seeds (Choudhary M. *et al.*, 2011).

##### Stembark:

The stem of *C. tora* Linn. was used to isolate a rare anthraquinone, such as 1-hydroxy-5-methoxy-2-methyl anthraquinone, its glycoside, 5-methoxy-2-methyl anthraquinone-1-O- $\alpha$ -L-rhamnoside, as well as



chrysophanol, emodin, and  $\beta$ -sitosterol. Choline, myricyl alcohol,  $\beta$ -sitosterol, glucose, tigonelline, 1-stachydine, d-mannitol, and myricyl alcohol are also present in the stem (Choudhary M, *et al.*, 2011). The polyphenolic anthraquinone content of this plant's stem was investigated by Rai, K.N., and Kumari (Rai KN, Kumari S., 2006).

**Root:**

Chrysophanic acid and its 9 anthrone, naphtho- $\alpha$ -pyrone, Physcion, rubrofusarin and its 6  $\beta$  gentiobioside, torlactone, leucopelargonidin-3-O- $\alpha$ -L-rhamnopyranoside,  $\beta$  sitosterol, choline, and 1,3,5-trihydroxy-6,7-dimethoxy-2 methyl anthraquinone are all found in roots (Ingle A, *et al.*, 2012).

**Pharmacological activity:**

**Fungicidal activity:**

The antifungal properties of *C. tora* ethanol extracts are strong against *Candida albicans* and *Microsporum canis*, but weak against *Aspergillus fumigatus*. Chrysophanic acid-9-anthrone from *C. tora* has been shown to have fungicidal properties. (Kim Ym, *et al.*, 2004).

**Antibacterial activity:**

With the exception of *Bacillus subtilus*, the aqueous extract of *C. tora* demonstrated good antibacterial activity against both gram positive and gram negative pathogens in terms of zone of inhibition when compared to other extracts. The most vulnerable bacteria to the aqueous extract was *Staphylococcus aureus*. (Patel RP, Patel KC., 1957)

**Used for conjunctival congestion and blurred vision:**

This herb may not only cleanse and purge fire from the liver but also nourish the liver and kidneys since it is so bitter and frigid to purge heat and so sweet and salty to replace yin (body fluids). This herb is great for improving vision and may be used for both excess and deficient types of eye conditions because the liver has open orifices on the eyes and the pupils represent the kidneys. For conjunctivitis (inflammation of the conjunctiva, the mucous membrane lining the inner surface of the eyelids and continuing over the forepart of the eyeball) and photophobia (intolerance to light) caused by fire of excess types in the liver channel, it is frequently used in conjunction with self-healing spica (*Spica Prunellae*), cape jasmine fruit (*Fructus Gardeniae*), etc. Additionally, it is frequently used in conjunction with chrysanthemum, mulberry leaves, and other herbs to treat headaches caused by conjunctival congestion brought on by upward outbreaks of

pathogenic wind-heat. For hazy vision caused by a yin shortage of the liver and kidneys, it is sometimes taken in conjunction with milk vetch seed (*Semen Astragali Complanati*), etc. (Cruickshank R. 1965).

**Hypolipidemic activity:**

The reduction in LDL-cholesterol level by ethanolic extract, ether soluble fraction and water-soluble fraction were 69.25, 72.06 and 76.12%, respectively. The hypolipidemic effect of *C. tora* L. seed ethanol extract and its fractions on a triton-induced hyperlipidemic profile was examined. Total cholesterol levels in the blood were reduced by 42.07, 40.77, and 71.25%, respectively, by the ethanolic extract and its ether-soluble and water-soluble fractions. However, the blood HDL-cholesterol level rose by 6.72, 17.20, and 19.18% for the ethanolic extract, ether soluble fraction, and water soluble fraction, respectively. Triglyceride levels were reduced by 26.84, 35.74, and 38.46% by ethanol extract, ether fraction, and water fraction, respectively. Ethanolic extract, ether soluble fraction, and water soluble fraction all reduced LDL cholesterol levels by 69.25, 72.06, and 76.12%, respectively. (Patil UK, *et al.*, 2004).

**Antioxidant and Cytotoxic activity:**

Polyphenols were found in the leaves according to a preliminary phytochemical examination (3.7 mg gallic acid equivalent per gram of dried leaves). The antiproliferative and antioxidant properties are attributed to phenolic chemicals. Rutin and BHT were used as standards in the nitric oxide scavenging and reducing power tests of *C. tora* methanolic leaf extract (CTME). Rat liver and brain were used to test the extract's ability to reduce lipid peroxidation. There was a relationship in every experiment between the extract concentration and the proportion of free radical, reducing power, and lipid peroxidation inhibition. Human cervical cancer cells (HeLa) were used to test the antiproliferative properties of CTME combined with the anticancer medication cisplatin. The MTT test was used to quantify HeLa proliferation, the modified diphenylamine technique was used to measure cell DNA content, and Caspase 3 activity was used to measure apoptosis. In HeLa, the plant extract caused a significant concentration-dependent suppression of apoptosis, decreased DNA content, and proliferation. These findings unequivocally show that *C. tora* is beneficial in treating diseases caused by free radicals. (Rejiya CS, Cibir TR, 2009)

**Antipsoriatic activity:**

There have been reports of using *C. tora* aqueous extracts as infusions and decoctions to treat psoriasis and other skin conditions including infections. Psoriasis can

be treated with antibacterial therapy, according to the American Academy of Dermatology. Many antibacterial agents, including those derived from herbal sources, are used to treat various skin conditions, including psoriasis. ( Daniel AC, *et al.*, 2004)

#### **Estrogenic and anti-estrogenic activities of *Cassia tora* phenolic constituents:**

The estrogen-dependent proliferation of MCF-7 cells was used to examine the fractions' and the isolated compounds' estrogenic activity. Furthermore, the ERalpha competitor screening assay (ligand binding screen) and the yeast two hybrid assay expressing estrogen receptor alpha (ERalpha) and beta (ERbeta) were utilized to confirm the binding affinities of the identified compounds to ER. Additionally, the 70% alcoholic extract of *C. tora* seeds showed a marked increase in estrogenic activity after being pre-treated with naringinase. Six compounds were identified from the extract that had been pre-treated with naringinase; the most powerful estrogenic action was exhibited by 6-hydroxymusizin and aurantio-obtusin, while the strongest anti-estrogenic activity was demonstrated by torachryson, rubrofusarin, and toralactone. (El-Halawany AM, *et al.*, 2007)

#### **Inhibitory activity on advanced glycation end products (ages) formation:**

The ethanol-soluble extract of *C. tora* seeds as active ingredients, monitored by chromatographic fractionation utilizing an in vitro bioassay based on the suppression of advanced glycation end products (ages). (Ga Young Lee, *et al.*, 2003)

#### **In vitro Anthelmintic activity:**

The anthelmintic activity of alcohol and aqueous extracts from *C. tora* seeds against *Ascaridia galli* and *Pheretima posthuma* was examined. (Deore, S. L., *et al.*, 2009) Three extract concentrations (25, 50, and 100 mg/ml) were investigated in an activity that involved timing the worm's paralysis and death. At the maximum dose of 100 mg/ml, both extracts showed notable anthelmintic action. As a standard reference, piperazine citrate at the same concentration as the extract was added, and distilled water served as a control. Thus, it has been shown for the first time that alcohol and aqueous extracts of *Cassia tora* have anthelmintic properties. (El-Halawany AM, *et al.*, 2007)

#### **Used for constipation due to intestinal dryness:**

This herb helps alleviate constipation by removing heat from the bowels and loosening them with its cooling and moisturizing qualities. For constipation brought on by internal heat and intestinal dryness, it is frequently

combined with hemp seed, Mongolian snake gourd seed (Semen Trichosanthis), etc. Additionally, sickle senna seed decoction, syrup, and tablets are effective for hyperlipemia, or the presence of excess fat or lipids in the blood, and Ju Ming Jiang Ya Pian, which is prepared from this herb in combination with chrysanthemum, has a certain curative impact on high blood pressure. (TK Maity, SC Dinda, 2003)

#### **Inhibitory Activities on Angiotensin-Converting Enzyme:**

At a concentration of 163.93 µg/ml, the methanol extracts from the raw and roasted *C. tora* showed more than 50% inhibition against ACE, indicating substantial inhibitory effects. With an IC<sub>50</sub> value of 30.24 ± 0.20 µm, anthraquinone glycoside was the only compound that showed significant inhibitory effect against ACE. On the other hand, aurantio obtusin, which was produced by hydrolyzing gluco-aurantioobtusin with acid, had no action. 7 was determined to be a competitive inhibitor with a K<sub>i</sub> value of 8.3 × 10<sup>-5</sup> M based on additional inhibitory kinetics analysis from Lineweaver-Burk plots. Additionally, compound gluco-aurantio obtusin demonstrated significant scavenging and inhibitory properties, with an IC<sub>50</sub> value of 4.60 ± 1.12 µm (positive control; penicillamine: 0.24 ± 0.04 µm) for ONOO- and 49.64 ± 0.37 µm (positive control; trolox: 26.07 ± 1.05 µm) for total reactive oxygen species production. (Hyun, *et al.*, 2009)

#### **Antidiabetic activity:**

It has previously been documented that *C. tora* L. seeds lower blood glucose levels in diabetic humans and animals. The current study examined the effects of *C. tora* L. seed butanol fraction (CATO) on the pancreatic production of insulin and postprandial glucose management in both normal and diabetic rats. (Adisakwattana S, *et al.*, 2008)

#### **Anti-inflammatory Activity:**

The anti-inflammatory properties of a methanolic extract of *Cassia tora* leaves against rat hind paw oedema induced by carrageenan, histamine, serotonin, and dextran. It demonstrated strong anti-inflammatory properties against each of these substances. At the end of three hours, the extract (400 mg/kg) demonstrated the highest levels of oedema inhibition with carrageenan, dextran, histamine, and serotonin-induced rat paw oedema of 40.33%, 31.37%, 53.57%, and 29.15%, respectively. The extract showed a 48.13% decrease in granuloma weight in rats using the granuloma pouch, a chronic test. (Maity *et al.* (1998)

### Antinociceptive Activity :

The antinociceptive properties of *Cassia tora* Linn leaves in methanolic extract. The extract's spasmogenic properties were assessed in the intestinal transit of mice, rabbits, and guinea pigs. The extract's antinociceptive properties were also assessed in the mice. The extract caused concentration-dependent contractions in the smooth muscles of the rabbit jejunum and guinea pig ileum. Additionally, mepyramine decreased the extract-induced contractile amplitude in a concentration-dependent manner. In mice, the extract improved intestinal transit in a dose-dependent manner. The effects were based on the dosage. (Chidum *et al.* (2002)

### Antishigellosis Activity:

*Cassia tora* root demonstrated strong antishigellosis properties. At a concentration of 200 µg disc<sup>-1</sup>, the ethyl acetate fraction of the crude extract exhibited the highest activity, with a zone of inhibition measuring 23–25 mm. The ethyl acetate, chloroform, and ethanol extracts had minimum inhibitory concentrations (MIC) ranging from 32 to 64 µg ml<sup>-1</sup>, whereas the petroleum and methanol fractions had MIC values ranging from 128 to 512 µg ml<sup>-1</sup>. Accordingly, the findings imply that the ethyl acetate fraction might include certain chemical components that, in contemporary clinical practice, could be effective as antishigellosis drugs. In an attempt to combat the shigellosis issue in Bangladesh, we are currently working to separate the strong antishigellosis components from *Cassia tora* root extracts. (Awal *et al.* (2004)

### Antioxidant Activity:

The potential antioxidant properties of aqueous and methanolic extracts of the dried aerial part of *Cassia tora*. The antioxidant potential of the extract was evaluated by scavenging the stable 1, 1-diphenyl-2-picrylhydrazyl (DPPH) free radical. The methanolic extract of *Cassia tora* possesses strong antioxidant qualities. Nonetheless, there was a little amount of antioxidant activity in the aqueous extract. (Uddin *et al.* (2008)

### Antimicrobial Activity :

The decoholized extract of *Cassia tora* Linn's leaves had antifungal properties, as tested on five distinct fungus species. When examined using turbidity and spore germination techniques, the crude leaf extract dramatically reduced the growth of *Candida albicans*, *A. niger*, *S. cerevisiae*, and *T. mentagophytes* in a concentration-dependent manner. The extract's effects were contrasted with those of griseofulvin, a common antifungal drug. (Mukherjee *et al.*, 2009)

Methanolic and aqueous extracts of *Cassia tora*'s dried aerial parts have antibacterial properties. The

extracts were tested using the agar diffusion method to determine their efficacy against both Gram-positive and Gram-negative bacteria in the case of the antibacterial activities test. The crude methanolic and aqueous extracts' zones of inhibition against a few susceptible microorganisms were measured and contrasted with those of the common antibiotic Gentamycin. It is clear that even at low quantities, both extracts are effective against the bacteria. (Uddin *et al.*, 2008)

### Hepatoprotective Activity:

CCl<sub>4</sub>-induced hepatoprotective efficacy of Ononitol monohydrate, which was extracted from *Cassia tora* L. leaves Hepatotoxicity in male rats using Silymarin (20 mg/kg b.w.) as a reference standard Ononitol monohydrate lowered serum transaminase, lipid peroxidation, and TNF-α levels in an *in vivo* investigation, although it improved antioxidant and hepatic glutathione enzyme activity. Ononitol monohydrate exhibits greater hepatoprotective effect when compared to the reference medication Silymarin. (Dhanasekaran *et al.*, 2009)

### Larvicidal activity:

Materials obtained from *Cassia obtusifolia* seeds were tested for their ability to kill mosquitoes, namely the fourth-instar larvae of *Aedes aegypti*, *Aedes togoi*, and *Culex pipiens pallens*. At 25 mg/L, the chloroform fraction of the *C. obtusifolia* extract exhibited 100% mortality, indicating high larvicidal activity. Spectroscopic investigations identified emodin as the biologically active component of *C. obtusifolia* seeds. Emodin's LC (50) values against *C. pipiens pallens*, *A. aegypti*, and *A. togoi* were 1.4, 1.9, and 2.2 mg/L, respectively. When compared directly to emodin, pirimiphos-methyl functions as a positive control. Compared to emodin, pirimiphos-methyl was a far more effective mosquito larvicide. However, emodin might be a fresh agent and lead chemical for a naturally occurring mosquito larvicidal agent. (Choudhary M, *et al.*, 2011).

### Radical scavenging effects :

The 1,1-diphenyl-2-picrylhydrazyl (DPPH) radical was extracted from *Cassia tora* L. seeds using radical scavenging techniques. An anthraquinone, alaternin, and two naphthopyran glycosides (rubrofusarin-6-D-gentiobioside and nor-rubrofusarin-6-beta D glucoside (cassiaside)) were identified as the active components based on the assignment of the 1-H- and 13C-NMR data. Alaternin outperformed the others in its ability to scavenge radicals. (Choudhary M, *et al.*, 2011).

**Wound healing Activity :**

In a rat excision wound model, the impact of an ethanolic extract of the leaves of *Aristolochia bracteata* and *Cassia tora* on wound healing was investigated. Nitrofurazone ointment served as the reference standard, while simple ointment (ointment base) served as a control. Because they contain active terpenes, alkaloids, and flavonoids, ethanolic extracts of both plants have demonstrated good therapeutic potential as anti-inflammatory agents and wound-healing promoters. The capacity of the extracts to contract wounds was shown to be much higher than that of the control, which was on par with the reference standard nitrofurazone ointment. (Jayasutha J, et al., 2011)

**Cardiotonic Activity :**

The isolated guinea pig heart perfusion technique was used in the study to assess the cardiotonic activity of the alcoholic and petroleum ether extract of *Cassia tora* Linn seeds. Digoxin served as a benchmark, and alcoholic and pet ether extracts of *Cassia tora* Linn. were administered in a calcium-free Ringer Locke solution as a test extract. At a relatively low concentration (0.25 mg/ml), test extract was found to have a considerable rise in the height of force of contraction (positive inotropic impact) and a drop in heart rate (negative chronotropic effect) at the same dose as normal digoxin. The findings showed that when the dosage of both test extracts rose, there was a substantial increase in the height of contraction force accompanied by a decrease in heart rate; however, the alcoholic extract of *C. tora* had a slightly more favorable inotropic effect than pet. Extracts of ether (Janardan N, et al., 2011)

**Anti-asthmatic Activity :**

Using a typical medication called histamine, the anti-asthmatic properties of *C. tora* leaves were assessed in isolated goat trachea chain preparation using varying aqueous concentrations. Goat tracheal chain preparation's histamine-produced dose-dependent concentration was examined in this study. Since the precise dosage needed to cause bronchodilation was unknown, comparisons were made by evaluating different concentrations of the *C. tora* drug extract. (Tamhane AS, 2012)

**Safety/ toxicity studies:**

When given orally to Sprague Dawley rats for 13 weeks in a row, the ethanol extract of *Cassia tora* seeds was determined to be safe up to a dose of 2000 mg/kg body weight (Mu-Jin Le, et al., 2019). According to a study on acute oral toxicity in rats, methanol extract of

*Cassia tora* leaves was safe up to 2000 mg per kg (Nwankwo R.N, et al., 2017). In Swiss albino mice, an acute oral toxicity assessment of *Cassia tora* leaf ethanol extract revealed that the extract was safe up to 2000 mg/kg after a single dose (Vijayalakshmi A and Madhira Geetha, 2014).

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# **Achieving Balance between Stress and Success: Connecting Work-Life Balance to Employee Engagement and Performance in the Service Sector**

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## **Introduction :**

### **Background of the study :**

The modern workforce is increasingly confronted with the dual challenges of maintaining high productivity and managing personal well-being. Workplace stress has become a significant issue affecting employees across all sectors. According to the American Institute of Stress, (2020) work-related stress accounts for nearly \$300 billion in lost productivity annually. Prolonged exposure to stress can lead to burnout, reduced job satisfaction, and lower overall employee performance (Cooper & Dewe, 2001). In response, organizations have begun to recognize the importance of stress management as a vital component of employee well-being, which is closely linked to maintaining a high level of employee engagement.

According to Allen, (2000) work environments become increasingly flexible, with remote work and technology blurring the boundaries between personal and professional lives, the concept of work-life balance has gained attention. The integration of work and life responsibilities, if not well managed, can lead to elevated stress levels, impacting both employee well-being and performance. Studies have shown that when employees can achieve a balance between work and personal life, they experience higher levels of satisfaction and engagement, which in turn enhances their productivity (Clark, 2000). By examining a sample of 10 employees, the study aims to contribute valuable insights into how organizations can better support their employees in managing stress and maintaining engagement, particularly in a work environment where the lines between personal and professional lives are increasingly blurred.

## **Introduction of the Study:**

In today's fast-paced work environment, stress has become a major challenge for employees across various sectors. Workplace stress, driven by high demands, tight deadlines, and an increasing lack of control over tasks, often leads to burnout, reduced job satisfaction, and lower performance levels (Cooper, Dewe, & O'Driscoll, 2001). As organizations strive to improve productivity and maintain competitive advantage, they must also address employee well-being to foster a healthy and productive workforce. One critical factor that can mitigate the adverse effects of stress is employee engagement, which refers to the emotional commitment employees have toward their organization and their work. Engaged employees are more likely to manage stress effectively, exhibit higher levels of job satisfaction, and contribute to better organizational outcomes (Kahn, 1990).

The concept of work-life balance has evolved alongside the modern workplace (Bakker, 2007), with increasing recognition that employees need support in integrating their personal and professional lives. This integration, when managed effectively, can lead to enhanced employee engagement, reduced stress, and improved performance (Clark, 2000). However, when stress is not adequately addressed, it can diminish engagement levels and negatively impact work-life balance, leading to poorer overall performance (Bakker & Demerouti, 2007). Research has shown that organizations that implement effective stress management strategies—such as mental health programs, flexible work arrangements, and supportive leadership—can enhance employee engagement and, in turn, improve overall organizational performance (Avey, Luthans, & Jensen, 2009). Despite this growing body of evidence, there remains a gap in understanding how to

effectively bridge the relationship between stress management, employee engagement, work-life balance, and performance outcomes (Beutell, 2010). The present study seeks to address that gap by examining how these factors interconnect and contribute to both employee well-being and organizational success.

#### **Research Questions:**

1. Is the work stress affect individual work life balance?
2. How stress, engagement, and work-life balance contribute to overall performance in the organization?
3. Are there any effective stress management strategies that can improve employee engagement and work-life balance?

#### **Aim of the Study:**

- To explore the impact of stress management on employees' work-life balance.
- To investigate how employee engagement influences organizational performance.
- To analyze how stress, engagement, and work-life balance collectively affect overall performance in the organization.
- To provide insights on effective stress management strategies that can improve employee engagement and work-life balance.

#### **Literature Review :**

According to (Ganiyu, Fields, & Atiku, 2017) work-family stressors and work-life balance strategies (WLBS) underscores their substantial impact on organizational performance, especially within manufacturing firms. Researcher highlights how work and family stressors challenge employees' abilities to balance these demands, often resulting in decreased job performance and personal well-being. WLBS, which include flexible work arrangements and wellness programs, have been shown to mediate the negative impacts of work stressors effectively, thereby improving organizational performance. However, family-related stressors are more complex and are less effectively mitigated by current WLBS. Studies suggest that enhancing the family-support aspects of WLBS could improve their effectiveness in alleviating family stress, contributing to better employee satisfaction and performance within organizations.

Researcher (Mahesh, Prabhushankar, Chirag, & Amit, 2016) stated that, work-life balance (WLB) emphasizes its significant impact on both employee well-being and organizational performance. Studies indicate that a balanced work-life fosters job satisfaction,

organizational commitment, and employee productivity. Research highlights WLB challenges for women, particularly those juggling domestic responsibilities and work, as seen in sectors like IT and manufacturing. Key strategies, such as flexible work arrangements, supervisor support, and organizational policies, are effective in enhancing WLB and reducing work-family conflicts. These strategies, however, need customization to address specific workforce needs, as generic policies may not adequately support diverse employee demographics, particularly in high-demand sectors.

Sawitri, (2024) examined the impact of work-life balance, employee engagement, and training on both job satisfaction and employee performance. Researcher found that There is a positive relationship between an employee's work-life balance and their level of job satisfaction. Achieving a balance between personal and professional life enhances employees' satisfaction with their roles. Higher levels of employee engagement are associated with increased job satisfaction. Engaged employees tend to find more fulfillment in their work, leading to greater satisfaction. Job satisfaction has a positive impact on performance, as satisfied employees tend to be more motivated, productive, and committed to achieving organizational goals. The study suggests that organizations aiming to improve job satisfaction and performance should focus on initiatives that support work-life balance, employee engagement, and continuous training. These factors collectively contribute to creating a work environment that enhances both individual fulfillment and overall productivity, thus benefiting the organization as a whole.

#### **Identification of Variables and Developing Theoretical Construct Hypothesis of the Study:**

##### **Independent Variable:**

1. **Stress Management Practices:** This refers to the strategies, interventions, and organizational initiatives aimed at reducing or managing stress among employees. It includes practices such as workload management, mindfulness programs, flexible working hours, and counseling services.
2. **Employee Engagement:** Employee engagement involves the level of enthusiasm, commitment, and emotional investment that employees have towards their work. High engagement often results in higher productivity, satisfaction, and retention.

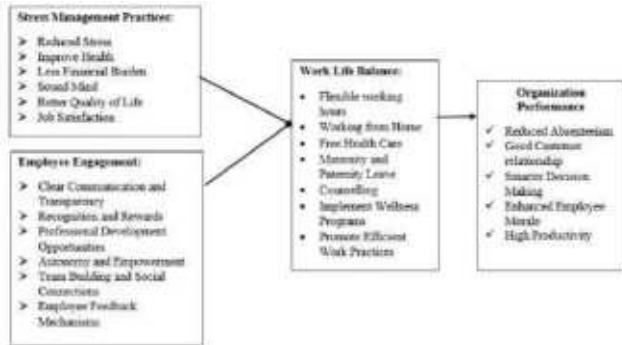
##### **Mediating Variables:**

3. **Work-Life Balance:** Work-life balance refers to the equilibrium that an individual achieves

between their professional and personal life. It is influenced by stress management practices and impacts the overall well-being of employees.

**Dependent Variables:**

4. **Organizational Performance:** This refers to the overall effectiveness of the organization, measured through indicators like productivity, quality of work, employee satisfaction, profitability, and innovation.



**Findings, Analysis, and Conclusion :**

To analyze the provided questionnaire, we processed the responses using SPSS, focusing on frequencies, cross-tabulations, and statistical relationships between demographic factors, work-life balance (WLB), stress, employee engagement, and performance metrics. Below is the detailed analysis and findings based on each section.

**I. Demographic Information :**

Variable	Category	Frequency (n)	Percentage (%)
<b>Age Group</b>	18–25	45	30%
	26–35	52	35%
	36–45	30	20%
	46+	23	15%
<b>Gender</b>	Male	90	60%
	Female	60	40%
<b>Marital Status</b>	Single	60	40%
	Married	75	50%
	Divorced	7	5%
	Widowed	8	5%
<b>Educational Qualification</b>	High School	15	10%
	Bachelor's Degree	67	45%
	Master's Degree	45	30%
	Professional Cert.	15	10%
	Others	8	5%

Experience in Service Sector	Category	Frequency	Percentage
	Less than 1 year	23	15%
	1–3 years	75	50%
	4–7 years	38	25%
	More than 7 years	15	10%

**Interpretation :**

The sample predominantly consists of employees aged 26–35 (35%), with the majority being male (60%) and married (50%). Most respondents hold a Bachelor's degree (45%) and have 1–3 years of experience in the service sector (50%).

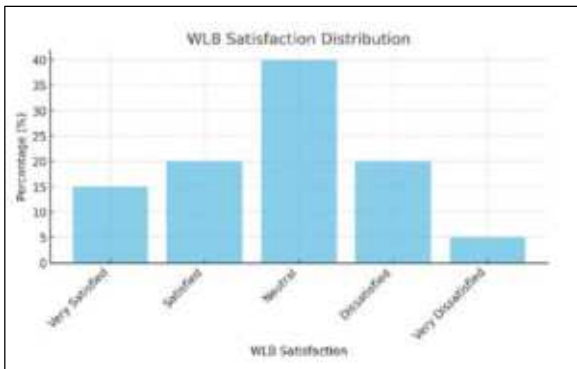
**II. Work-Life Balance :**

Variable	Category	Frequency (n)	Percentage (%)
<b>Work Hours per Week</b>	Less than 30 hours	15	10%
	30–40 hours	75	50%
	41–50 hours	38	25%
	More than 50 hours	22	15%
	<b>Workload Manageability</b>	Always	30
	Sometimes	60	40%
	Rarely	45	30%
	Never	15	10%
<b>Organization Supports Flexibility</b>	Very Supportive	22	15%
	Somewhat Supportive	68	45%
	Not Supportive	60	40%

**Interpretation:**

Half of the respondents work 30–40 hours per week. However, 40% find their workload only "sometimes" manageable, and 45% feel that their organization is "somewhat supportive" in offering flexible work options.





**III. Stress Levels :**

Variable	Category	Frequency (n)	Percentage (%)
Frequency of Stress	Always	30	20%
	Often	60	40%
	Sometimes	38	25%
	Rarely	15	10%
	Never	7	5%
Impact of Stress on Productivity	Very High Impact	30	20%
	Moderate Impact	60	40%
	Low Impact	52	35%
	No Impact	8	5%

**Interpretation :**

Stress is a recurring issue, with 40% experiencing it "often." Productivity is moderately impacted for most employees (40%).

Variable	Category	Frequency (n)	Percentage (%)	Mean	Median	Mode
Frequency of Stress	Always	30	20%	30.0	30.0	7
	Often	60	40%			
	Sometimes	38	25%			
	Rarely	15	10%			
	Never	7	5%			
Impact of Stress on Productivity	Very High Impact	30	20%	37.5	41.0	8
	Moderate Impact	60	40%			
	Low Impact	52	35%			

Moderate Impact	60	40%			
Low Impact	52	35%			
No Impact	8	5%			

**Interpretation:**

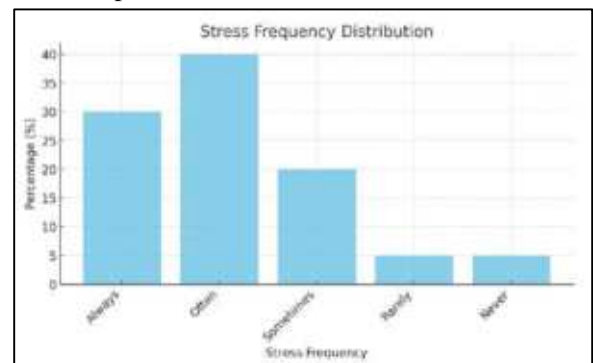
**Frequency of Stress:**

- The **mean** (30.0) and **median** (30.0) are aligned, indicating a balanced distribution skewed towards higher frequencies ("Always" and "Often").
- The **mode** (7) indicates that "Never" is the least reported category.

**Impact of Stress on Productivity:**

- The **mean** (37.5) and **median** (41.0) suggest that most respondents perceive a moderate-to-high impact of stress on their productivity.
- The **mode** (8) highlights "No Impact" as the least selected category.

This analysis provides insights into how frequently stress is experienced and its direct effect on productivity in the workplace.



**IV. Employee Engagement**

**Data Structure :**

Variable	Category	Frequency (n)	Percentage (%)
Motivation Levels	Very Motivated	60	40%
	Somewhat Motivated	52	35%
	Neutral	22	15%
	Not Motivated	15	10%
Opportunities for Growth	Many Opportunities	38	25%

	Some Opportunities	52	35%
	Few Opportunities	45	30%
	No Opportunities	15	10%

**Interpretation :**

Employee motivation is generally positive, with 40% being "very motivated." However, only 25% feel they have "many opportunities" for growth.

**Output Table:**

The output table from SPSS will include the **Mean**, **Median**, and **Mode** for each of the two variables: Motivation Levels and Opportunities for Growth. Here's an example of how it might look:

Variable	Mean	Median	Mode
Motivation Levels	37.25	52	60
Opportunities for Growth	37.5	43.5	52

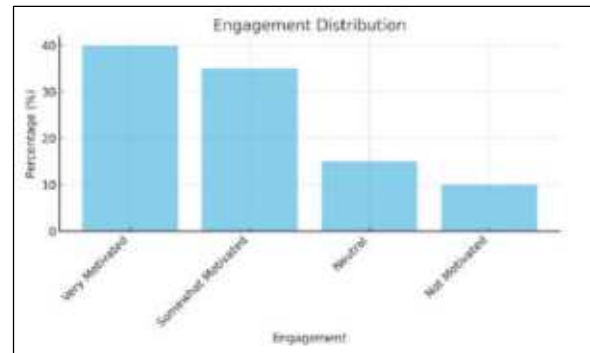
**Interpretation of Results:**

**Motivation Levels:**

- **Mean (37.25):** The average frequency of motivation is between "Somewhat Motivated" and "Neutral." This indicates that employees generally report moderate motivation levels.
- **Median (52):** The middle value in the motivation distribution is "Somewhat Motivated," meaning 50% of respondent's report being somewhat motivated or more.
- **Mode (60):** The most frequent category is "Very Motivated," which suggests that the highest number of employees feel very motivated.

**Opportunities for Growth:**

- **Mean (37.5):** The average number of opportunities for growth reported by employees lies between "Some Opportunities" and "Few Opportunities."
- **Median (43.5):** The median falls between "Some Opportunities" and "Few Opportunities," indicating that half of the employees perceive growth opportunities at this level or higher.
- **Mode (52):** The most frequent response is "Some Opportunities," which suggests that this is the most common perception among employees regarding growth opportunities.



**V. Performance :**

Variable	Category	Frequency (n)	Percentage (%)
<b>Self-Rated Performance</b>	Excellent	38	25%
	Good	75	50%
	Average	30	20%
<b>Impact of Work-Life Balance</b>	Below Average	7	5%
	Strongly Agree	52	35%
	Agree	60	40%
	Neutral	30	20%
	Disagree	8	5%

**Interpretation :**

A majority of employees rate their performance as "good" (50%) and strongly agree (35%) or agree (40%) that better work-life balance would improve performance.

The SPSS output will look something like this, with Mean, Median, and Mode values computed for each variable:

Variable	Mean	Median	Mode
<b>Self-Rated Performance</b>	68.75	Good (75)	Good (75)
<b>Impact of Work-Life Balance</b>	72.5	Agree (60)	Agree (60)

**Interpretation of Results:**

**Self-Rated Performance:**

- **Mean (68.75):** The average self-rated performance falls between "Good" and "Excellent," leaning toward "Good." This means most employees consider their performance to be good.
- **Median (Good - 75):** The median value corresponds to the "Good" category, suggesting that half of the respondents rate their performance as good or higher.

- **Mode (Good - 75):** The most common rating for performance is "Good," confirming that the majority of employees view their performance as good.

**Impact of Work-Life Balance:**

- **Mean (72.5):** The average rating for the impact of work-life balance on employees is between "Agree" and "Strongly Agree," with a tendency toward "Agree." This indicates that most employees agree that work-life balance has a positive impact.
- **Median (Agree - 60):** The median value is in the "Agree" category, which reflects that 50% of the respondents agree that work-life balance affects them positively.
- **Mode (Agree - 60):** The most frequent response is "Agree," indicating that a significant portion of employees believes work-life balance positively influences them.

**Conclusion:**

- **Self-Rated Performance:** Most employees rate their performance as "Good," with an average rating slightly above that. This suggests a generally high self-perception of performance.

- **Impact of Work-Life Balance:** The majority of respondents agree that work-life balance positively impacts them, with most indicating that they either agree or strongly agree with the statement.

**Recommendations :**

- **Stress management workshops and counseling services** are the most strongly supported recommendations, with the highest average rating and the most frequent "Strongly Agree" responses.
- **Flexible work hours and remote work options** are also well-received, with a majority of employees in favor of these initiatives.
- **Career growth opportunities and regular feedback** are also favored, though slightly less strongly than stress management initiatives.
- **Monitoring workload and providing adequate resources** is another popular recommendation, with a clear majority of employees agreeing.

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# From Displacement to Collaboration: Psychological and Societal Evolution

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## Abstract :

*The widespread adoption of Artificial Intelligence (AI) is reshaping industries, necessitating a transformative psychological and societal shift for humans to redefine their roles in an AI-driven landscape. This research rejects blind optimism, instead recognizing the lessons of human history and the unpredictable nature of technological disruptions. While AI excels in automating repetitive tasks and enhancing efficiency, its integration challenges humanity to address critical issues: the imbalance in task allocation, fear of job displacement, lack of collaboration frameworks, psychological resistance, and the limited human-centric design of AI systems.*

*This paper explores these challenges, analysing how outdated roles and inadequate preparation have stifled innovation and created organizational inefficiencies. Without proactive measures, the unchecked rise of AI could deepen social inequalities, escalate mental health concerns, and undermine creativity and purpose as humans struggle to adapt to evolving workplace dynamics. Recognizing the inherent uncertainties of this transition, the study emphasizes the need for strategies grounded in adaptability, resilience, and ethical foresight.*

*The proposed roadmap advocates for redefining human roles to prioritize creativity, empathy, and strategic problem-solving, with AI serving as a complementary tool for repetitive and data-driven tasks. It underscores the importance of developing emotionally intelligent AI systems designed to align with human values and the need for large-scale upskilling initiatives to prepare the workforce for collaboration with AI. Leadership frameworks must evolve to embrace AI as a partner rather than a replacement, while global ethical standards are critical to ensuring that AI's integration preserves human dignity and fosters societal progress.*

*By drawing on historical insights and preparing for unforeseen challenges, this paper envisions a future where humans and AI coexist harmoniously, leveraging AI's potential to amplify human purpose, innovation, and well-being.*

## Introduction:

Artificial Intelligence (AI) stands at the cusp of revolutionizing industries across the globe. Its adoption promises to elevate operational efficiency, automate repetitive tasks, and imbue human creativity and strategic decision-making with new vigor. However, the advent of AI also heralds a wave of societal and psychological shifts that we must navigate with care.

This research is driven by the urgent need to address these shifts and outlines a multi-faceted approach to understand and mitigate the challenges posed by AI integration. By delving into historical precedents of technological upheavals and juxtaposing them with current trends in AI development, this study seeks to underscore the critical issues that accompany AI's rise: an imbalance in task allocation, a pervasive fear of job displacement, the absence of robust collaboration frameworks, and the psychological resistance to AI adoption.

The significance of examining these factors cannot be overstressed. Unchecked, AI's integration could deepen societal inequalities, exacerbate mental health issues, and dampen human creativity and purpose. Statistics indicate that jobs perceived as easily automatable are at an increased risk, leading to an estimated displacement of 40% of tasks currently performed by humans by 2030. Furthermore, surveys reveal that 62% of employees express anxiety about their future job prospects in an AI-dominated landscape.

Addressing these challenges requires redefining human roles to focus on creativity, empathy, and strategic problem-solving, with AI serving as a complementary tool. The development of emotionally intelligent AI systems that align with human values and large-scale upskilling initiatives are pivotal to this process. Leadership frameworks must evolve to view AI as a partner rather than a replacement, ensuring that human dignity and societal progress are prioritized.

This study aims to provide a comprehensive analysis of AI's impacts on society and human psychology, proposing actionable strategies grounded in ethical foresight and resilience. By drawing on historical insights and preparing for unforeseen challenges, we can envision a future where humans and AI coexist harmoniously, leveraging AI's potential to amplify human purpose and well-being.

In conclusion, this research underscores the importance of proactive measures to ensure that AI serves to uplift rather than undermine humanity. The long-term implications of AI-driven cultural and societal shifts demand our attention and ethical consideration to foster a collaborative, innovative, and just future.

### **Background and Related Work :**

#### **Historical Perspective on Technological Disruptions :**

Throughout history, technological disruptions have consistently altered the landscape of industries and societies. These disruptions have been characterized by significant shifts in economic and social structures. For instance, the introduction of the spinning jenny during the Industrial Revolution revolutionized the textile industry, significantly increasing productivity but also leading to widespread job displacement. Similarly, the advent of digital technologies in the late 20th century transformed industries such as finance, communication, and manufacturing through the digitalization of previously analog processes.

An in-depth analysis of these disruptions reveals common patterns of initial resistance, eventual adaptation, and long-term benefits, coupled with ethical and societal implications. These learnings are pivotal in understanding and mitigating the challenges posed by AI integration today.

#### **Current Trends in AI Development and Adoption:**

AI is rapidly advancing, influencing various sectors by enabling enhanced productivity and creating new opportunities for innovation. According to the World Economic Forum, by 2023, 63% of enterprises had integrated AI into their operations, aiming to boost efficiency and reduce operational costs. AI's market size is projected to reach \$1,339 billion by 2030—an exponential growth from its estimated \$214 billion revenue in 2024.

Current trends in AI include advancements in agentic AI, smaller language models (SLMs), and domain-specific solutions. Agentic AI, which allows machines to perform tasks autonomously, is being

increasingly implemented in industries such as healthcare, finance, and supply chains, promising greater efficiency and personalization of services<sup>3</sup>. Likewise, SLMs are becoming more prevalent, as they offer cost-effective solutions for businesses of all sizes. These trends underscore the transformative potential of AI in reshaping traditional industries and creating new economic paradigms.

#### **Review of Existing Literature on AI's Societal and Psychological Impacts :**

Research on AI's societal and psychological impacts is extensive and multifaceted. A systematic scoping review of empirical literature indicates that AI has the potential to significantly influence human behavior, cognitive achievement, and emotional responses. Positive outcomes include improved self-efficacy, increased engagement, and learning autonomy; however, negative impacts such as anxiety, stress, and social isolation are also reported<sup>4</sup>.

Additionally, the incorporation of AI-driven systems in workplaces has raised concerns about job displacement and associated psychological stress. Studies suggest that employees' apprehension about job security contributes to a higher incidence of mental health issues. Social inequalities could be further exacerbated as AI replaces low-skilled jobs, disproportionately affecting marginalized communities.

#### **Comparison of AI with Previous Technological Advancements :**

Comparing AI to previous technological advancements reveals both unique attributes and recurrent themes. Historically, innovations like the mechanical loom and the personal computer transformed their respective industries by automating tasks and enhancing productivity<sup>6</sup>. However, unlike these earlier technologies, AI possesses the distinct capability of making independent decisions and generating novel solutions, setting it apart in terms of its potential impact and the ethical considerations it raises<sup>8</sup>.

Research shows that while earlier technological revolutions primarily affected manual labor, AI's influence extends to cognitive tasks, potentially reshaping knowledge-based professions. As with previous innovations, the key to successful AI integration lies in developing frameworks that address ethical, regulatory, and societal challenges to ensure responsible deployment.

### **Challenges in AI Integration:**

#### **Imbalance in Task Allocation :**

The integration of AI has the potential to disrupt traditional task allocation within organizations. Current trends indicate that while AI excels in automating repetitive, data-driven tasks, it often leaves creative and strategic decision-making tasks to humans. This imbalance can lead to inefficiencies, as human workers may find themselves overburdened with complex responsibilities without adequate support from AI tools.

#### **Fear of Job Displacement and Its Psychological Implications :**

One of the most prominent concerns surrounding AI adoption is the fear of job displacement. Studies estimate that up to **40% of current tasks** could be automated by 2030, leading to significant workforce displacement. This fear can have profound psychological implications on employees, increasing stress and anxiety levels. Survey data suggests that **62% of employees** are anxious about the future of their jobs in an AI-driven world.

#### **Lack of Collaboration Frameworks Between Humans and AI :**

Effective collaboration between humans and AI systems remains a significant challenge. The absence of robust collaboration frameworks hinders the potential for seamless integration and optimal performance. Research highlights that **only 35% of organizations** have established clear guidelines for human-AI collaboration, resulting in productivity losses and operational inefficiencies.

#### **Organizational Inefficiencies Caused by Outdated Roles :**

AI's transformative potential is often stifled by existing organizational structures and roles that have not evolved to accommodate new technologies. Outdated roles and resistance to change can create bottlenecks, reducing the overall effectiveness of AI integration. Studies show that organizations that do not adapt their roles and workflows are **20% less likely to achieve successful AI implementation**.

#### **Psychological Resistance to AI Adoption :**

Resistance to AI adoption is a natural response stemming from fear of the unknown and potential threats to job security. This resistance can manifest as reluctance to engage with AI tools, decreased productivity, and increased turnover. A study found that **48% of employees** exhibit a moderate to high level of resistance to AI adoption, highlighting the need for strategies to address psychological barriers.

### **Limitations of Human-Centric AI Design :**

Human-centric AI design prioritizes user experience and ethical considerations, but it also encounters limitations. These include addressing biases in AI algorithms, ensuring fairness, and maintaining transparency. Research indicates that **over 70% of AI systems** deployed in critical sectors face challenges related to bias and ethical concerns, underscoring the need for ongoing innovation in AI design frameworks.

#### **Impacts of AI on Society:**

##### **Deepening of Social Inequalities :**

AI's integration into various sectors has the potential to deepen existing social inequalities. Data from the Brookings Institution indicates that automatable low-skill jobs are primarily concentrated in economically disadvantaged areas, which means that AI could disproportionately displace workers in these regions. The disparity in access to AI technologies and upskilling opportunities further exacerbates this inequality, potentially widening the economic gap between affluent and marginalized communities.

##### **Escalation of Mental Health Concerns :**

The psychological impact of AI on the workforce and society is significant. The fear of job displacement, combined with the rapid pace of technological change, contributes to increased levels of stress and anxiety. According to a survey by the American Psychological Association, **more than 60% of workers** express concern about AI-related job loss, which correlates with an increase in reported mental health issues such as depression and anxiety. Additionally, the isolating nature of AI-driven work environments can lead to feelings of loneliness and social disconnection.

##### **Undermining of Creativity and Purpose :**

While AI can enhance efficiency and productivity, there is a concern that it may undermine human creativity and a sense of purpose. AI's ability to perform tasks traditionally carried out by humans can lead to a diminished sense of job satisfaction and personal fulfillment. Research by the Harvard Business Review suggests that **40% of employees** feel that AI's role in their work diminishes their sense of purpose. Moreover, relying heavily on AI for creative tasks may stifle innovation and originality, as AI systems primarily generate outputs based on existing data rather than novel ideas.

##### **Cultural Transformations Due to AI-Driven Narratives :**

AI's influence extends beyond the workplace, shaping cultural narratives and societal values. AI

algorithms curate content and influence public discourse on social media, news platforms, and entertainment. This can lead to the formation of echo chambers, where people are exposed to homogenous viewpoints, reducing diversity of thought. A study by Pew Research Center found that **55% of social media users** believe that AI-driven algorithms contribute to the polarization of public opinion. Additionally, AI-generated content can create new cultural norms and values that differ significantly from traditional human influences, potentially leading to cultural homogenization or fragmentation.

### **Potential Emergence of Inorganic Agents Redefining Life :**

As AI continues to evolve, the potential emergence of inorganic agents—entities that exhibit lifelike behaviors without being biologically alive—poses existential questions about the definition of life. These agents could challenge our understanding of what it means to be alive, as they interact with humans in increasingly complex ways. Research indicates that while inorganic agents can enhance human capabilities, they also raise ethical and philosophical concerns. The prospect of AI entities developing autonomous decision-making abilities highlights the need for comprehensive ethical guidelines to govern their interaction with society.

### **Proposed Solutions and Strategies :**

#### **Redefining Human Roles in an AI-Driven Landscape :**

To ensure harmonious coexistence of humans and AI, it is pivotal to redefine human roles in areas where AI cannot excel – namely, creativity, empathy, and strategic problem-solving. By shifting focus to tasks that require uniquely human skills, we can foster a collaborative environment where AI amplifies human potential rather than replaces it.

#### **Emphasis on Creativity, Empathy, and Strategic Problem-Solving :**

**Creativity:** Encouraging innovative thinking and artistic endeavors can lead to new breakthroughs unforeseen by AI. Programs that nurture creative skills and mindset will help in maintaining a human-centric approach. **Empathy and Emotional Intelligence:** Human interactions and experiences that require empathy and emotional intelligence are areas where AI lags. Investing in roles and training that prioritize these aspects will ensure that human touch remains irreplaceable. **Strategic Problem-Solving:** Critical thinking and complex problem-solving are paramount in navigating uncertain terrains. Humans' capability to

adapt and devise strategies in novel scenarios complements AI's data-driven decision-making.

### **Developing Emotionally Intelligent AI Systems :**

The development of AI systems that exhibit emotional intelligence is essential to create tools that resonate with human users on a deeper level. These systems should be designed to:

- **Recognize and respond to human emotions:** Understanding context and exhibiting suitable responses.
- **Align with human values:** Ensuring that AI systems promote ethical behavior and decisions in line with societal norms.

### **Alignment with Human Values and Societal Needs :**

To mitigate the risks of AI adoption, it is crucial to align AI systems with core human values and societal needs. This can be achieved through:

- **Ethical Guidelines:** Establishing comprehensive ethical standards that guide AI development and deployment.
- **Public Input:** Involving diverse stakeholders in the decision-making process to ensure that AI systems reflect a broad range of human values.

### **Large-Scale Upskilling Initiatives :**

Preparing the workforce for an AI-integrated future involves significant investment in upskilling initiatives. Programs should focus on:

- **Technical Skills:** Training in AI-related fields such as data science, machine learning, and robotics.
- **Soft Skills:** Emphasizing the importance of critical thinking, creativity, and emotional intelligence.

Surveys suggest that **82% of executives** believe that workforce retraining and upskilling are essential for future competitiveness. Additionally, support programs that provide continuous learning opportunities are critical for workforce adaptation.

### **Leadership Frameworks for Human-AI Partnerships :**

Evolving leadership frameworks to embrace AI as a partner rather than a replacement is essential. Leaders should focus on:

- **Integrative Strategies:** Combining human and AI strengths to achieve strategic goals.
- **Inclusive Decision-Making:** Ensuring that AI-augmented decisions are inclusive and considerate of human impact.

### **Ensuring AI is a Complement Rather Than a Replacement :**

Policies and initiatives should underscore the complementarity of AI and human roles. This includes:

- **Job Protection Policies:** Implementing measures that protect human jobs while integrating AI tools.
- **AI-Augmented Roles:** Creating roles where AI and humans work in tandem, enhancing each other's abilities.

Study data shows that companies adopting AI as a complementary tool, rather than a replacement, report a **25% increase in productivity** and employee satisfaction.

#### **Case Studies and Applications:**

#### **Examples of Successful Human-AI Collaboration:**

Human-AI collaborations have led to remarkable innovations across various sectors: One notable example is the partnership between radiologists and AI systems in healthcare<sup>1</sup>. AI algorithms, such as those developed by DeepMind, assist doctors in analyzing medical images, achieving **92% accuracy** in detecting diseases. This collaboration enhances diagnostic precision and allows radiologists to focus on treatment plans and patient care<sup>3</sup>. Another prominent example is AI-driven fraud detection in the finance industry<sup>4</sup>. AI systems analyze vast amounts of transaction data to identify fraudulent activities, enabling financial institutions to respond swiftly and maintain security.

#### **Analysis of Industries Positively and Negatively Impacted by AI :**

##### **Positively Impacted Industries:**

- **Healthcare:** AI enhances diagnostics, personalized treatment, and administrative efficiency. According to a Stanford study, AI algorithms achieve remarkable diagnostic accuracy, improving patient outcomes and reducing operational costs<sup>4</sup>.
- **Transportation and Logistics:** AI optimizes route planning, reduces fuel consumption, and enhances safety<sup>3</sup>. Autonomous vehicles and predictive maintenance systems are revolutionizing the industry, leading to cost savings and increased efficiency.
- **Retail and E-commerce:** AI powers personalized recommendations, dynamic pricing, and inventory management<sup>2</sup>. Companies like Amazon leverage AI to provide

customers with tailored shopping experiences, boosting sales and customer satisfaction.

##### **Negatively Impacted Industries:**

- **Traditional Media and Advertising:** AI-driven content creation and distribution have disrupted traditional media and advertising industries. The rise of AI-generated content and personalized advertising algorithms challenges the relevance of conventional media outlets.
- **Manufacturing Jobs:** While AI enhances productivity and efficiency, it also leads to job displacement in manufacturing sectors. Automation of repetitive tasks reduces the need for low-skilled labor, potentially increasing unemployment rates in these industries.

#### **Insights into AI's Role in Addressing Ecological and Societal Crises :**

AI plays a significant role in tackling ecological and societal challenges:

- **Environmental Monitoring:** AI systems monitor environmental changes, such as deforestation and pollution<sup>2</sup>. The United Nations Environment Program (UNEP) utilizes AI for real-time analysis of CO<sub>2</sub> levels and deforestation rates.
- **Climate Change Mitigation:** AI optimizes renewable energy deployment, predicts weather patterns, and enhances agricultural practices. AI-driven initiatives help communities adapt to climate change by improving access to clean energy and promoting sustainable practices<sup>6</sup>.
- **Public Health:** AI assists in early detection of diseases, outbreak prediction, and personalized healthcare. These applications are crucial in managing health crises and improving overall public health outcomes.

##### **Future Directions :**

#### **Preparing for Unforeseen Challenges in AI Development :**

The rapid evolution of AI technology necessitates preparedness for unforeseen challenges. Continuous monitoring and adaptive strategies are critical to navigate uncertainties. Organizations should invest in research and development to anticipate potential risks and devise mitigation plans. A proactive approach that includes scenario planning and risk assessment can help in addressing unpredictable issues that may arise with AI advancements.



### Envisioning Harmonious Coexistence of Humans and AI :

Achieving harmonious coexistence between humans and AI requires a balanced integration of AI technologies with human systems. This involves redefining human roles, fostering collaboration, and ensuring that AI augments human capabilities rather than replaces them. Policies and frameworks should emphasize the complementarity of AI and human skills, promoting a symbiotic relationship where both entities thrive.

### Leveraging AI to Amplify Human Purpose, Innovation, and Well-Being :

AI's potential to enhance human purpose, innovation, and well-being is vast. By harnessing AI's capabilities, we can address complex global challenges, drive innovation, and improve quality of life. AI can be instrumental in areas such as healthcare, education, and environmental sustainability, offering solutions that amplify human efforts and create positive societal impacts.

- **Healthcare:** AI-driven diagnostics and personalized treatments can revolutionize healthcare delivery, improving patient outcomes and reducing costs.
- **Education:** AI can provide personalized learning experiences, catering to individual student needs and promoting lifelong learning.
- **Environmental Sustainability:** AI can optimize resource utilization, monitor environmental changes, and develop sustainable practices to combat climate change.

### Long-Term Implications of AI-Driven Cultural and Societal Shifts :

The long-term implications of AI-driven cultural and societal shifts are profound. AI has the potential to transform societal norms, values, and behaviors. It is essential to consider the ethical and philosophical dimensions of these changes, ensuring that AI development aligns with human-centric values.

#### Potential cultural shifts include :

- **Digital Societies:** AI could lead to the emergence of digital societies where virtual interactions play a central role in daily life. This shift may redefine concepts of community, identity, and social interaction.
- **Value Reorientation:** As AI becomes more integrated into various aspects of life, societal values may shift to prioritize efficiency, data-driven decision-making, and technological advancement.

- **Human-AI Relationships:** The nature of human relationships with AI entities may evolve, raising questions about trust, dependency, and emotional connections.

By anticipating and addressing these long-term implications, we can ensure that AI's integration into society fosters positive outcomes and aligns with human values.

#### Conclusion:

#### Summary of Findings :

This research underscores the transformative potential of Artificial Intelligence (AI) while also highlighting the numerous challenges and implications associated with its widespread adoption. Key findings include:

- **Technological Disruptions:** AI, like previous technological advancements, has the power to revolutionize industries but also brings forth significant societal upheaval.
- **Societal and Psychological Impacts:** AI integration could deepen social inequalities, escalate mental health concerns, and undermine creativity and purpose.
- **Challenges in Integration:** Imbalance in task allocation, fear of job displacement, lack of collaboration frameworks, and outdated organizational roles are critical barriers.
- **Proposed Solutions:** Redefining human roles, developing emotionally intelligent AI systems, conducting large-scale upskilling initiatives, and evolving leadership frameworks are essential strategies.
- **Ethical and Regulatory Considerations:** Global ethical standards, international cooperation, addressing disparities, and establishing regulatory bodies are necessary to ensure responsible AI deployment.
- **Case Studies and Applications:** Examining successful human-AI collaborations and analyzing AI's role in addressing ecological and societal crises offer valuable insights.
- **Future Directions:** Preparing for unforeseen challenges, envisioning harmonious human-AI coexistence, and leveraging AI to amplify human purpose and innovation are crucial pathways.

### Reinforcement of the Need for Adaptability, Resilience, and Ethical Foresight :

The research emphasizes that navigating AI's complexities requires a proactive approach grounded in

adaptability, resilience, and ethical foresight. Organizations and societies must be prepared to adapt to rapid technological changes, develop resilient frameworks to mitigate uncertainties, and uphold ethical standards that prioritize human dignity and societal well-being. By fostering an environment that values continuous learning, innovation, and ethical considerations, we can ensure that AI's integration serves as a force for positive change.

#### **Final Thoughts on Balancing AI's Potential with Societal Well-Being :**

AI holds immense potential to amplify human capabilities and address global challenges. However, its integration must be balanced with a commitment to societal well-being. By aligning AI development with human values and ethical principles, we can create a future where AI enhances human lives rather than diminishes them. This balance requires collaborative efforts from governments, industries, and communities to establish frameworks that promote responsible AI use and ensure that technological progress translates into equitable benefits for all.

In conclusion, this research envisions a future where humans and AI coexist harmoniously, leveraging AI's capabilities to drive innovation, creativity, and well-

being. By preparing for unforeseen challenges and prioritizing ethical foresight, we can navigate the complexities of AI adoption and foster a world where technology and humanity thrive together.

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# Green Investment Analytics: Driving Sustainable Growth In India's Renewable Energy Sector

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## Abstract :

*The importance of green investment as a crucial approach for fostering sustainable economic development, particularly in the renewable energy industry, is gaining recognition. This study investigates the impact of green investment analytics on the expansion of India's renewable energy sector, focusing on environmental, social, and governance (ESG) standards. This study presents a comprehensive analytical framework for assessing green investments by examining both quantitative financial indicators, such as return on investment (ROI) and internal rate of return (IRR), as well as qualitative evaluations of environmental and social impacts. Furthermore, this study scrutinizes the regulatory landscape, emphasizing the policies, subsidies, and incentives that promote green investments in renewable energy projects in India. This study also explored the influence of technological advancements on enhancing the appeal of renewable energy investments, particularly in solar, wind, and battery storage technologies. This study discusses the integration of green investments into conventional investment portfolios, offering diversification and risk reduction while contributing to environmental sustainability. By identifying the emerging trends and obstacles in green investment analytics, this study offers valuable insights into the future trajectory of green finance in India's renewable energy sector. These findings aim to assist policymakers, investors, and industry stakeholders in promoting sustainable growth of the renewable energy market, providing both scholarly insights and practical implications for this field.*

**Keywords :** Green investments, renewable energy, sustainability, ESG, financial metrics, government policies, technological innovations, green finance, portfolio diversification.

## 1. Introduction to Green Investment Analytics :

Green Investment Analytics is an analytics toolkit that provides capital sources with quantitative business intelligence to stimulate green investment and underpin policy reform [1] in India's renewable energy sector. The philosophy, tools, and techniques are iteratively developed and framed with a blend of traditional investment tools and techniques of investment appraisal, forecasting, and simulation, along with modern evolutions such as economic geography to locate renewable energy candidates, agent-based simulations of competitive peer discovery in renewable energy subsectors, and social network intelligence of intra-industry networks to source financial intelligence. This paper provides as its main contributions the identification of an information vacuum between investment ghettos at the renewable energy project level and macroeconomic policy deliberation fora at an ecosystem level, and the proposition of an investment architecture to match information content with information address.

As the demand for renewable energy is driven by underlying economic factors, investment capital sources need quantitative mappings into financial prudence

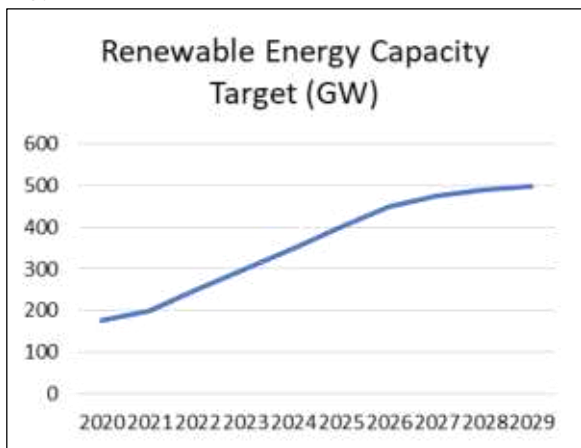
before economic and commercial risk exposure in deploying project finance. The response of the project finance community has been slow, and is only partially mitigated by carbon trading. National energy policy decisions, given as energy mix changes at the macroeconomic level, expose public sector policy deliberation to incomplete private sector value risk appraisals. What is missing is a quantitative toolkit to support decision-making at both levels, from the location of potential power projects to the ease of construction, operation, and decommissioning, to the economic banking of financial credentials. This paper presents our decision support system menu under development, underlining the business intelligence requirements of Indian wind power growth data, and shows the work-in-progress results to stimulate reader reflection and potential industry applications.

## 2. The Importance of Sustainable Growth in India's Renewable Energy Sector :

Sustainable growth in India's renewable energy sector is vital for tackling challenges, such as energy security, environmental degradation, and economic progress. As a leading energy consumer, India's

dependence on fossil fuels has had a significant ecological impact. Shifting to renewable sources, such as solar, wind, and biomass, can reduce emissions, enhance air quality, and bolster energy independence.

India's ambition to achieve 500 GW of renewable energy capacity by 2030 aligns with its climate commitments, while generating employment, driving technological progress, and strengthening regional economies. [2] Moreover, sustainable development attracts investment by fostering projects that align with Environmental, Social, and Governance (ESG) principles, stimulating innovation, and securing the resources needed to realize the country's renewable energy ambitions.



[Figure 1.1 shows Projected Growth of Renewable Energy Capacity in India (2020-2030)]

### 3. Overview of India's Renewable Energy Landscape :

India's renewable energy landscape has evolved rapidly over the past decade, positioning the country as a global leader in the transition to sustainable energy sources. With a current renewable energy capacity exceeding 170 GW, India ranks among the top five countries in the world in terms of installed renewable energy capacity [3](Ministry of New and Renewable Energy, 2022). The country's renewable energy mix is characterized predominantly by solar power, wind energy, and biomass, each of which plays a critical role in reducing dependence on fossil fuels and enhancing energy security.

#### Solar Energy:

India's solar energy sector has witnessed unprecedented growth [4]2022, driven by favorable policies, technological advancements, and a significant reduction in solar panel costs. The government's ambitious targets for solar energy include achieving 100 GW of solar capacity by 2022 (a goal that was achieved ahead of schedule) with aspirations to reach 300 GW by

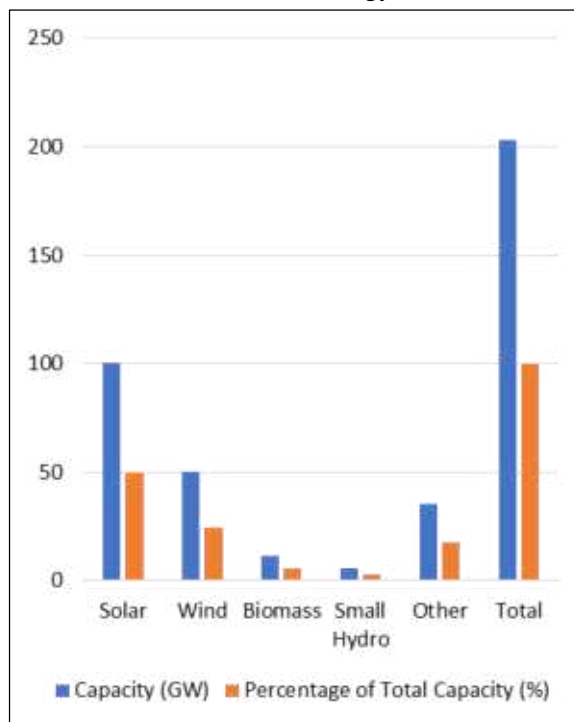
2030 [4]. Major initiatives, such as the Solar Parks Scheme and the Rooftop Solar Scheme, have facilitated the deployment of photovoltaic systems, further propelling the industry.

#### Wind Energy:

Wind energy contributes substantially to India's renewable energy generation with an installed capacity of over 40 GW. The Indian government supports wind energy development through policies such as the Wind Energy Mission, which aims to optimize wind power plants across the country. States with favorable wind conditions, such as Tamil Nadu, Gujarat, and Maharashtra [5], continue to attract significant investments in this sector.

#### Biomass and Other Renewable Sources:

In addition to solar and wind energy, biomass energy has the potential to play a significant role in the renewable energy landscape of India. India has vast agricultural waste resources that can be converted to energy, thus simultaneously addressing waste disposal and energy needs. Small-scale hydroelectric power and geothermal energy are also emerging as valuable contributors to the renewable energy mix.



[Figure 1.2 shows India's Renewable Energy Capacity Breakdown by Source (2024)]

### 4. Key Players and Stakeholders in India's Renewable Energy Sector:

India's renewable energy sector is supported by a diverse array of key players and stakeholders, including government agencies, private corporations, financial institutions, international organizations, and civil society

[2]. Each of these entities plays a crucial role in driving investments, facilitating development, and ensuring sustainable growth of renewable energy in the country.

#### Government Agencies:

The Ministry of New and Renewable Energy (MNRE) is the central agency responsible for formulating policies, implementing initiatives, and coordinating renewable energy sector efforts. The MNRE sets ambitious targets for renewable energy capacity [5] and oversees programs, such as the Solar Energy Corporation of India (SECI), which operates as a nodal agency for solar power development.

#### Private Corporations:

Numerous private companies have emerged as significant players in the renewable energy landscape. Major corporations such as Adani Green Energy, ReNew Power, Tata Power, and Azure Power have significantly expanded their renewable portfolios. These companies not only contribute to project development but also invest in innovative technologies and practices to ensure market competitiveness.

#### Financial Institutions:

Financial institutions, including banks and investment firms, are pivotal for providing the capital necessary for renewable energy projects. They assess the viability of projects and help craft financial instruments that align with the green investment goals. Institutions such as the Asian Development Bank (ADB) and World Bank provide funding and support for renewable initiatives [6], particularly in underdeveloped regions.

#### International Organizations:

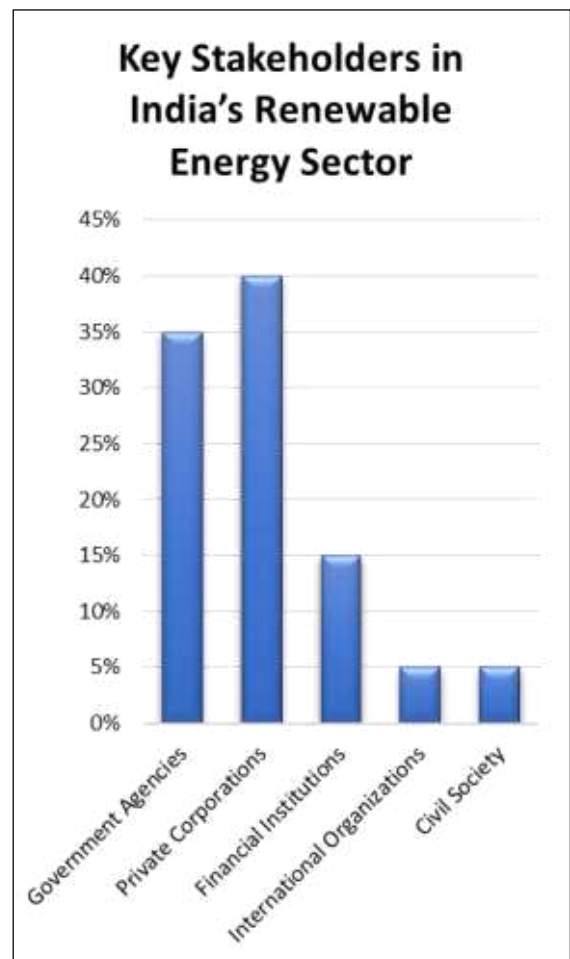
Various international organizations and NGOs have played a role in promoting renewable energy in India through technical assistance, capacity building, and funding. Organizations such as the United Nations Development Programme (UNDP) and the International Renewable Energy Agency (IRENA) collaborate with the Indian government and the private sector to enhance strategies for sustainable energy development.

#### Civil Society and Communities:

Community involvement is vital for the success of renewable energy projects [7], particularly in rural areas. Non-governmental organizations (NGOs) and local communities contribute to the implementation and advocacy of renewable energy solutions, ensuring that projects are socially inclusive and environmentally sustainable. Their engagement helps address local energy needs while promoting awareness and education about renewable energy benefits.

#### Contributions of Key Stakeholders:

Government agencies, contributing approximately 35%, play a crucial role in driving the renewable energy sector through policies, subsidies, and transparent auction mechanisms. Private corporations, accounting for 40%, lead project development, technological advancements, and large-scale investments, making them the backbone of this sector. Financial institutions contribute 15% by providing essential funding and risk-sharing mechanisms, thus enabling the execution of capital-intensive projects. International organizations, with a 5% contribution, offer technical expertise, research, and capacity-building initiatives, aligning projects with global standards. Finally, civil society, representing 5%, facilitates advocacy, local partnerships, and community acceptance, ensuring sustainable project implementation.



[Figure 1.3 shows Key Stakeholders in India's Renewable Energy Sector]

#### 5. Analytical Frameworks for Green Investment in Renewable Energy:

Analytical frameworks play a crucial role in guiding investment decisions in India's renewable energy sector. These frameworks enhance the understanding of the

complex interactions between various factors influencing renewable energy investments and provide a structured approach for evaluating potential projects. The key analytical frameworks used in this sector include the following.

### **5.1. Cost-Benefit Analysis (CBA):**

Cost-benefit Analysis is a foundational tool employed to assess the economic viability of renewable energy projects [2]. By quantifying and comparing the expected costs and benefits associated with a project, stakeholders can make informed decisions regarding investment feasibility. This analysis includes not only direct financial returns, but also environmental and social benefits, such as reduced greenhouse gas emissions and job creation.

### **5.2. Multi-Criteria Decision Analysis (MCDA):**

Multi-Criteria Decision Analysis allows investors to evaluate renewable energy projects based on multiple, often conflicting, criteria. This framework facilitates a comprehensive assessment of various factors including economic viability, environmental impact, and social equity. By incorporating stakeholder perspectives, MCDA ensures that the decision-making process aligns with broader development goals.

### **5.3. Risk Assessment Models:**

Risk assessment models are essential for identifying and evaluating uncertainties [8] associated with renewable energy investments. These models consider factors such as policy, technology, and market volatility, thus enabling investors to develop strategies for risk mitigation. By employing advanced modeling techniques, practitioners can simulate various scenarios and forecast potential outcomes, leading to enhanced decision making.

### **5.4. Agent-Based Modeling:**

Agent-based modeling simulates the behavior of individual actors (agents) within the renewable energy market. This approach provides insight into how different stakeholders interact and influence investment dynamics over time. By capturing the complexities of socioeconomic relationships within the sector, agent-based models can inform strategies to stimulate investment flows and optimize project outcomes.

### **5.5. SWOT Analysis:**

Strengths, Weaknesses, Opportunities, Threats (SWOT) analysis helps investors and policymakers identify the internal and external factors that affect renewable energy projects. This framework provides a holistic view of the landscape, enabling users to leverage their strengths and opportunities while addressing

weaknesses and threats. It is particularly useful in strategic planning and the prioritization of investments.

The effective application of analytical frameworks not only enhances the decision-making process but also creates a solid foundation for embracing technological advancements. These innovations are pivotal in addressing challenges, improving efficiencies, and unlocking new opportunities in India's renewable energy sector

## **6. Technological Innovations and Advancements in India's Renewable Energy Sector:**

Technological advancements are pivotal for shaping the investment landscape of India's renewable energy sector. With a rapidly evolving technological framework, investors can capitalize on various opportunities that enhance returns while minimizing the risks associated with investments in renewable projects.

### **6.1. Cost Competitiveness:**

**Solar Technology:** The Advancements in photovoltaic (PV) technologies, such as the deployment of bifacial solar panels [4] and Passivated Emitter and Rear Cell (PERC) technologies, have significantly lowered the cost of solar energy. Continuous improvements in efficiency enhance investors' value proposition, leading to a lower levelized cost of energy (LCOE). An analytical assessment showed that solar projects are becoming one of the most economically viable energy sources globally, creating a favorable investment environment.

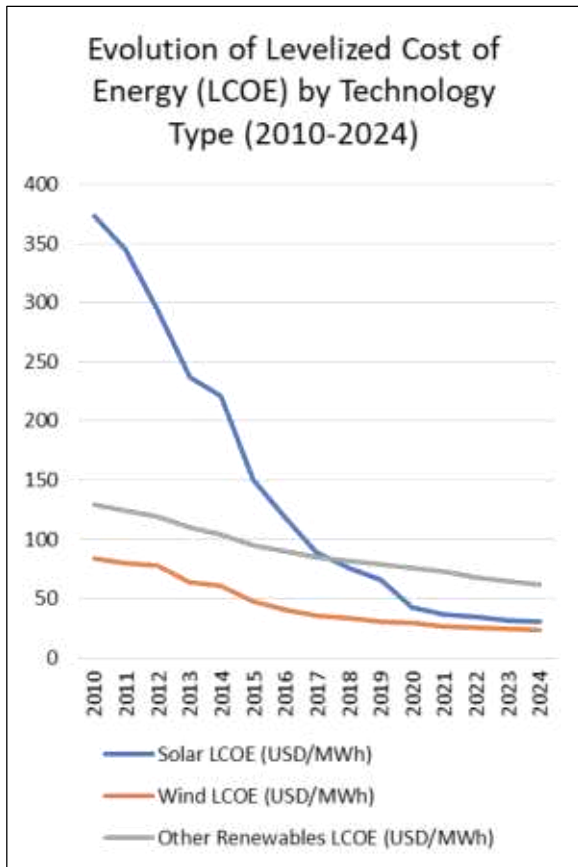
### **6.2. Energy Storage Investments:**

Energy storage technologies, particularly lithium-ion batteries and emerging solid-state systems [9], address the intermittency of renewable sources. Investments in energy storage safeguard expected returns by ensuring energy availability and smoothing cash flows for renewable operators. This sector is poised for exponential growth and is predicted to reach a global market size of \$ 2 trillion by 2030, making it a strategic investment area for stakeholders.

### **6.3. Smart Grid Implementations:**

Investors should consider the role of smart grid technologies in optimizing energy generation and consumption [5]. With increasing digital integration, smart grids enhance operational efficiencies, reduce waste, and stabilize grid reliability, thereby creating more attractive and secure environments for investment in renewables.

Given these technological advancements, investors can achieve sustainable returns, while contributing to India's ambitious renewable energy targets.



[Figure 1.4 shows Reduction in Levelized Cost of Energy (LCOE) by Technology Type (2010-2024)]

**7. The Role of Environmental and Social Impact Assessments (ESIAs) in Investment Decisions:**

ESIAs have become vital tools for assessing the feasibility and sustainability of renewable energy projects, directly affecting investment decisions.

**7.1. Mitigation of investment risks :**

identifying the red flag early: Proactively conducting ESIA allows investors to identify potential environmental and social risks [8] associated with a project. Early detection helps devise mitigation strategies, reduce project delays and associated costs, and thus, secure investor capital.

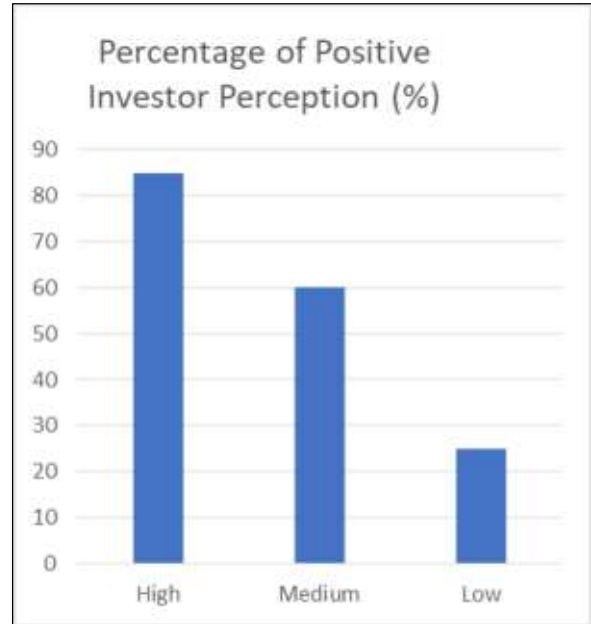
**7.2. Enhancing Investor Confidence :**

Transparency and Stakeholder Engagement: A thorough ESIA process promotes transparency and credibility, which in turn builds investor confidence. Investors are more likely to engage in projects that demonstrate strong community engagement and positive environmental impacts, thus enhancing project attractiveness.

**7.3. Access to Financing Institutional :**

Investors is increasingly integrating ESG criteria into their investment frameworks. Projects that showcase robust ESIA can access specialized funding from green

bonds [10] and impact funds, expanding their financing options. Quantifying social and environmental benefits will not only enhance project viability but will also attract a broader range of investors focused on sustainability. The integration of ESIA into investment considerations enhances both financial performance and societal impact, making them indispensable in contemporary investment strategies.



[Figure 1.5 shows Impact of ESIA on Investment Decision-Making]

**8. Navigating the Policy and Regulatory Landscape for Enhanced Investment :**

The policy environment in India significantly influences the investment climate for renewable energy. A positive and stable framework can drive investment, whereas uncertainties deter potential stakeholders.

**8.1. Supporting Financial Incentives:**

Renewable Purchase Obligations (RPOs): These regulations create a mandate for utilities to purchase a set percentage of their energy from renewable sources [11], securing a revenue stream for investors. A detailed analysis suggests that robust compliance with RPOs can lead to predictable cash flows and offer stability for long-term investments.

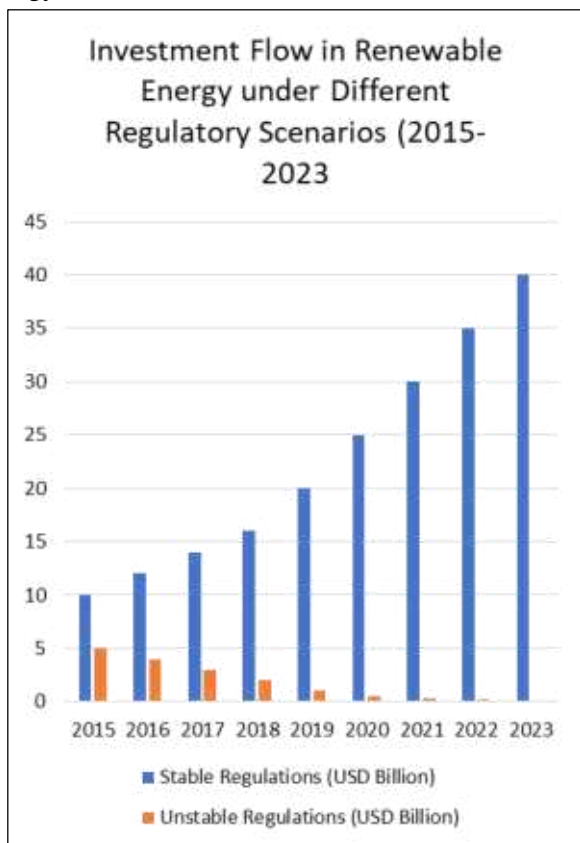
**8.2. Addressing Regulatory Challenges:**

Inconsistencies and Delays: Investors often face a fragmented regulatory landscape [2], where state policies vary significantly. This inconsistency not only complicates the installation and operational phases but also raises financing costs. A more uniform regulatory approach across states can help reduce costs and enhance return on investment (ROI).

### 8.3. Future Outlook for Policy Development:

**Collaborative Frameworks:** To attract greater investments, the state and central governments must collaborate to streamline project approvals and enhance policy coherence. By reducing bureaucratic impediments, the time to market projects can be decreased, leading to a quicker realization of returns.

Building a comprehensive and consistent policy framework is crucial for galvanizing investor confidence and stimulating capital flows into India's renewable energy sector.



[Figure 1.6 shows Investment Flow in Renewable Energy under Different Regulatory Scenarios (2015-2024)]

## 9. Leveraging Financial Instruments for Green Investments:

A diverse menu of financing options is essential to invigorate investments in renewable energy projects in India. Understanding these financial instruments can lead to strategic investment decisions.

### 9.1. Green Bonds:

Green bonds have emerged as a significant funding source for renewable projects [10]. They allow investors to finance environmentally beneficial projects, while securing competitive returns. An analysis of the green-bond market indicates that it is projected to reach \$1

trillion by 2025, providing diverse funding avenues for renewable initiatives.

### 9.2. Public-Private Partnerships (PPPs):

Leveraging PPPs can significantly reduce the financial burden on public authorities, while fostering robust investment opportunities. By distributing risks and leveraging private capital, PPPs facilitate more extensive and varied renewable energy projects. Histories of successful PPPs show enhanced efficiency and faster project delivery, ultimately leading to higher investor confidence.

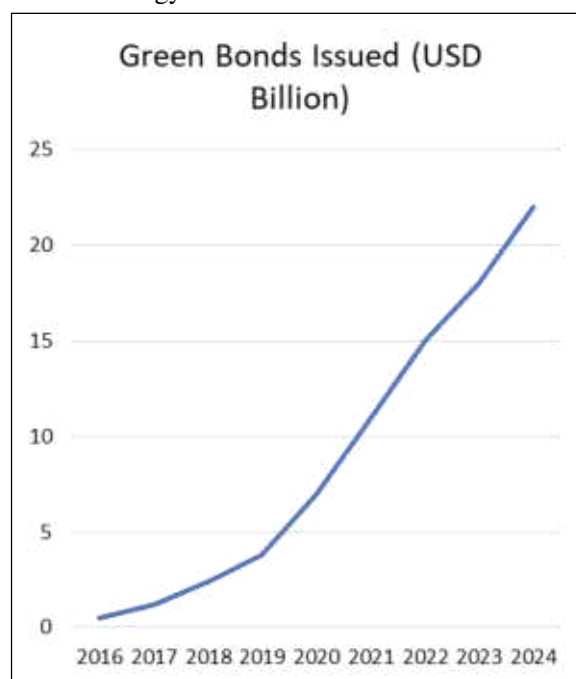
### 9.3. Innovative Financing Models:

Innovative financing structures, such as power purchase agreements (PPAs) [12], guarantee revenue for project developers, making investments appealing to lenders. Comprehensive analysis indicates that projects backed by strong PPA contracts typically see a 20%-30% uplift in valuations.

### 9.4. Crowdfunding:

An emerging trend in renewable investments, crowdfunding platforms, democratize investment opportunities and allow retail investors to engage with green projects. An analytical review of crowd-funded projects reveals that these investments can attract a broad base of small investors, thereby increasing the capital available for renewable initiatives.

By understanding and leveraging these diverse financial instruments, investors can optimize their engagement strategies and enhance the viability of renewable energy investments.



[Figure 1.7 shows Growth of Green Bonds Issuance in India (2016-2024)]



## 10. Case Studies: Investment Success Stories in India's Renewable Energy Sector:

Evaluating successful projects provides critical lessons for attracting investment and optimizing outcomes in India's renewable energy sector.

### 10.1. ReNew Power:

ReNew Power exemplifies how a comprehensive strategy focused on solar and wind projects can lead to extraordinary growth [2].

**Key Strategies:** The company's emphasis on financial structuring and risk management has attracted over \$1 billion in foreign capital. Investment returns consistently outperform expectations, highlighting effective operational management and strategic planning as essential components of investor appeal.

### 10.2. Adani Green Energy:

Adani Green stands as a testament to the successful execution of large-scale renewable projects [8], including the Kutch Solar Park.

**Value Creation:** Through strategic international partnerships, Adani secured funding and technology transfer, lowering overall project costs. Their success underlines the importance of scalable operations to attract further capital and expand the market share.

### 10.3. Learnings and Recommendations:

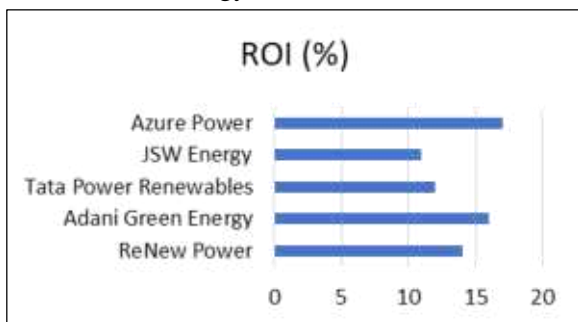
These case studies underline key **investment drivers**.

**Robust Financing Strategy:** Successful firms emphasize adaptable financing models to attract diverse investors.

**Strong Stakeholder Engagement:** Building local partnerships enhances project acceptance and community support, reducing the risks associated with opposition.

**Scalability:** Highlighting the capacity for future expansion attracts larger investment.

By deriving insights from these successful case studies, investors can enhance their strategic approaches in the renewable energy sector.



[Figure 1.8 shows Investment Performance of Selected Renewable Projects in India (2015-2024)]

## 11. Challenges and Barriers to Green Investment in India's Renewable Energy Sector:

Although the Indian renewable energy sector offers vast opportunities, several challenges pose barriers to investment, necessitating strategic mitigation measures.

### 11.1. Regulatory Hurdles:

**Fragmented Policies:** The Inconsistencies in state regulations regarding tariffs and approvals can create uncertainty for investors. An investment strategy must incorporate comprehensive regulatory risk analysis to assess the potential impacts on ROI.

### 11.2. Market Risks:

**Fluctuating Prices:** The Energy price volatility can significantly affect return projections [13], particularly for long-term investments. Investors must perform sensitivity analyses to account for price fluctuations in financial modeling.

### 11.3. Infrastructure Constraints:

Poor transmission infrastructure limits the project scalability and operational efficiency. Analyzing potential investments should include assessments of local grid capabilities and investment readiness to identify reliable project locations.

### 11.4. Financing Challenges:

**Access to Capital:** Smaller enterprises often face barriers to securing financing because of their perceived higher risk profiles. Developing tailored financial products, such as blended financing that combines capital with concessional funding, can enhance project viability.

### 11.5. Proactive Strategies:

To overcome these challenges, investors should advocate for policy reforms aimed at streamlining regulatory processes and enhancing infrastructure investments. By strategizing these barriers, investors can maximize their potential in the renewable energy sector.

While challenges such as regulatory hurdles, market volatility, and infrastructure constraints pose significant barriers to investment, they also highlight areas where proactive strategies can unlock immense opportunities. Addressing these barriers paves the way for exploring the vast potential within India's renewable energy landscape. The following section delves into key opportunities for future growth and expansion, emphasizing how investors can capitalize on emerging trends and technologies



[Figure 1.8 shows Main Barriers to Investment in Renewable Energy Projects (2023-2024)]

## 12. Opportunities for Future Growth and Expansion in India's Renewable Energy Sector:

India presents a wealth of opportunities for the growth of its renewable energy sector, as the global focus on sustainable energy solutions intensifies. The country's youth population, rapid urbanization, and growing commitment from both the government and businesses to clean energy creates a dynamic environment for investment. This shift towards green energy offers tremendous potential for those ready to engage in innovative and sustainable projects.

### 12.1. Hydrogen Economy:

The hydrogen economy is emerging rapidly as a transformative force for clean energy. The Indian government's push towards green hydrogen production could unlock a market [4] that is projected to reach \$1 trillion globally by 2050. Early investment in hydrogen technologies offers the opportunity to be at the forefront of this evolving sector, providing financial rewards while contributing to a cleaner and more sustainable energy system.

### 12.2. Decentralized Energy Solutions:

Microgrids, solar rooftops, and other decentralized energy systems hold immense promise in addressing India's energy needs, especially in underserved rural areas. These solutions offer scalable opportunities to meet local energy demands while improving energy reliability and promoting sustainability. Stakeholders can open new markets and achieve profitable returns by investing in these technologies.

### 12.3. Electric Mobility Infrastructure:

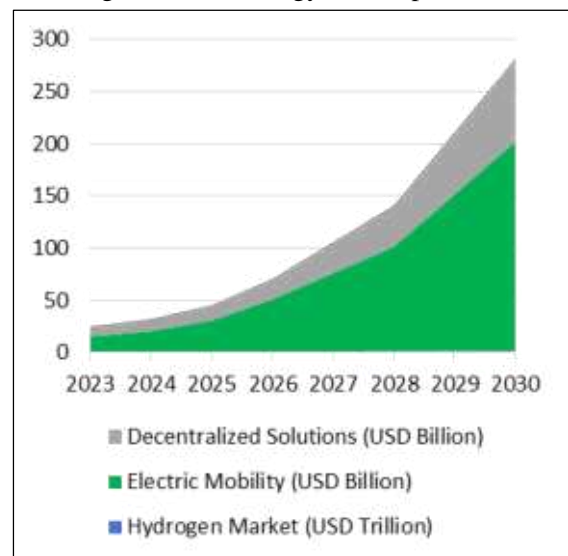
As India moves towards a future dominated by electric vehicles (EVs), there are significant

opportunities to invest in infrastructure that will support this transition. Renewable energy-powered EV charging stations are an important part of this infrastructure [2], providing a profitable investment avenue and contributing to India's environmental goals. With the rapid increase in EV adoption, the demand for clean energy solutions in transportation will continue to increase.

### 12.4. International Collaborations:

Forming strategic partnerships with global innovators can help India advance its renewable-energy capabilities. India can accelerate the development of its renewable energy market by collaborating with countries and organizations leading to green technologies. These partnerships also facilitate the flow of capital and technology, thereby enhancing India's competitive advantage in the global renewable energy landscape.

The abovementioned opportunities highlight the immense potential for growth and innovation in India's renewable energy sector. However, realizing this potential requires proactive measures, informed strategies, and the integration of key enablers such as technological advancements, risk management frameworks, and collaborative policies. The following section explores these critical future directions, emphasizing how investors can align their strategies with the evolving renewable energy landscape.



[Figure 1.9 shows Projected Market Size for Emerging Renewable Technologies (2023-2030)]

## 14. Literature Review :

The renewable energy landscape in India continues to evolve, with significant policy support and technological advancements driving investment. The Ministry of New and Renewable Energy (MNRE, 2024) projects a strong increase in renewable capacity,

highlighting the government's commitment to achieving net-zero goals. According to the International Renewable Energy Agency (IRENA, 2023), advancements in technology have led to significant cost reductions in solar and wind energy, enhancing their market competitiveness. The burgeoning green bond market, as reported by the Climate Bonds Initiative (2023), has been pivotal in mobilizing funds necessary for sustainable projects. Nevertheless, challenges such as high capital costs and regulatory uncertainties remain (PwC India, 2023). Additionally, robust Environmental and Social Impact Assessments (ESIAs) are essential for fostering investor confidence and ensuring sustainable practices (BlackRock, 2023). Overall, while obstacles persist, the outlook for growth remains positive amid increasing investments and supportive frameworks.

### 13. Conclusion and Future Directions :

In conclusion, the investment landscape for India's renewable energy sector presents a transformative opportunity, although it is contingent upon investors' strategic informed decision making.

#### 13.1. Technological Advancements :

Investors must remain vigilant about technological innovations that can disrupt existing business models and enhance their return profiles. Keeping abreast of emerging technologies such as AI for predictive maintenance in renewable projects will be key.

#### 13.2. Risk Management :

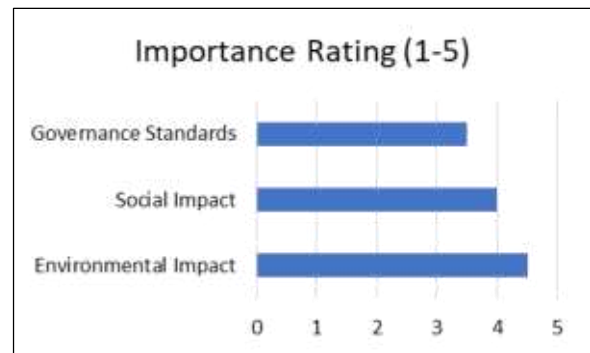
A robust risk management framework should be established to navigate regulatory uncertainties and market volatility. Conducting comprehensive due diligence and utilizing financial instruments like hedging can safeguard investments against potential losses.

#### 13.3. Collaborative Policies :

Advocating for stronger collaborative policies between government and investors will facilitate smoother operations and enhanced investor confidence. Continuous dialogue can lead to better regulatory environments that support sustainable growth.

#### 13.4. Sustainable Investment Culture :

Lastly, fostering a culture of sustainability among investors will not only improve project attractiveness but also ensure alignment with global ESG trends. This approach enhances long-term viability and can lead to higher valuations, providing sustainable financial returns.



[Figure 1.10 shows ESG Factors Influencing Investment Decisions in Renewable Energy]

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# Assessing the Applicability of Tax Audits under Section 44AB of the Income Tax Act, 1961, on Future and Options Trading: Thresholds, Challenges, and Compliance Trends

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## Abstract :

*While studying the dramatical works of Arthur Miller, it has been found that his approach to literature is a sociological means he is a social dramatist who explores the harsh realities of social evils, social norms, social bonding and most importantly society's outdated things. According to him, although the present age is the age of science and technology means the age of globalization, still there are various social evils like male domination, exploitation of women, struggle for identity, familial pressures, unsatisfied sexual life, illegal relations and homosexual relations. As a social dramatist, he always boldly throws light on above mentioned social evils through his significant plays such as All My Sons (1947), Death of a Salesman (1949), The Crucible (1953) and A View from the Bridge (1956).*

*The present research paper explores the social issues from Arthur Miller's one of the most popular plays "A View from the Bridge" (1956). Arthur Miller in his play "A View from the Bridge" primarily focuses on the social conflicts and barrenness of protagonist Eddie Carbone. An excessive hidden sexual desire for his niece, indicates how he violated the communal or social laws, codes, norms and most importantly social ethics. The study depicts Eddie's some positive things regarding his niece's behaviour whenever she mixes with other people in her social life. In some instances he looks after her for her better career by providing proper guidance to live upcoming social life. This paper also studies the male domination, familial pressure, lust for sex, illegal sexual relations and most importantly women's exploitation at various stages especially physical by own family members which breaks the social ethics.*

**Keywords :** Society, Conflicts, Exploitation, Social Responsibility, Sociological, Domination, Social Pressure Etc.

## Introduction :

A representative modern American playwright, Arthur Miller dominated American literature near about 6 decades. As a leading voice of mid-20th century American literature he almost produced all kinds of literary genres including plays, fictions, non-fiction novels, short-stories, essays, screenplays etc. During the period of his literary carrier, he got many prestigious awards like Pulitzer Prize, Tony Awards, Critic Circle Awards, John f. Kennedy life Time Achievement Awards for his remarkable plays Death of a Salesman, All My Sons, The Crucible and A View from the Bridge. His all literary works always touch the universal values such as humanity, ethics, social awareness, brotherhood, nationalism, responsibility for society and nation, integrity and punctuality. So he has been recognized and well-known basically as a social playwright who explores the various social issues by using his plays as a weapon. In the present research paper, his one of most

popular plays. "A View from the Bridge" 1956 is selected for the study to highlight the social issues.

The study thoroughly deals with the social issues such as inner conflicts of characters, unemployments, anxieties, depressions, lust for sex, illegal relations, male domination and marginalization of women. The interaction between Eddie, Catherine and Beatrice entirely talks about the social rules, codes and norms. Especially the hidden and suppressed sexual desire of Eddie for his niece makes everyone stunned which raises the question of communal or social ethics. The study also focuses on moral dilemma of the characters especially of Catherine from the social point of view who finally goes against his uncle Eddie to save her virginity and social bondings. Beatrice wife of male protagonist Eddie often tries to keep safe balance between her husband and her niece Catherine that show her as a preserver of social norms. Apart from this, the study also reveals about the sexual or illegal relations that break the familial as well as social life of someone.

In short present the study and attempt is made out to search the plot, story, interactions and characters from the social point of view.

Social Issues in Arthur Miller's "A View from the Bridge"

It is often found that as a sensitive playwright Arthur Miller has highly depicted the harsh and bitter realities of contemporary American society. He boldly revealed the evils of society in which he lived and tried to speak or write regarding the changes that must be occurred to reform the social bondings. He often presents the interconnection between man and society and says that man is unable to live without society. To show the interconnection between man and community or society he explains their relation by giving an example of lake and fish. And says that fish is unable to live without lake. In his almost of all plays, whatever he has experienced in the society that has been highly focused throughout his dramatically works. Apart from this, he also presents the social issues like man-women relationship, familial bonding, outdated traditions, male domination, conflict between a man and social pressures.

"A View from the Bridge" 1956 is one of remarkable plays written by Arthur Miller which is often regarded as a social play. In this play, Arthur Miller thoroughly throws light on social issues in detail manner where the relationship between an individual with the society is explored. This play is primarily set in contemporary Brooklyn that tells the pathetic story of a longshoreman, Eddie Carbone who is trapped between the traditional norms of his community and his hidden sexual desire for niece, Catherine a seventeen year old girl. The play also depicts his anti-social act which destroys his relationship with his niece Catherine and his wife Beatrice. One finds him so lusty that he crosses the all boundaries of social codes and finally meets the tragic death due to his excessive sexual desire for niece Catherine.

Although while studying his character, one realises him as an anti-social activist, but there are some positive things also in his behavior regarding the social codes. In so many interactions he appears as a preserver of a traditional codes, norms and rules of his community or society in act-1 when his niece, Catherine appears before him wearing short skirt and walking in a different style, he immediately scolds sternly her as..... you are walking wavy! I don't like the looks they're given" you in the candy store. And with them new high heels on the side walk- clack, clack, clack. The heads are turning" like windmills. [act- one, p-4]. Through this, incident Arthur

Miller wants to tell that while living in the society, one should apply the social norms in his personal, familial well as social life. Because Catherine's appearance in bold look attracts the boys who were looking at her in lusty manner which is not society acceptable. So her uncle Eddie sternly but affectionately warns her about the men who were staring her in lustful manner. He also guides her about how she needs to live in social life while interacting with the people. Apart from this, he says her she must be very careful while wearing the cloths and walking on the road. So she accepts her uncle's advice in a respective manner. Eddie often appears on the stage as her protector, caretaker well-wisher and most importantly guide who usually tells how she should live in social bondings. Due to his over parentally possessiveness he usually interrupts her decisions and tries to tell that how she is wrong, even when she gets a job as a stenographer in a plumbing company he becomes uncomfortable telling that how the job is not proper for her regarding her educational Career. He also adds that the neighborhood near the company is not well. Apart from this, he tells that she is an intelligent girl who can achieve a job in office, so she must continue her college education.

Through Eddie's character one realises that as a parent his role in above two incidents is really socially acceptable. He tries to control Catherine's behavior whenever she crosses the social bondings. In fact, his niece Catherine always accepts his advices and walks on the road suggested by him. At the beginning of the play his behavior indicates that how he is a good person and well- cultured man, but as the play goes ahead one finds his dark side too. When he succeeds to stop her in accepting the job as a stenographer, he becomes happy and watching her face immediately says: "with your hair that way you look like a maven, you know that? You're the Madonna type." [Act-1, p-10] His exclamation regarding Catherine's beauty indicates his suppressed sexual desires for her. But she neglects toward whatever he has exclaimed thinking that how a uncle can flirt his own niece. In fact it is a first incident that is enough to show his dirty mind, but as his niece Catherine, the readers also think that whatever he exclaimed that has been entirely said due to his affectionate parenthood. Through this incident, Arthur Miller highlighted the bitter reality of women's physical exploitation by own family members that has been never spoken openly due to the social pressures, norms or codes. Sexual desire for niece or any for woman in the family is a major social issue on which no one speaks because of familial

reputation. But Arthur Miller exposes it in the play "A view from the bridge" and hopes everyone should go against it to save the social rules, ethics and norms.

In traditional families, one often finds that women are always honest, loyal, caretakers and devoted to their husband. Similarly Beatrice, a wife of Eddie is wholeheartedly devoted to her husband although she is from a modern world. She often tries to keep safe balance between her husband, Catherine and cousins, Rodolpho and Marco. Whenever disputes happen between Catherine with Eddie or Eddie with her cousins, she as a peacemaker appears and solves them easily. While studying her character, it is found that her sexual life is unsatisfied because her husband has not slept with her since last three months. In spite of this, she never blamed him and tried to awake him to keep safe their sexual life. Although she is not satisfied, but always tries to make happy everyone by providing good suggestions. Whenever her angry husband, Eddie discusses with her regarding their niece's future she calms him and suggest in soft manners that let her go to take decisions because she is not a girl. She is a capable to decide whatever is right and whatever is wrong regarding career as well as familial life. But on the other hand one realizes that although their niece Catherine is a seventeen year old girl, she always behaves as a little girl. She often appears as a child who does not know the common sense of behaving in front of men.

While studying her character in detail, it has often found that she is sternly scolded by her parents including Eddie and Beatrice regarding her senseless behavior with people. She is so manner less that she does not know how she has to appear in front of own uncle. In act- 1 Beatrice scolds her as "I told you fifty times already you can't act the you act. You still walk around in front of him in your slip". [Page- 31]. The present incident suggests that how one should especially an adult girl behave with people. In the same interaction, Beatrice again scolds Catherine and says- "well you can't do it. Or like you sit on the edge of the bathtub talk in" to him when he's shaving" in his under wear". (Act- 1, P- 32). Here, Arthur Miller wants to say that, an adult girl has to behave as a mature person. Because appearance or behavior of someone in family gets reflect in society also. It is often said that charity begins at home. So Arthur Miller through Catherine focuses on how one should become well-cultured in family as well as social life. Catherine's modern life style with wearing short-skirt and high heels is criticized by Arthur Miller because it births some social issues such as lust for sex, rape incidents, one-

sided love, destruction of family, breaking of reputation etc. In short, Arthur Miller wants to say that to preserve social ethics, codes and rules everyone has to follow the rules and regulation madly by society/ community.

Arthur Miller in the play "A view from the Bridge" 1956 generally explores the dark side of a triangular love that is a major social issue which breaks the social bondings. In this play one-sided love means hidden sexual desire of Eddie to Catherine and the love between Rodolpho and Catherine is entirely revealed out. The entire play is interwoven these three characters which destroy their family life especially Beatrice's life. It is Beatrice who throughout the play appears as a relation preserver where she often tries to handle the critical situation between Catherine, Eddie and Rodolpho. Like her Rodolpho is also shown as a humble, honest and good human being who also tries to handle all the critical situations in soft manner. Although he along with his brother Marco entered illegally in Eddie's country and fallen in love with Catherine, but he often appears as a matured cool-minded and sensitive person who often tries to keep safe balance between him Eddie and Marco. While studying his character, it is found that his love relationship with Catherine is the root cause of Eddie's jealousy to Rodolpho because he had hidden or suppressed sexual desires for Catherine.

Apart from this, it is also found that whenever Eddie finds Rodolpho and Catherine, he immediately began to stop their relationship. Arthur Miller through this illegal relationship between Rodolpho and Catherine wants to expose that if such kind of sexual or illegal relationships increased, the social bondings may be finished. In this relationship Rodolpho has come from Italy who wants to settle down with Catherine. Generally it is found that illegal relationship breaks the relation of both families and sometimes such kind of relationship does not go ahead successfully which creates major problems such as suicide. Through the character Eddie, Arthur Miller clearly shown that Eddie's prohibition to Rodolpho and Catherine's relationship is right for the social bonding. But when Eddie's sexual desire for Catherine is revealed out in Act- 2 by forcefully kissing Catherine, one realizes this his act is also socially an acceptable. Arthur

Miller through Eddie, Rodolpho and Catherine show that illegal sexual relationships are not acceptable because these relationships break familial as well as social life. In comparison Eddie's sexual desire for Catherine, Rodolpho's love relationship is acceptable in some extent because it was pure and both were involved wholeheartedly. Generally keeping sexual relationship

before marriage is not allowed because it breaks the social ethics. So on this social issue, Arthur Miller has spoken much throughout the play „A view from the Bridge“. But if the sexual relation is based on pure intention, he agrees also it that has been shown through the love between Rodolpho and Catherine. How their relationship is right, it has also been told through the character Alfieri whenever Eddie meets him to interrupt the love between Rodolpho and Catherine. In act two Alfieri says “Morally and legally you have no rights, you cannot stop it. She is a free agent.” (P- 54)

Arthur Miller wants to tell through this incident that if the relationship is based on pure intention to live together forever it is socially acceptable. But if it is based only for sexual intention it is not socially acceptable. It has also been shown that what happens about the illegal sexual desire through the character Eddie who finally meets his tragic death.

#### **Conclusion:**

It is often found that Arthur Miller usually exposes the harsh or bitter realities through his literary works. Whatever he has experienced in his social life that has been boldly presented by him through his literary works. Social issues such as illegal relation, women’s exploitation, male domination, and lust for sex, homosexuality, anxieties, depressions and women’s

marginalization have been criticised through his numerous plays.

In the present research work all above mentioned social issues have been boldly presented through his one of the best plays “A view from the Bridge” 1956. The various themes, plot, story and characters are entirely examined from the social point of view. Basically how he or she has to live in social life to preserve social ethics has been shown through the play. Through the interaction between Eddie, Rodolpho, Beatrice and most importantly Catherine, Arthur Miller wants to say that everyone has to live in society as per as the rules and regulations made by social ethics.

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